# Planckian bound on the decay of simple operators

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Stanford Physics

Many-Body Quantum Chaos, Bad Metals, and Holography; NORDITA

August 20, 2018

Quantum Dynamics at Finite Temperature

▶ the Planckian time scale

$$\tau \gtrsim \frac{\hbar}{k_{\rm B}T}$$

has been conjectured to bound "quantum dynamics" in many-body systems with **few-body interactions**: e.g.

$$H = t_{ij}c_i^{\dagger}c_j + J_{ab}\sigma_a\sigma_b + K_{aij}\sigma_ac_i^{\dagger}c_j + U_{ijkl}c_i^{\dagger}c_j^{\dagger}c_kc_l$$

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 Example 1: bounds on decay rates hold in many interacting QFTs [Sachdev; cond-mat/9810399]

$$\langle c^{\dagger}(t)c(0)\rangle \sim \mathrm{e}^{-\gamma t}, \quad \gamma \lesssim \frac{k_{\mathrm{B}}T}{\hbar}.$$

Motivating the Planckian Time Scale

### ▶ the heuristic derivation of this bound: starting with

# $\Delta E \Delta t \gtrsim \hbar$

and estimating that for a local operator

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• but rigorously,  $\Delta t$  is (as far as I know) always related to dephasing of the *many-body wave function*...

#### Resistivity of Strange Metals

Example 2: bound on the transport time in the resistivity in strange metals? [Zaanen (2004)]

$$\rho = \frac{m}{ne^2 \tau_{\rm tr}} \lesssim \frac{m}{ne^2} \frac{k_{\rm B}T}{\hbar}$$



[Bruin, Sakai, Perry, Mackenzie (2013)]

Viscosity and Diffusion Bounds

**Example 3**: viscosity

[Kovtun, Son, Starinets; hep-th/0405231]

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► Example 4: diffusion

[Hartnoll; 1405.3651]

$$D \gtrsim v^2 \frac{h}{k_{\rm B}T}.$$

+

### Quantum Many-Body Chaos

► Example 5: the "chaos bound" on out-of-time-ordered correlation functions (OTOCs): if

$$\langle A(t)B(0)A(t)B(0)\rangle \propto 1 - \frac{1}{N}\mathrm{e}^{\lambda_{\mathrm{L}}t}$$

where the Lyapunov rate [Maldacena, Shenker, Stanford; 1503.01409]

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▶ for now: OTOCs are inspired by

$$\left. \frac{\partial x_i(t)}{\partial x_j(0)} \right| \sim \mathrm{e}^{\lambda_{\mathrm{L}} t}$$

in a classical chaotic system

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▶ 5 (OTOC growth): 1+1 dimensional free fermion

 $\{c^{\dagger}(x,t), c(0,0)\} \sim \delta(x-t)$ 

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- ▶ *all* prior counterexamples now appear consistent

• let's begin by considering a system of N spin- $\frac{1}{2}$ s. the space of Hermitian operators is

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- ▶ pick some O(1) R. operator  $\mathcal{O}$  is simple  $\iff \mathcal{S}[\mathcal{O}] \leq R$ .
- **problem:** under time evolution:

$$\mathcal{O}(t) = \mathrm{e}^{\mathrm{i}Ht} \mathcal{O}\mathrm{e}^{-\mathrm{i}Ht}$$

does not depend on temperature T!

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► sum of OTOCs gives us average size: (A(t)|S|A(t))[Roberts, Stanford, Streicher; 1802.02633] Integrating Out the Complicated Operators

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• invoke memory matrix formalism: if  $\omega_*$  is a pole of

$$\begin{aligned} \hat{\sigma}_{AB}(\omega) &= [\chi(M + N - i\omega\chi)^{-1}\chi]_{AB} \\ M_{AB} &= i(A|\mathfrak{pLq}(\mathfrak{qLq} - i\omega)^{-1}\mathfrak{qLp}|B), \\ N_{AB} &= (A|\mathfrak{pLp}|B), \quad \chi_{AB} = (A|\mathfrak{p}|B) \\ \end{aligned}$$
then  $|\mathrm{Im}(\omega_*)|^{-1}$  is a lifetime of a simple operator

Understanding the Memory Matrix

$$\hat{\sigma}_{AB}(\omega) = [\chi(M + N - i\omega\chi)^{-1}\chi]_{AB}$$

- $M_{AB}$  is positive semidefinite: contains "dissipation" the decay of simple operators into complicated operators
- ▶  $N_{AB}$  is antisymmetric: "dissipationless" rotation of simple operators into each other
- $\chi_{AB}$  is generally a thermodynamic scale factor (but right now is the identity)



Estimating a Bound on Decay Times

• assume Hamiltonian H is k-local:

$$H = J_i^{\alpha} \sigma_i^{\alpha} + J_{ij}^{\alpha\beta} \sigma_i^{\alpha} \sigma_j^{\beta} + \dots + J_{i_1 \dots i_k}^{\alpha_1 \dots \alpha_k} \sigma_{i_1}^{\alpha_1} \dots \sigma_{i_k}^{\alpha_k}$$

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• constrain M and N:

$$|(B_{R'}|\mathcal{L}|A_R)| \le \frac{\min(R, R')}{\tau_*} \times \begin{cases} 1 & |R' - R| < k \\ 0 & \text{otherwise} \end{cases}$$

where  $\tau_*$  is a "Lieb-Robinson" time ( $\propto J$ 's)

$$M = \begin{pmatrix} \vdots & 0 \\ \cdots & 0 & 0 \\ 0 & 0 & M^{(R)} \end{pmatrix}, N \sim \begin{pmatrix} \vdots & 0 \\ \cdots & \frac{R-k}{\tau_*} & \frac{R-k}{\tau_*} \\ 0 & -\frac{R-k}{\tau_*} & \frac{R}{\tau_*} \end{pmatrix} \quad \begin{array}{c} \text{sizes:} \\ R-2k+1 \text{ to } R-k \\ R-k+1 \text{ to } R \end{array}$$

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▶ integrate out more operators:  $R \to R - k$ . we estimate

$$M^{(R-k)} \lesssim \frac{(R-k)^2}{\tau_*^2 M^{(R)}}, \quad \Longrightarrow \quad M^{(R)} \lesssim \frac{R}{\tau_*}.$$

Bounding the Lyapunov Exponent

• if interaction (factor) graph of H is regular:

[Bentsen, Gu, Lucas; 1805.08215]

 $(A(t)|\mathcal{S}|A(t)) \le C_0 \mathrm{e}^{t/\tau_{\mathrm{L}}}$ 

where

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- ▶  $\tau_*$  bounds both growth and decay of operators
- ▶ in regular theories with "classical" operator dynamics:

$$\tau_{\rm L} \ge \frac{1}{k-1} \frac{1}{M^{(1)}}$$

SYK: [Roberts, Stanford, Streicher; 1802.02633]
 random unitary circuit: [Nahum, Vijay, Haah; 1705.08975]

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- ▶  $\sigma_1^x, \sigma_1^y \sigma_4^z$ , etc., are largely made of simple operators
- if  $|s\rangle$  is the eigenbasis of S, we write

$$|A(t)) = \sum_{s} a_s(t)|s|.$$

our conjecture is that if  $|A(0)\rangle = |s_0\rangle$  ( $s_0 < R$ ):

$$\sum_{s \le R} |a_s(t)|^2 \gtrsim e^{-\gamma t}, \quad \gamma \lesssim \frac{k_B T}{\hbar}$$

### Chaos

▶ probe chaos using a sum of OTOCs:

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$$= \sum_{s} s|a_s(t)|^2 \le C e^{\lambda_{\rm L} t}, \quad \lambda_{\rm L} \le \frac{2\pi k_{\rm B} T}{\hbar}?$$

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▶ we can also apply the chaos bound term by term

$$\frac{\mathrm{d}}{\mathrm{d}t}(A(t)|\mathcal{S}|A(t)) \le \frac{\pi T}{4} \sum_{\alpha=1}^{3} \sum_{i=1}^{N} \left( \left( \left[\sigma_{i}^{\alpha}, A(t)\right] \right] \left[\sigma_{i}^{\alpha}, A(t)\right] \right) + \mathrm{error} \right)$$

(error terms  $\sim \max_t [(A(t)B|A(t)B) - (A|A)(B|B)])$ 

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▶ for local operators,  $\sum \operatorname{error} \sim N^0$ . postulating that error  $\sim N^0$  for operator |A| of size  $\leq R/6$ :

$$(A(t)|\mathfrak{p}|A(t)) > \frac{1}{2}, \text{ for all } t \lesssim \frac{1}{T}$$

so simple operator lifetime  $\gtrsim 1/T$ 

### Free Theories

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▶ this resolves all free fermion objections to Planckian bounds

### Heterogeneous Graphs

▶ a subtler counterexample to the chaos (OTOC) bound may arise in heterogeneously connected systems: e.g.

$$H = \frac{1}{R^2} \sum_{A,B=1}^R \sum_{i=1}^N J^{\alpha\beta\gamma}_{ABi} \sigma^\alpha_A \sigma^\beta_B \sigma^\gamma_i$$

with 
$$\frac{R}{\log N} \to \infty$$
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▶ random unitary circuit on this (hyper)graph:

[Bentsen, Gu, Lucas; 1805.08215]

$$\frac{([A(t), B]|[A(t), B])}{(A|A)(B|B)} \sim \frac{1}{2} \quad \text{when } t \gtrsim N^0$$
$$(A(t)|A) \sim 1 \quad \text{when } t \lesssim N^0$$

if A and B are a generic pair of local operators

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▶ random unitary circuit on this (hyper)graph:

[Bentsen, Gu, Lucas; 1805.08215]

$$\frac{([A(t), B]|[A(t), B])}{(A|A)(B|B)} \sim \frac{1}{2} \quad \text{when } t \gtrsim N^0$$
$$(A(t)|A) \sim 1 \quad \text{when } t \lesssim N^0$$

if A and B are a generic pair of local operators  $\blacktriangleright$  does this happen with fixed H at finite T?

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• if we write  $D = v^2 \tau_{\text{diff}}$ , the same comments also apply to  $\tau_{\text{diff}}$  in many disordered systems

### Disorder-Driven Metal-Insulator Transitions

• in a conventional disordered metal,  $\tau_{tr}$  is the decay rate of a specific fermion bilinear  $J_{ij}c_i^{\dagger}c_j$ , and is finite at T = 0:

$$\begin{array}{c} & & & & \\ & & & & \\ & & & & \\ c_1^{\dagger}c_2 & & & \\ & & & \\ c_1^{\dagger}c_3 & & & \\ & & & \\ c_1^{\dagger}c_3 & & \\ & & & \\ \end{array} \begin{array}{c} & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ \end{array} \begin{array}{c} & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ \end{array} \end{array} \begin{array}{c} & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ \end{array} \end{array} \begin{array}{c} & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ \end{array} \end{array}$$

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• Anderson localization:  $\tau_{tr} = 0$  without dissipation:



(this argument is correct up to exponentially small corrections – but  $\tau_{tr} = 0$  is exact)

#### More on Localization

 eigenstates of free/interacting localized insulators are robust to local perturbations: [Serbyn, Papić, Abanin; 1305.5554]

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► since J is local and  $\langle \alpha | J | \alpha \rangle = 0$ , we conclude  $| J \rangle$  contains no null vector of  $\mathcal{L}$ . hence

$$(J|(\mathcal{L} - \mathrm{i}\omega)^{-1}|J) = 0.$$

as expected, there is no transport in this localized phase

Memory Matrix at the Insulating Transition

▶ in the memory matrix formalism:

$$M + N = \begin{pmatrix} \delta_1 & -\mathcal{L}_{JX} & -\hat{\mathcal{L}}_J \\ \mathcal{L}_{JX} & \delta_2 & 0 \\ \hat{\mathcal{L}}_J^{\mathsf{T}} & 0 & M_0 + N_0 \end{pmatrix}, \quad \begin{array}{c} |J\rangle \\ |X\rangle \\ \text{other simple} \end{cases}$$

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▶ in both cases,  $\tau_{tr} \rightarrow 0$  due to **dissipationless modes** – no problem with Planckian bounds

When Might Planckian Transport Bounds Work?

▶ with an (effective) Hamiltonian of the form

$$H = t_{ij}^{\text{eff}} c_i^{\dagger} c_j + U_{ijkl}^{\text{eff}} c_i^{\dagger} c_j^{\dagger} c_k c_l + \cdots,$$

a cartoon for the time evolution of  $c_1^{\dagger}c_1$ :



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▶ our conjecture: only solid arrows occur at rate ≤ k<sub>B</sub>T/ħ
▶ a bound \(\tau\_{tr} \ge \hbar h/k\_BT\) suggests U<sup>eff</sup> ≫ t<sup>eff</sup>:

 $c_1^{\dagger}c_2 \longrightarrow Uc_1^{\dagger}c_5^{\dagger}c_3c_4 \longrightarrow U^2c_9^{\dagger}c_7^{\dagger}c_5^{\dagger}c_3c_4c_1 \longrightarrow U^3c_8^{\dagger}c_6^{\dagger}c_7^{\dagger}c_5^{\dagger}c_3c_4c_1c_2$