

# Gravitational wave energy budget in strongly supercooled phase transitions

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Based on:

J. Ellis, ML, J. M. No arXiv:1809.08242

J. Ellis, ML, J. M. No, V. Vaskonen arXiv:1903.09642

J. Ellis, M. Fairbairn, ML, J. M. No, V. Vaskonen, A Wickens arXiv:1907.04315

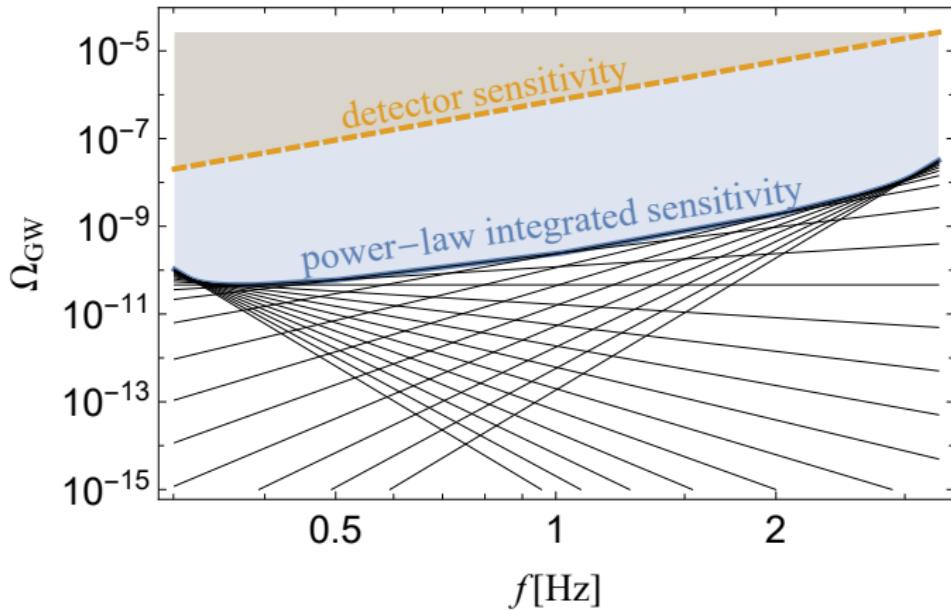
ML, V. Vaskonen arXiv:1909.XXXXXX

# Plan

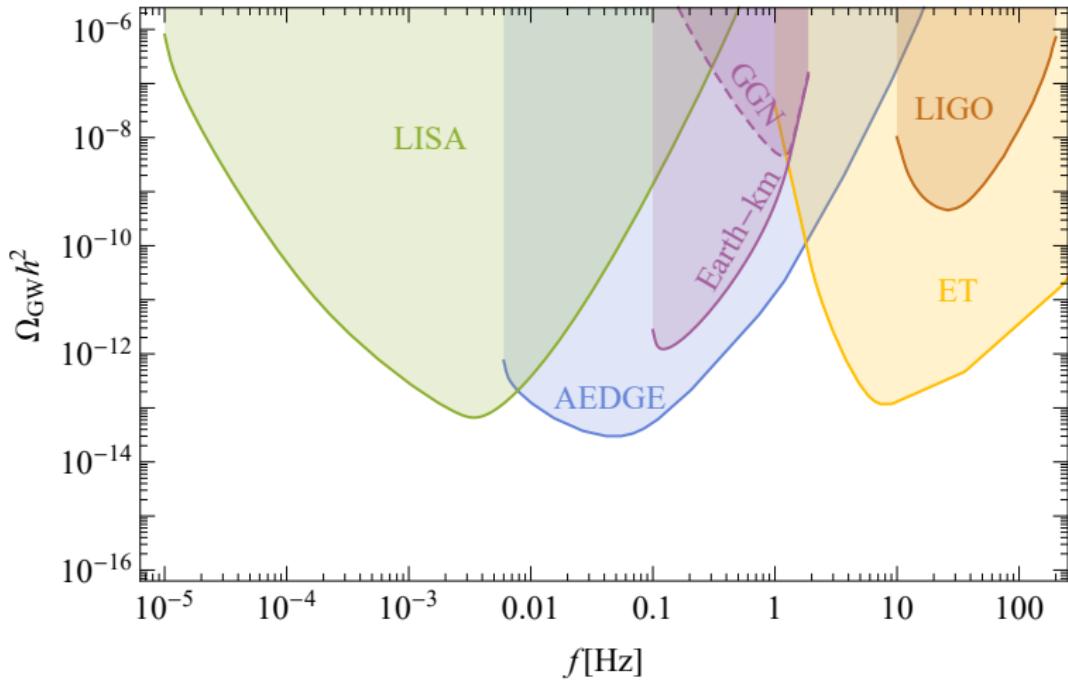
- Experimental prospects
- Introduction to first order phase transitions
- Energy stored in the bubble walls
- Bubble wall and plasma sourced GWs
- Other observable consequences
  - Primordial Magnetic Fields
  - Primordial Black Holes
- Conclusions

# Power-law integrated sensitivity

$$\Omega_{\text{GW}}^{\text{noise}} = \frac{2\pi}{3} \frac{f^3 S_h}{H_0^2}, \quad \text{SNR} = \sqrt{\mathcal{T} \int df \left( \frac{\Omega_{\text{GW}}^{\text{signal}}}{\Omega_{\text{GW}}^{\text{noise}}} \right)^2}$$



# Experimental outlook



# phase transition dynamics

**Bubble:** static field configuration passing the barrier (excited through thermal fluctuations)

- decay rate

$$\Gamma(T) \approx T^4 \exp\left(-\frac{S_3(T)}{T}\right),$$

- $\mathcal{O}(3)$  symmetric action

$$S_3(T) = 4\pi \int dr r^2 \left[ \frac{1}{2} \left( \frac{d\phi}{dr} \right)^2 + V(\phi, T) \right].$$

- EOM  $\rightarrow$  bubble profile

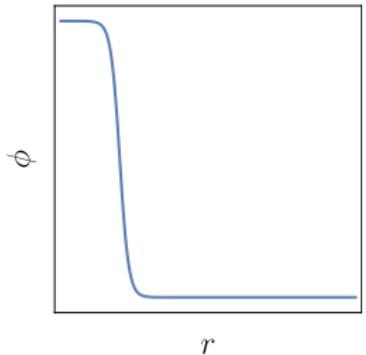
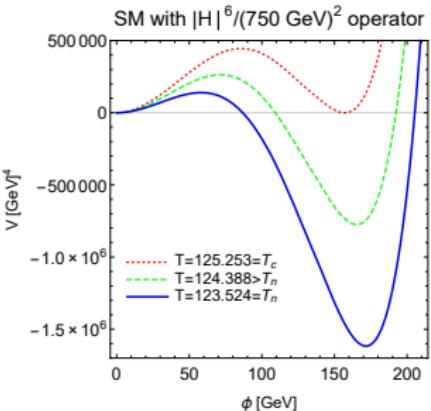
$$\frac{d^2\phi}{dr^2} + \frac{2}{r} \frac{d\phi}{dr} - \frac{\partial V(\phi, T)}{\partial \phi} = 0,$$

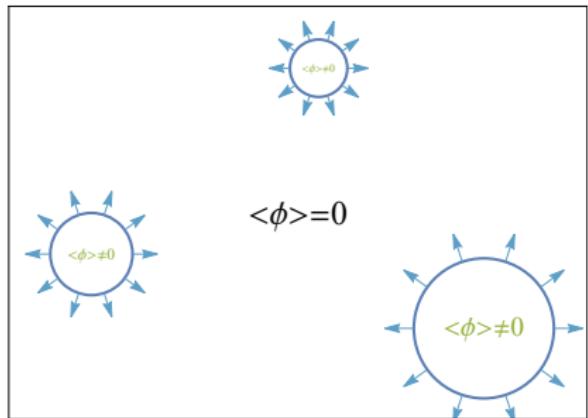
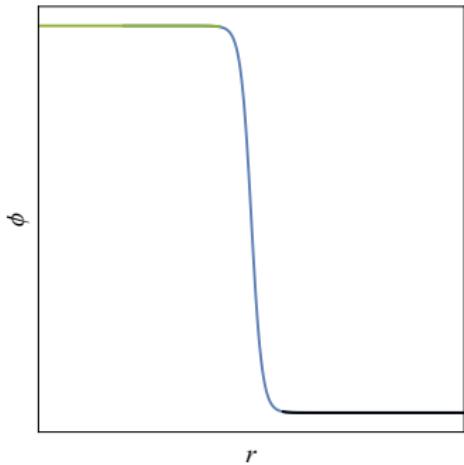
$$\phi(r \rightarrow \infty) = 0 \text{ and } \dot{\phi}(r = 0) = 0.$$

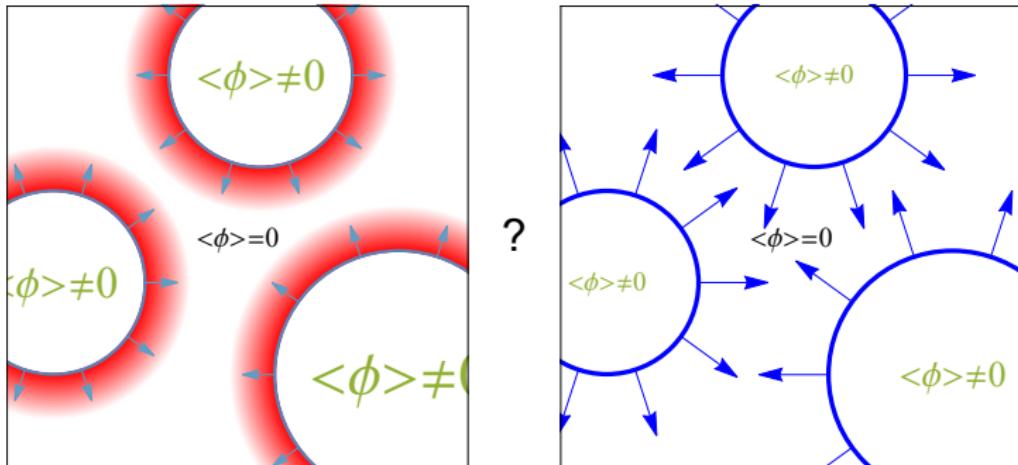
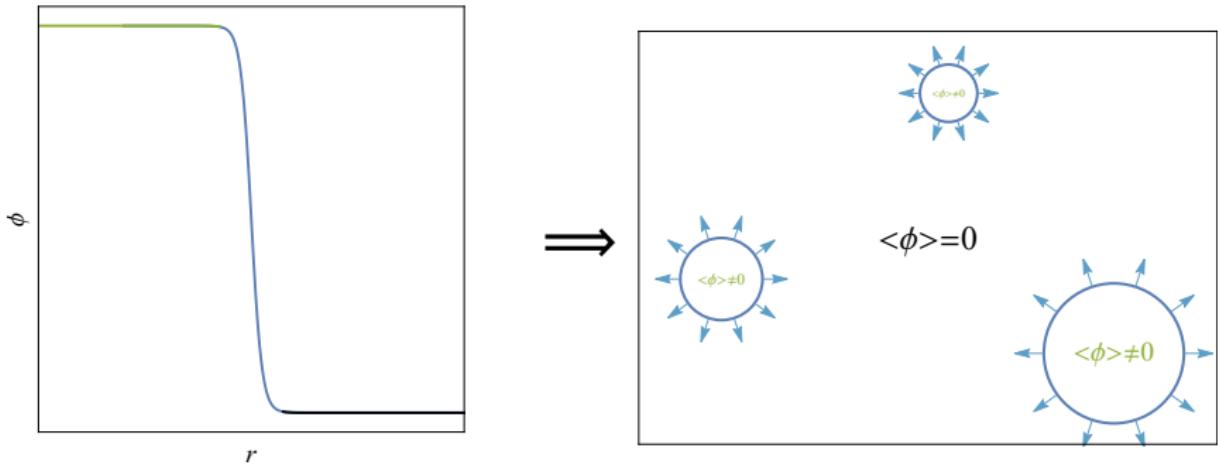
- nucleation temperature

$$N(T_n) = \int_{t_c}^{t_n} dt \frac{\Gamma(t)}{H(t)^3} = \int_{T_n}^{T_c} \frac{dT}{T} \frac{\Gamma(T)}{H(T)^4} = 1$$

Linde '81 '83







- Energy of the bubble

$$\mathcal{E} = 4\pi \textcolor{blue}{R}^2 \sigma \textcolor{green}{\gamma} - \frac{4\pi}{3} \textcolor{blue}{R}^3 p, \quad \textcolor{green}{\gamma} = \frac{1}{\sqrt{1 - \dot{\textcolor{blue}{R}}^2}}$$

- Vacuum pressure on the wall

Coleman '73

$$p_0 = \Delta V$$

- Energy of the bubble

$$\mathcal{E} = 4\pi \textcolor{blue}{R}^2 \sigma \textcolor{green}{\gamma} - \frac{4\pi}{3} \textcolor{blue}{R}^3 p, \quad \textcolor{green}{\gamma} = \frac{1}{\sqrt{1 - \dot{\textcolor{blue}{R}}^2}}$$

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$$p_0 = \Delta V$$

- Leading order plasma contribution

Bodeker '09 Caprini '09

$$p_1 = \Delta V - \Delta P_{\text{LO}} \approx \Delta V - \frac{\Delta m^2 \textcolor{red}{T}^2}{24},$$

- Energy of the bubble

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- Vacuum pressure on the wall  
Coleman '73

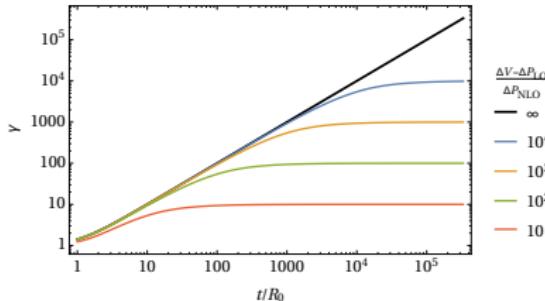
$$p_0 = \Delta V$$

- Leading order plasma contribution  
Bodeker '09 Caprini '09

$$p_1 = \Delta V - \Delta P_{\text{LO}} \approx \Delta V - \frac{\Delta m^2 \textcolor{red}{T}^2}{24},$$

- Next-To-Leading order plasma contribution  
Bodeker '17

$$p = \Delta V - \Delta P_{\text{LO}} - \textcolor{green}{\gamma} \Delta P_{\text{NLO}} \approx \Delta V - \frac{\Delta m^2 \textcolor{red}{T}^2}{24} - \textcolor{green}{\gamma} g^2 \Delta m_V \textcolor{red}{T}^3.$$



- $\gamma$  factor at which the bubble stops accelerating and the value it would reach if we neglected  $\Delta P_{\text{NLO}}$

$$\gamma_{\text{eq}} \equiv \frac{\Delta V - \Delta P_{\text{LO}}}{\Delta P_{\text{NLO}}} , \quad \gamma_* \equiv \frac{2}{3} \frac{R_*}{R_0} ,$$

- Finally the efficiency factors read

$$\kappa_{\text{col}} = \frac{E_{\text{wall}}}{E_V} = \begin{cases} \frac{\gamma_{\text{eq}}}{\gamma_*} \left[ 1 - \frac{\Delta P_{\text{LO}}}{\Delta V} \left( \frac{\gamma_{\text{eq}}}{\gamma_*} \right)^2 \right] , & \gamma_* > \gamma_{\text{eq}} \\ 1 - \frac{\Delta P_{\text{LO}}}{\Delta V} , & \gamma_* \leq \gamma_{\text{eq}} , \end{cases}$$

$$\kappa_{\text{sw}} = \frac{\alpha_{\text{eff}}}{\alpha} \frac{\alpha_{\text{eff}}}{0.73 + 0.083\sqrt{\alpha_{\text{eff}}} + \alpha_{\text{eff}}} , \quad \text{with } \alpha_{\text{eff}} = \alpha(1 - \kappa_{\text{col}}) .$$

# Gravitational waves from a PT

- Strength of the transition

$$\alpha \approx \frac{\Delta V}{\rho_R} \Big|_{T=T_*}, \quad \Delta V = V_f - V_t$$

- Characteristic scale

$$HR_* = (8\pi)^{\frac{1}{3}} \left( \frac{\beta}{H} \right)^{-1}$$

- Signals are produced by three main mechanisms:

- collisions of bubble walls:  $\Omega_{\text{col}} \propto \left( \kappa_{\text{col}} \frac{\alpha}{\alpha+1} \right)^2 (HR_*)^2$

Kamionkowski '93, Huber '08, Hindmarsh '18,

- sound waves:  $\Omega_{\text{sw}} \propto \left( \kappa_{\text{sw}} \frac{\alpha}{\alpha+1} \right)^2 (HR_*) (H\tau_{\text{sw}})$

Hindmarsh '13 '15 '17, Ellis '18

- turbulence  $\Omega_{\text{turb}} \propto \left( \kappa_{\text{sw}} \frac{\alpha}{\alpha+1} \right)^{\frac{3}{2}} (HR_*) (1 - H\tau_{\text{sw}})$

Caprini '09, Ellis '19

- Sound wave period lasts  $H\tau_{\text{sw}} \equiv \min \left[ 1, \frac{HR_*}{U_f} \right]$

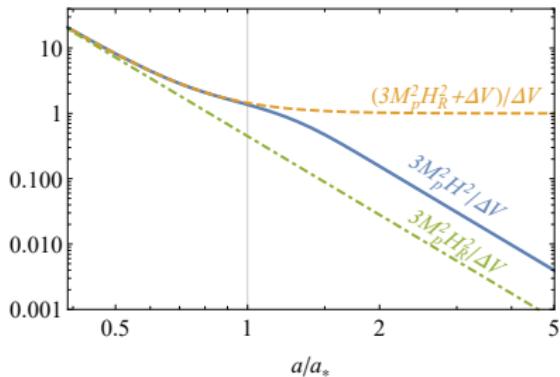
# Particle physics examples

- Two models with very different potential cosmological evolution

$$H = \frac{1}{3M_{\text{pl}}^2} (\rho_R + \Delta V) = H_R + \frac{\Delta V}{3M_{\text{pl}}^2}$$

Standard Model +  $|H|^6$  operator

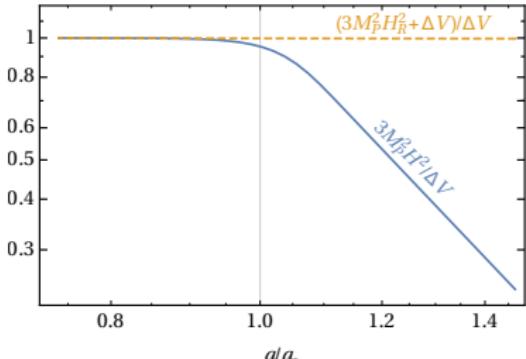
$$V(\phi) \simeq m^2 \phi^2 + \lambda \phi^4 + \frac{\phi^6}{\Lambda^2}$$



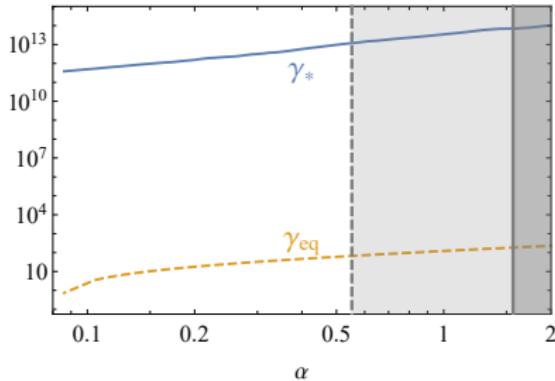
$U(1)_{B-L}$  extension of SM

$$V(\varphi) \simeq \frac{3g_{B-L}^4 \varphi^4}{4\pi^2} \left[ \log\left(\frac{\varphi^2}{v_\varphi^2}\right) - \frac{1}{2} \right] + g_{B-L}^2 T^2 \varphi^2$$

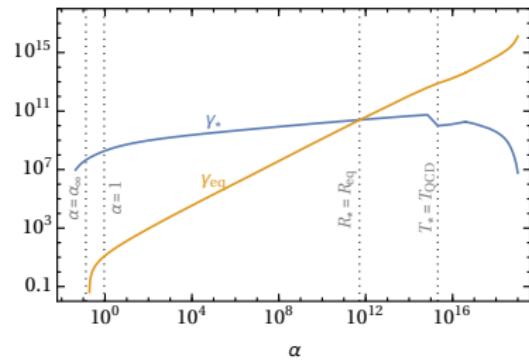
$$m_{Z'} = 2g_{B-L} v_\varphi$$

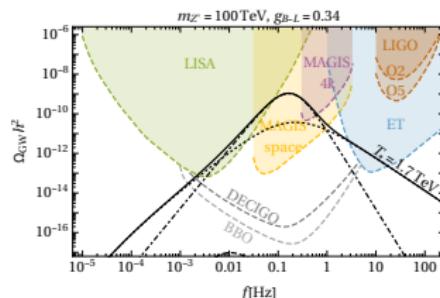
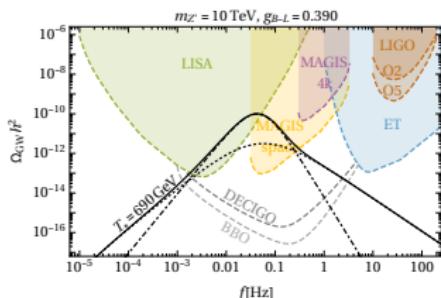
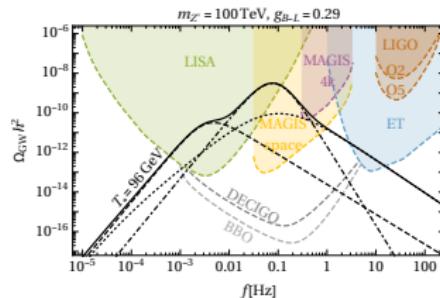
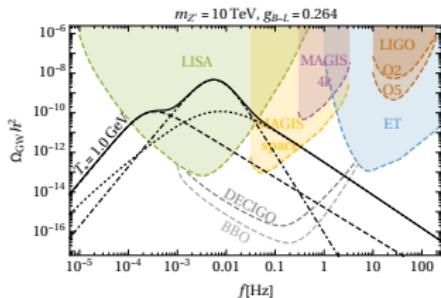
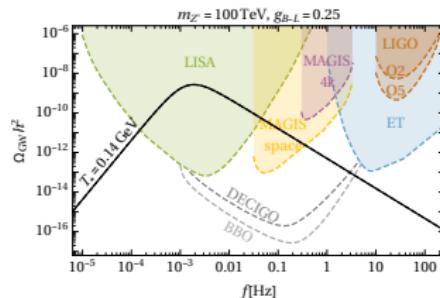
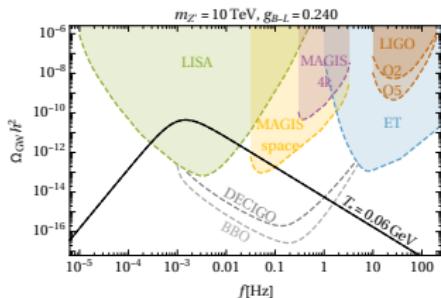


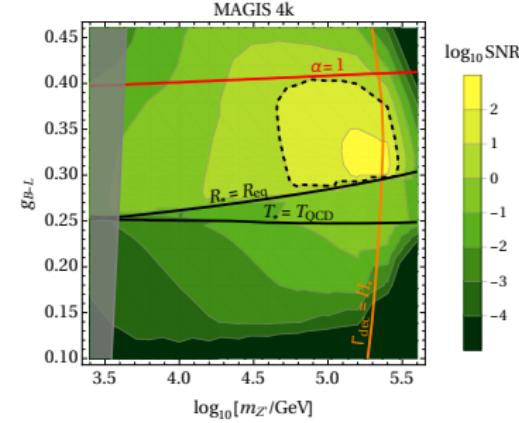
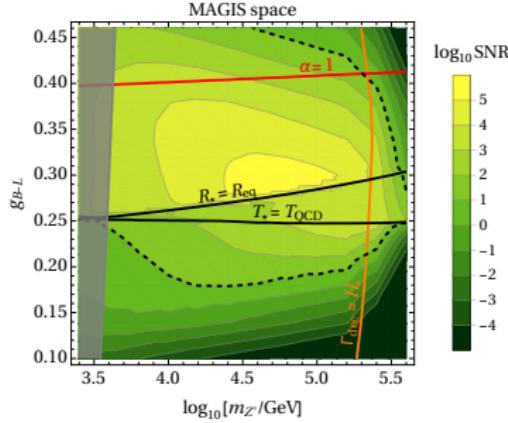
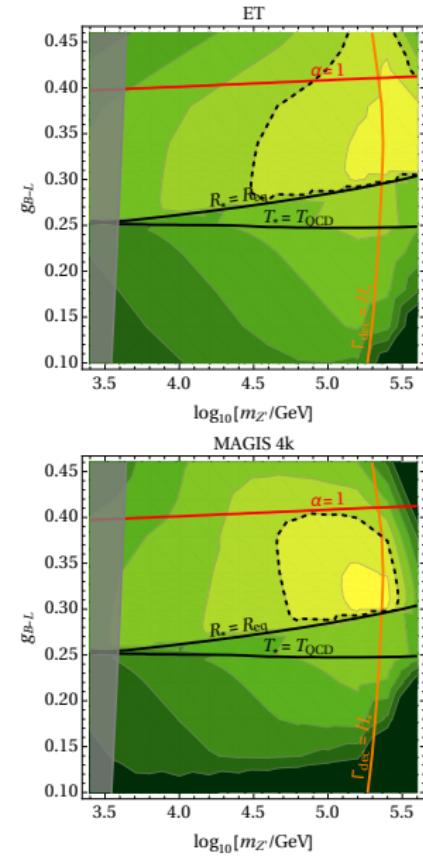
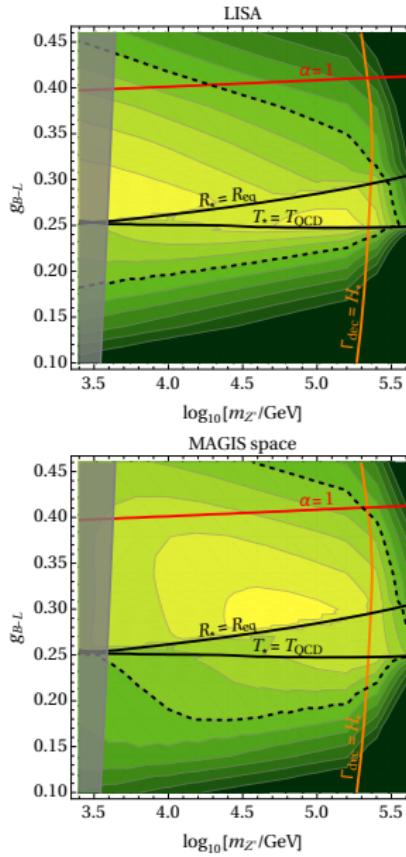
## Standard Model + $|H|^6$ operator



## $U(1)_{B-L}$ extension of SM







# Plasma related GW sources

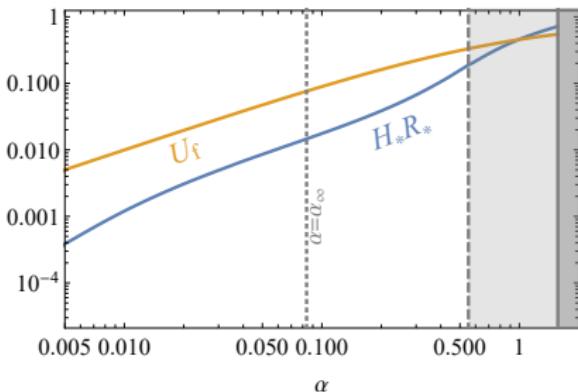
- Sound wave period last a fraction of the Hubble time

$$H\tau_{\text{sw}} \equiv \min \left[ 1, \frac{HR_*}{U_f} \right]$$

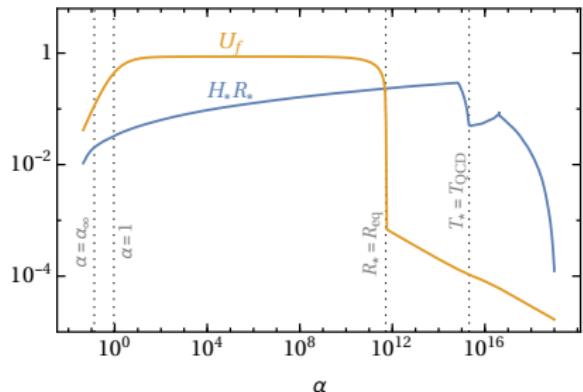
- Root-mean-square four-velocity of the plasma

$$U_f \approx \sqrt{\frac{3}{4} \frac{\kappa_{\text{sw}} \alpha}{1 + \alpha}} \xrightarrow{v_w \approx 1} \frac{\sqrt{3}\alpha}{2(1 + \alpha)\sqrt{0.73 + 0.083\sqrt{\alpha} + \alpha}}.$$

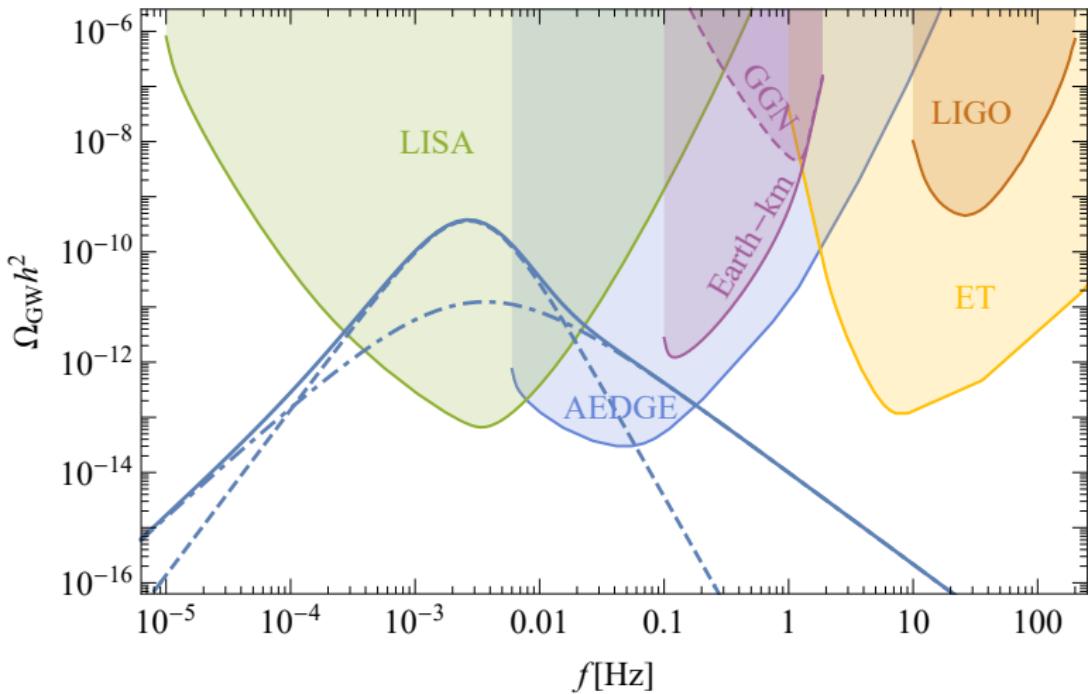
Standard Model +  $|H|^6$  operator



$U(1)_{B-L}$  extension of SM



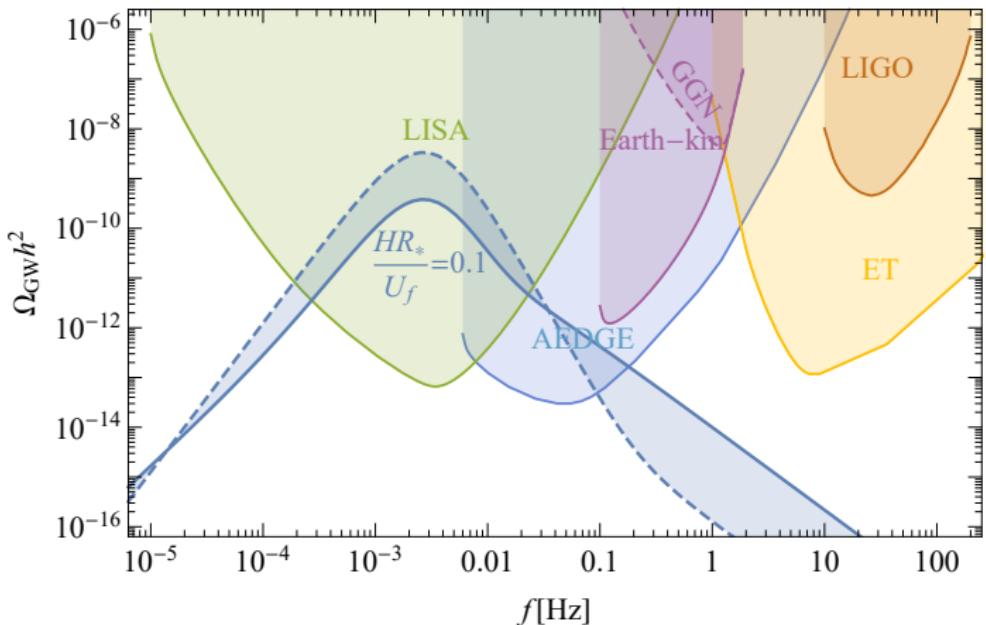
$$T_* = 100 \text{ GeV}, \alpha = 1, HR_* = 5 \times 10^{-2}$$



- Sound wave spectrum reduction and earlier onset of turbulence

$$\Omega_{\text{sw}} \propto H\tau_{\text{sw}} = \frac{HR_*}{U_f}, \quad \Omega_{\text{turb}} \propto 1 - H\tau_{\text{sw}} = 1 - \frac{HR_*}{U_f}$$

$$T_* = 100 \text{ GeV}, \alpha = 1, HR_* = 5 \cdot 10^{-2}$$



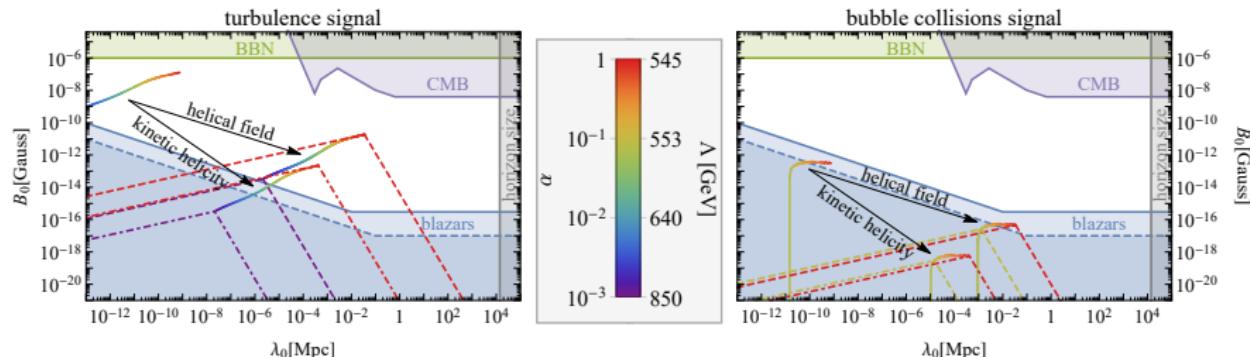
# Primordial Magnetic Fields

- Energy density and correlation length of produced Magnetic Field

Durrer '13 Brandenburg '17 Vachaspati '19

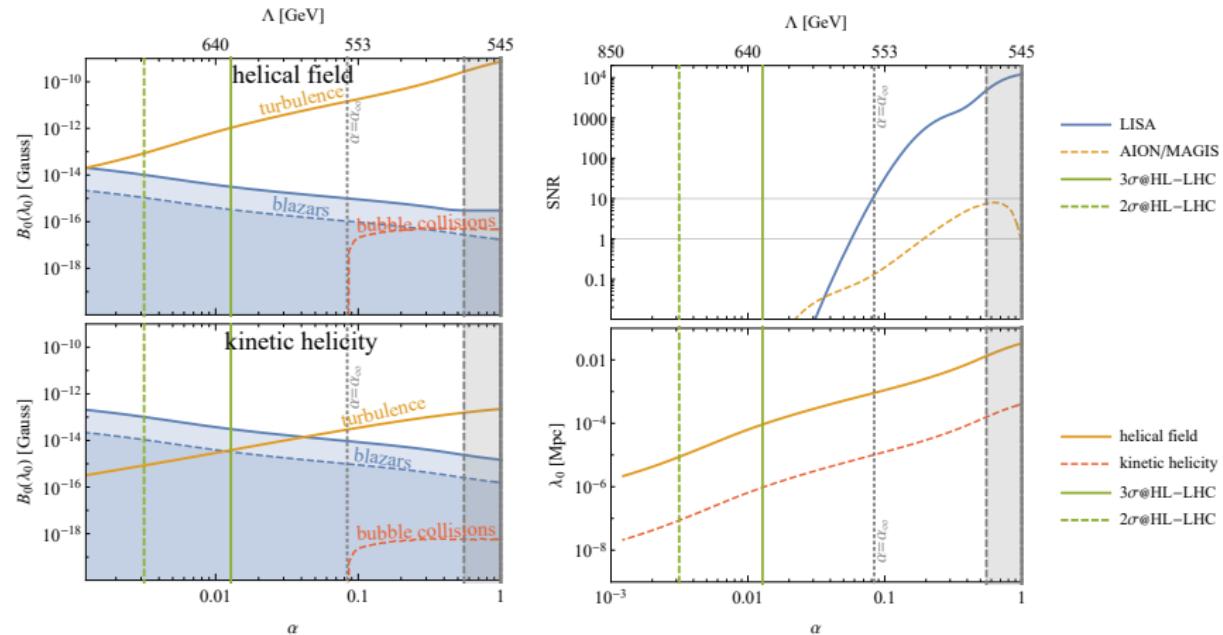
$$\rho_{B,*} = 0.1 \kappa_{\text{col/sw}} \frac{\alpha}{1 + \alpha} \rho_* \quad \lambda_* = R_*$$

- In the  $SM + H^6$  model



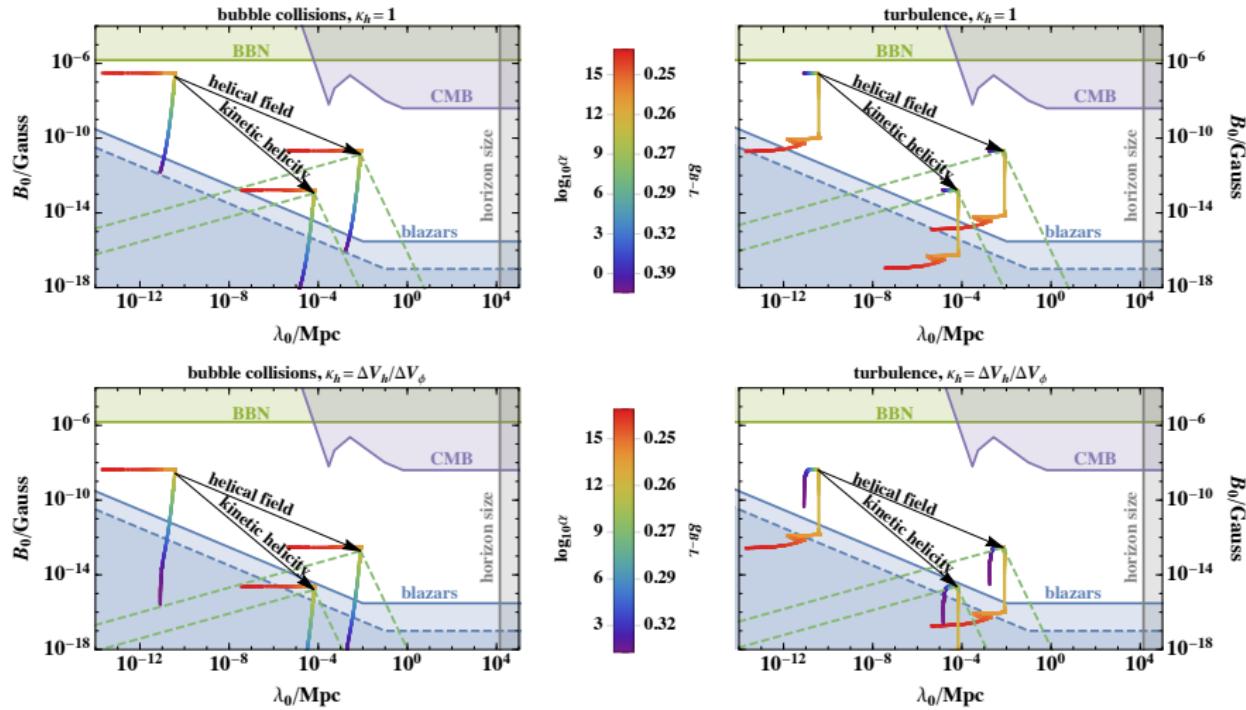
# Primordial Magnetic Fields

- In the  $SM + H^6$  model



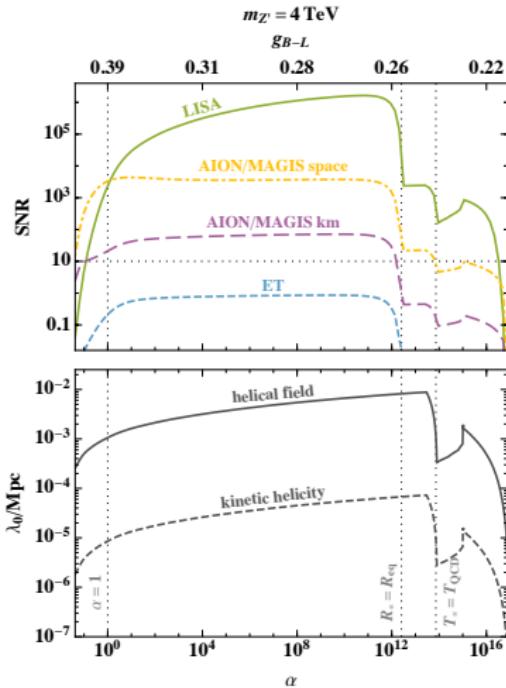
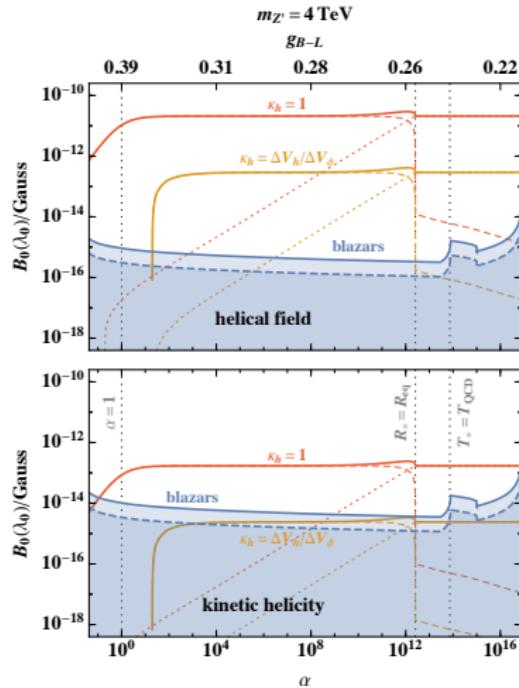
# Primordial Magnetic Fields

- In the  $U(1)_{B-L}$  model with  $m_{Z'} = 4\text{TeV}$



# Primordial Magnetic Fields

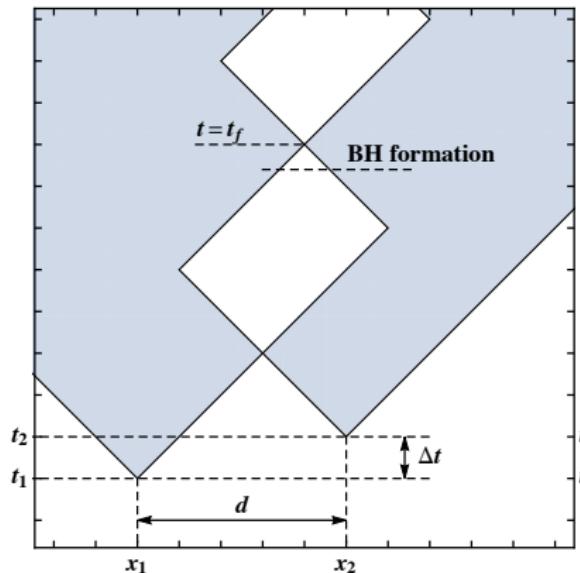
- In the  $U(1)_{B-L}$  model with  $m_{Z'} = 4\text{TeV}$



# Primordial Black Holes

- In a very strong transition, false vacuum region produced in the collision of two bubbles can collapse into a black hole

Hawking '82, Moss '94, Khlopov '99

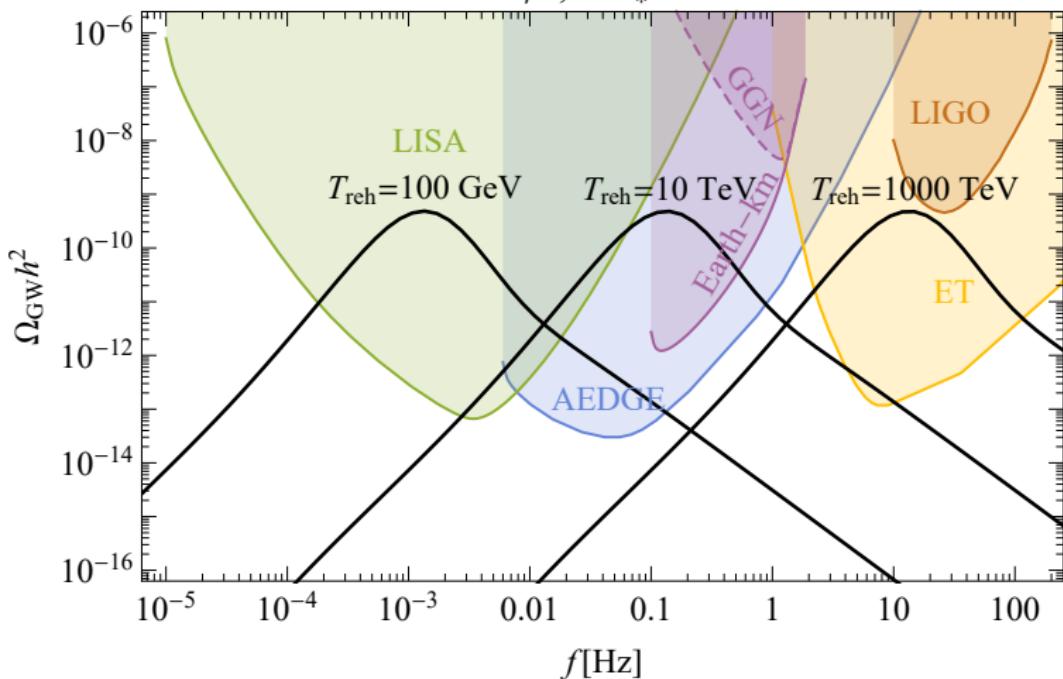


# Conclusions

- Observable bubble collision GW signal requires significant supercooling. We derived the efficiency factor quantifying this requirement precisely.
- Sound wave period generically last less than a Hubble time. This leads to a much weaker sound wave sourced GW signal and potentially a significant increase in the signal sourced by turbulence.
- PTs can also have leave other complimentary signals including production of primordial magnetic fields and primordial black holes.

- The frequency of the signal changes as  $f \propto T_{\text{reh}}$

$$\alpha=1/2, \text{HR}_*=10^{-1}$$



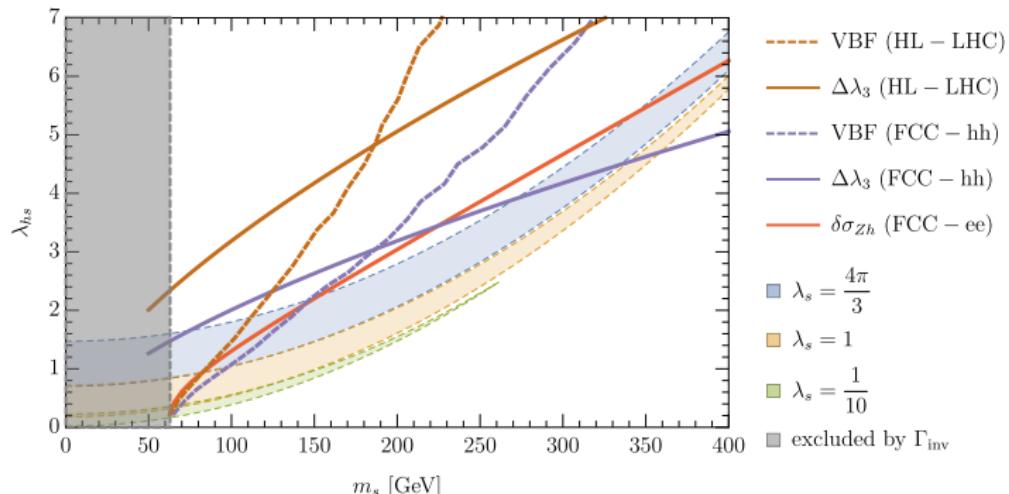
# EWBG Model 2: Neutral singlet

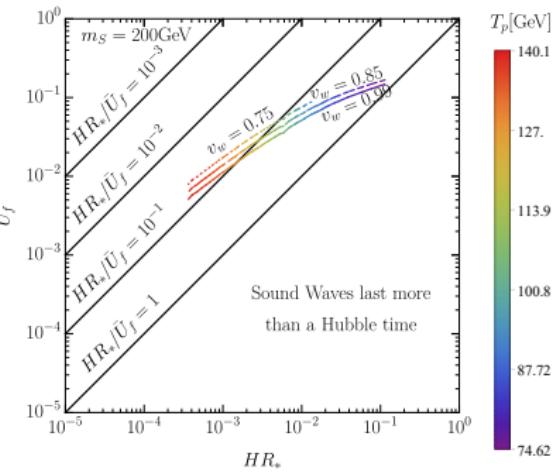
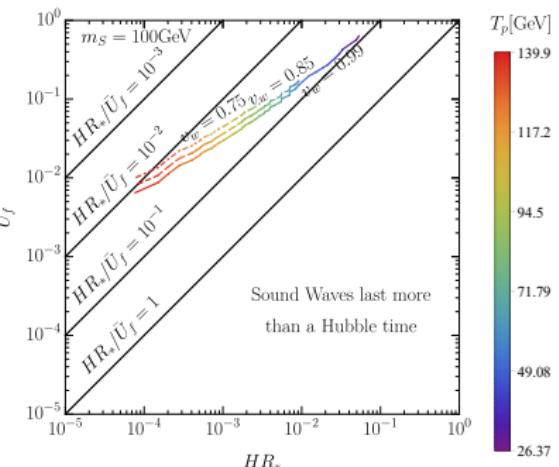
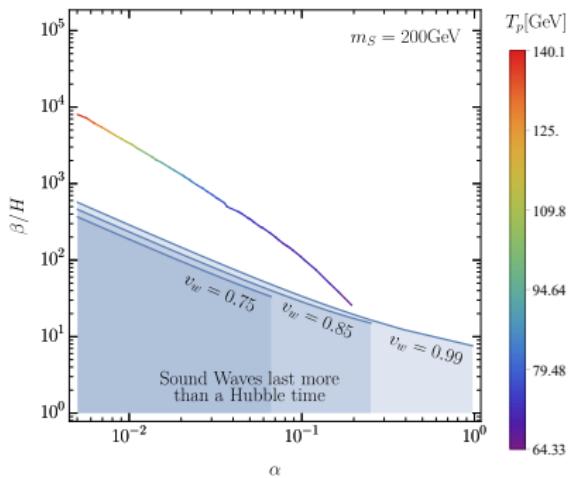
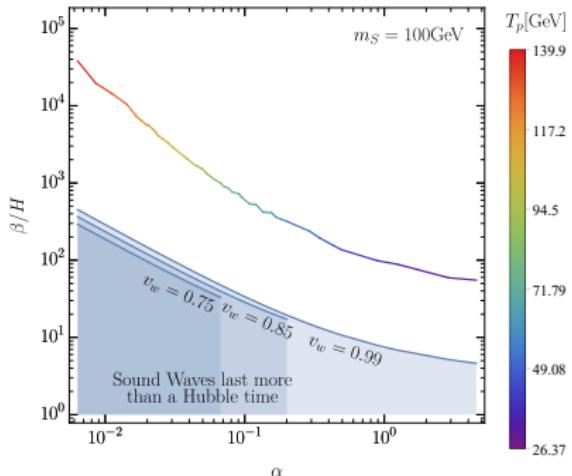
- We add an additional singlet scalar to SM

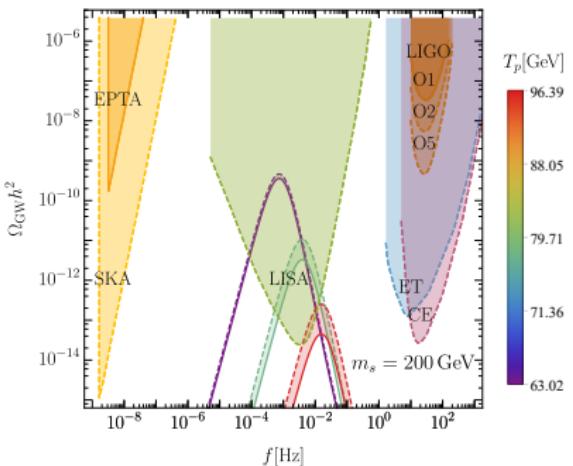
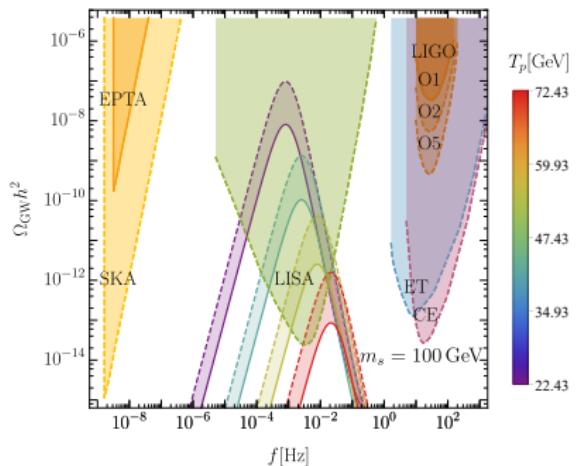
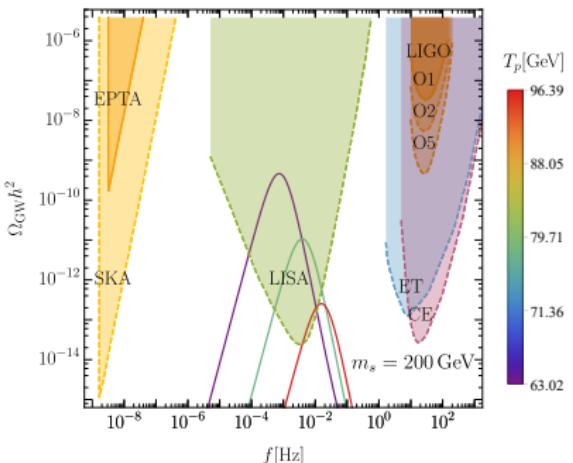
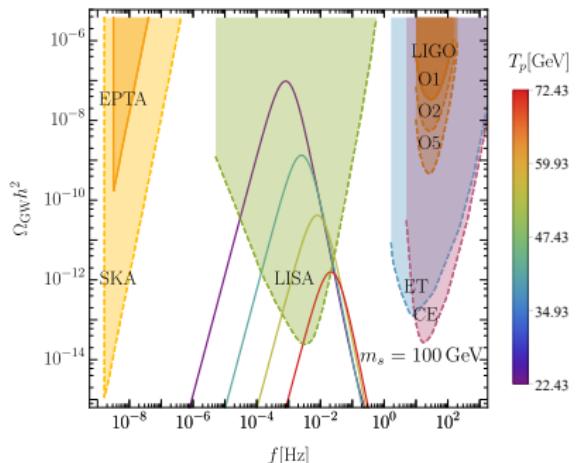
$$V^{\text{tree}}(H, s) = -\mu_h^2 |H|^2 + \lambda_h |H|^4 + \frac{\lambda_{hs}}{2} |H|^2 s^2 + \frac{\mu_s^2}{2} s^2 + \frac{\lambda_s}{4} s^4$$

- Singlets physical mass

$$m_s^2 = \mu_s^2 + \lambda_{hs} v^2 / 2$$

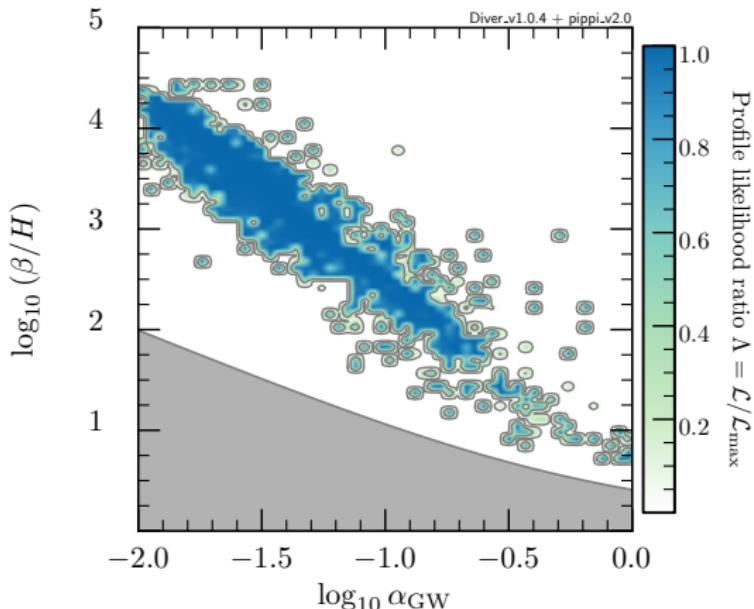






# EWBG Model 2.5: Neutral singlet without $\mathbf{Z}_2$

$$V^{\text{tree}}(H, s) = -\mu_h^2 |H|^2 + \lambda_h |H|^4 + \frac{\lambda_{hs}}{2} |H|^2 s^2 + \frac{\mu_s^2}{2} s^2 + \frac{\lambda_s}{4} s^4 \\ + \frac{\mu_{hs}}{2} |H|^2 s + \frac{\mu_3}{2} s^3$$



See: Ankit Beniwal, ML, Martin White and Anthony G. Williams  
arXiv:1810.02380