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# Dissipative preparation of squeezed states with ultracold atomic gases

GW & Mäkelä, Phys. Rev. A 85, 023604 (2012) Caballar *et al.*, Phys. Rev. A 89, 013620 (2014)

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#### I. Quantum state engineering using dissipation

#### II. Squeezing using dissipation

#### III. Summary & conclusion





# Quantum state engineering using dissipation





# What is dissipation?

#### **Dissipation** (Longman Advanced American Dictionary)

- 1. the process of making something disappear or scatter
- 2. the act of wasting money, time, energy etc.
- 3. the enjoyment of physical pleasures that are harmful to your health





"Diligence and Dissipation" by Northcote Dissipation: caused by coupling with environment



Dissipation: caused by coupling with environment

Particle losses (1-, 2-, & 3-body losses)

Incoherent scattering of trap lasers etc.

Usually, "dissipation"  $\approx$  "decoherence" But, "dissipation"  $\neq$  "decoherence"

#### Open quantum systems

#### Quantum sys. coupled to a reservoir.



 $\rho_{sr}$ : total density operator (system + reservoir)

 $ho \equiv 
ho_s = \mathrm{Tr}_r[
ho_{sr}]$  : system density operator

What we need is the system density operator  $\rho$ .

### Master equation

Master equation: EOM for the system density op. within Born-Markov approx.

$$\frac{d\rho}{dt} = -i[H,\rho] + \frac{\gamma}{2}(2c\rho c^{\dagger} - c^{\dagger}c\rho - \rho c^{\dagger}c)$$

Dissipation

- *c* : jump op.
- $\gamma$ : dissipation rate

Born-Markov approx.

 Weak system-bath coupling (Born) coupling term << *H* or reservoir
 Short correlation time of the reservoir (Markov) << dynamical timescale of sys Reservoir has no memory.

#### Poor man's derivation of master eq. (1)

ex. Photons in a lossy cavity
γ: loss rate
a: annihilation op. of photons

 $\Delta P = \gamma \langle \Psi | a^{\dagger} a | \Psi \rangle \delta t$ 



Prob. of a photon escaping from cavity in  $\delta t$ .

$$|\Psi\rangle \longrightarrow \begin{cases} |\Psi_{emit}\rangle & \Delta P \\ |\Psi_{no \ emit}\rangle & 1 - \Delta P \\ |\Psi_{emit}\rangle = \frac{a|\Psi\rangle}{\langle\Psi|a^{\dagger}a|\Psi\rangle^{1/2}} = (\gamma\delta t/\Delta P)^{1/2}a|\Psi\rangle \\ |\Psi_{no \ emit}\rangle = \frac{e^{-iH_{eff}\delta t}|\Psi\rangle}{\langle\Psi|e^{iH_{eff}^{\dagger}\delta t}e^{-iH_{eff}\delta t}|\Psi\rangle^{1/2}} \simeq \frac{(1 - iH\delta t - \frac{\gamma}{2}\delta ta^{\dagger}a)|\Psi\rangle}{(1 - \Delta P)^{1/2}} \\ H_{eff} = H - i\frac{\gamma}{2}a^{\dagger}a \qquad \text{Measurement of in o emission".} \qquad \Rightarrow \text{ non-Hermitian } 9$$

Density operator at  $t + \delta t$  $\rho(t+\delta t) = \Delta P |\Psi_{\text{emit}}\rangle \langle \Psi_{\text{emit}}| + (1-\Delta P) |\Psi_{\text{no emit}}\rangle \langle \Psi_{\text{no emit}}|$  $\simeq |\Psi\rangle\langle\Psi| - i\delta t \ [H, |\Psi\rangle\langle\Psi|]$  $+\frac{\gamma}{2}\delta t\left(2a|\Psi\rangle\langle\Psi|a^{\dagger}-a^{\dagger}a|\Psi\rangle\langle\Psi|-|\Psi\rangle\langle\Psi|a^{\dagger}a\right)$ Since  $|\Psi\rangle\langle\Psi| = \rho(t)$  $\frac{d\rho}{dt} = -i[H,\rho] + \frac{\gamma}{2}(2a\rho a^{\dagger} - a^{\dagger}a\rho - \rho a^{\dagger}a)$ Quantum jump Damping by by emission non-unitary evolution. Jump operator = a

# State preparation using dissipation (1)

#### Usually, "dissipation" ≈ "decoherence" But, "dissipation" ≠ "decoherence"



Analogy to optical pumping

 $\rho(t) \xrightarrow[t \to \infty]{} |D\rangle \langle D|$ 

Source of  $\Gamma$ : Dissipation in cold atom gases

•By spontaneous emission of photons

coupling with vac. st.

By emission of Bogoliubov excitations
 coupling with background BEC

Dissipation can be used for preparation of pure states.

[Agarwal (1988), Aspect *et al*. (1988), Kasevich & Chu (1992), Diehl *et al*. (2008), Kraus *et al*. (2008)]

# State preparation using dissipation (2)



# State preparation using dissipation (3)

State preparation using dissipation!

Advantages:

• Works for any initial state. [Kraus *et al.* PRA **78**, 042307 (2008)]

Self-driven: no need of active control.

"Just wait."

Engineered dissipation can overwrite unwanted one.

## **Dissipation-induced coherence**

#### Example: Pumped single-mode field with loss

[G. S. Agarwal, J. Opt. Soc. Am. B, 5, 1940 (1988)]

**Pumping Hamiltonian:** 

$$H = \frac{g}{2}(a + a^{\dagger})$$

Master eq.:

$$\begin{split} \frac{d\rho}{dt} &= -i[H,\rho] + \frac{\gamma}{2}(2a\rho a^{\dagger} - a^{\dagger}a\rho - \rho a^{\dagger}a) \\ &= \frac{\gamma}{2}(2c\rho c^{\dagger} - c^{\dagger}c\rho - \rho c^{\dagger}c) \equiv \mathcal{D}[c]\rho \\ &\text{with} \quad c \equiv a + ig/\gamma \end{split}$$

 $\frac{d\rho}{dt} = \mathcal{D}[c]\rho = 0 \quad \text{if \& only if} \quad (a + ig/\gamma)\rho = 0 = \rho(a + ig/\gamma)^{\dagger}$  $\implies \rho = |-ig/\gamma\rangle\langle -ig/\gamma | \quad \text{: coherent st.}$ 

"Dissipation-induced coherence"

# Matter-wave interf. and 2-mode sys.

Matter-wave interferometer : interferometer with cold atoms Ex. cold Bose gases in a double-well pot.



Measure the force field, etc. from the interference pattern.

## Squeezed st. in matter-wave interf.

Uncertainty relation  $\Delta X_1 \Delta X_2 \gtrsim \hbar$ 

Squeezing: decreasing uncertainty of one variable (in expense of increasing the other's)





## Bottom lines

GW & Mäkelä, PRA **85**, 023604 (2012) Caballar *et al.*, Phys. Rev. A **89**, 013620 (2014)

Dissipative preparation scheme of phase- & number-squeezed st. using cold atom gases

Proposal of the physical setup

 Resulting master eq. leads to a pure squeezed st. in the ideal limit.

• Squeezing develops on a rapid time scale  $\propto 1/N$  due to the bosonic enhancement.



# Two-mode Bose squeezing using dissipation



## Squeezing jump operator

Coherent st.: 
$$|\phi\rangle \propto (e^{i\phi/2}a_1^{\dagger} + e^{-i\phi/2}a_2^{\dagger})^N |0\rangle$$

Squeezing jump op. [GW & Mäkelä, PRA **85**, 023604 (2012)]  $c = (a_{1}^{\dagger} + a_{2}^{\dagger})(a_{1} - a_{2}) + \epsilon (a_{1}^{\dagger} - a_{2}^{\dagger})(a_{1} + a_{2}) \quad (-1 < \epsilon < 1)$   $|\phi = 0\rangle \propto (a_{1}^{\dagger} + a_{2}^{\dagger})^{N}|0\rangle$ is a dark st.  $\because [a_{1} - a_{2}, a_{1}^{\dagger} + a_{2}^{\dagger}] = 0$   $|\phi = \pi\rangle \propto (a_{1}^{\dagger} - a_{2}^{\dagger})^{N}|0\rangle$ is a dark st.  $\because [a_{1} + a_{2}, a_{1}^{\dagger} - a_{2}^{\dagger}] = 0$ 

 $c = 2(1 + \epsilon)S_z - 2i(1 - \epsilon)S_y$ when  $\epsilon = 1$ ,  $c = 4S_z \propto \Delta N$ Dark st. is a Fock st. with  $\Delta N=0$ .



### 2-mode squeezing

 $\xi_N = \frac{\langle S_z^2 \rangle^{1/2}}{\sqrt{N/2}} \simeq \sqrt{\frac{1-\epsilon}{1+\epsilon}}$ 

#### Coherent st. analysis (valid for N>>1)

 $\langle S_x^2 \rangle \simeq \langle S_x \rangle^2$  with  $\langle S_x \rangle \simeq N/2 + O(N^0)$ 

$$\frac{d}{dt} \langle S_{y,z}^2 \rangle = \operatorname{Tr} \left[ \dot{\rho} S_{y,z}^2 \right]$$

$$\xrightarrow{\text{master eq.}} \frac{d}{dt} \langle S_{y,z}^2 \rangle \simeq -4N\gamma(1-\epsilon^2) \langle S_{y,z}^2 \rangle + N^2\gamma(1\pm\epsilon)^2$$

In the steady state

Number squeezing param.:

Phase squeezing param.:  $\xi_{\text{phase}} = \frac{\langle S_y^2 \rangle^{1/2}}{\sqrt{N/2}} \simeq \sqrt{\frac{1+\epsilon}{1-\epsilon}}$ 

 $\epsilon > 0 \Rightarrow$  number sq. & phase anti-sq.  $\epsilon < 0 \Rightarrow$  phase sq. & number anti-sq.



#### • System: a-atoms in "spherical cow" trap





•Environment: background BEC of *b*-atoms

Reservoir of superfluid phonons

#### Setup

Setup: trapped atoms + background BEC system reservoir of s.f. phonons

 States 1& 2 are Raman coupled to two excited states with even & odd parity.

 Atoms in the excited states decay into the states 1 & 2 through s.f. phonon emission.



#### Setup

#### **Conditions**

- For the coherence by site 1 & 2:  $k_n x_0 \ll 1$
- For the coherence btwn  $F_1$  &  $F_2$ :  $|k_2 k_1| \ll k_1, k_2$  $(\omega \ll \epsilon_1, \epsilon_2)$



## Hamiltonian

$$\begin{split} H &= \underline{H}_{a} + \underline{H}_{b} + \underline{H}_{ab} \\ \text{trapped atoms} \\ \text{(a-atoms)} \\ \text{Bogoliubov excit.} \\ \text{(b-atoms)} \\ \text{Coupling btwn.} \\ \text{a-atoms & Bogoliubov excit.} \\ \text{a-atoms & Bogoliubov excit.} \\ H_{ab} &\simeq \sum_{\mathbf{k} \neq 0} g_{k} A_{\mathbf{k}}^{\dagger} b_{\mathbf{k}} + \text{h.c.} \\ g_{k} &\equiv \frac{2\pi a_{ab}}{\mu} \sqrt{\rho_{b}} S_{k}^{1/2} \\ A_{\mathbf{k}}^{\dagger} &\propto \sum_{\substack{n,n',i,i'\\ \text{level site}}} \mathcal{A}_{k_{x};i,i'}^{(n,n')} a_{n,i}^{\dagger} a_{n',i'} \\ \text{for a state of } f_{k_{x};i,i'} = \int dx \, e^{ik_{x}x} \phi_{n,i}^{*}(x) \phi_{n',i'}(x) \\ \text{g. st. } \phi_{g,i} &\sim \sqrt{N} \gg \text{ excit. st. } \phi_{e_{n},0} \sim 1 \\ & & & & & & & & \\ \text{born-Markov approx.} \\ \dot{\rho}(t) &= -\int_{0}^{\infty} dt' \operatorname{Tr}_{R} \big[ H_{ab}(t), [H_{ab}(t-t'), \rho(t) \otimes R] \big] \end{split}$$



## Master equations

$$\begin{aligned} \mathcal{L}\rho \simeq \frac{\gamma}{2} \sum_{n,n'=1,2} C_{n,n'} \left( e^{-i(\epsilon_n - \epsilon'_n)t} [F_n \rho, F_{n'}^{\dagger}] + \text{h.c.} \right) \\ F_1 \equiv F_2^{\dagger} \equiv c_+^{\dagger} c_- \\ C_{11} = 1, \ C_{22} = \eta \epsilon^2, \ C_{12} = \epsilon, \ C_{21} = \eta \epsilon \\ \eta(k_1, k_2) \equiv k_2 \gamma_2 / k_1 \gamma_1 \qquad \gamma_n \propto k_n |g_{k_n}|^2 / v(k_n) \end{aligned}$$

$$\bullet \text{Ideal limit:} \quad \omega = \epsilon_2 - \epsilon_1 \rightarrow 0 \\ k_2 \rightarrow k_1 \quad \& \quad \gamma_2 \rightarrow \gamma_1 \qquad \qquad \eta \rightarrow 1 \\ \mathcal{L}\rho \simeq \frac{\gamma}{2} (2c\rho c^{\dagger} - c^{\dagger} c\rho - \rho c^{\dagger} c) \\ \text{with} \qquad c = F_1 + \epsilon F_2 \end{aligned}$$
Master eq. with squeezing jump op.!



$$\mathcal{L}\rho \simeq \frac{\gamma}{2} \sum_{n,n'=1,2} C_{n,n'} \left( e^{-i(\epsilon_n - \epsilon'_n)t} [F_n \rho, F_{n'}^{\dagger}] + \text{h.c.} \right)$$

$$F_1 \equiv F_2^{\dagger} \equiv c_+^{\dagger} c_-$$

$$C_{11} = 1, \ C_{22} = \eta \epsilon^2, \ C_{12} = \epsilon, \ C_{21} = \eta \epsilon$$

$$\eta(k_1, k_2) \equiv k_2 \gamma_2 / k_1 \gamma_1 \qquad \gamma_n \propto k_n |g_{k_n}|^2 / v(k_n)$$

$$F_1 \equiv F_2^{\dagger} \equiv c_+^{\dagger} c_-$$

$$\gamma_n \propto k_n |g_{k_n}|^2 / v(k_n)$$

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$$\mathcal{L}\rho \simeq \frac{\gamma}{2} \left[ (2F_1 \rho F_1^{\dagger} - \{F_1^{\dagger} F_1, \rho\}) + \eta \epsilon^2 (2F_2 \rho F_2^{\dagger} - \{F_2^{\dagger} F_2, \rho\}) \right]$$

Two processes of  $F_1 \& F_2$  contribute incoherently.

#### Time scales

#### EOM of $\langle S^2_{y,x} \rangle$ by coherent st. approx.

$$\frac{d}{dt}\langle S_{y,z}^2\rangle \simeq -4N\gamma(1-\epsilon^2)\langle S_{y,z}^2\rangle + N^2\gamma(1\pm\epsilon)^2$$

Time scale for squeezing:

$$\tau_{\gamma} \equiv \frac{1}{4N(1-\epsilon^2)}$$

Short time scale  $\tau_{\gamma} \propto 1/N$   $\Leftarrow$  Bose enhancement

• Dephasing time scale:  $T_{\omega} \equiv 2\pi/\omega = 2\pi/(\epsilon_2 - \epsilon_1)$ 

Squeezed st. is generated at  $\tau_{\gamma} < t < T_{\omega}$ 

#### Time evolution for ideal & large- $\omega$ cases



# Time evolution for intermediate cases



### Suppression of dephasing





"Stroboscopic" method (cf. Polzik *et al.*) Switching driving lasers off and on continuous evolution  $\rightarrow$  stroboscopic elements with  $\tau_{int}$  t = 0  $\xrightarrow{\tau_{int} \tau_{int}}$   $\xrightarrow{\tau_{int}}$  t = 0  $\xrightarrow{\sigma_{int} \tau_{int}}$   $\xrightarrow{\tau_{int}}$ off & on Dephasing can be suppressed!

# Summary & conclusion

GW & Mäkelä, PRA **85**, 023604 (2012) Caballar, Diehl, Mäkelä, Oberthaler & GW, PRA **89**, 013620 (2014)

Dissipative preparation scheme of phase- & number-squeezed st. using cold atom gases

- Proposal of the squeezing jump op. & its physical setup
   Atoms in a double well immersed in a b.g. BEC acting as a reservoir.
- Master eq. is derived starting from microscopic physics.
- Squeezing develops on a rapid time scale  $\propto 1/N$  due to the bosonic enhancement.
- Dephasing can be avoided by switching the driving on and off, which leads to robust steady squeezed st.
- Ingredients for experimental implementation using Rb atoms.





Thank you for your attention.

# System-reservoir coupling

System-reservoir coupling: Atoms & Bogoliubov excit.

$$\hat{H}_{ab} = \frac{1}{2} \frac{4\pi a_{ab}}{\mu} \int d^3 r \; \hat{\psi}_a^{\dagger} \hat{\psi}_a \hat{\psi}_b^{\dagger} \hat{\psi}_b \simeq \sum_{\mathbf{k} \neq 0} g_k (\hat{A}_{\mathbf{k}}^{\dagger} \hat{b}_{\mathbf{k}} + \text{h.c})$$

$$\hat{\psi}_a \; : \text{trapped atoms}$$

$$\hat{\psi}_b = \sqrt{\rho_b} + \delta \hat{\psi}_b(\mathbf{r}) : \text{background s.f. atoms}$$

$$\delta \hat{\psi}_b(\mathbf{r}) = \frac{1}{\sqrt{V}} \sum_{\mathbf{k}} (u_{\mathbf{k}} \hat{b}_{\mathbf{k}} e^{i\mathbf{k}\cdot\mathbf{r}} + v_{\mathbf{k}} \hat{b}_{\mathbf{k}}^{\dagger} e^{-i\mathbf{k}\cdot\mathbf{r}})$$

$$\hat{b}_{\mathbf{k}} \; : \text{Bogoliubov excitations}$$

$$f_{\mathbf{k}} = \sqrt{\frac{k^2}{2m_b E_{\mathbf{k}}}} : \text{static structure factor of BEC}$$



$$\mathcal{L}\rho \simeq \frac{\gamma}{2} \sum_{n,n'=1,2} C_{n,n'} \left( e^{-i(\epsilon_n - \epsilon'_n)t} [F_n \rho, F_{n'}^{\dagger}] + \text{h.c.} \right)$$

 $F_{1} \equiv F_{2}^{\dagger} \equiv c_{+}^{\dagger}c_{-} \qquad c_{+} \equiv a_{1} + a_{2}, \quad c_{-} \equiv a_{1} - a_{2}$  $C_{11} = 1, \ C_{22} = \eta\epsilon^{2}, \ C_{12} = \epsilon, \ C_{21} = \eta\epsilon$ 

 $\eta \equiv k_2 \gamma_2 / k_1 \gamma_1 \qquad \gamma_n \propto k_n |g_{k_n}|^2 / v(k_n)$  $\gamma \propto k_1 \sigma_g \gamma_1 \phi_{e_1}^2 (x_0) (\Omega_1 / \Delta_1)^2$ 

#### Towards implementation with cold atoms (1)

Trapped atoms (a-atoms): Rb85 (set  $a_{aa}=0$ ),  $N=10^{5}$ Background atoms (b-atoms): Rb87



#### Towards implementation with cold atoms (1)



# Realization of double-well potential

#### Gati et al., Appl. Phys. B 82, 207 (2006)



#### N dependence

#### <u>N dependence for fixed $au_{\gamma}/T_{\omega}$ </u>



*N* dependence saturates already at *N*~100!

In numerical calculations, we can use smaller *N*~100 for the same value of  $\tau_{\gamma}/T_{\omega}$ . (i.e., adjust  $\gamma$  to get the same  $\tau_{\gamma}/T_{\omega}$ )