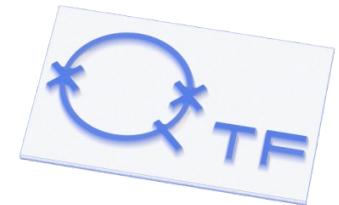


# Thermometry and nano-calorimetry at very low temperatures

Jukka Pekola, Aalto University, Helsinki, Finland

A!



1. Heat in circuits
2. Thermometry
3. Nano-calorimetry limited by temperature fluctuations

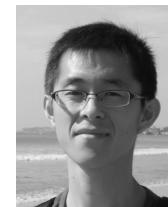
Main collaborators:

Bayan Karimi

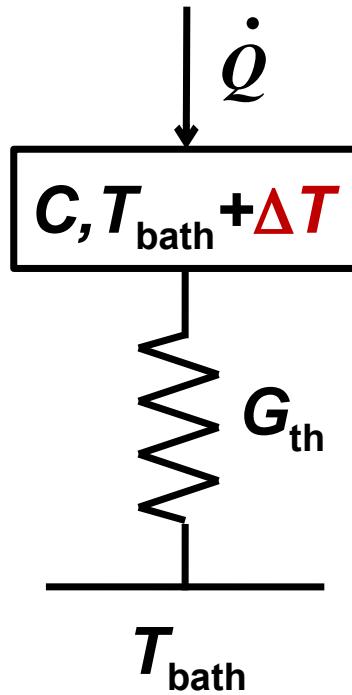
Libin Wang

Klaara Viisanen

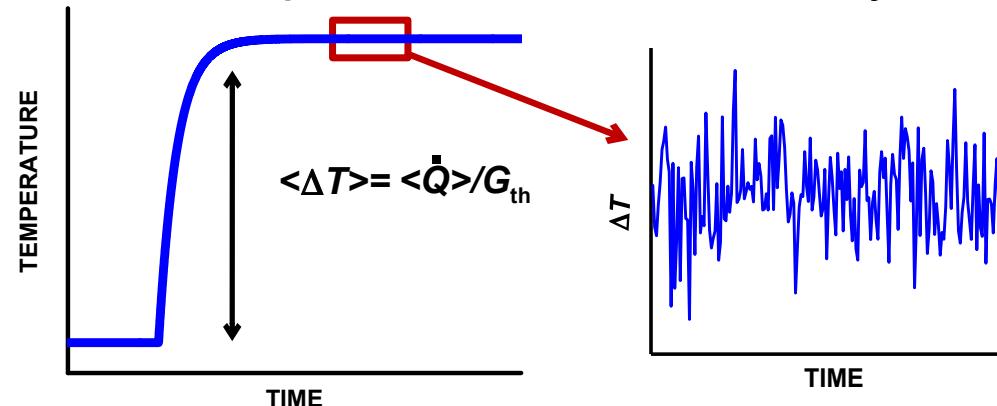
Olli-Pentti Saira



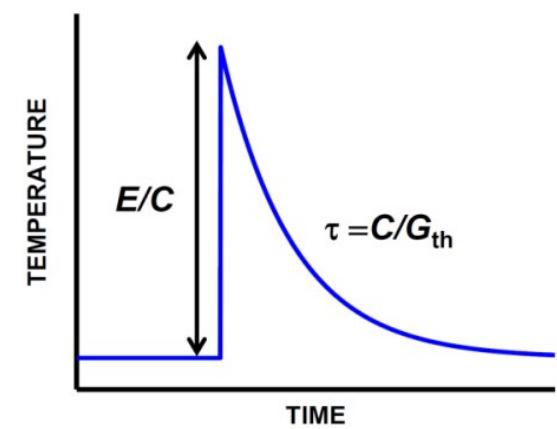
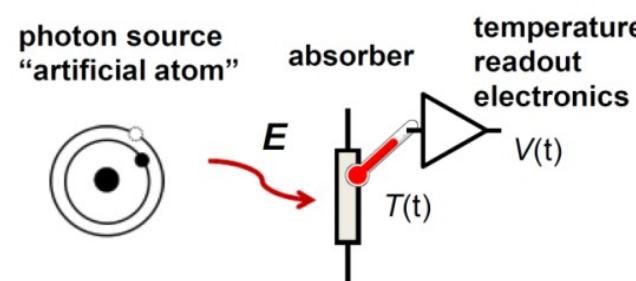
# Measuring heat and radiation quanta by thermometry



Measurement of temperature and its noise by a fast thermometer



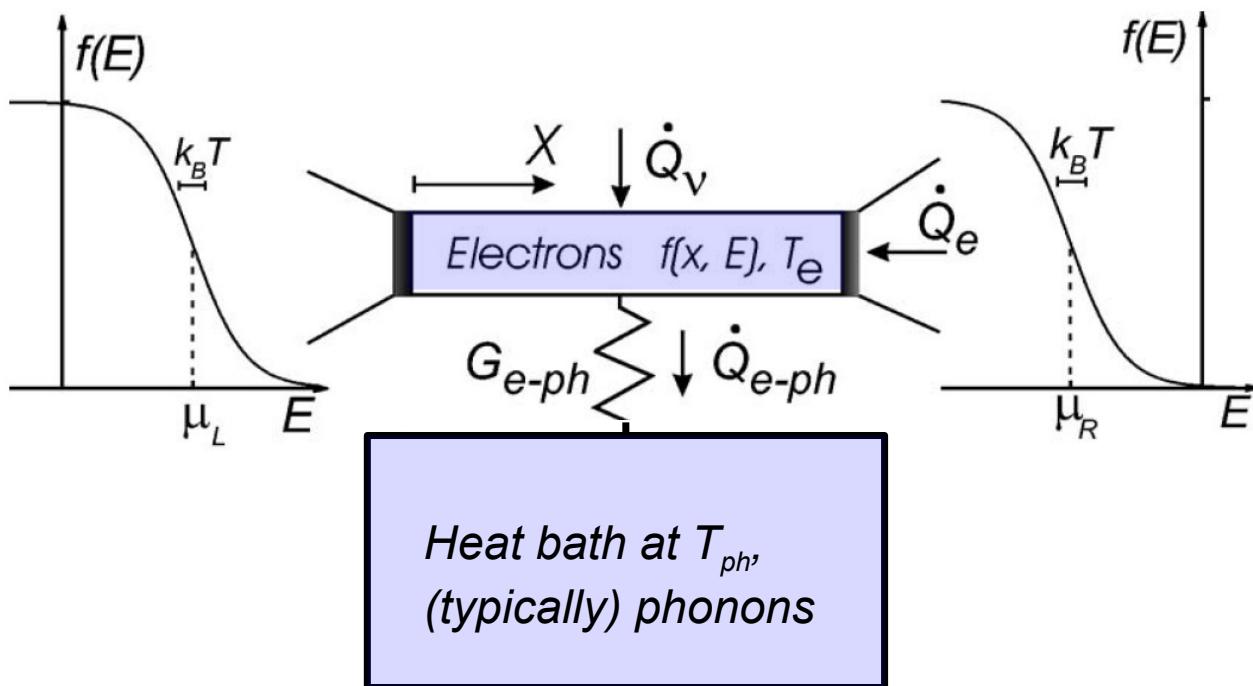
Single quantum detection (calorimetry): electrons, photons



Energy resolution:

$$\delta E = \sqrt{C G_{\text{th}} S_T} \quad \text{ideally } \delta E = \sqrt{k_B C} T$$

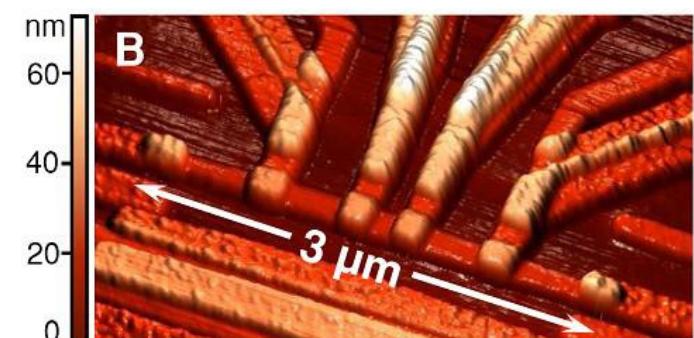
# Generic thermal model of an electronic conductor



Separation of time scales:  $\tau_{ee} < 10^{-9}$  s,  $\tau_{ep} > 10^{-6}$  s

Temperature of the (electron) system given by the distribution:

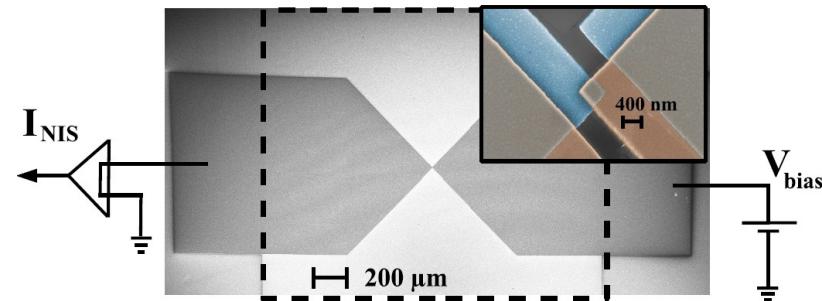
$$f(E) = \frac{1}{1 + e^{(E-\mu)/k_B T}}$$



# NIS-thermometry

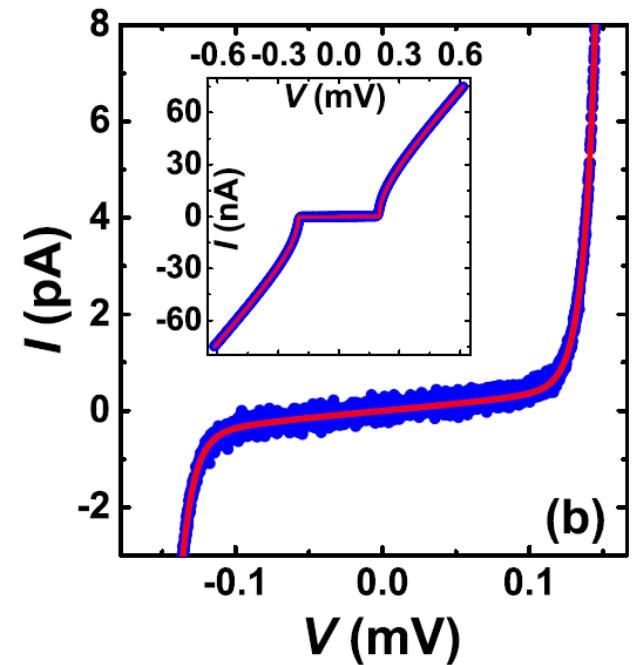
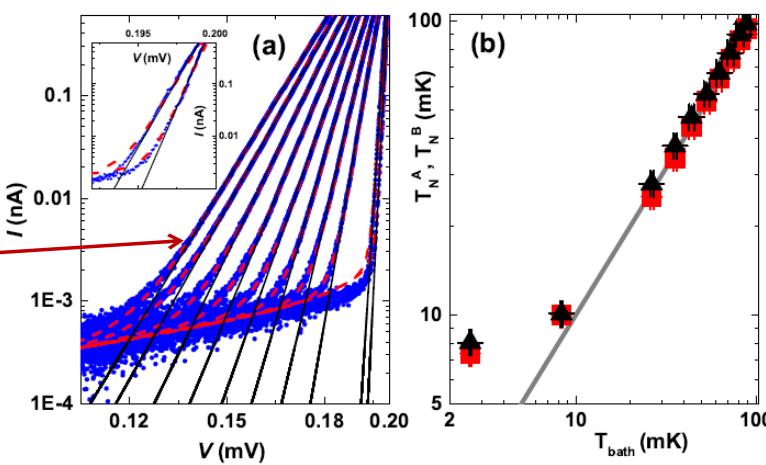
$$I = \frac{1}{2eR_T} \int n_S(E) [f_N(E - eV) - f_N(E + eV)] dE$$

Probes electron temperature of N electrode (and not of S!)



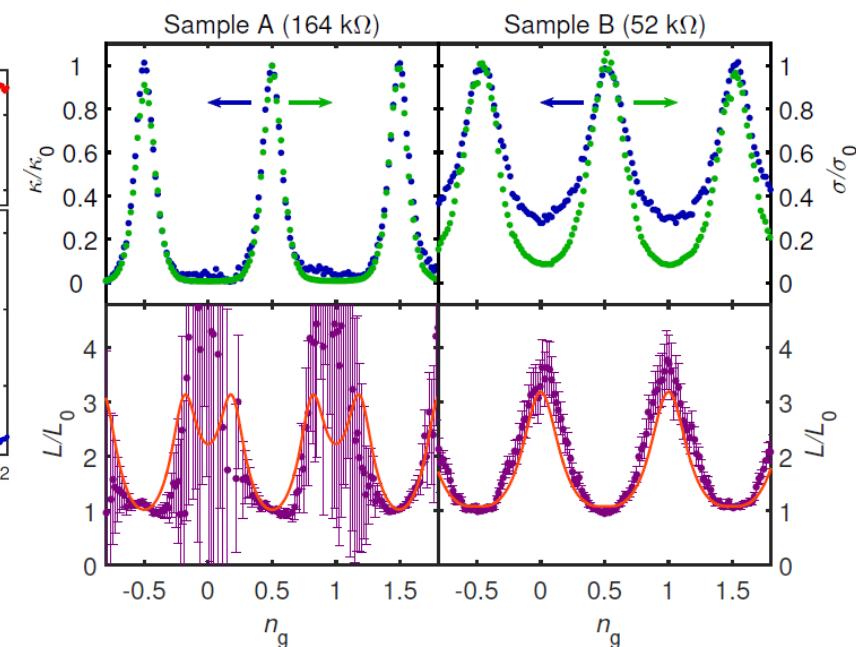
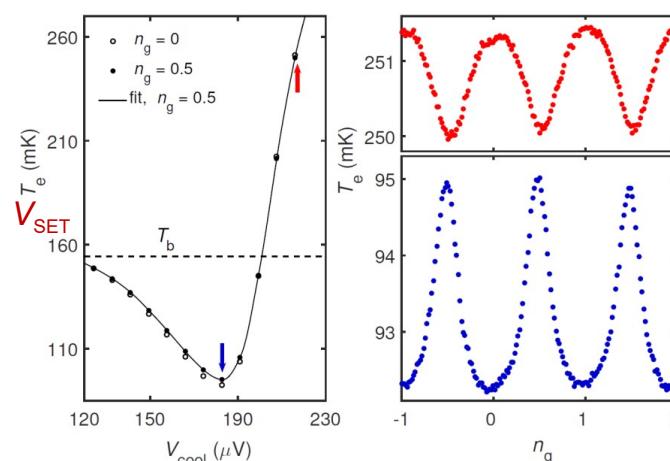
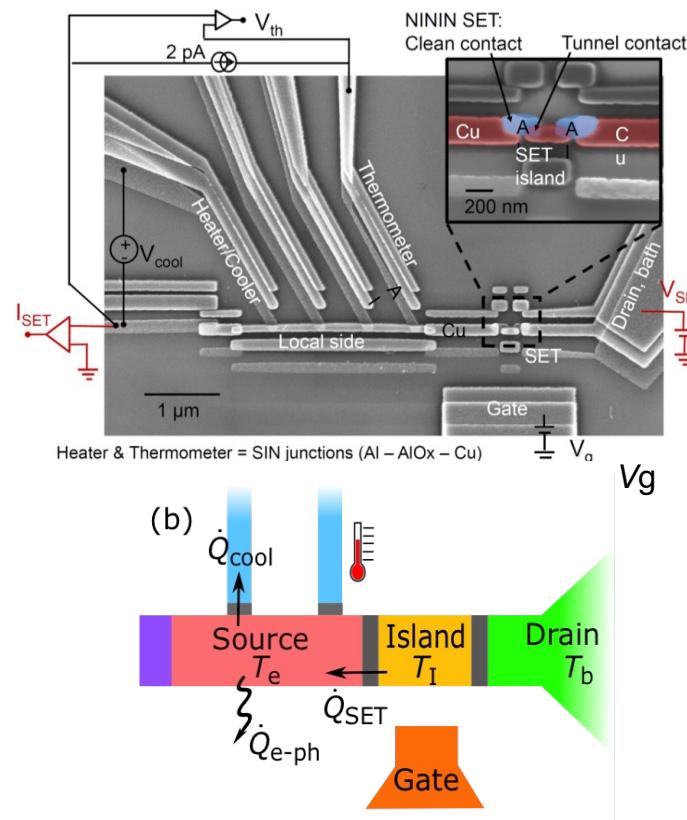
$$I \approx I_0 e^{-(\Delta - eV)/k_B T}$$

$$\frac{d \ln(I/I_0)}{dV} \approx \frac{e}{k_B T}$$



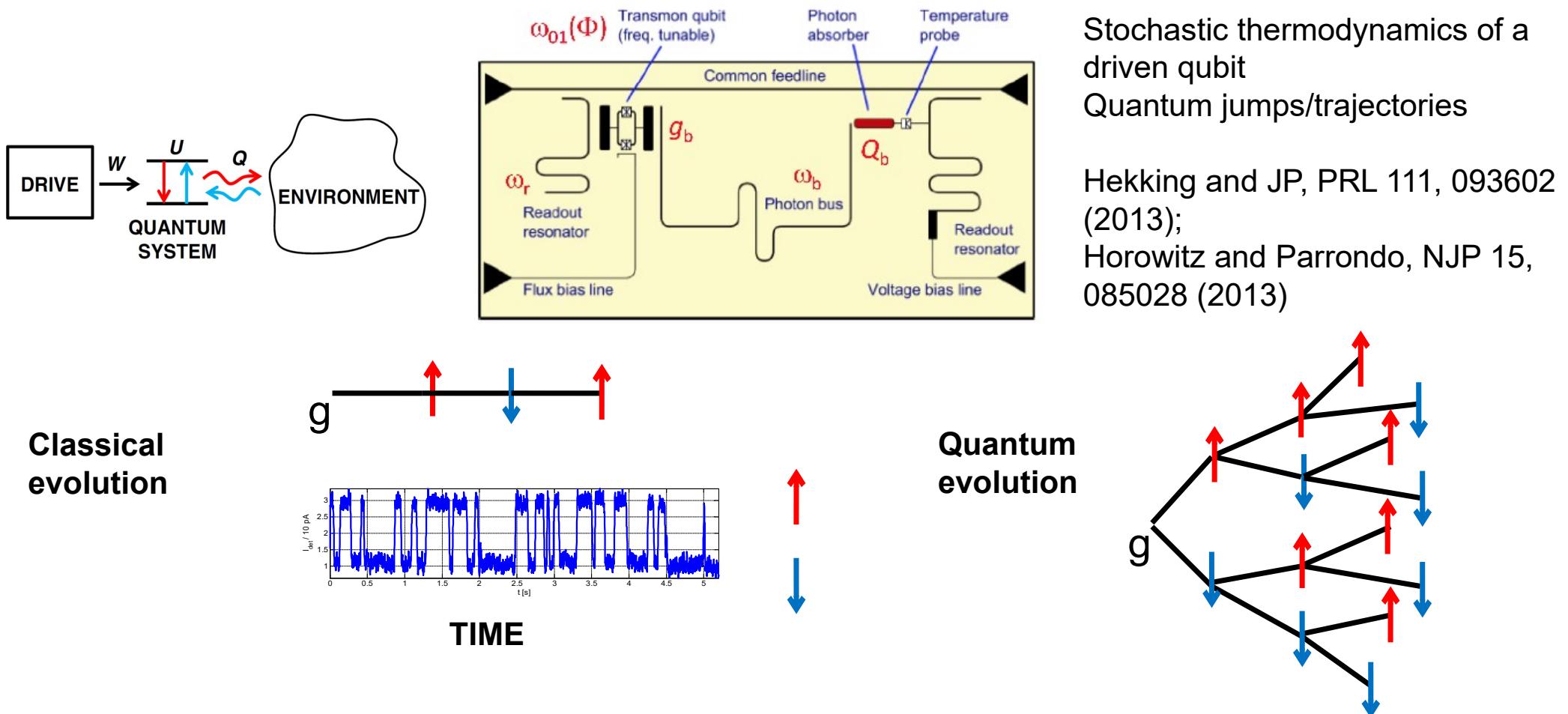
Phys. Rev. Appl. 4, 034001 (2015).

# Heat through a single-electron transistor – deviation from Wiedemann-Franz law



B. Dutta et al., PRL 119,  
077701 (2017)

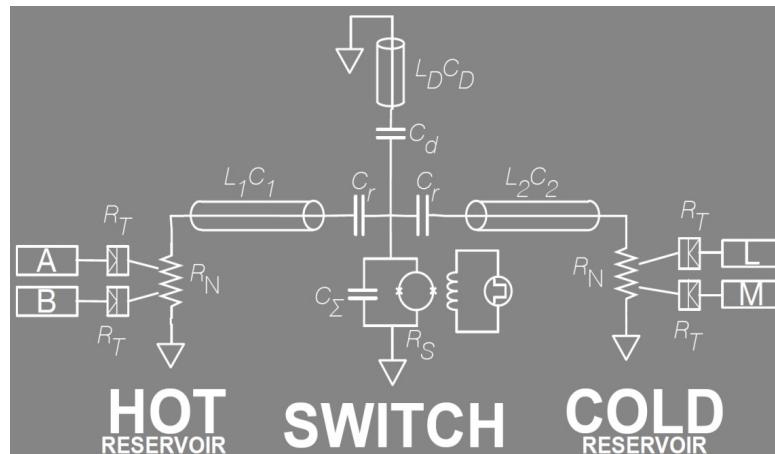
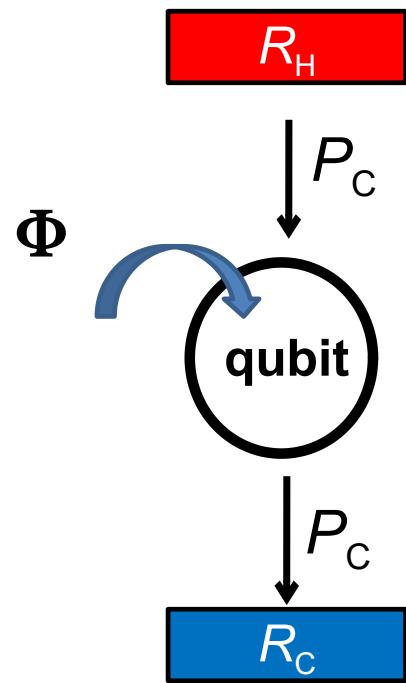
# Quantum thermodynamics with superconducting qubits and resonators (cQTD)



Direct dispersive measurements of a qubit: N. Cottet,..., B. Huard, arXiv:1702.05161

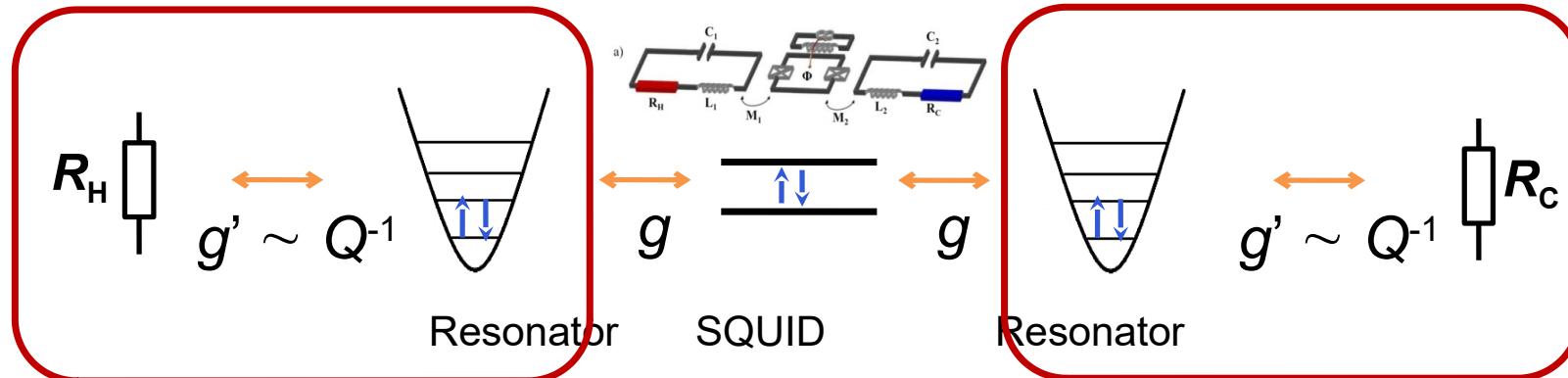
# Quantum heat valve

Alberto Ronzani, Bayan Karimi, Jorden Senior, Yu-Cheng Chang, ChiiDong Chen, Joonas T. Peltonen, and JP, Nature Physics 14, 991 (2018).

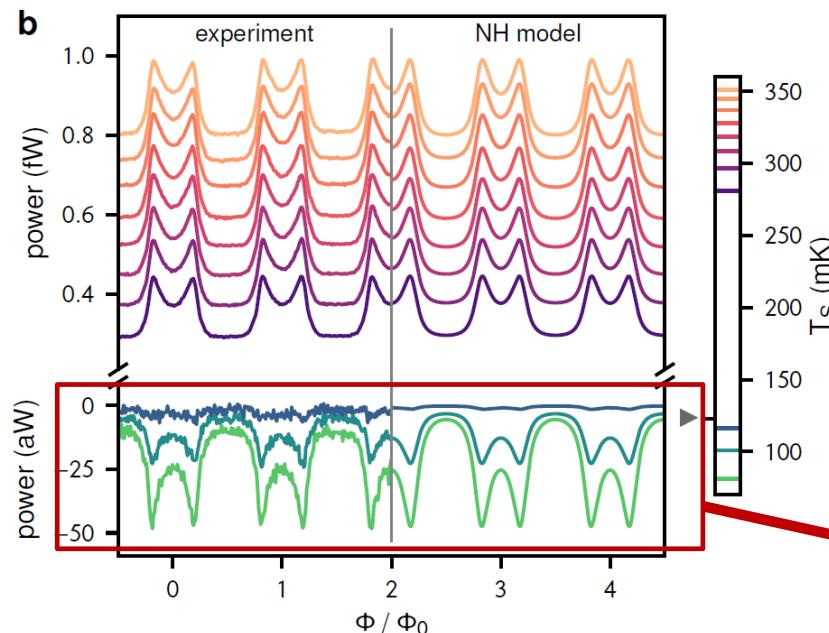


B. Karimi, J. Pekola, M. Campisi, and R. Fazio, Quantum Science and Technology 2, 044007 (2017).

# Theory vs experiment: low-Q regime

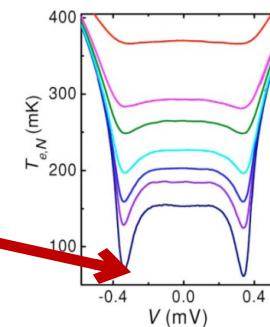


$gQ \ll 1$ , "non-Hamiltonian" model works

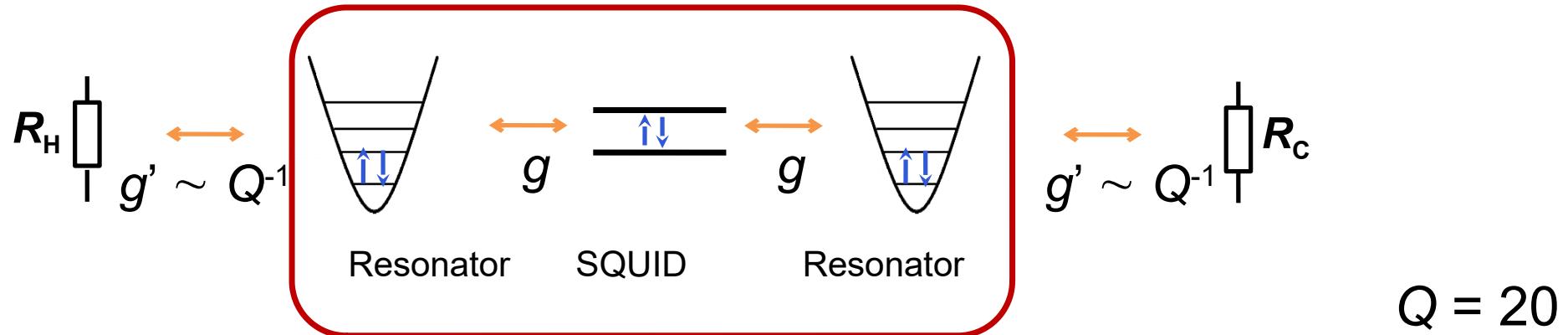


$Q = 3$

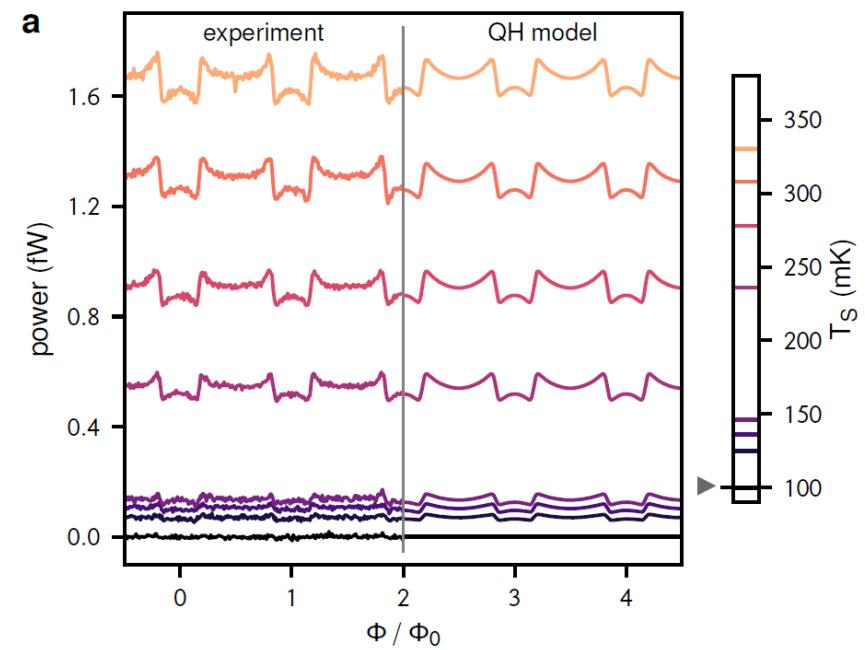
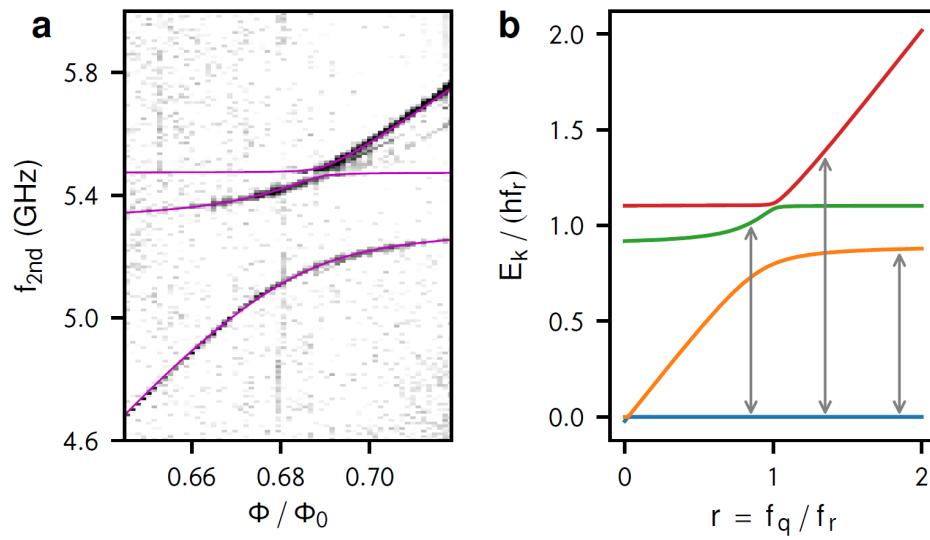
Cooling at distance  
of 4 mm by mw  
photons



# Theory vs experiment: intermediate-Q regime

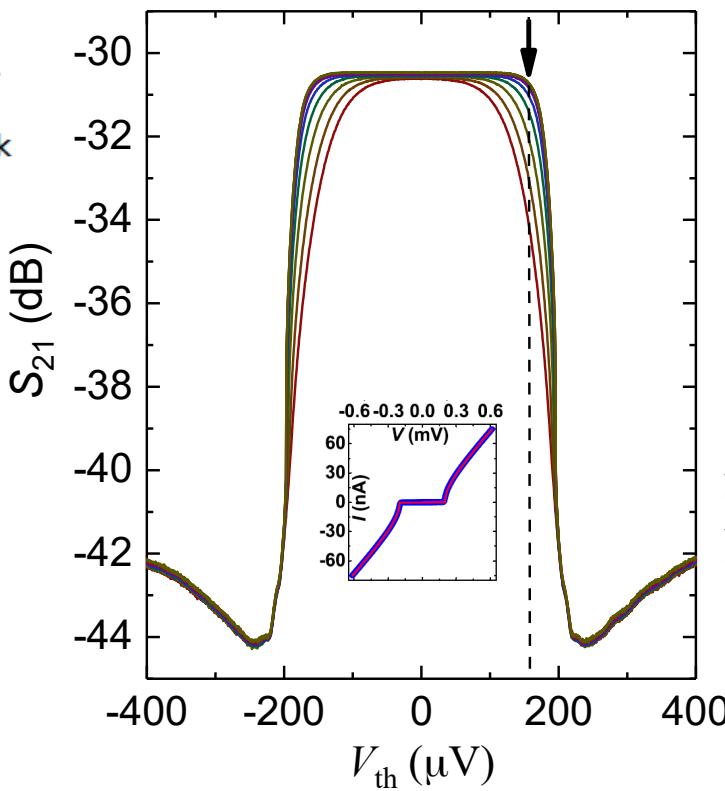
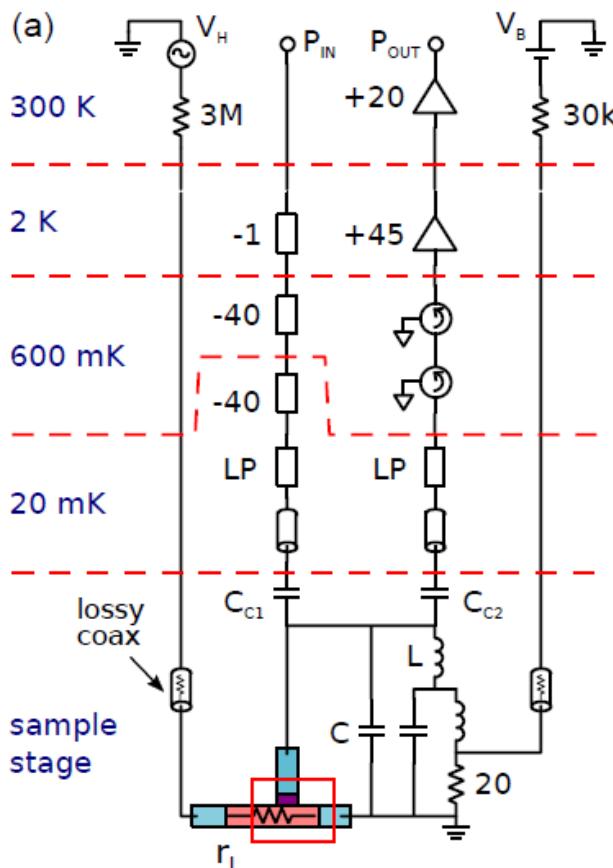


$gQ \sim 1$ , "quasi-Hamiltonian" model works



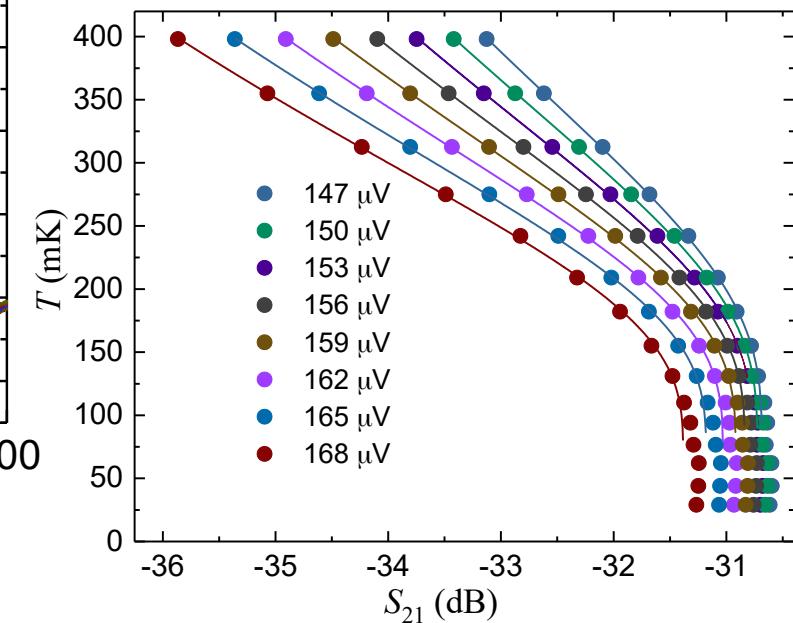
# Fast NIS thermometry on electrons

Read-out at 600 MHz of a NIS junction, 10 MHz bandwidth



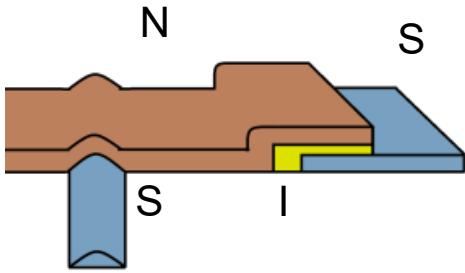
S. Gasparinetti et al.,  
Phys. Rev. Applied 3, 014007 (2015).

Proof of concept: D. Schmidt et al.,  
Appl. Phys. Lett. 83, 1002 (2003).

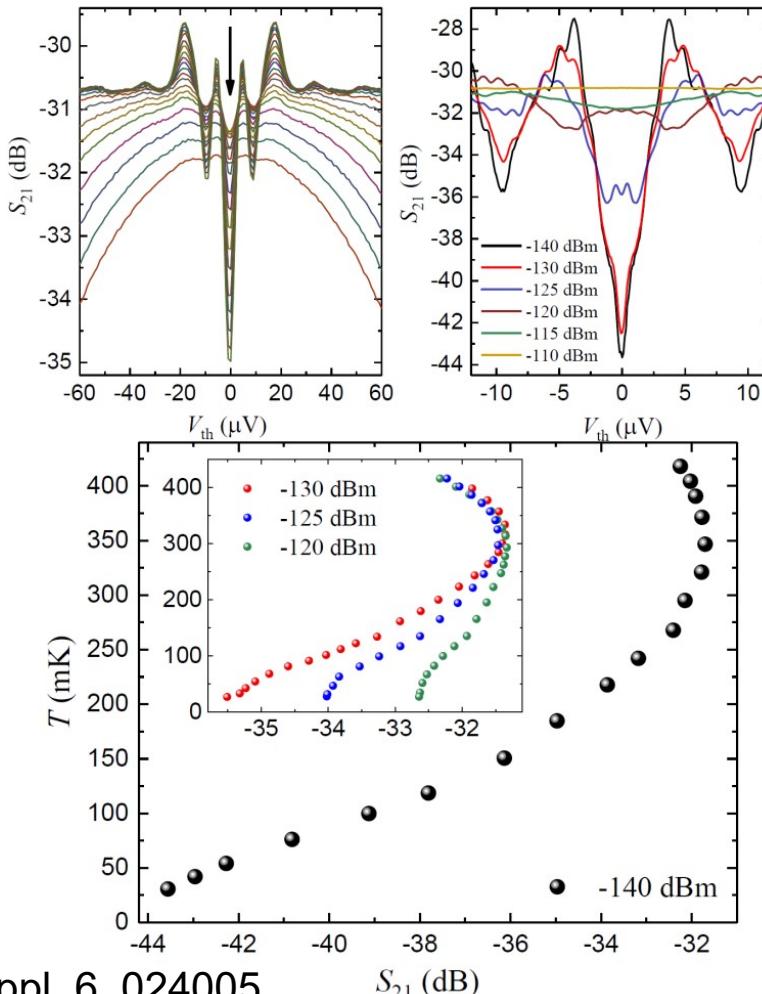
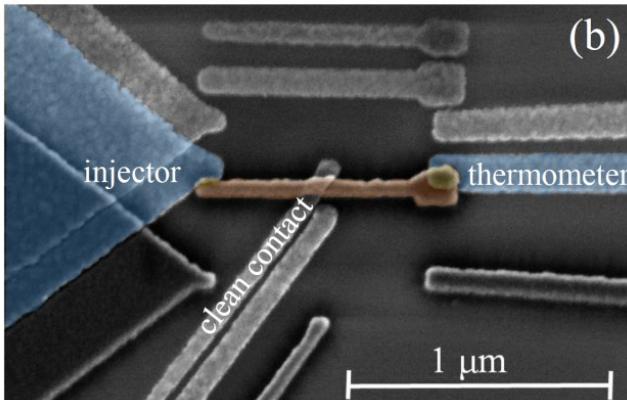


# ZBA based thermometry

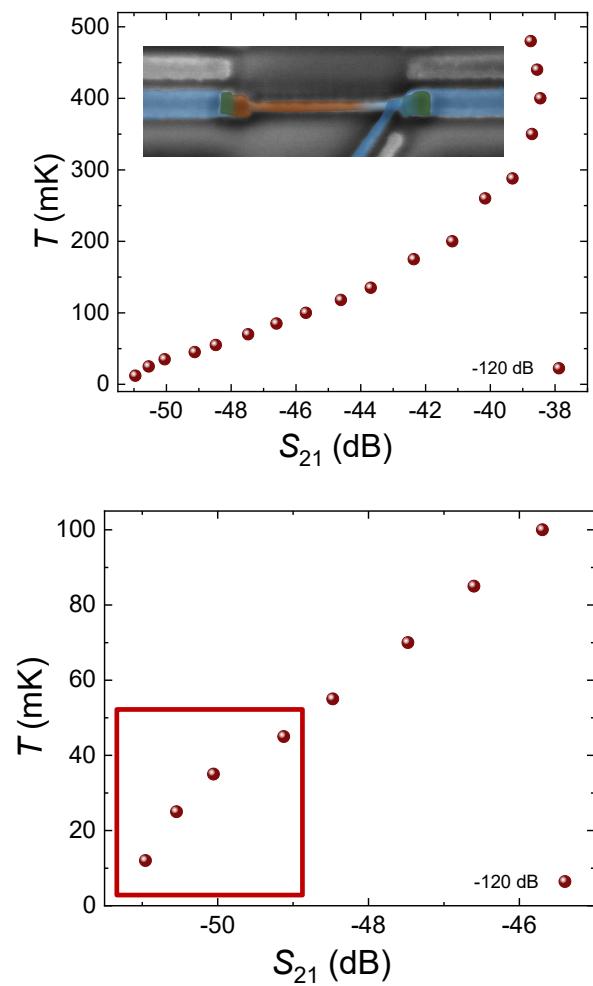
non-invasive, operates at low temperature



Proximity NIS junction

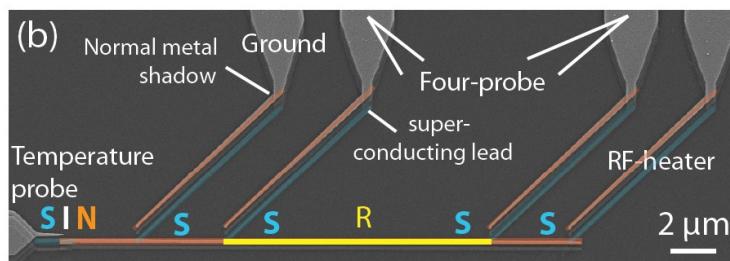
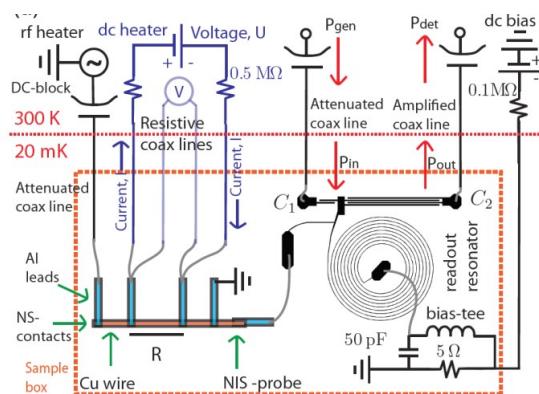


B. Karimi and JP, Phys. Rev. Applied 10, 054048 (2018)



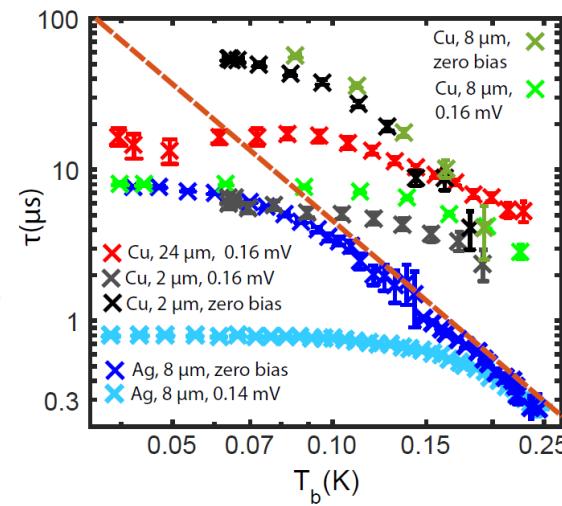
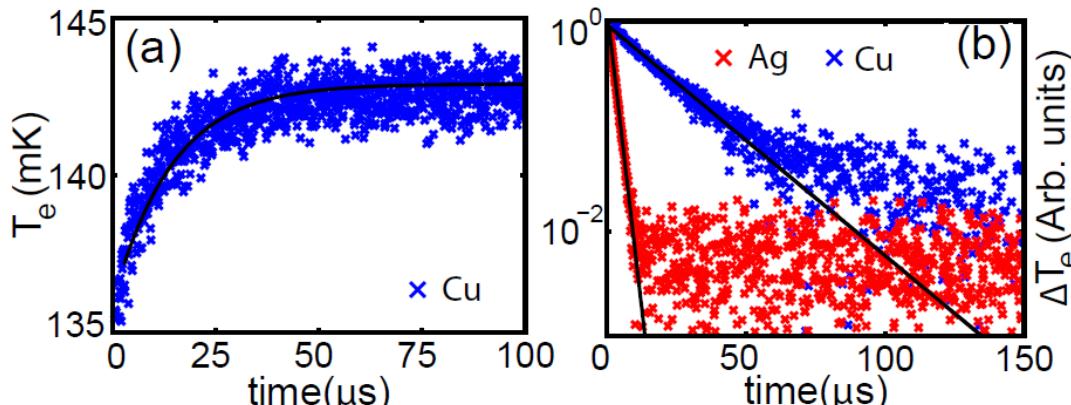
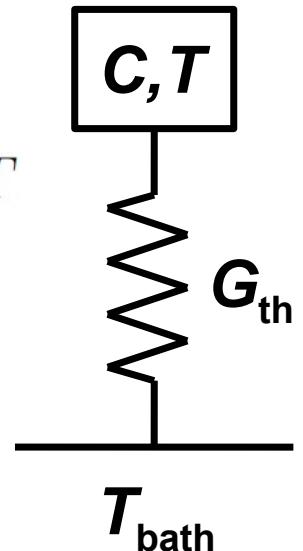
See also, O.-P. Saira et al., Phys. Rev. Appl. 6, 024005  
(2016); J. Govenius et al., PRL 117, 030802 (2016)

# Time-resolved measurements by fast thermometer



$$\mathcal{C} \frac{d\delta T}{dt} = -G_{\text{th}} \delta T$$

$$\tau = \mathcal{C}/G_{\text{th}}$$



K. Viisanen and JP, PRB 97, 115422 (2018)

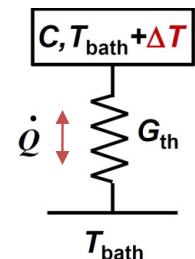
# Noise of heat current and equilibrium temperature fluctuations



Noise of electrical current  $S_I(0) = 2k_B T G$  .e. Johnson-Nyquist noise  $\langle \delta I^2 \rangle = 4k_B T G \Delta f$

Fluctuation-dissipation theorem for heat current

Low frequency noise:



$$S_{\dot{Q}}(0) = 2k_B T^2 G_{\text{th}}$$

$$\delta \dot{Q} = G_{\text{th}} \delta T$$

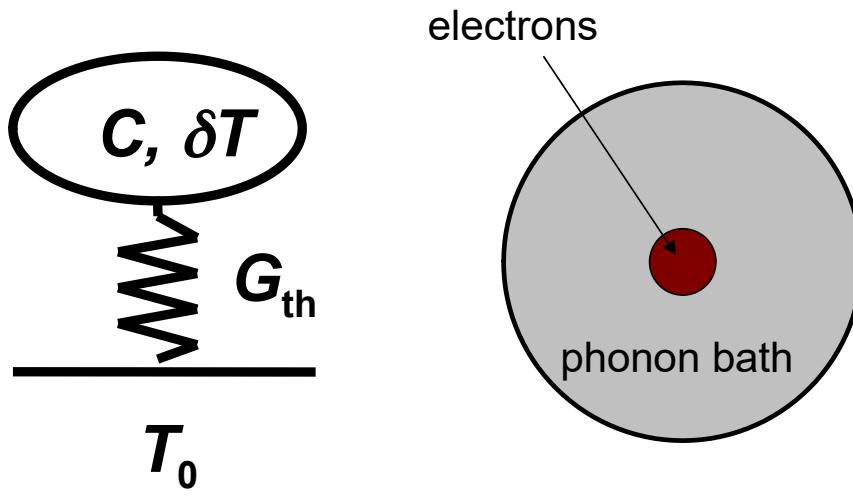
$$S_T(0) = 2k_B T^2 / G_{\text{th}}$$

Finite frequencies (classical):

$$S_T(\omega) = \frac{S_T(0)}{1 + (\omega/\omega_c)^2} \quad \omega_c = G_{\text{th}}/C$$

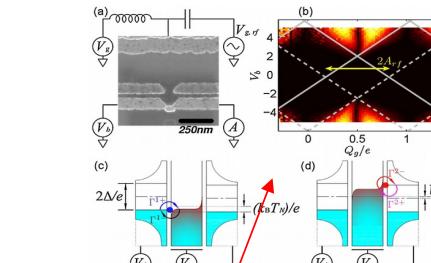
$$\langle \delta T^2 \rangle = \int \frac{d\omega}{2\pi} S_T(\omega) = k_B T^2 / C$$

# Temperature fluctuations



$$S_T(\omega) = \frac{2k_B T^2}{G_{\text{th}}} \frac{1}{1 + \omega^2 C^2 / G_{\text{th}}^2}$$

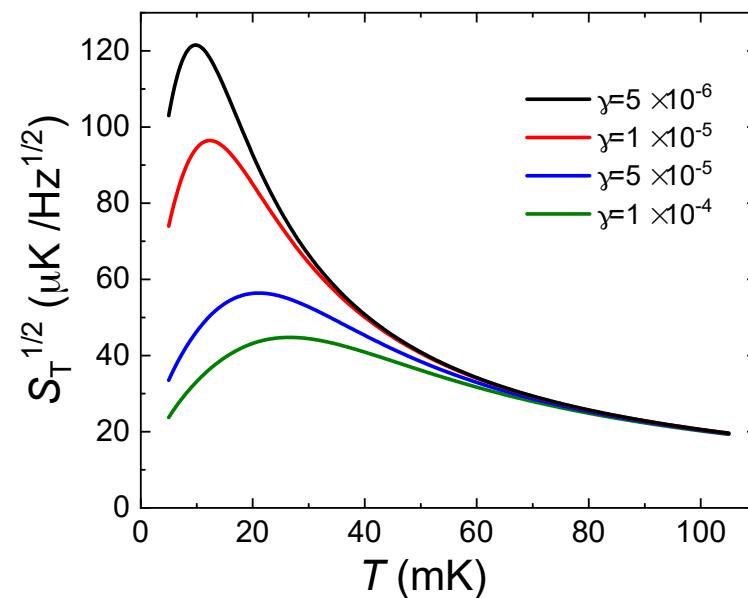
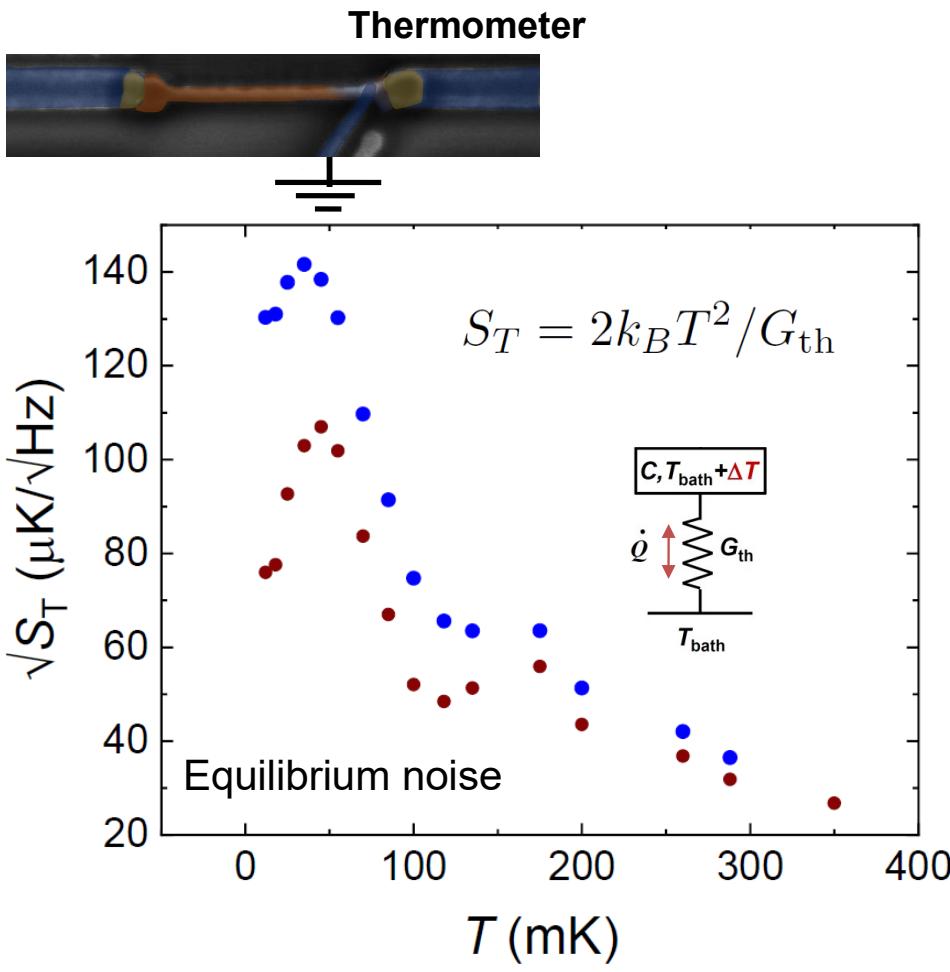
$$\langle \delta T^2 \rangle = k_B T^2 / C$$



In this grain,  $\langle \Delta T^2 \rangle \propto T/V$  is expected to be of the order of 1 mK at 100 mK,  $f_C = 10$  kHz.

$$2\pi f_C = G_{\text{th}}/C$$

# Preliminary results on temperature fluctuations



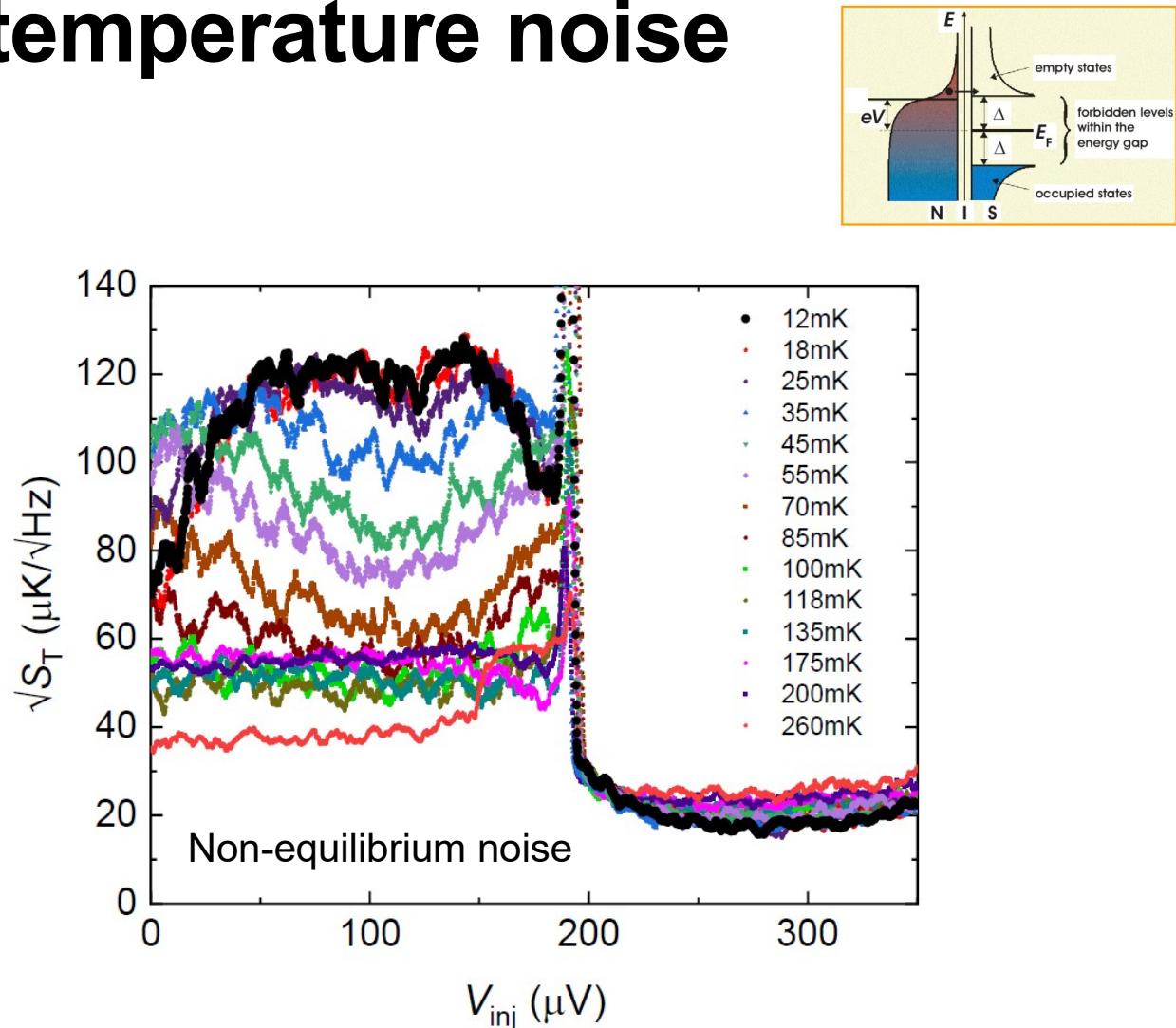
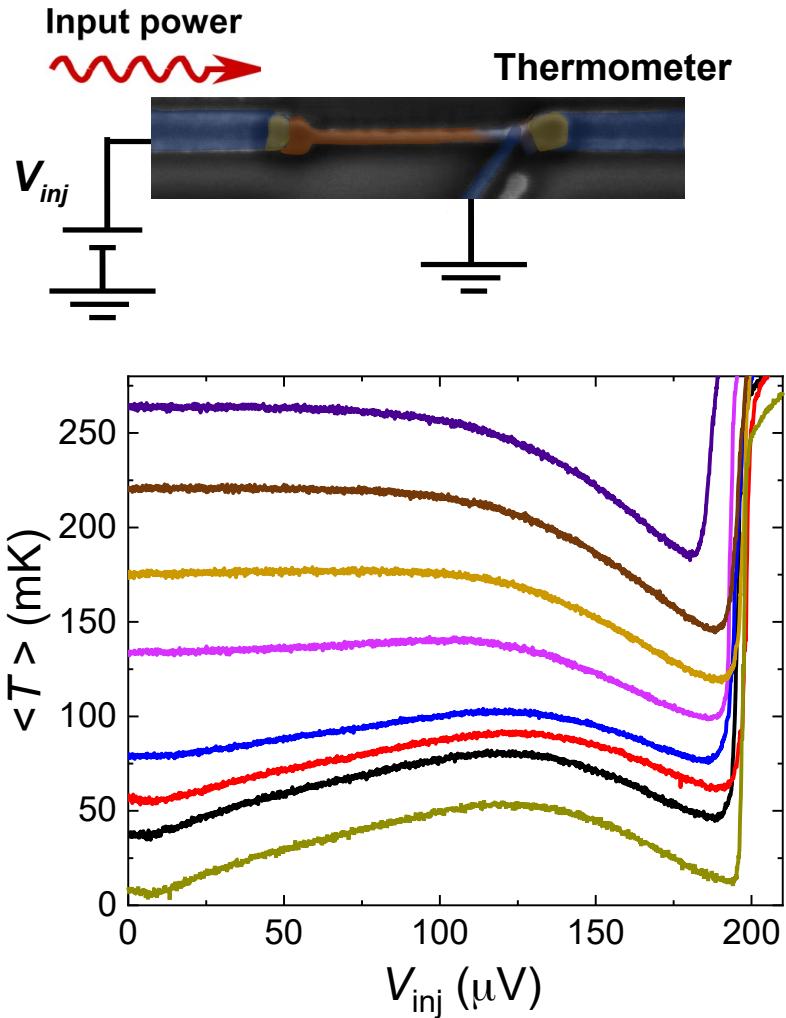
$$S_Q = 2k_B T^2 G_{th}$$

$$G_{th} = G_{th}^{ep} + G_{th}^t = 5\Sigma V T^4 + \mathcal{L}_0 \frac{\gamma}{R_T} T$$

$$S_T = \frac{S_Q}{G_{th}^2} = \frac{2k_B T^2}{G_{th}}$$

B. Karimi et al., in preparation

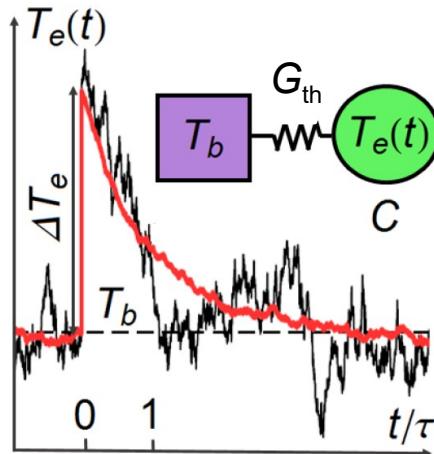
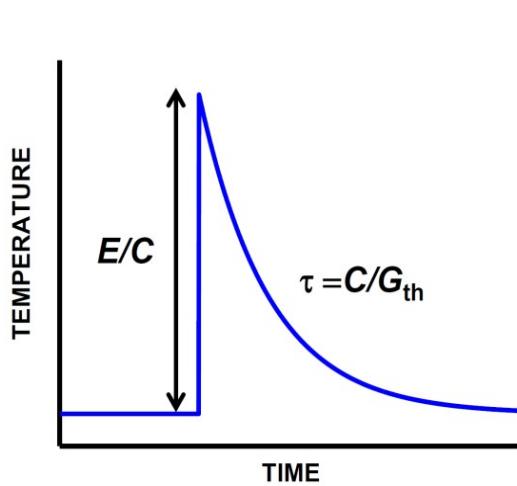
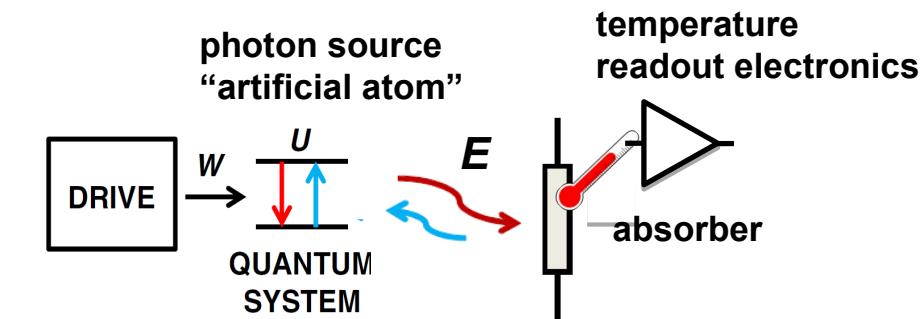
# Non-equilibrium temperature noise



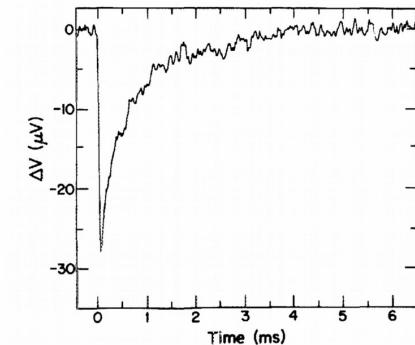
B. Karimi et al., in preparation

Theory: F. Brange, P. Samuelsson, B. Karimi, and JP, PRB **98**, 205414 (2018)

# Towards calorimetry for measuring mw photons



D. McCammon  
 et al., 1984  
 Single x-ray  
 photon  
 detection  $E = 6$   
 keV



## Typical parameters

Operating temperature:

$$T = 0.03 \dots 0.1 \text{ K}$$

Photon energy:

$$E/k_B = 0.3 \dots 1 \text{ K}$$

Heat capacity of absorber:

$$C = 300 \dots 1000 k_B$$

$$\Delta T \sim 1 \dots 3 \text{ mK}, \tau \sim 0.01 \dots 1 \text{ ms}$$

$$\delta E = \sqrt{k_B C T}$$

Ideally

Note: Energy resolution needs to be about  $10^8$  better than for typical X-ray calorimeters

# Requirements for single microwave photon detection

Detector noise bounded from below by effective temperature fluctuations of the absorber coupled to the bath.

$$\langle \delta T^2 \rangle = \int_{-\infty}^{\infty} \frac{d\omega}{2\pi} S_T(\omega) = k_B T^2 / C$$

Noise-equivalent temperature, NET

$$\text{NET} \equiv S_T(0)^{1/2} = (2k_B T^2 / G_{\text{th}})^{1/2}$$

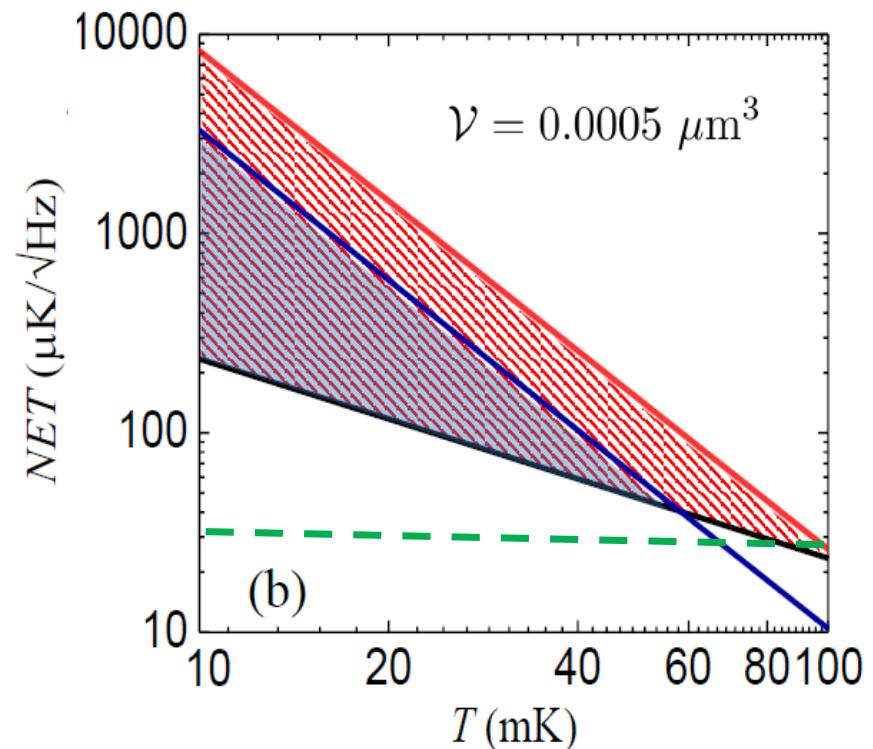
Lines:

**Green** dashed one: current amplifier limited noise

**Black**: fundamental temperature fluctuations

**Blue**: threshold for detecting a single 1 K (100  $\mu\text{eV}$ ) microwave photon

**Red**: threshold for detecting a single 2.5 K quantum



Standard copper absorber

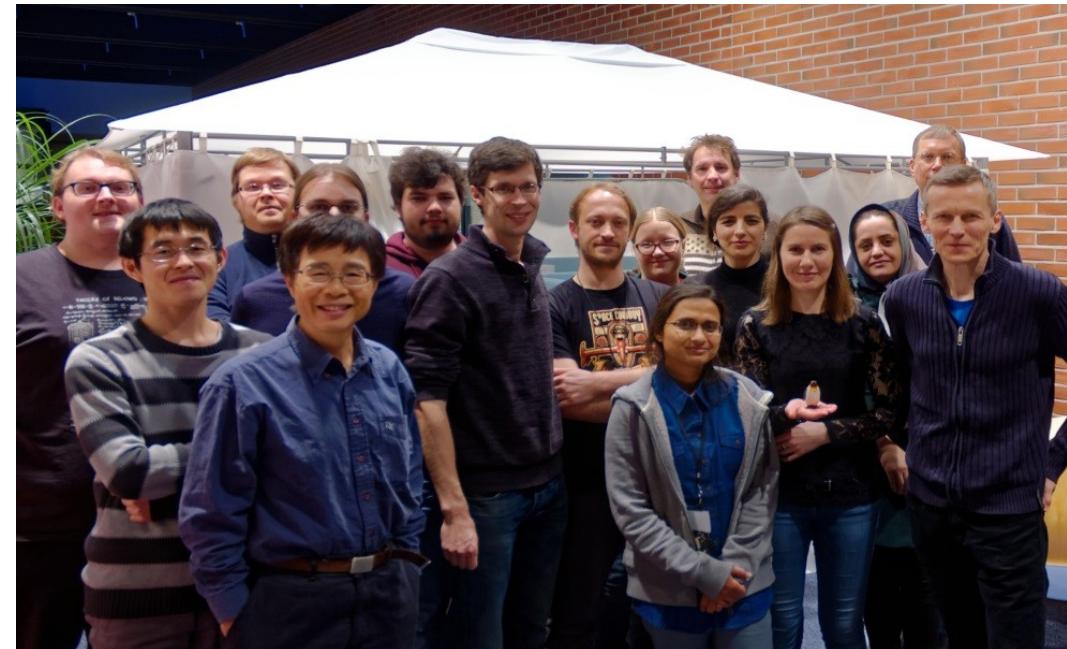
B. Karimi and JP, Phys. Rev. Applied **10**, 054048 (2018)

# Summary

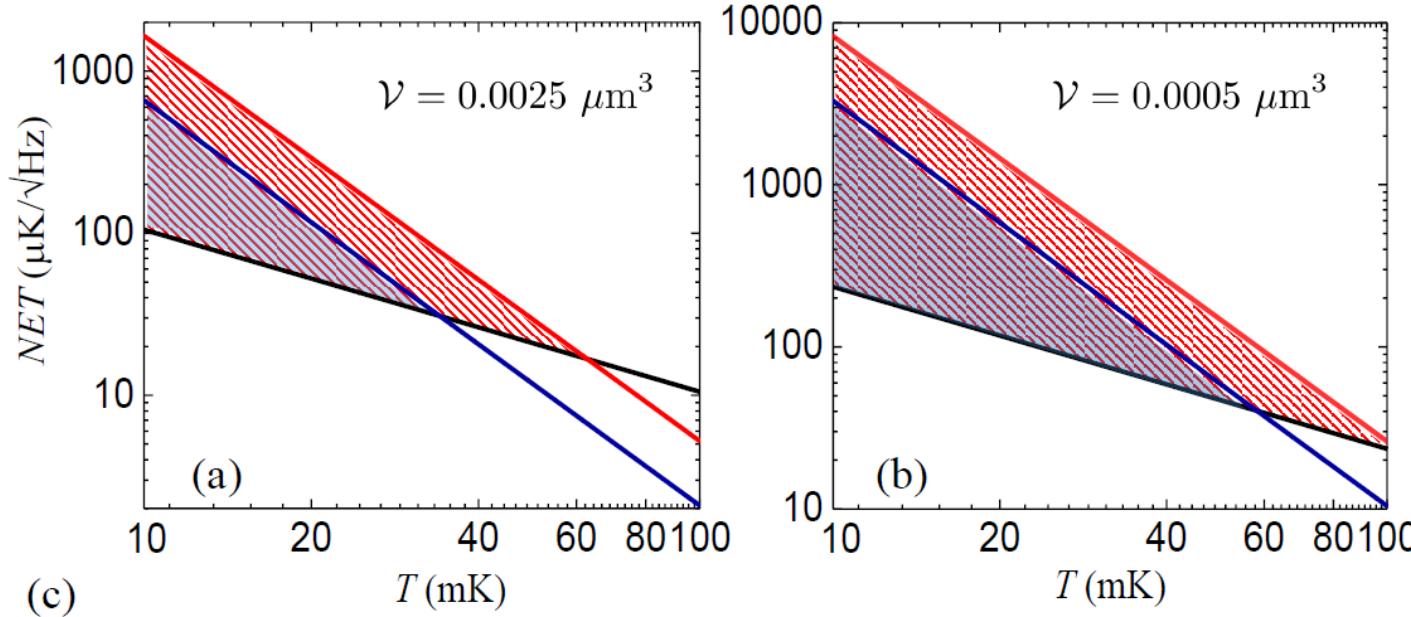
**Discussed:**

**Thermometry and calorimetry on low-T nanostructures**

**Potential for detecting < 10 GHz quanta**



# Requirements for single microwave photon detection



Standard copper absorber

Sample	$T$ (mK)	$\mathcal{V}$ ( $\mu\text{m}^3$ )	$NET_0$	$NET_{req}^e$ ( $\mu\text{K}/\sqrt{\text{Hz}}$ )	$NET_{req}^{ph}$	$(\mathbb{S}/\mathbb{N})_e$	$(\mathbb{S}/\mathbb{N})_{ph}$
B	130	0.005	5.7	1.4	0.5	0.2	0.1
A	50	0.0025	21	30	12	1.4	0.6
A	25	0.0025	42	170	67	4.0	1.6
Opt	10	0.0005	235	8250	3300	35	14