

SMASH



Guillermo Ballesteros

IPhT CEA Paris-Saclay



`guillermo.ballesteros@cea.fr`

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with Javier Redondo, Andreas Ringwald and Carlos Tamarit

Advances in theoretical cosmology in the light of data

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Unifying Inflation with the Axion, Dark Matter, Baryogenesis, and the Seesaw Mechanism

Guillermo Ballesteros,^{1,*} Javier Redondo,^{2,3,†} Andreas Ringwald,^{4,‡} and Carlos Tamarit^{5,§}

¹*Institut de Physique Théorique, Université Paris Saclay, CEA, CNRS, 91191 Gif-sur-Yvette, France*

²*Departamento de Física Teórica, Universidad de Zaragoza, Pedro Cerbuna 12, E-50009 Zaragoza, Spain*

³*Max-Planck-Institut für Physik, Föhringer Ring 6, 80805 München, Germany*

⁴*DESY, Notkestrasse 85, 22607 Hamburg, Germany*

⁵*Institute for Particle Physics Phenomenology, Durham University South Road, Durham DH1 3LE, United Kingdom*

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A minimal extension of the standard model (SM) with a single new mass scale and providing a complete and consistent picture of particle physics and cosmology up to the Planck scale is presented. We add to the SM three right-handed SM-singlet neutrinos, a new vectorlike color triplet fermion, and a complex SM-singlet scalar σ that stabilizes the Higgs potential and whose vacuum expectation value at $\sim 10^{11}$ GeV breaks lepton number and a Peccei-Quinn symmetry simultaneously. Primordial inflation is produced by a combination of σ (nonminimally coupled to the scalar curvature) and the SM Higgs boson. Baryogenesis proceeds via thermal leptogenesis. At low energies, the model reduces to the SM, augmented by seesaw-generated neutrino masses, plus the axion, which solves the strong CP problem and accounts for the dark matter in the Universe. The model predicts a minimum value of the tensor-to-scalar ratio $r \simeq 0.004$, running of the scalar spectral index $\alpha \simeq -7 \times 10^{-4}$, the axion mass $m_A \sim 100 \mu\text{eV}$, and cosmic axion background radiation corresponding to an increase of the effective number of relativistic neutrinos of ~ 0.03 . It can be probed decisively by the next generation of cosmic microwave background and axion dark matter experiments.

1. Who is the dark matter?

2. Who is the inflaton?

3. Matter/anti-matter asymmetry

$$\frac{n_b - n_{\bar{b}}}{n_\gamma} \simeq 10^{-9}$$

(CMB)

$$n_p/n_{\bar{p}} \sim 10^4$$

(Galactic cosmic rays)


4. Smallness of the neutrino masses $\sum m_\nu \lesssim 0.2 \text{ eV}$

5. Strong CP problem

$$\mathcal{L}_{\text{QCD}} \in -\frac{\theta_0}{32\pi^2} G\tilde{G}$$

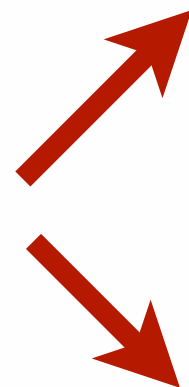
$$\theta \equiv \theta_0 - \arg(\det M) \lesssim 10^{-10}$$

(neutron e.d.m.)

Small neutrino masses  *Matter/anti-matter asymmetry*



Strong CP problem



Dark matter

Inflation

Standard

Model

Axion

See-saw

Higgs [portal inflation]

$$\text{SMASH} = \text{SM} +$$

★ Three singlet neutrinos: N_i

★ A complex scalar: σ

★ Two Weyl fermions: Q and \tilde{Q} in the $\mathbf{3}$ and $\bar{\mathbf{3}}$ of $SU(3)_c$

Dias, Machado, Nishi, Ringwald and Vaudrevange 2014

★ New $U(1)$ symmetry: PQ and lepton number

q	u	d	L	N	E	Q	\tilde{Q}	σ
$1/2$	$-1/2$	$-1/2$	$1/2$	$-1/2$	$-1/2$	$-1/2$	$-1/2$	1

Strong CP problem

Q , \tilde{Q}

complex scalar, σ

modulus

phase

Axion

Dark Matter

Baryogenesis

(via thermal leptogenesis)

Gives mass to
RH neutrinos

N_i

*see-saw
mechanism*

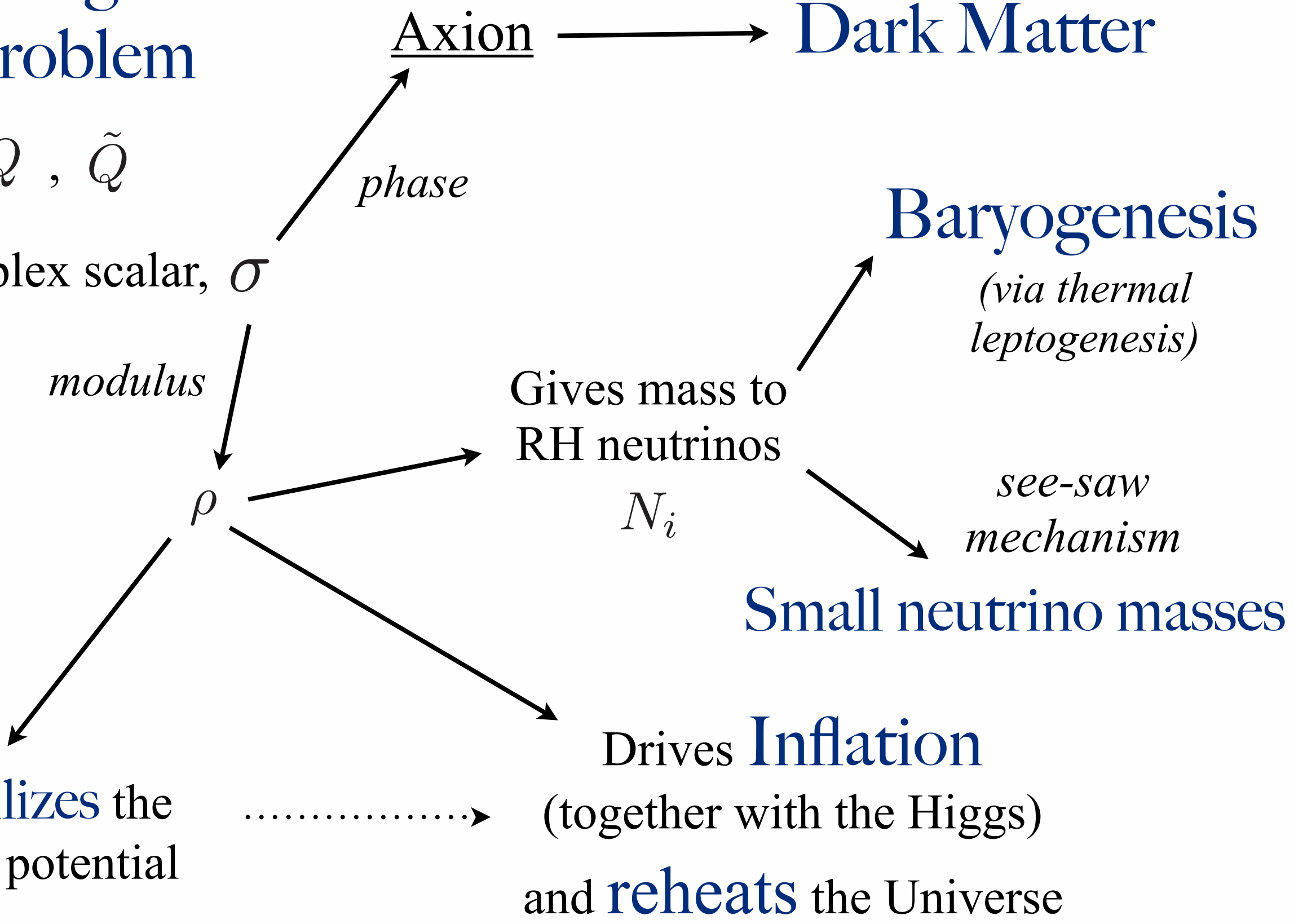
Small neutrino masses

Drives Inflation

(together with the Higgs)
and reheats the Universe

Stabilizes the
Higgs potential

.....>



SM

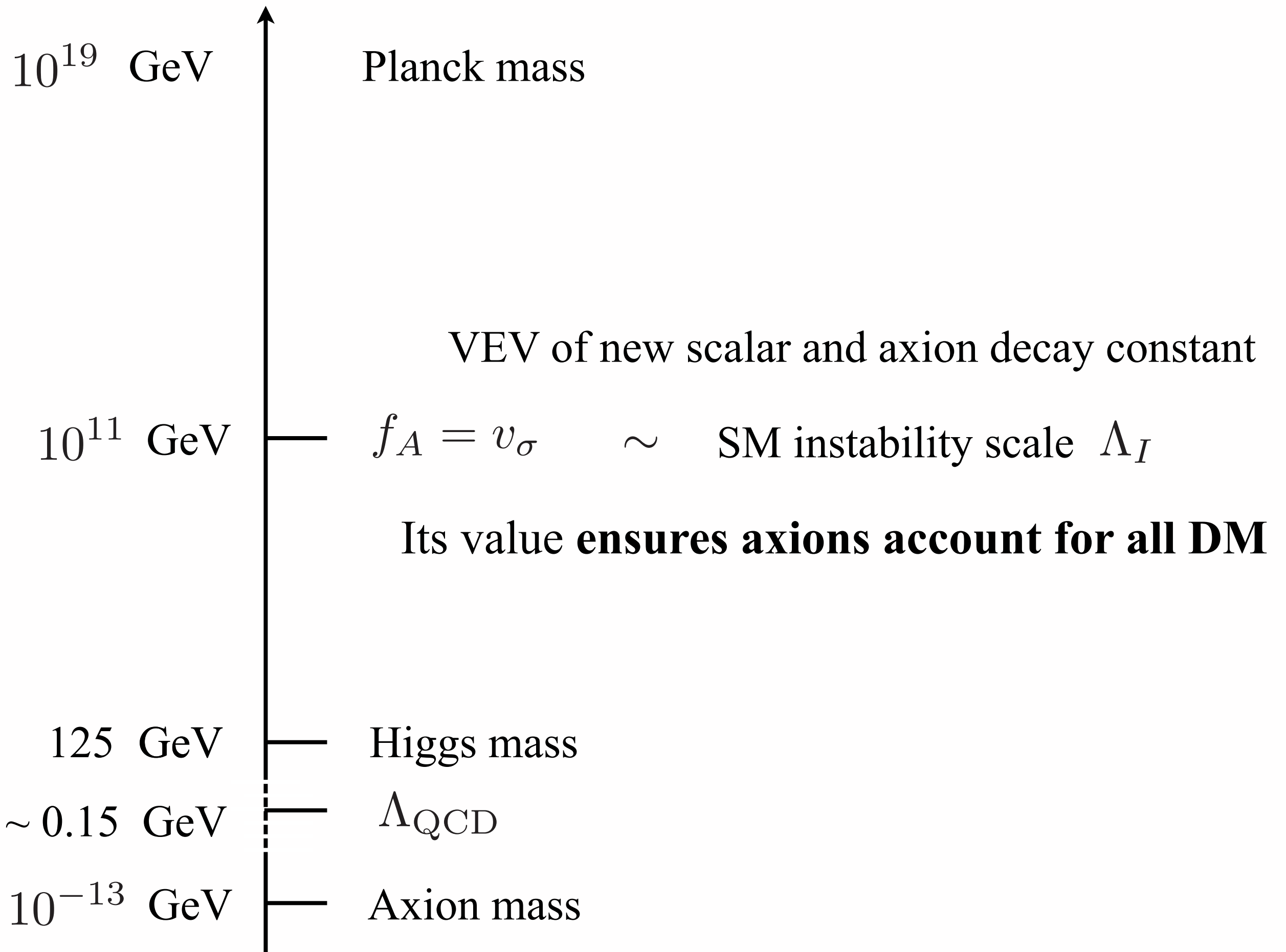
$$\mathcal{L} \supset - \left[Y_{uij} q_i \epsilon H u_j + Y_{dij} q_i H^\dagger d_j + G_{ij} L_i H^\dagger E_j + F_{ij} L_i \epsilon H N_j + \frac{1}{2} Y_{ij} \sigma N_i N_j \right. \\ \left. + y \tilde{Q} \sigma Q + y_{Q_{di}} \sigma Q d_i + h.c. \right],$$

Strong CP problem (and DM)

Neutrino masses

$$V(H, \sigma) = \lambda_H \left(H^\dagger H - \frac{v^2}{2} \right)^2 + \lambda_\sigma \left(|\sigma|^2 - \frac{v_\sigma^2}{2} \right)^2 + 2\lambda_{H\sigma} \left(H^\dagger H - \frac{v^2}{2} \right) \left(|\sigma|^2 - \frac{v_\sigma^2}{2} \right)$$

Stability, inflation and reheating



Axion mass: $m_A = (57.2 \pm 0.7) \left(\frac{10^{11} \text{GeV}}{f_A} \right) \mu\text{eV}$

Borsanyi et al. 2016 from lattice QCD

$$\frac{M_{N_i}}{Y} \sim \frac{m_Q}{y} \sim \frac{m_\rho}{\sqrt{\lambda_\sigma}} \sim v_\sigma + \mathcal{O}(v) \sim 10^{11} \text{GeV}$$

Upper limit on Yukawas Y, y for stability

Typically: $10^{-13} \lesssim \frac{\lambda_\sigma}{5} \lesssim 10^{-10}$ from inflation

The strong CP problem

$$\mathcal{L}_{\text{QCD}} \in -\frac{\theta_0}{32\pi^2} G\tilde{G} \quad \text{breaks CP}$$

$$\theta \equiv \theta_0 - \arg(\det M)$$

$$\theta \lesssim 10^{-10}$$

from neutron e.d.m.

↑
Invariant under chiral
transformations

↑
Quark mass
matrix

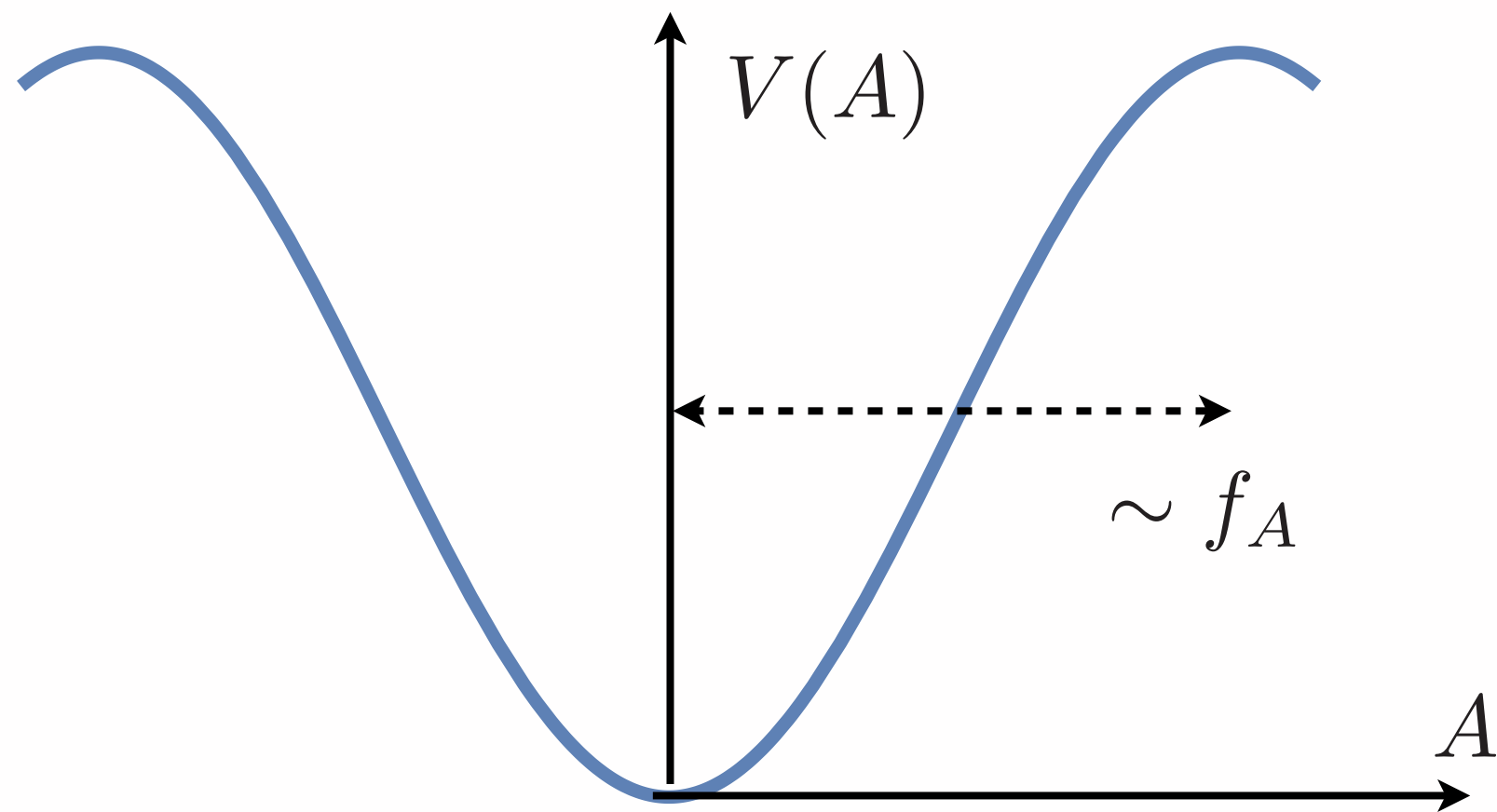
Solution?

e.g. another transformation under which $\delta S \propto \int G \tilde{G}$
making θ unphysical.

Global sym. that is anomalous under $\text{SU}(3)_c$
(but there is no such symmetry in the SM)

The axion

$$\mathcal{L} \in \frac{1}{2} \partial_\mu A \partial^\mu A + i \frac{A}{32\pi^2} G \tilde{G} + V(A)$$



The axion potential is generated by non-perturbative QCD physics

KSVZ-like axion

$$\mathcal{L} \in \frac{1}{2} \partial_\mu A \partial^\mu A + i \frac{A}{32\pi^2} G \tilde{G} + V(A)$$

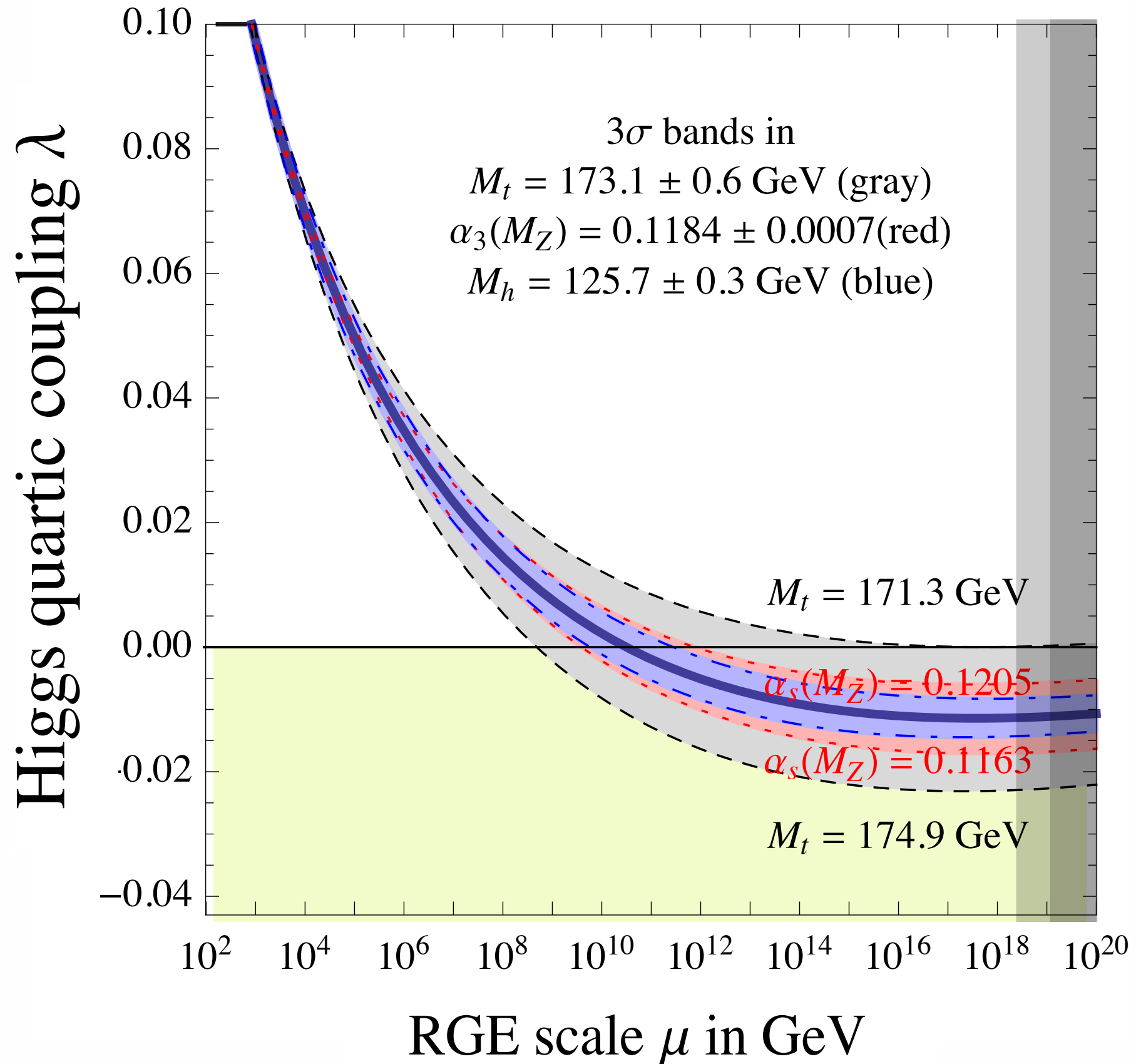
The coupling of the axion to QCD is a dim. 5 operator.

$$\frac{1}{2} \partial_\mu \sigma \partial^\mu \sigma^* + \lambda_\sigma \left(|\sigma|^2 - \frac{v_\sigma^2}{2} \right)^2 + y \tilde{Q} \sigma Q + h.c.$$

$$\sigma \rightarrow e^{i\alpha} \sigma, \quad Q \rightarrow e^{-i\frac{\alpha}{2} \gamma_5} Q, \quad \alpha = A/v_\sigma$$

and integrate out Q and $|\sigma|$ below $v_\sigma = f_A$

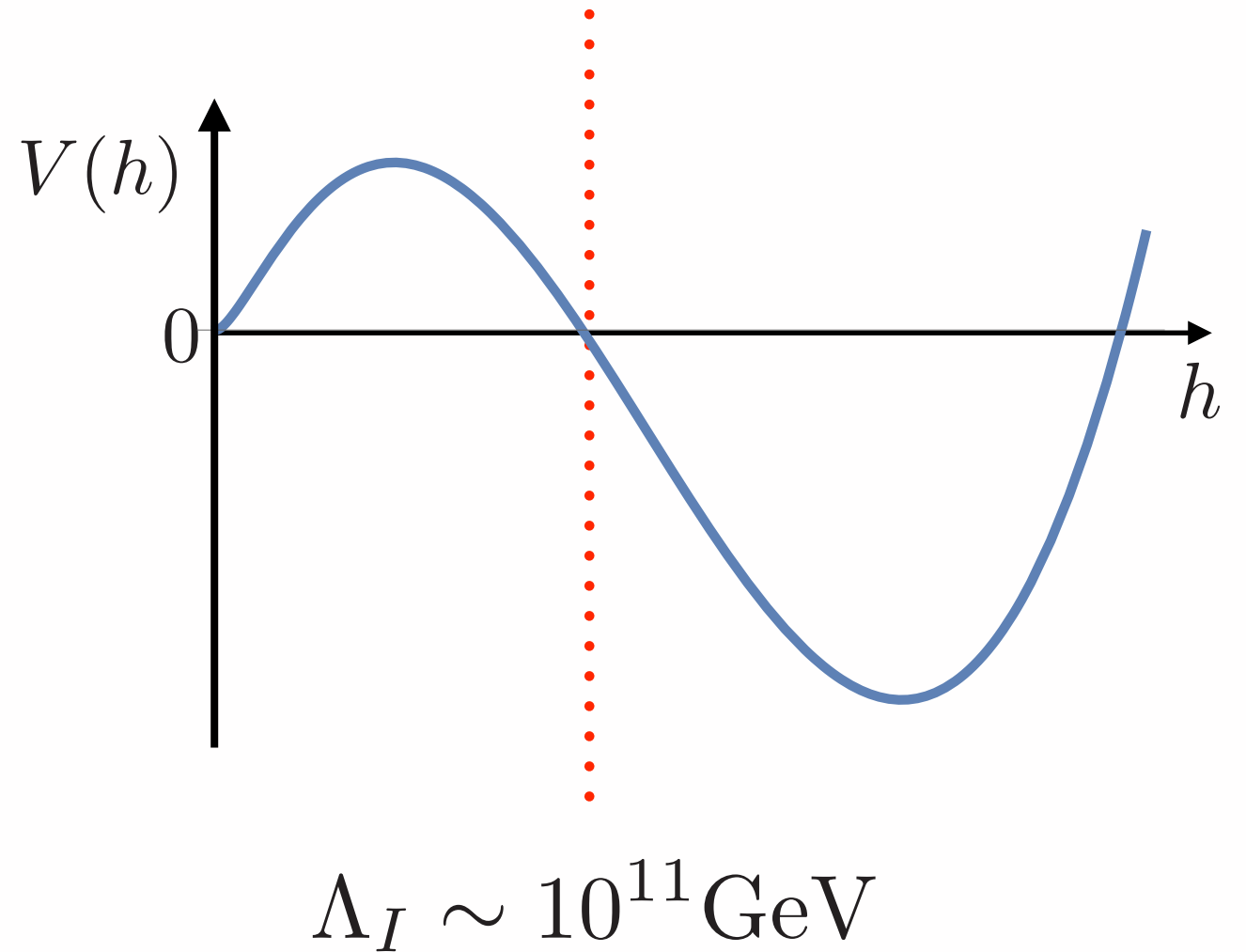
Inflation and the SM instability



Degrassi et al. arXiv:1205.6497

Inflation and the SM instability

$$V(h) \simeq \frac{\lambda_H(h)}{4} h^4$$



Fluctuations during inflaton:

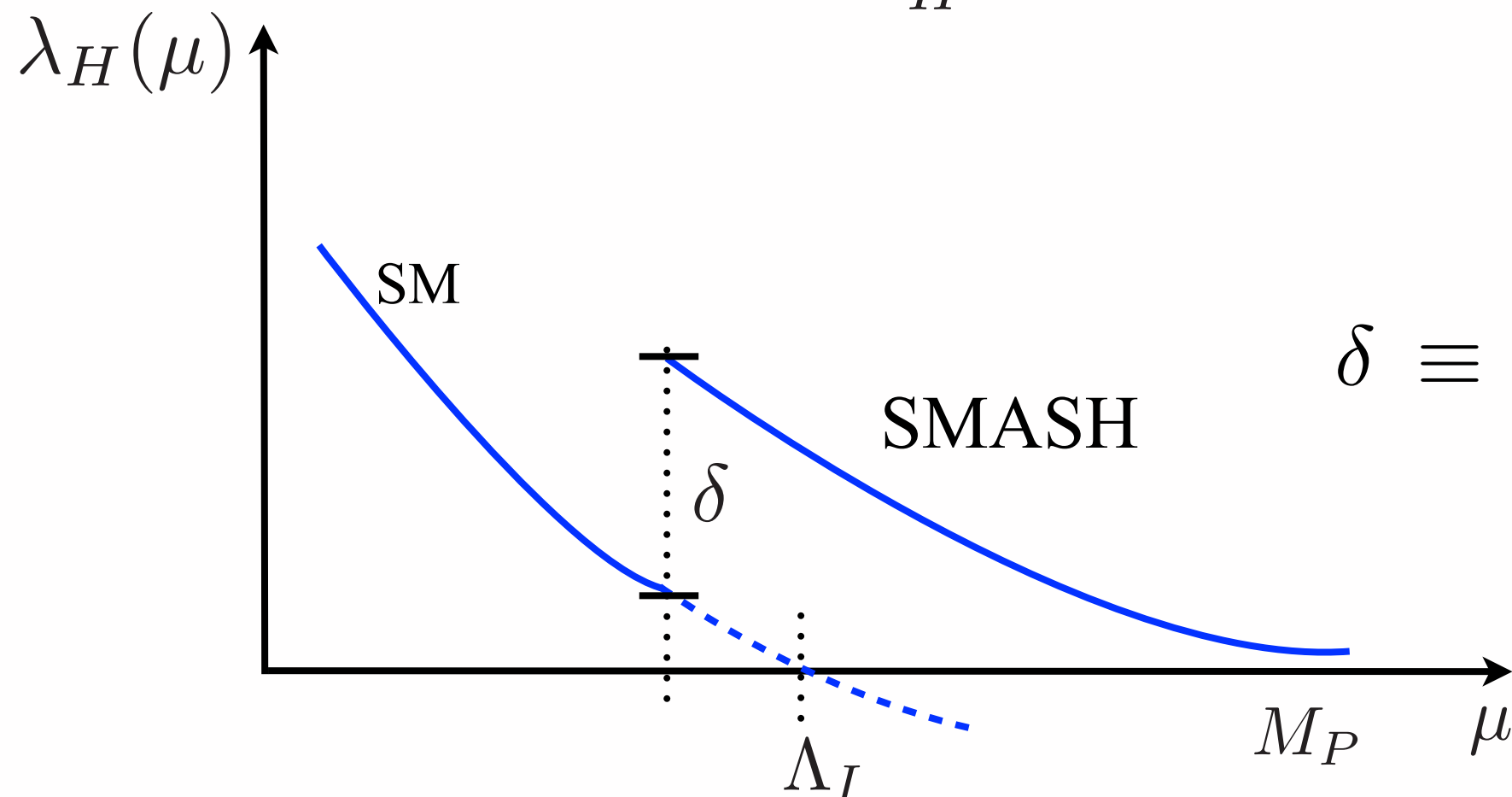
$$\sqrt{\langle h^2 \rangle} \sim \mathcal{H} \sim 10^{-5} M_P \sim 10^{14} \text{ GeV} \gg \Lambda_I$$

Threshold stabilization

$$V(H, \sigma) = \lambda_H \left(H^\dagger H - \frac{v^2}{2} \right)^2 + \lambda_\sigma \left(|\sigma|^2 - \frac{v_\sigma^2}{2} \right)^2 + 2\lambda_{H\sigma} \left(H^\dagger H - \frac{v^2}{2} \right) \left(|\sigma|^2 - \frac{v_\sigma^2}{2} \right)$$

At low energies, below the mass of $|\sigma|$

$$\lambda_H^{(SM)} = \lambda_H - \delta$$



$$\delta \equiv \lambda_{H\sigma}^2 / \lambda_\sigma \sim 10^{-2}$$

Inflation from the Higgs?

$$S \supset - \int d^4x \sqrt{-g} \left[\frac{M^2}{2} + \xi_H H^\dagger H + \dots \right] R$$

$$\tilde{V} \sim \frac{\lambda_H}{\xi_H^2} M_P^4$$

CMB temperature fluctuations $\longrightarrow \xi_H \sim 10^5 \sqrt{\lambda_H} \sim 10^4$

Breaking of perturbative unitarity:

$$\Lambda_U = \frac{M_P}{\xi_H} \sim 10^{14} \text{ GeV} \ll \frac{M_P}{\sqrt{\xi_H}} \sim 10^{16} \text{ GeV}$$

Inflation with the new singlet

$$S \supset - \int d^4x \sqrt{-g} \left[\frac{M^2}{2} + \xi_H H^\dagger H + \xi_\sigma \sigma^* \sigma \right] R,$$

$$\tilde{V} \sim \frac{\lambda}{\xi_\sigma} M_P^4, \quad \xi_\sigma \lesssim 1 \quad \text{and also} \quad \xi_H \lesssim 1$$

$$\lambda_{H\sigma} > 0 \longrightarrow \text{inflaton} = |\sigma|, \quad \lambda = \lambda_\sigma$$

$$\lambda_{H\sigma} < 0 \longrightarrow \begin{aligned} &\text{inflaton} = |\sigma| + \text{small Higgs component,} \\ &\lambda = \lambda_\sigma - \lambda_{H\sigma}^2 / \lambda_H \end{aligned}$$

Reheating after inflation

A small Higgs component in the inflaton of SMASH
guarantees successful reheating

$$N_{\nu}^{\text{eff}} = 3.04 \pm 0.18$$

from CMB and BAO data

$$\lambda_{H\sigma} > 0, \quad T_R \sim 10^7 \text{ GeV}$$

Axions remain decoupled
from thermal bath

$$\Delta N_{\text{eff}} \sim 1$$

Too much axion radiation

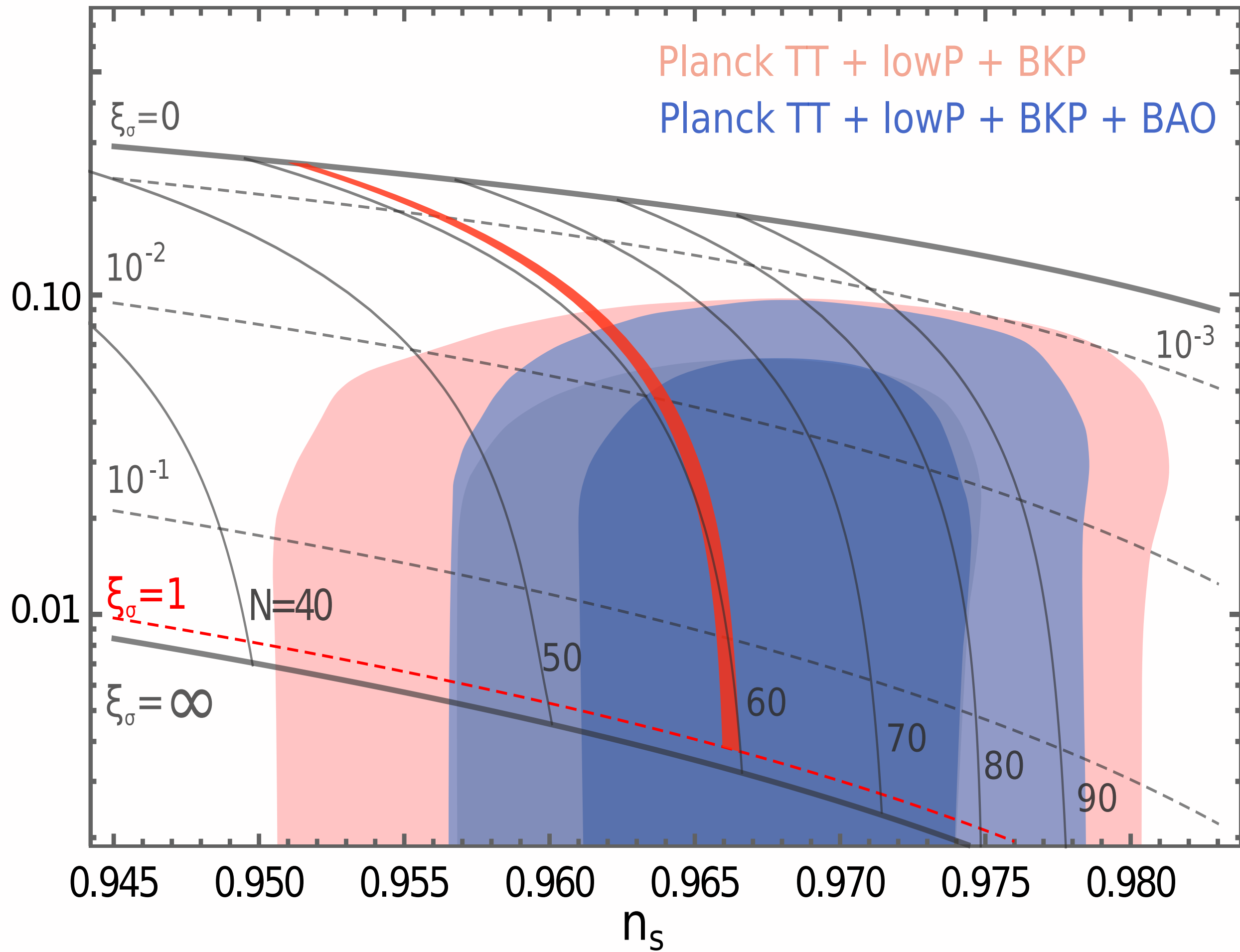
$$\lambda_{H\sigma} < 0, \quad T_R \sim 10^{10} \text{ GeV}$$

$$\Delta N_{\text{eff}} \sim 0.03$$



CMB S4, Simons O. ...

r



Primordial spectrum

CMB + unitarity: $0.004 \lesssim r \lesssim 0.07$

(CORE, LiteBird, Pixie, CMB S4)

$$5 \times 10^{-13} \lesssim \lambda \lesssim 5 \times 10^{-10}$$

Small non-Gaussianities and isocurvature

$$0.962 \lesssim n_s \lesssim 0.966$$

Spectral index running: $\alpha \simeq -7 \times 10^{-4}$

(21 cm line of neutral Hydrogen)

Axion dark matter

$\lambda_{H\sigma} < 0$: SSB of PQ symmetry after inflation

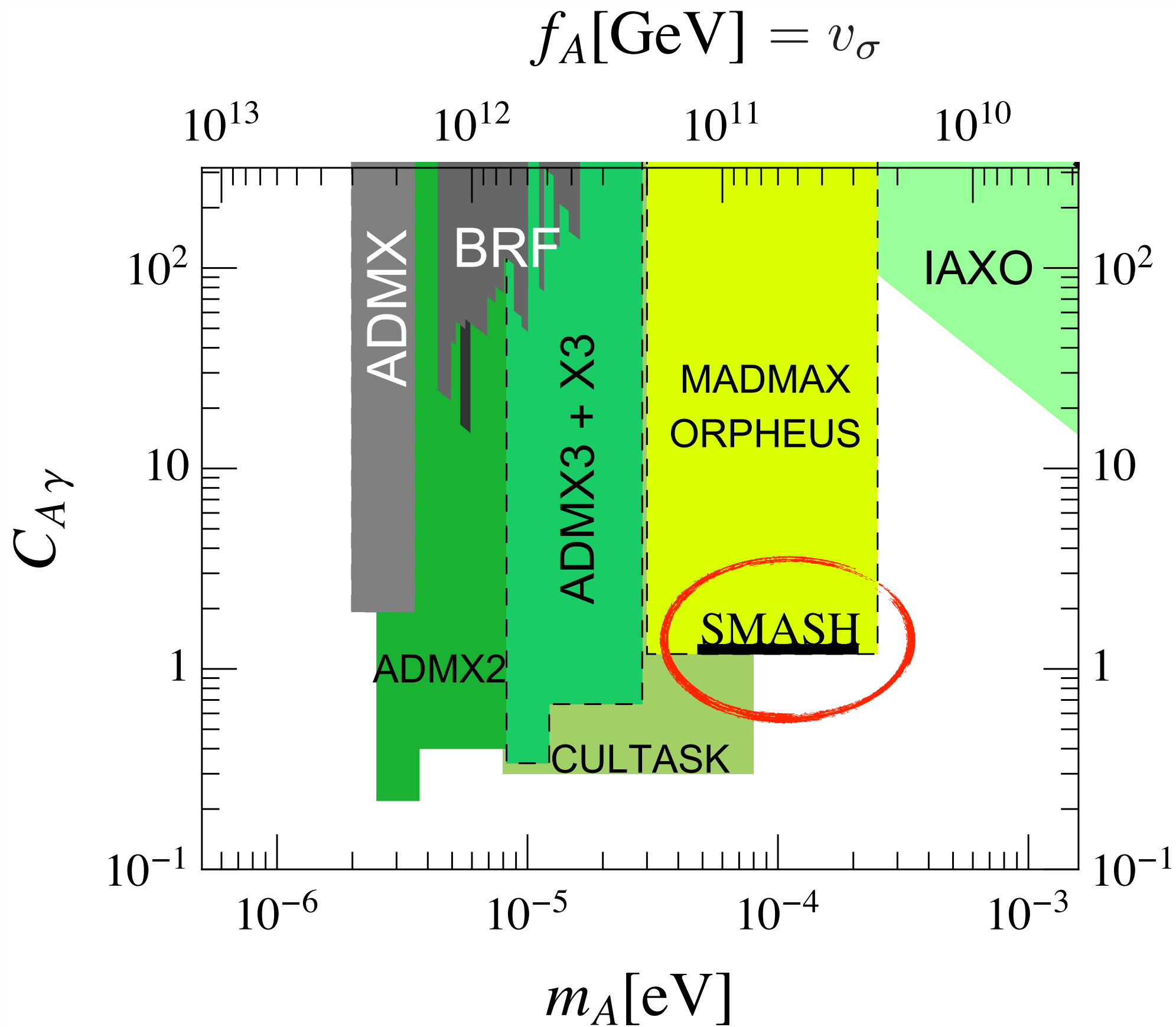
vacuum misalignment: $\ddot{A} + 3\mathcal{H}\dot{A} + m_A^2 A = 0$

and decay of Peccei-Quinn strings

$$3 \times 10^{10} \text{ GeV} \lesssim v_\sigma \lesssim 1.2 \times 10^{11} \text{ GeV},$$



$$50 \mu\text{eV} \lesssim m_A \lesssim 200 \mu\text{eV}$$



SMASH

Solves **the strong CP problem** with a *KSVZ-like axion*,

explains:

the nature of **dark matter** (with *the axion*),

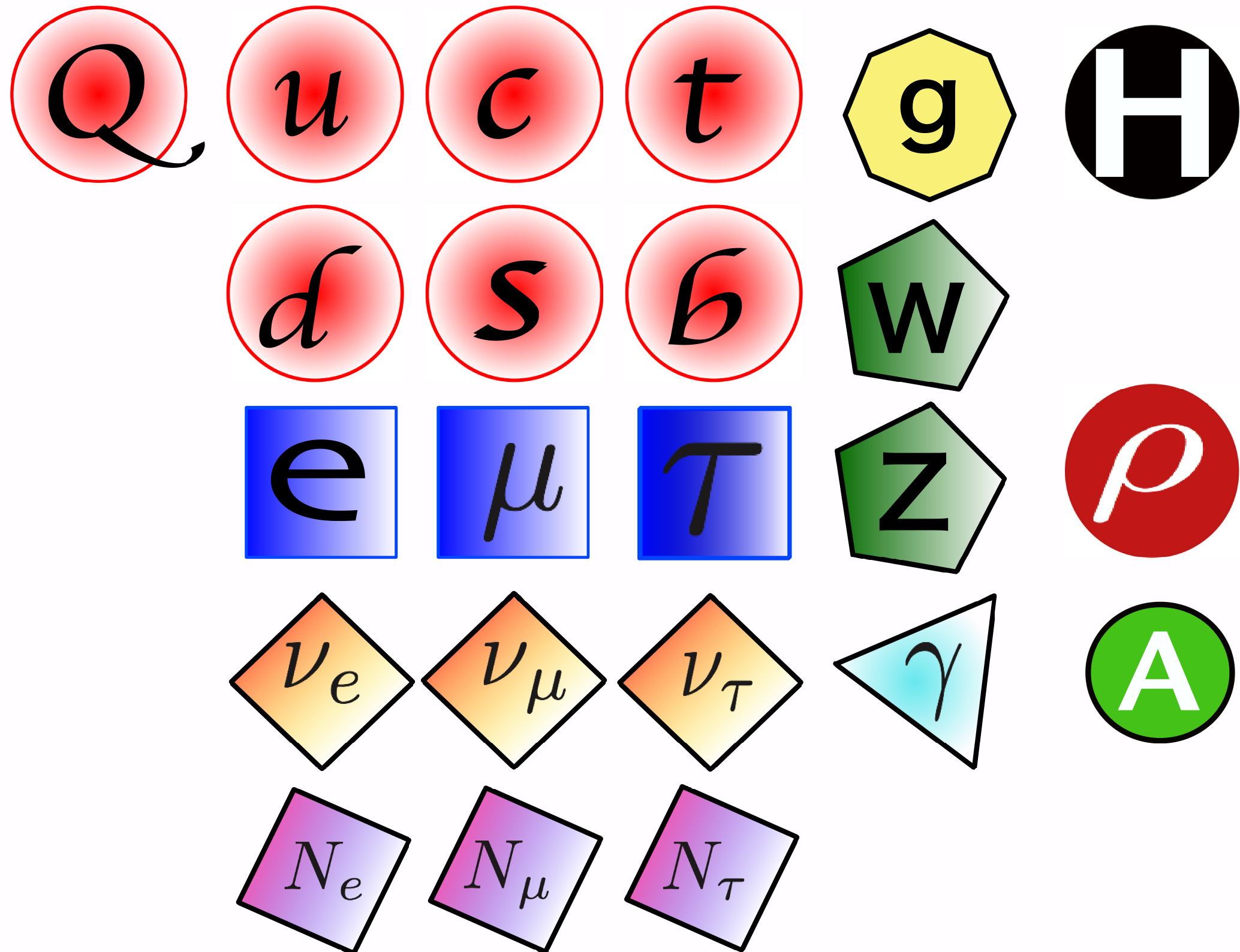
the smallness of neutrino masses (*through the see-saw*),

baryogenesis (via *leptogenesis*)

and

gives a candidate for **primordial inflation**.

SMASH



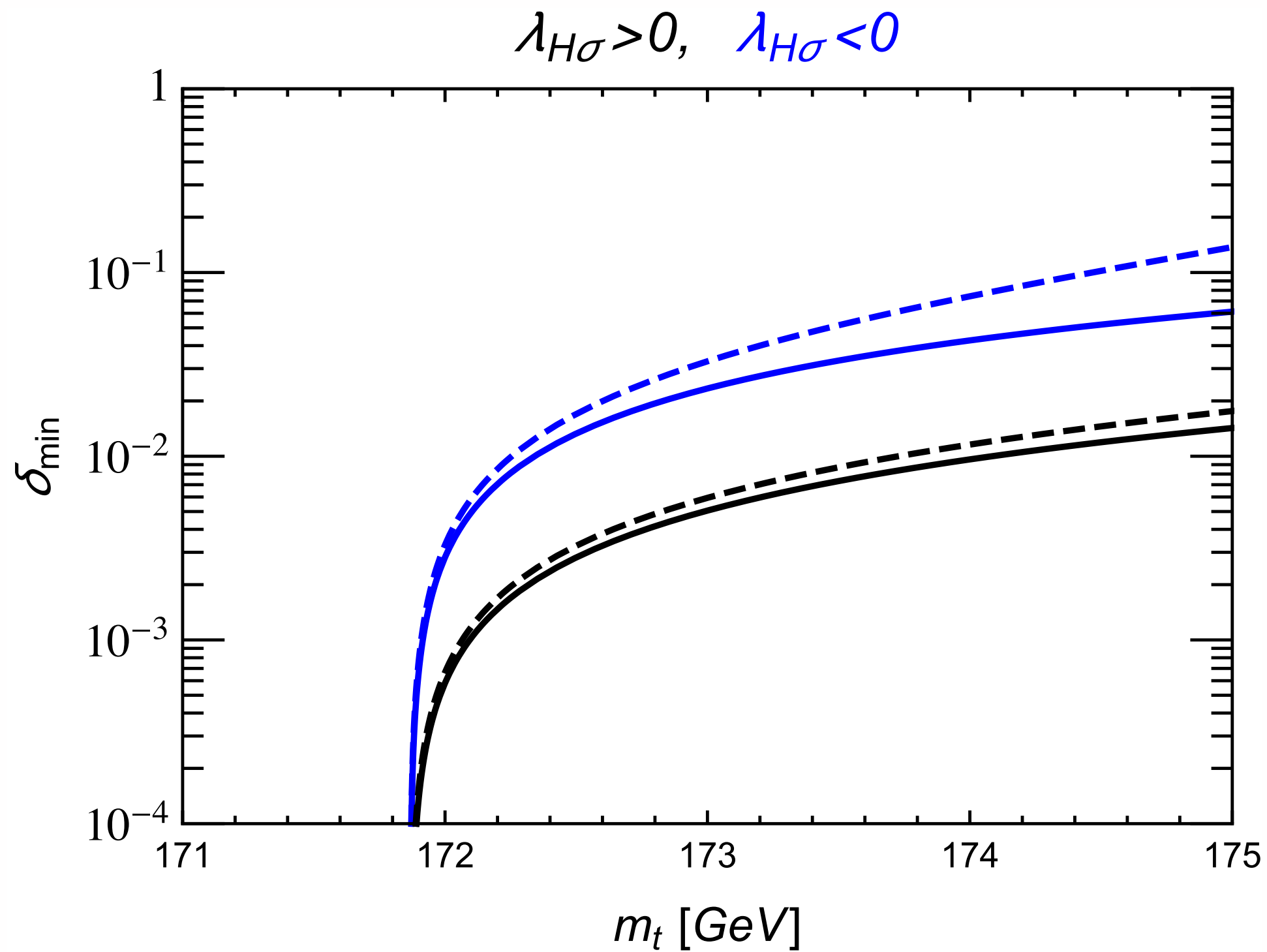
Neutrino masses, from see-saw

$$F_{ij} L_i \epsilon H N_j + \frac{1}{2} Y_{ij} \sigma N_i N_j$$

σ takes a large VEV $v_\sigma \sim 10^{11} \text{ GeV}$

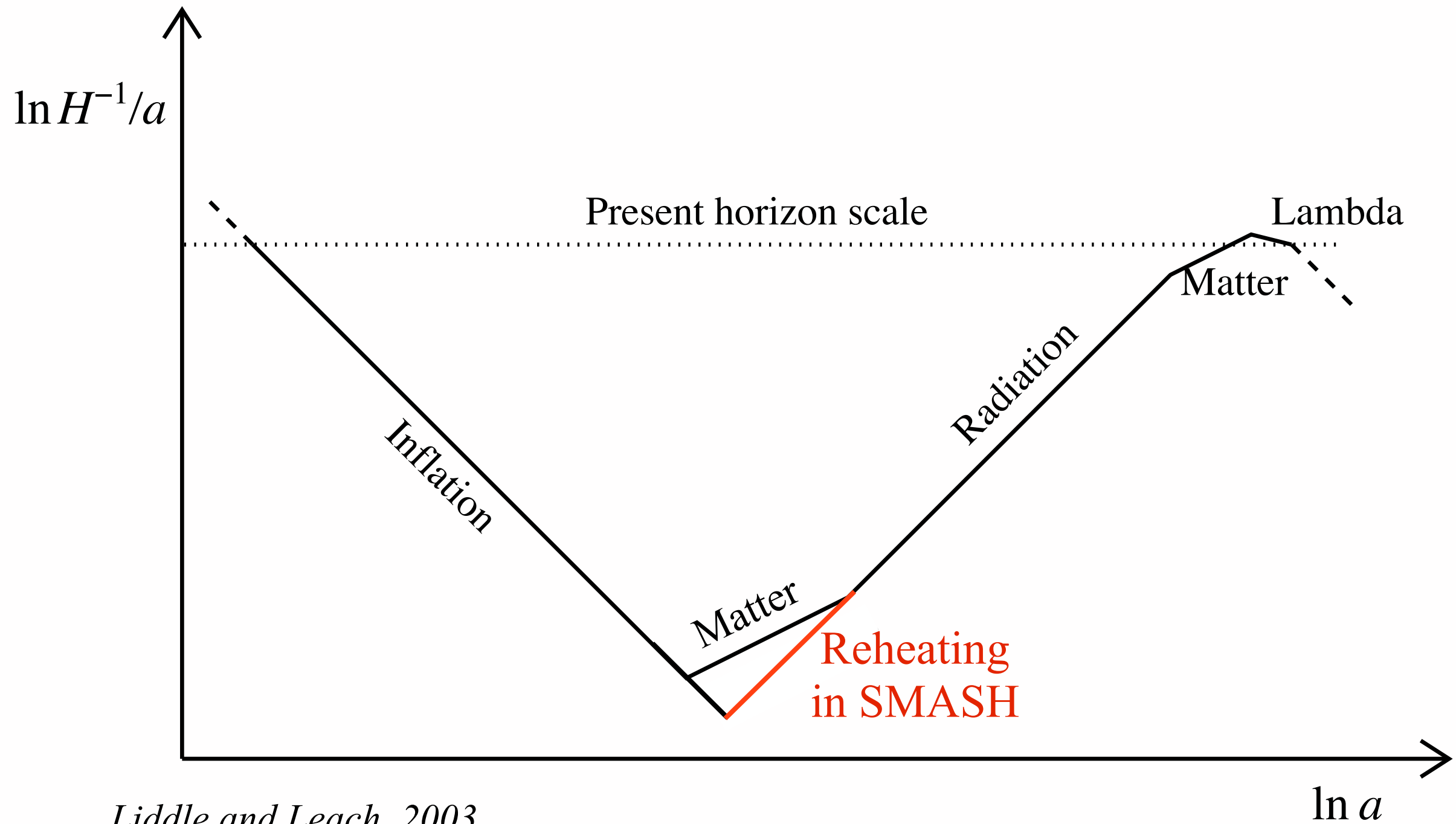
$$M_\nu = \begin{pmatrix} 0 & M_D \\ M_D^T & M_M \end{pmatrix} = \frac{1}{\sqrt{2}} \begin{pmatrix} 0 & F v \\ F^T v & Y v_\sigma \end{pmatrix}$$

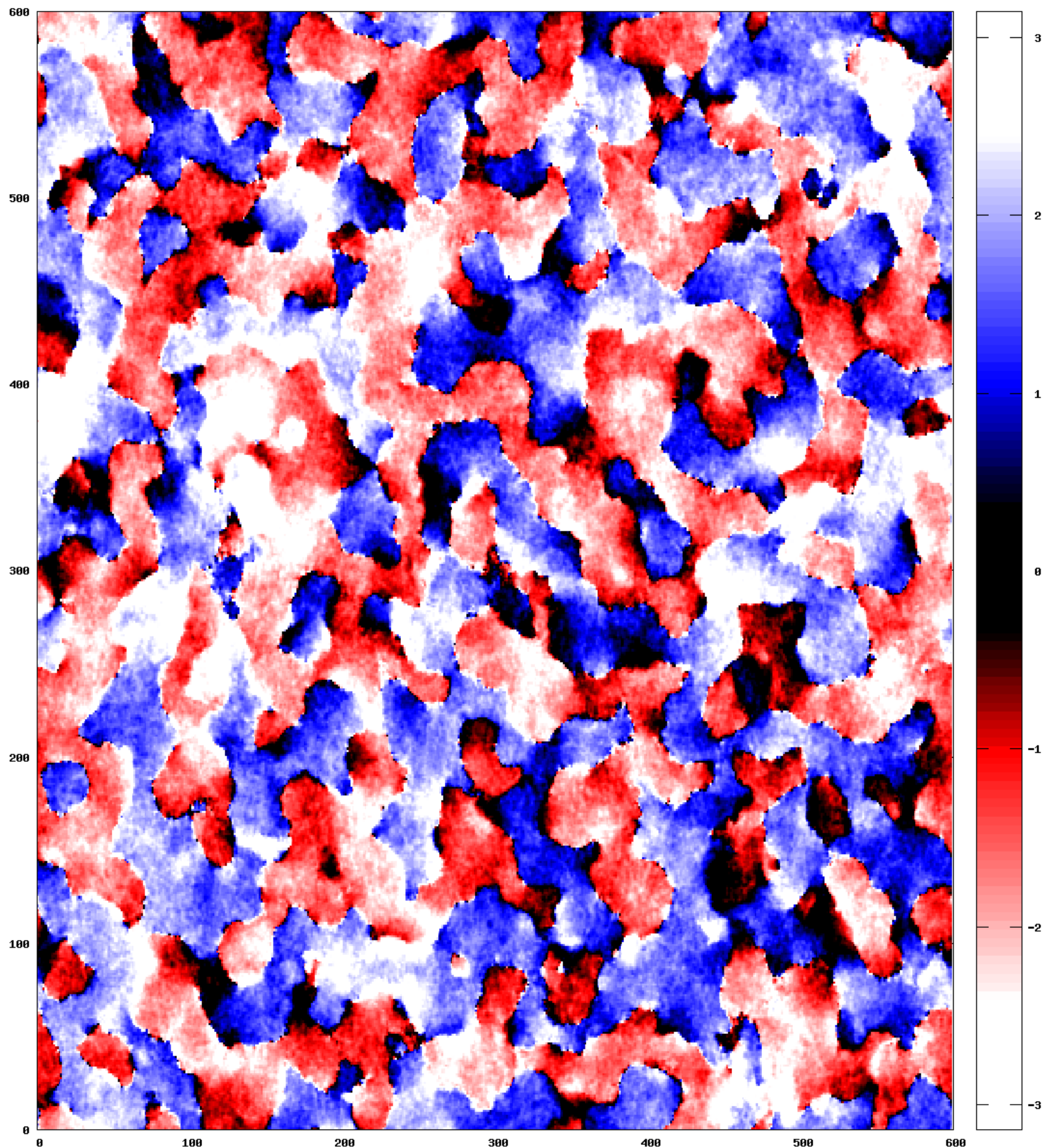
$$m_\nu = -M_D M_M^{-1} M_D^T = -\frac{F Y^{-1} F^T}{\sqrt{2}} \frac{v^2}{v_\sigma} = 0.04 \text{ eV} \left(\frac{10^{11} \text{ GeV}}{v_\sigma} \right) \left(\frac{-F Y^{-1} F^T}{10^{-4}} \right)$$



$\mu = m_\rho$ (solid) and $\mu = 30M_P$ (dashed)

Reheating with a quartic potential





Preheating

Parametric resonance
of fluctuations of σ

θ

PQ symmetry
non-thermally
restored after
 ~ 14 oscillations

Matter/anti-matter asymmetry

Obtained from thermal leptogenesis:

Fukugita and Yanagida, 1986

Vanilla leptogenesis:

Hierarchical RH neutrino mass spectrum $3M_1 \lesssim M_3 \sim M_2$
(determined by the Yukawas in our case)

For a thermal distribution of the lightest RH neutrino
and neglecting flavour effects, the observed baryon asymmetry
is generated if

$$M_1 \gtrsim 5 \times 10^8 \text{ GeV}; \quad (M_D M_D^T)_{11}/M_1 \lesssim 10^{-3} \text{ eV}$$

Davidson and Ibarra, 2002

Buchmüller, di Bari and Plumacher 2002

For larger RH masses, resonant leptogenesis may occur

Pilaftsis and Underwood, 2003