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# Gravitational waves from first-order phase transitions: ultra-supercooled transitions and the fate of relativistic shocks

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Based on I905.00899

with Hyeonseok Seong (IBS & KAIST), Masahiro Takimoto (Weizmann), Choong Min Um (KAIST)

09.2019 @ Nordita workshop

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# TALK PLAN

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1. Introduction

2. Ultra-supercooled transitions

3. Ultra-supercooled transitions:

Effective description of fluid propagation & Implications to GW production

4. Summary



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# Introduction

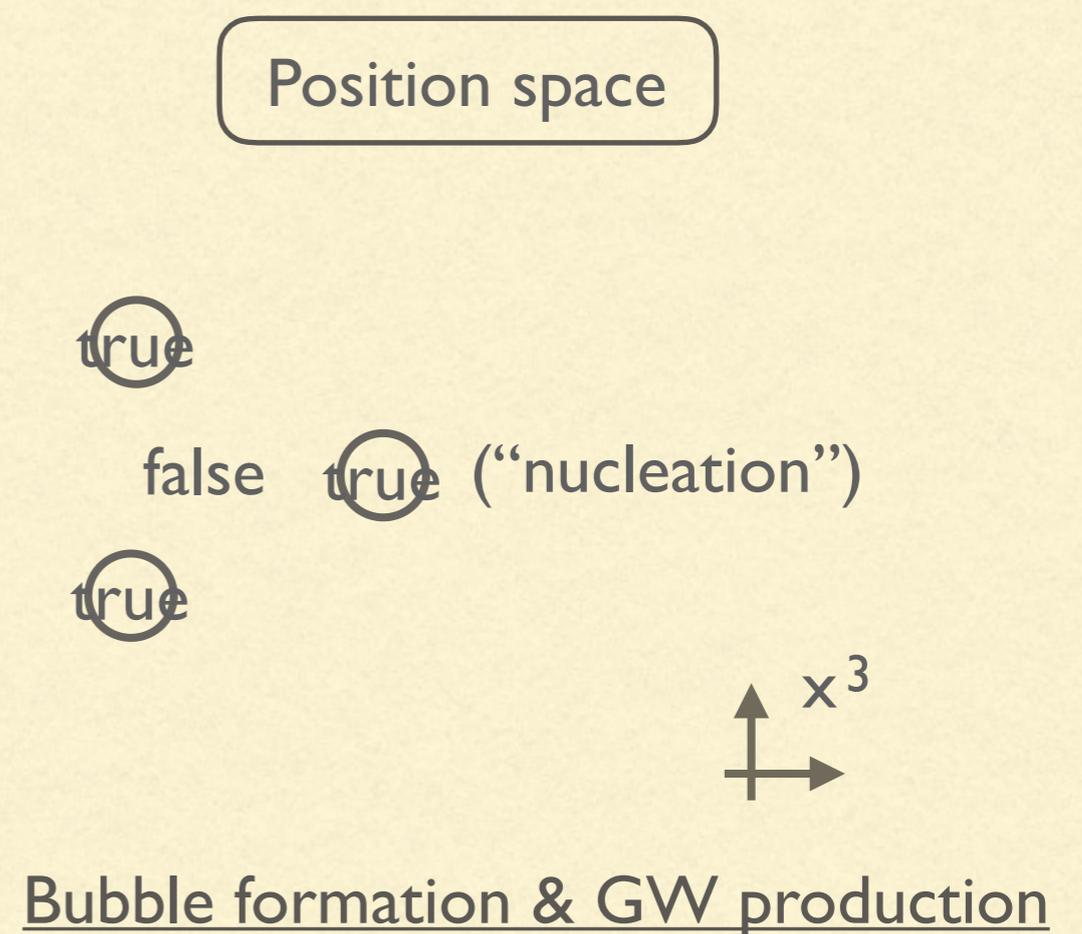
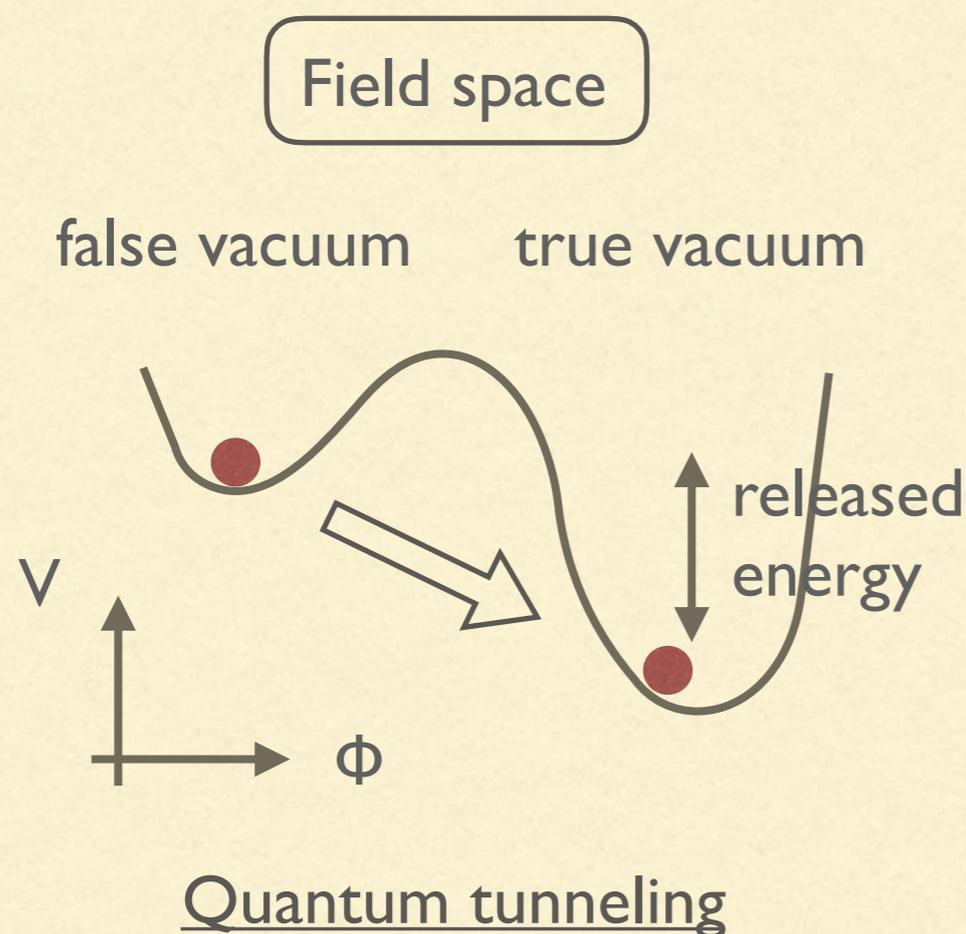
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# FIRST-ORDER PHASE TRANSITION & GWS

- Rough sketch of 1st-order phase transition & GW production

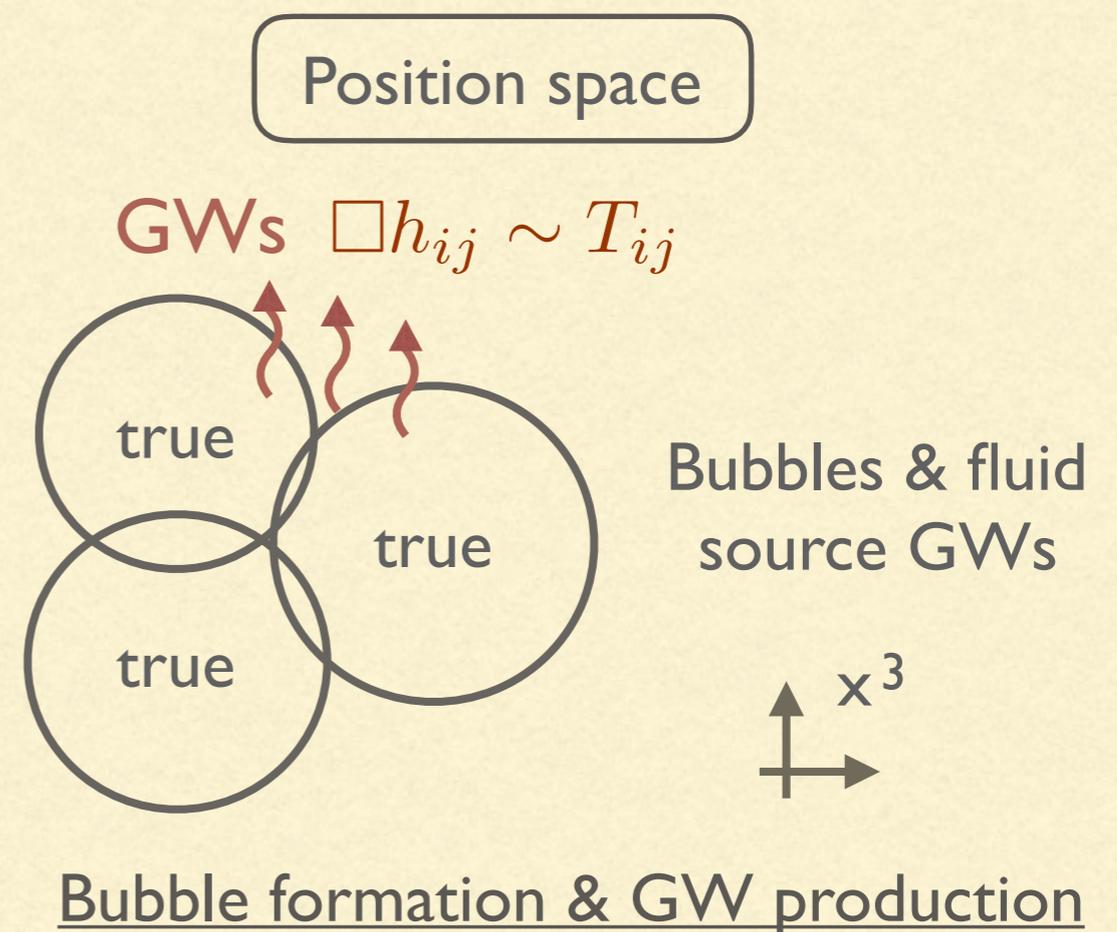
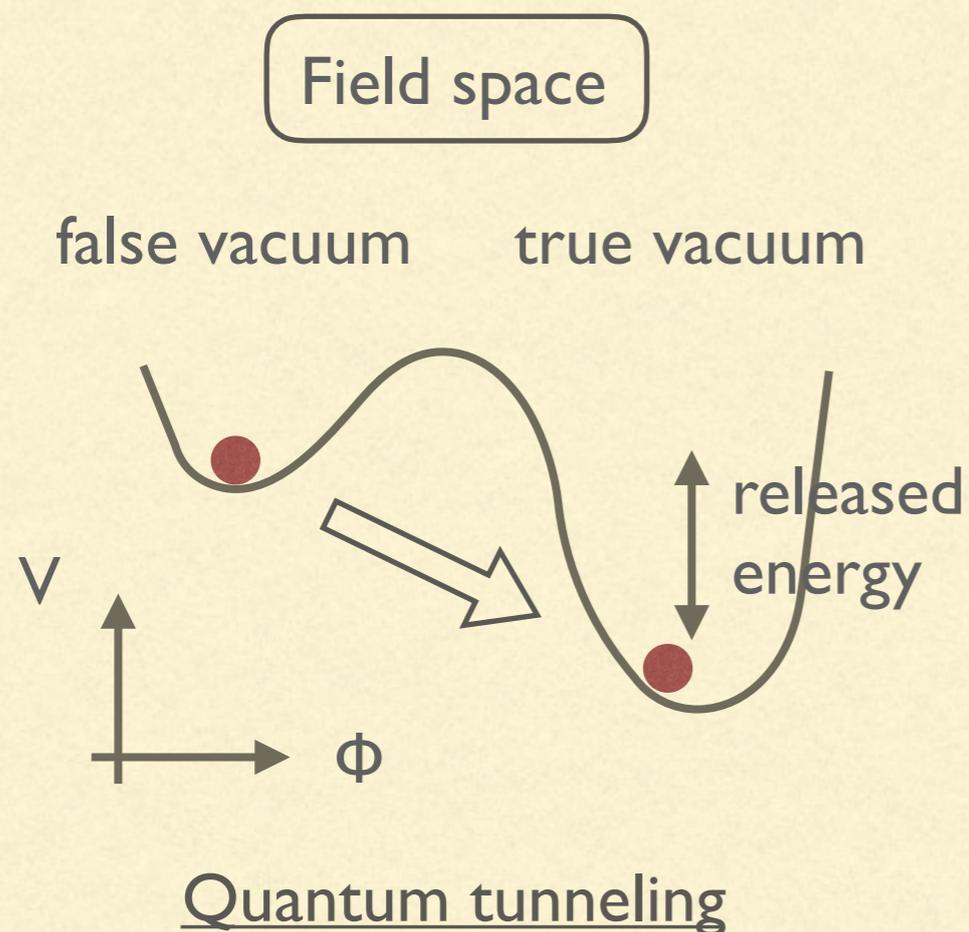
Bubbles nucleate, expand, collide and disappear, accompanying fluid dynamics



# FIRST-ORDER PHASE TRANSITION & GWS

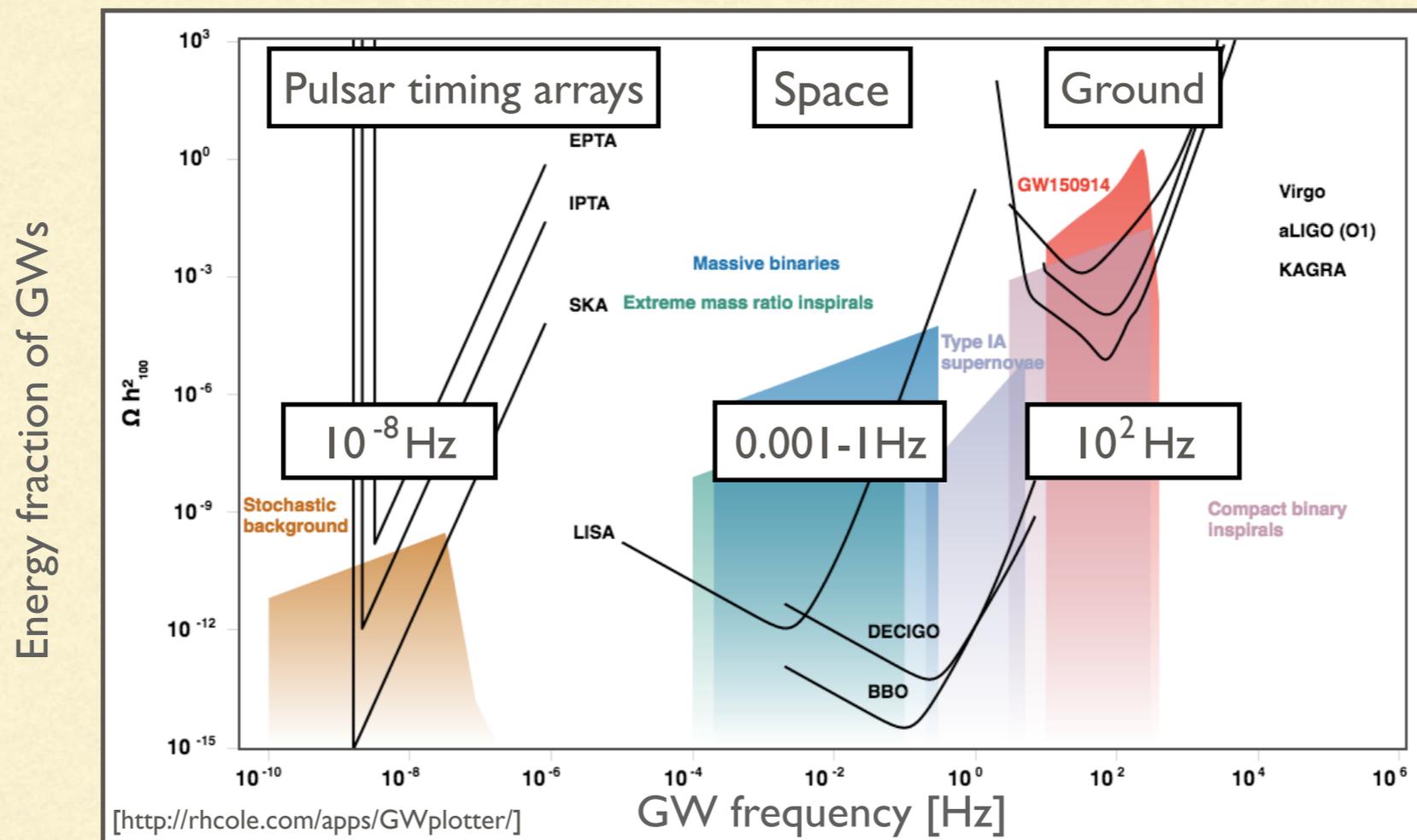
- Rough sketch of 1st-order phase transition & GW production

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# FIRST-ORDER PHASE TRANSITION & GWs

- $10^{-3} \sim 1$  Hz GWs correpond to electroweak physics and beyond



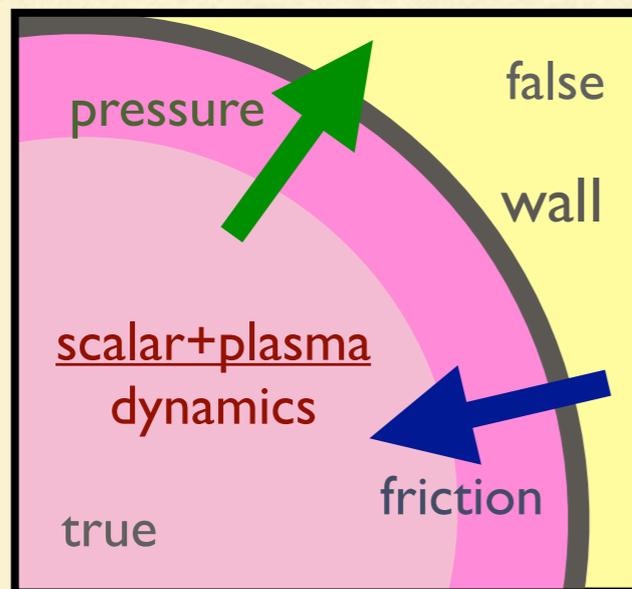
Temperature of the Universe  
@ transition time



# BUBBLE DYNAMICS BEFORE COLLISION

- "Pressure vs. friction" determines behavior of bubbles

← cosmological scale →



- Two main players : **scalar field and plasma**

- Walls want to expand (“pressure”)

$$\text{Parametrized by } \alpha \equiv \frac{\rho_{\text{vac}}}{\rho_{\text{plasma}}}$$

- Walls are pushed back by plasma (“friction”)

Parametrized by coupling  $\eta$  btwn. scalar and plasma

- Let's see how bubbles behave for different  $\alpha$   
(with fixed coupling  $\eta$ )

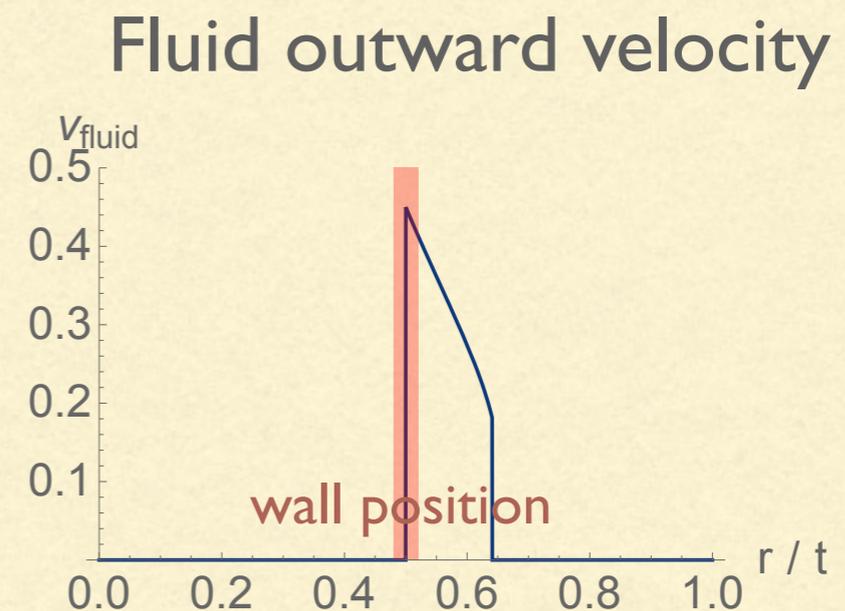
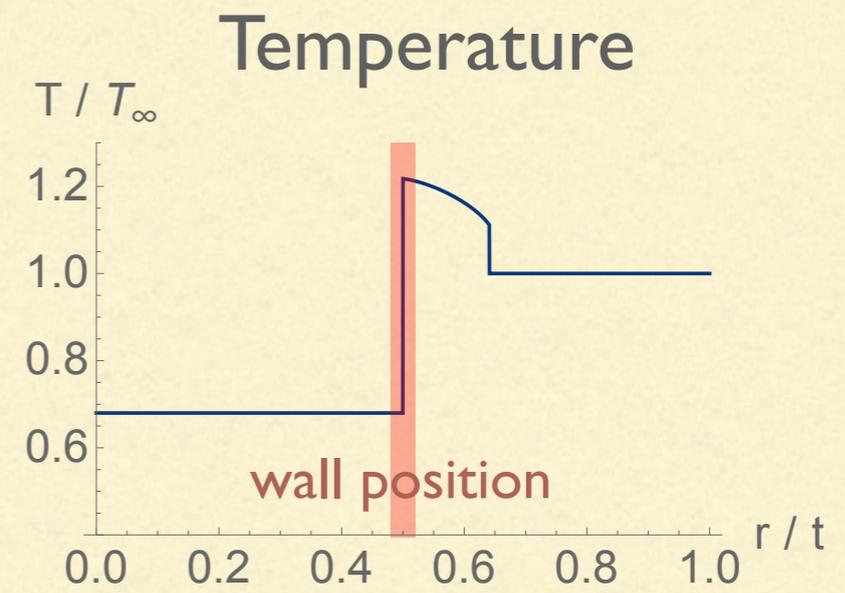
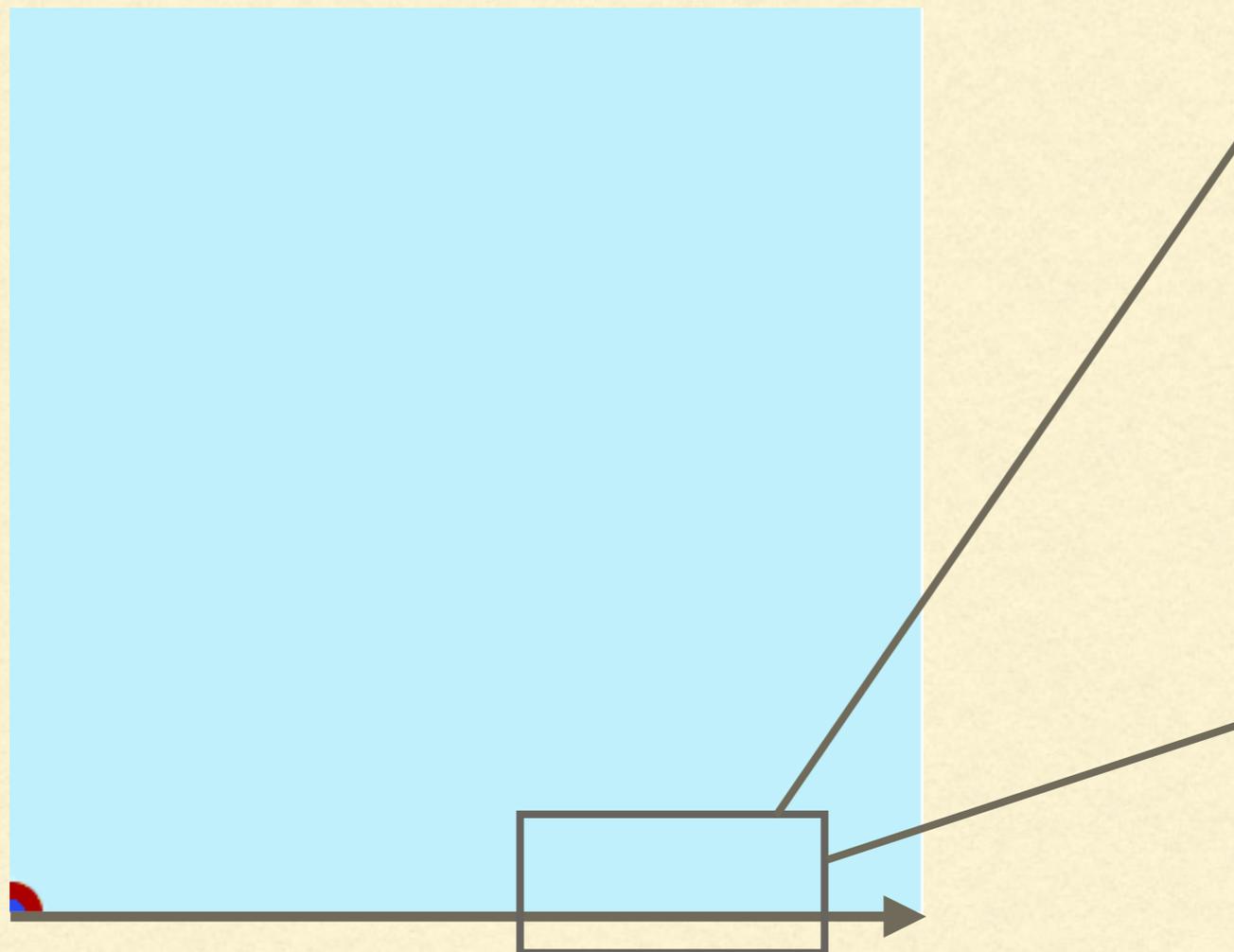
# BUBBLE DYNAMICS BEFORE COLLISION

$$\alpha \equiv \frac{\rho_{\text{vac}}}{\rho_{\text{plasma}}}$$

[ Espinosa, Konstandin, No, Servant '10 ]

- Small  $\alpha$  (say,  $\alpha \lesssim \mathcal{O}(0.1)$ )

“deflagration”



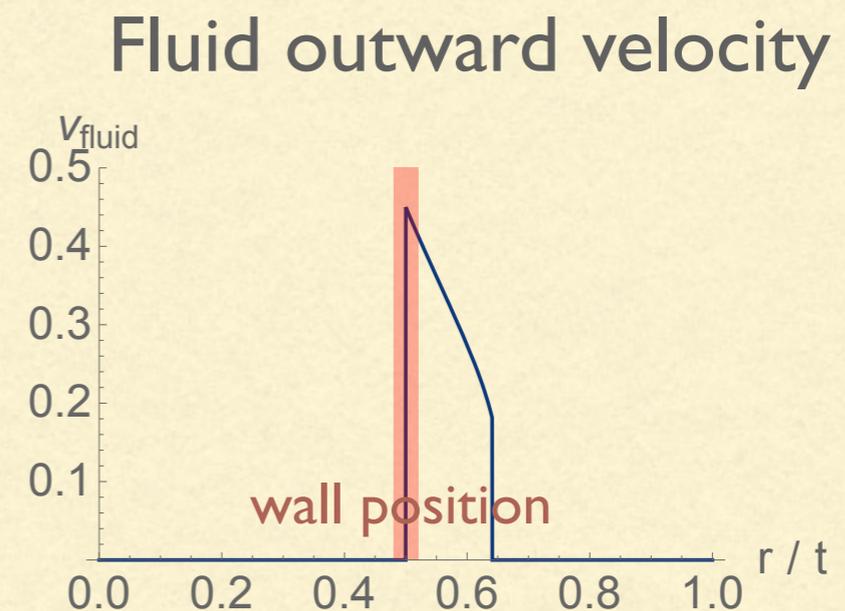
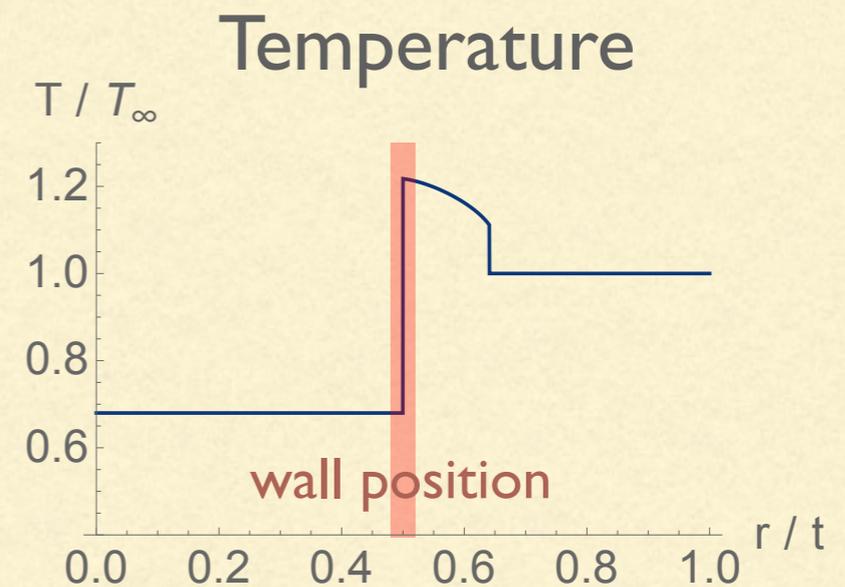
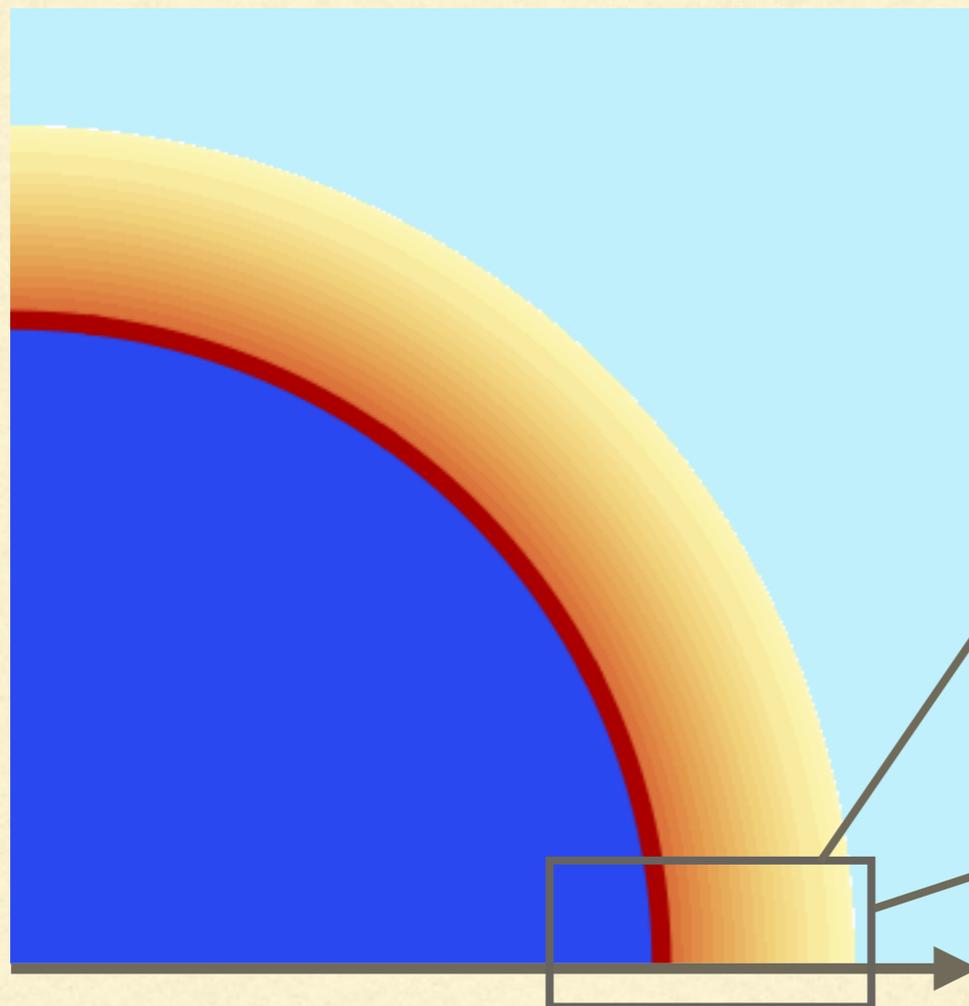
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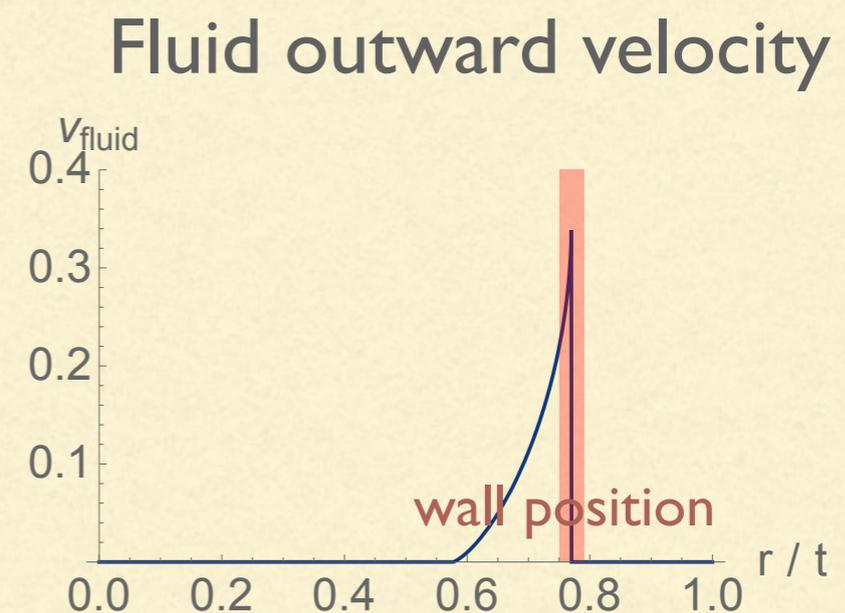
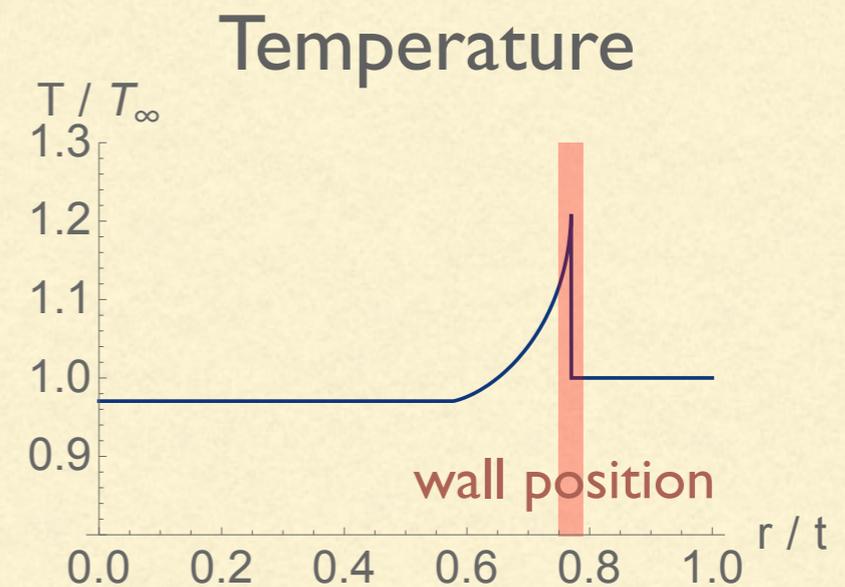
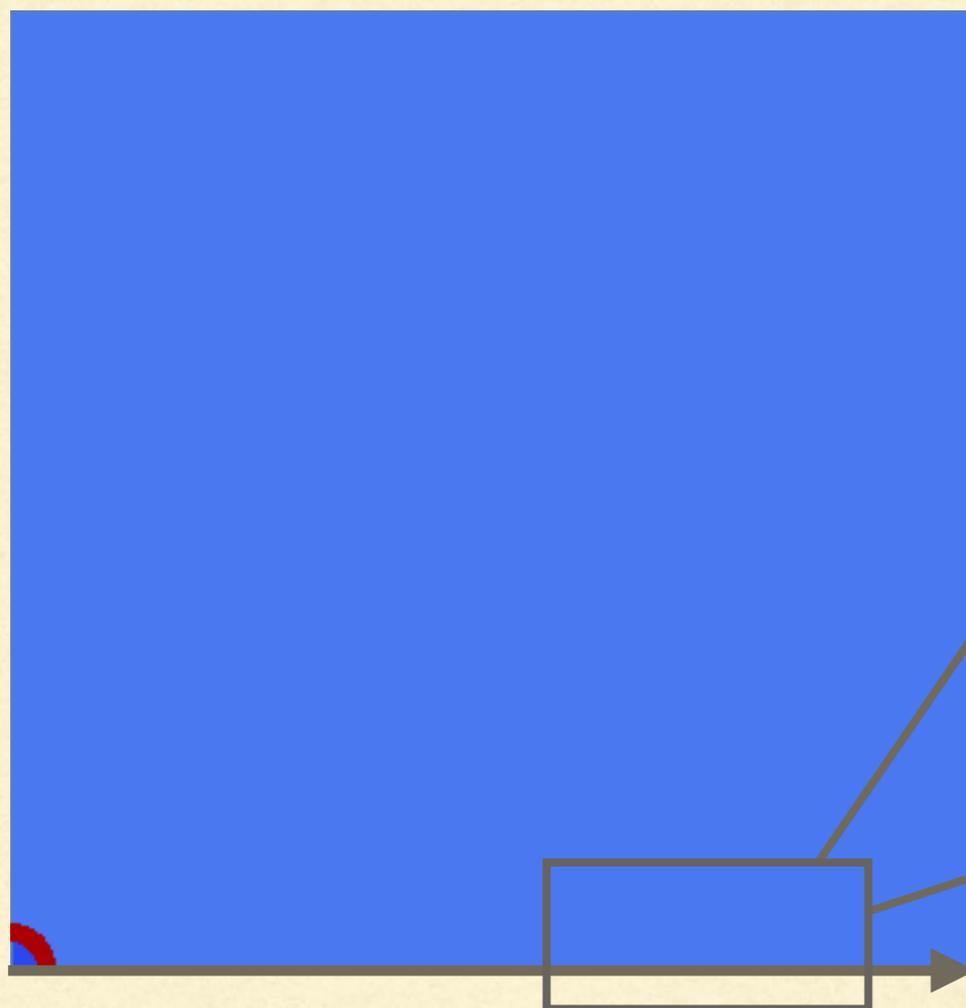
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- Small but slightly increased  $\alpha$

“detonation”



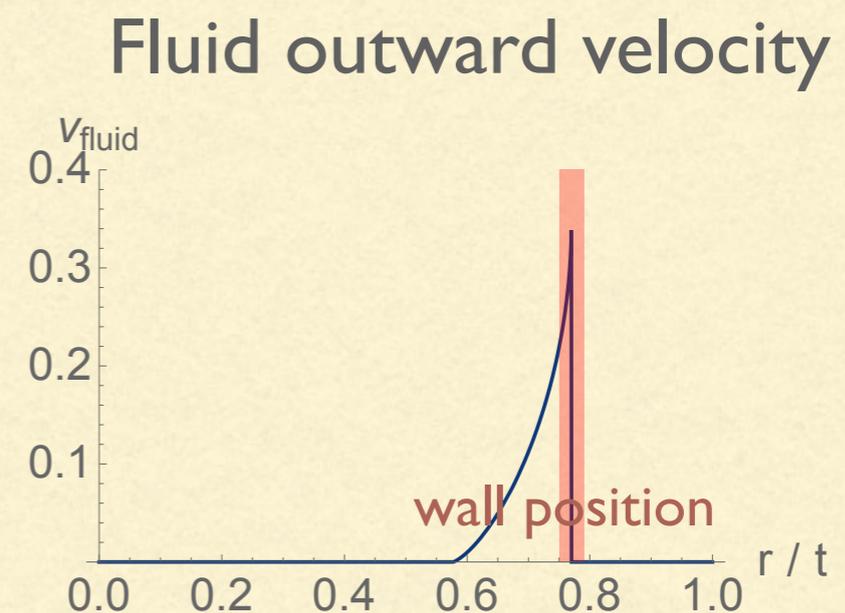
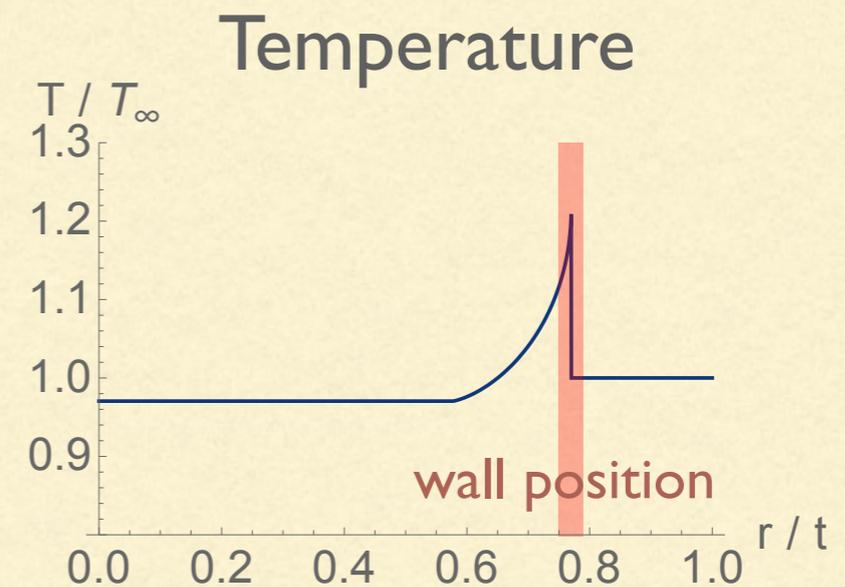
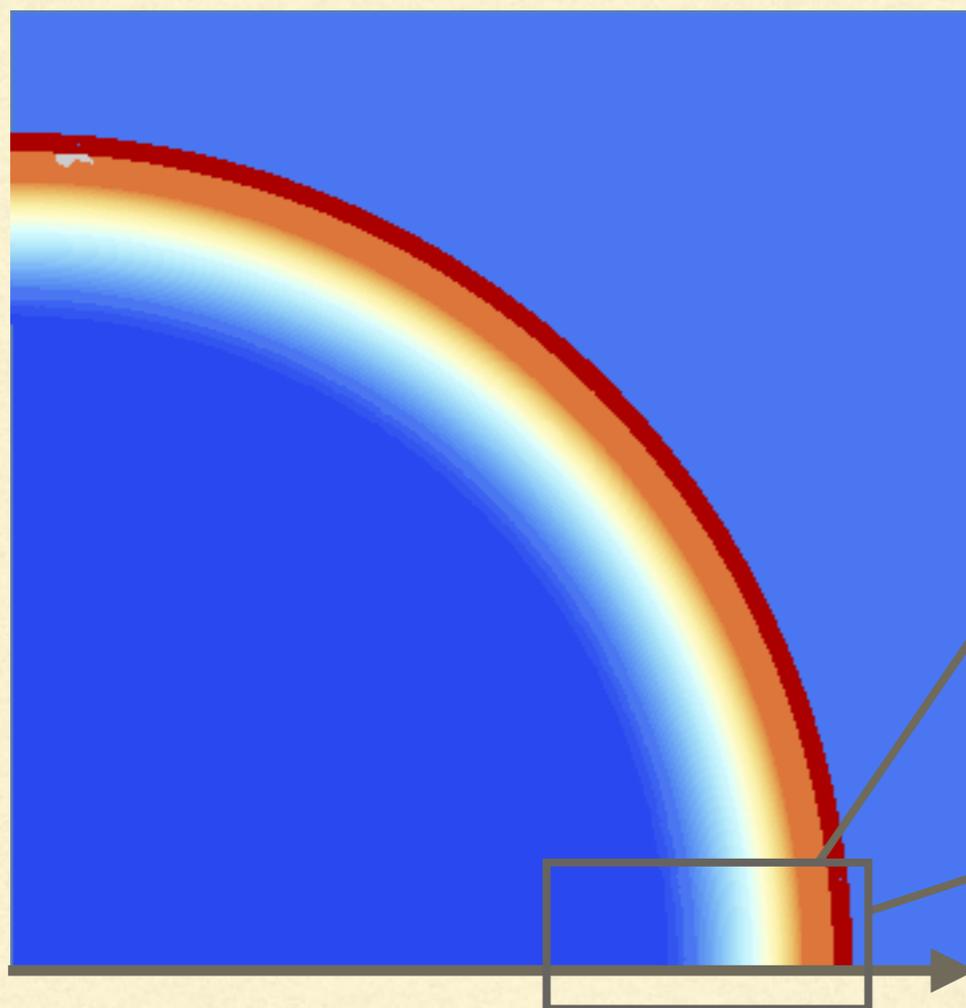
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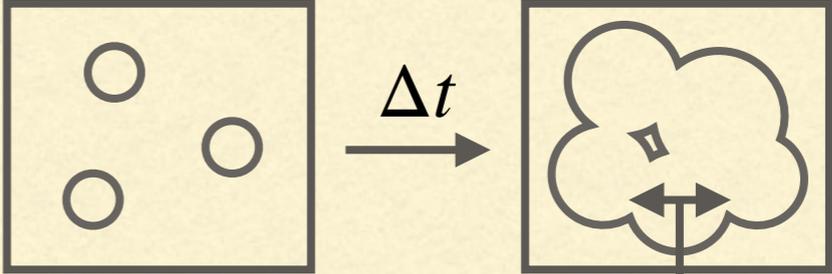
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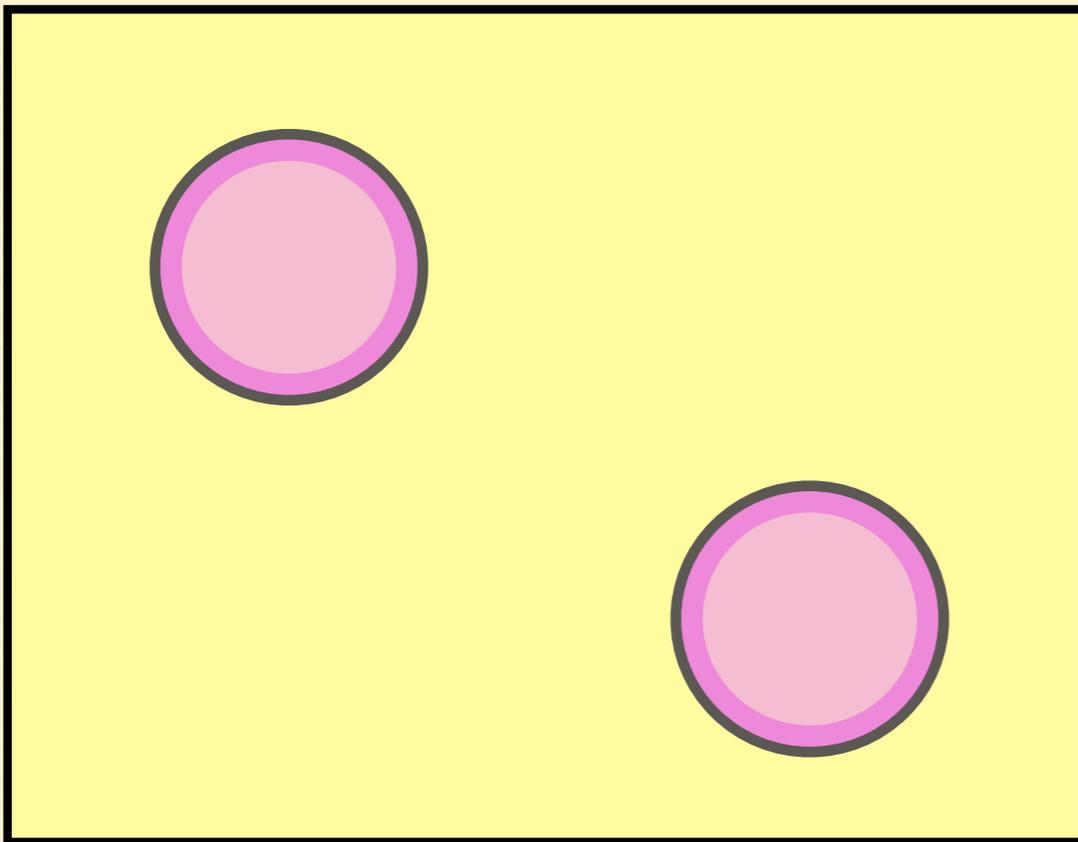


# PARAMETERS CHARACTERIZING THE TRANSITION

	Definition	Properties
$\alpha$	$\rho_{\text{vac}}/\rho_{\text{plasma}}$	Strength of the transition
$\beta$	<p>Bubble nucleation rate</p> <p>Taylor-expanded around the transition time <math>t_*</math></p> $\Gamma(t) \propto e^{\beta(t-t_*)}$	<p>Bubbles collide <math>\Delta t \sim 1/\beta</math> after nucleation</p>  <p>Typical bubble size <math>\sim v_w \Delta t \sim v_w / \beta</math></p>
$v_w$	Wall velocity	Determined by the balance btwn. pressure & friction
$T_*$	Transition temperature	

# DYNAMICS AFTER COLLISION

Bubbles nucleate & expand



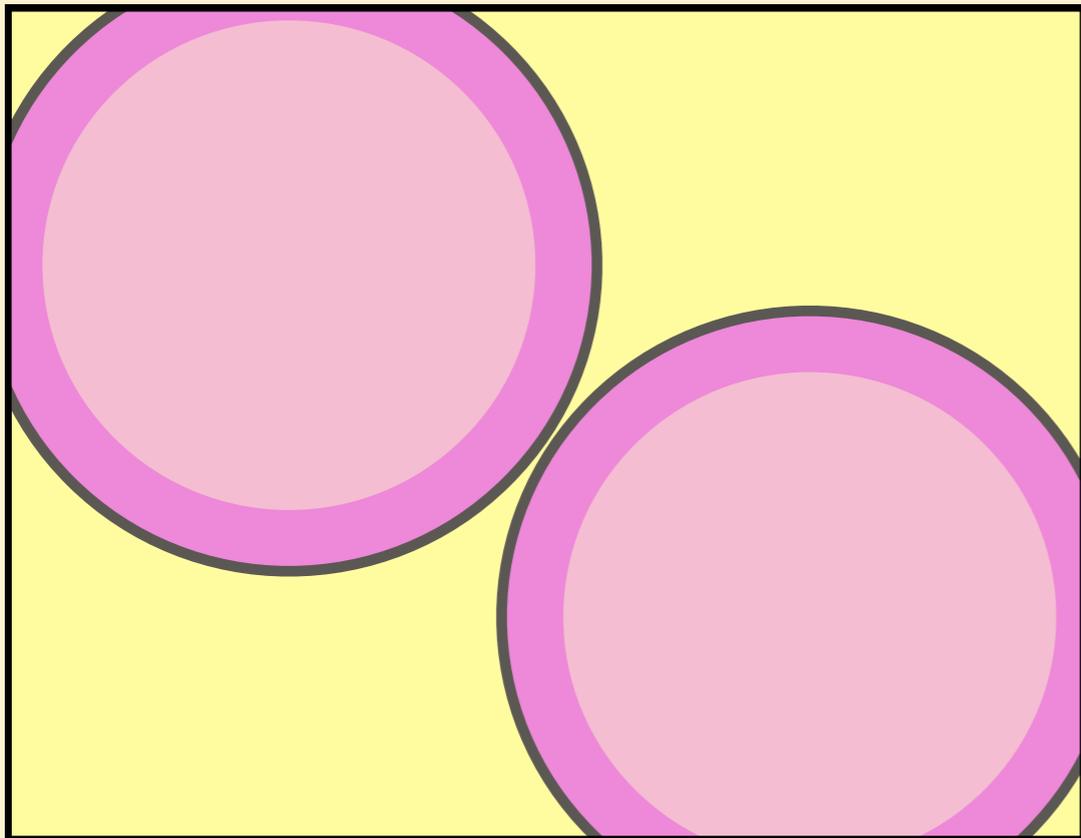
- Nucleation rate (per unit time & vol)

$$\Gamma(t) \propto e^{\beta(t-t_*)}$$

- Typically the released energy is carried by fluid motion [ Bodeker & Moore '17 ]
- Collide  $\Delta t \sim 1/\beta$  after nucleation

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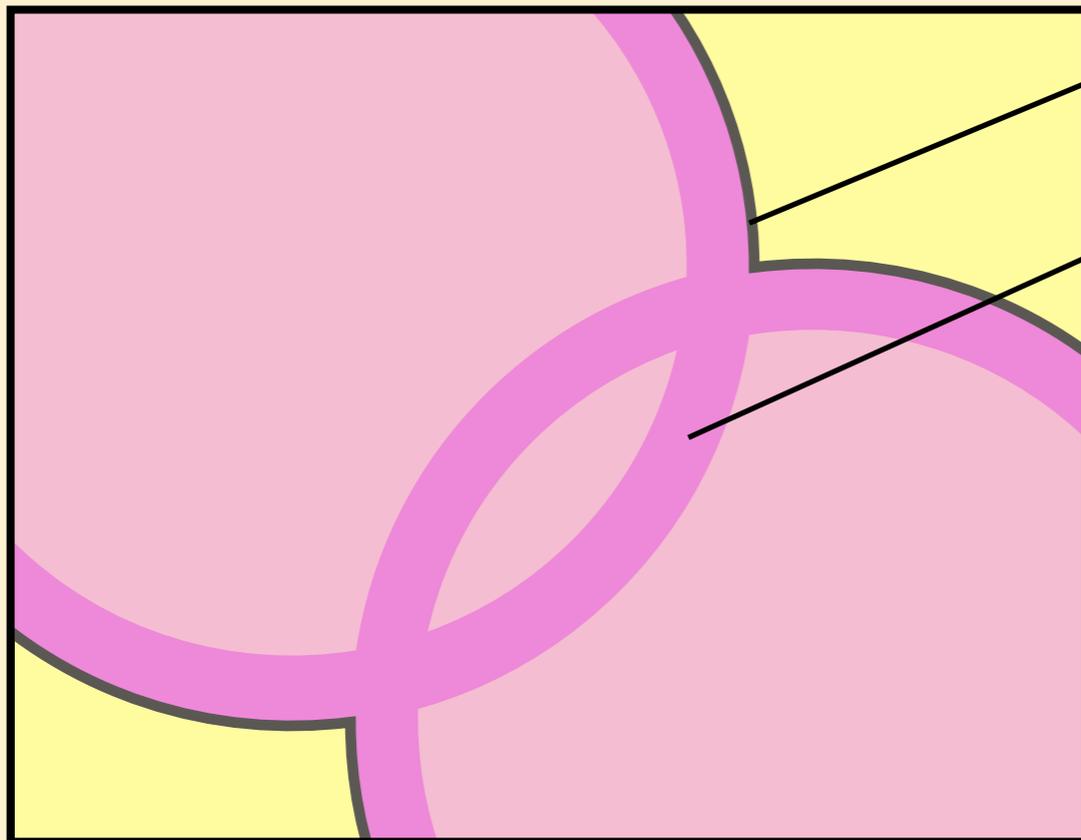
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# DYNAMICS AFTER COLLISION

GWs  $\square h_{ij} \sim T_{ij}$



Bubbles collide



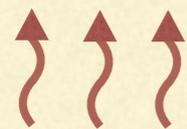
- Scalar field damps soon after collision
- For small  $\alpha$  ( $\lesssim \mathcal{O}(0.1)$ ), plasma motion is well described by linear approximation:

$$(\partial_t^2 - c_s^2 \nabla^2) \vec{v}_{\text{fluid}} \simeq 0 \quad \text{“sound waves”}$$

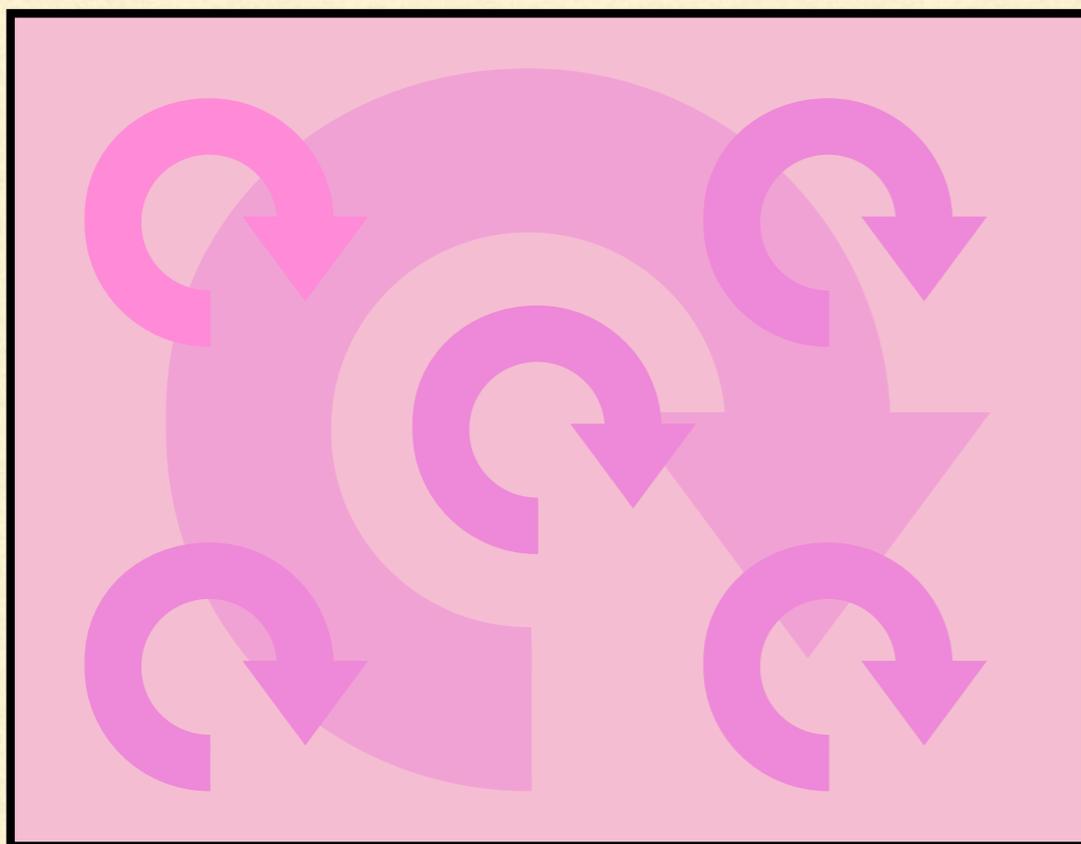
- In this case, fluid shell thickness is fixed at the time of collision

# DYNAMICS AFTER COLLISION

GWs  $\square h_{ij} \sim T_{ij}$



Turbulence develops



- Nonlinear effects becomes important at late times

“turbulence”

# SOURCES OF GWs IN FIRST-ORDER PHASE TRANSITION

- Time evolution of the system

Bubble nucleation & expansion → Collision → Sound waves → Turbulence

- Resulting GW spectrum is classified accordingly:

$$\Omega_{\text{GW}} = \Omega_{\text{GW}}^{(\text{coll})} + \Omega_{\text{GW}}^{(\text{sw})} + \Omega_{\text{GW}}^{(\text{turb})}$$

- Typically  $\Omega_{\text{GW}}^{(\text{sw})}$  is the largest because of different parameter dependence:

$$\Omega_{\text{GW}}^{(\text{coll})} \text{ (from scalar walls)} \propto \left( \frac{\alpha}{1+\alpha} \right)^2 \left( \frac{\beta}{H_*} \right)^{-2}$$

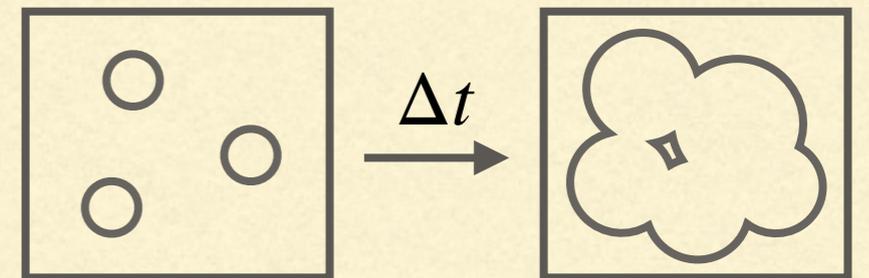
$$\Omega_{\text{GW}}^{(\text{sw})} \text{ (from fluid shells)} \propto \left( \frac{\alpha}{1+\alpha} \right)^2 \left( \frac{\beta}{H_*} \right)^{-1}$$

$$\text{Note : } \frac{\beta}{H_*} \sim 10^{1-5} \gg 1$$

# GW ENHANCEMENT BY SOUND WAVES

- Reason for different dependence on  $\beta/H_*$

## Bubble collision



Bubbles collide and disappear within timescale  $\Delta t \sim 1/\beta$

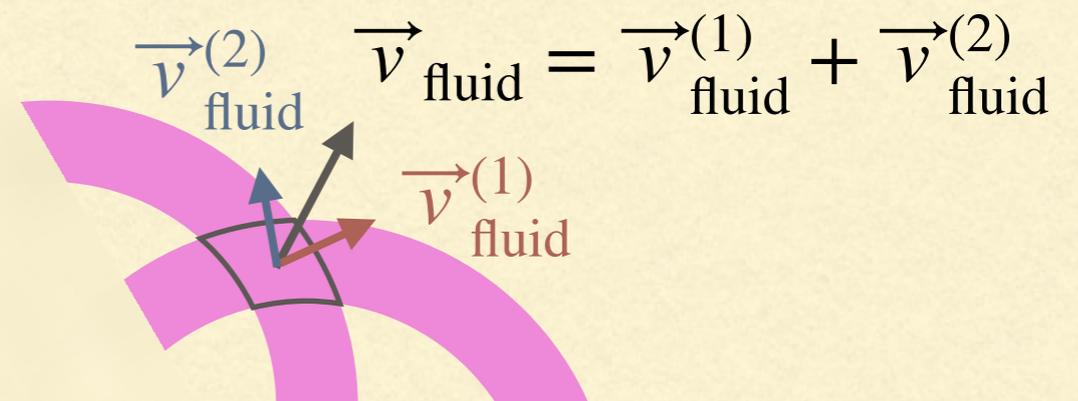
GWs are sourced during this period  $h \propto \Delta t$

$$\Omega_{\text{GW}} \propto h^2 \propto \beta^{-2}$$

## Sound waves [ See Mark's talk ]

Shell overlap continuously creates  
new velocity field during Hubble time

→ GW spectrum is enhanced by  $\beta/H_*$



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# TALK PLAN

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2. Ultra-supercooled transitions

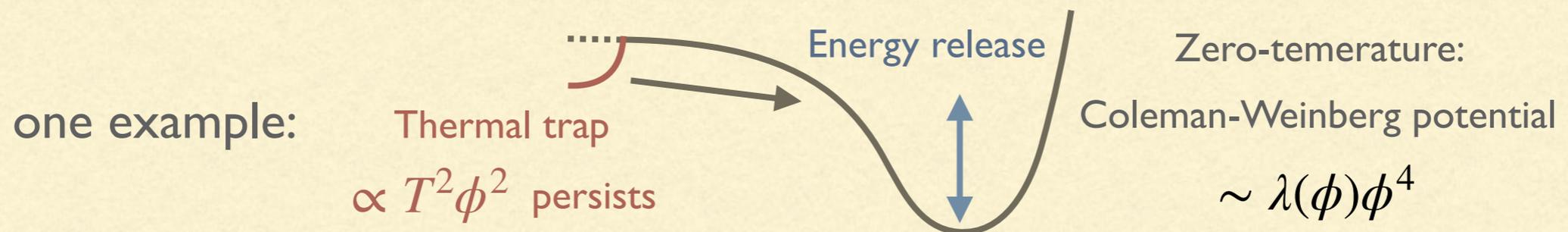
3. Ultra-supercooled transitions:

Effective description of fluid propagation & Implications to GW production

4. Summary

# ULTRA-SUPERCOOLED TRANSITIONS

- $\alpha \gg 1$  occurs in a certain class of models [ e.g. Randall & Servant '07, Konstandin & Servant '11 ]
  - Thermal trap persists even at low temperatures  $\rightarrow \alpha \gg 1$
  - These models also give small  $\beta/H_*$  (i.e. large bubbles)



- So, at least naively, large amplitude of GWs is expected

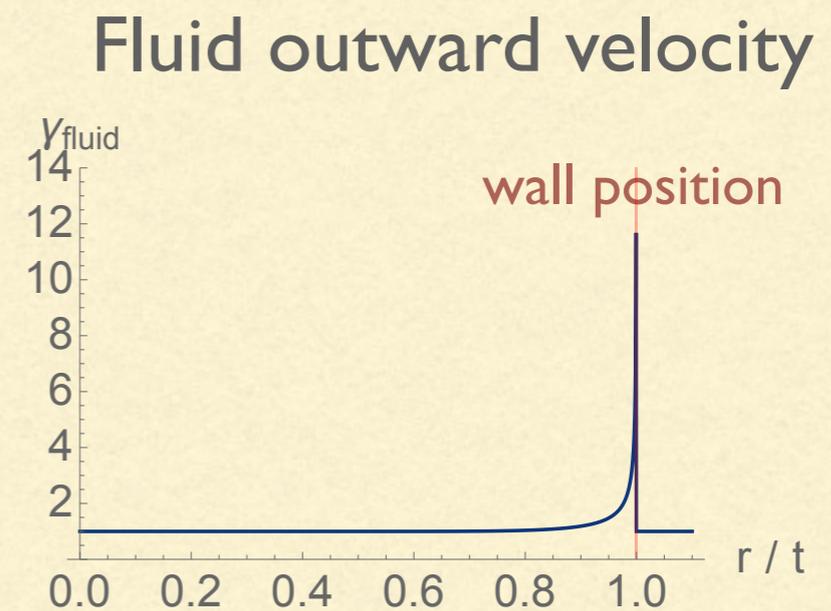
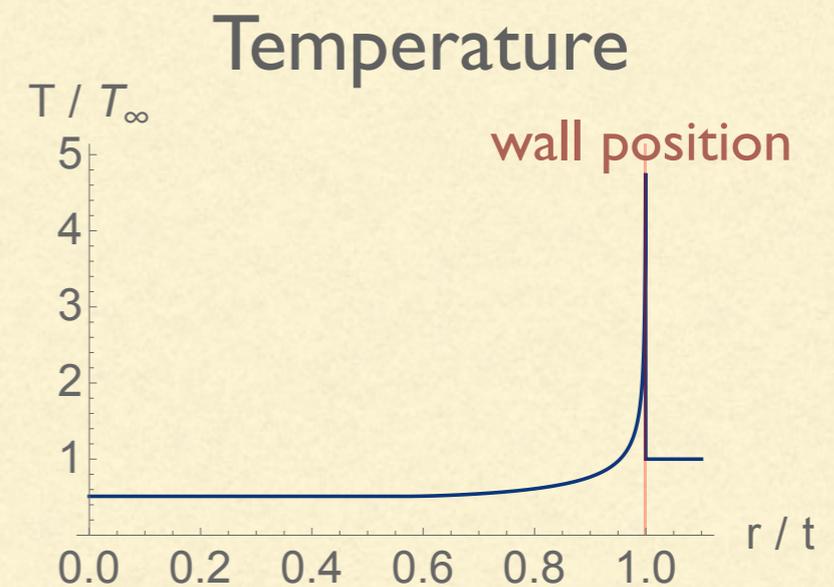
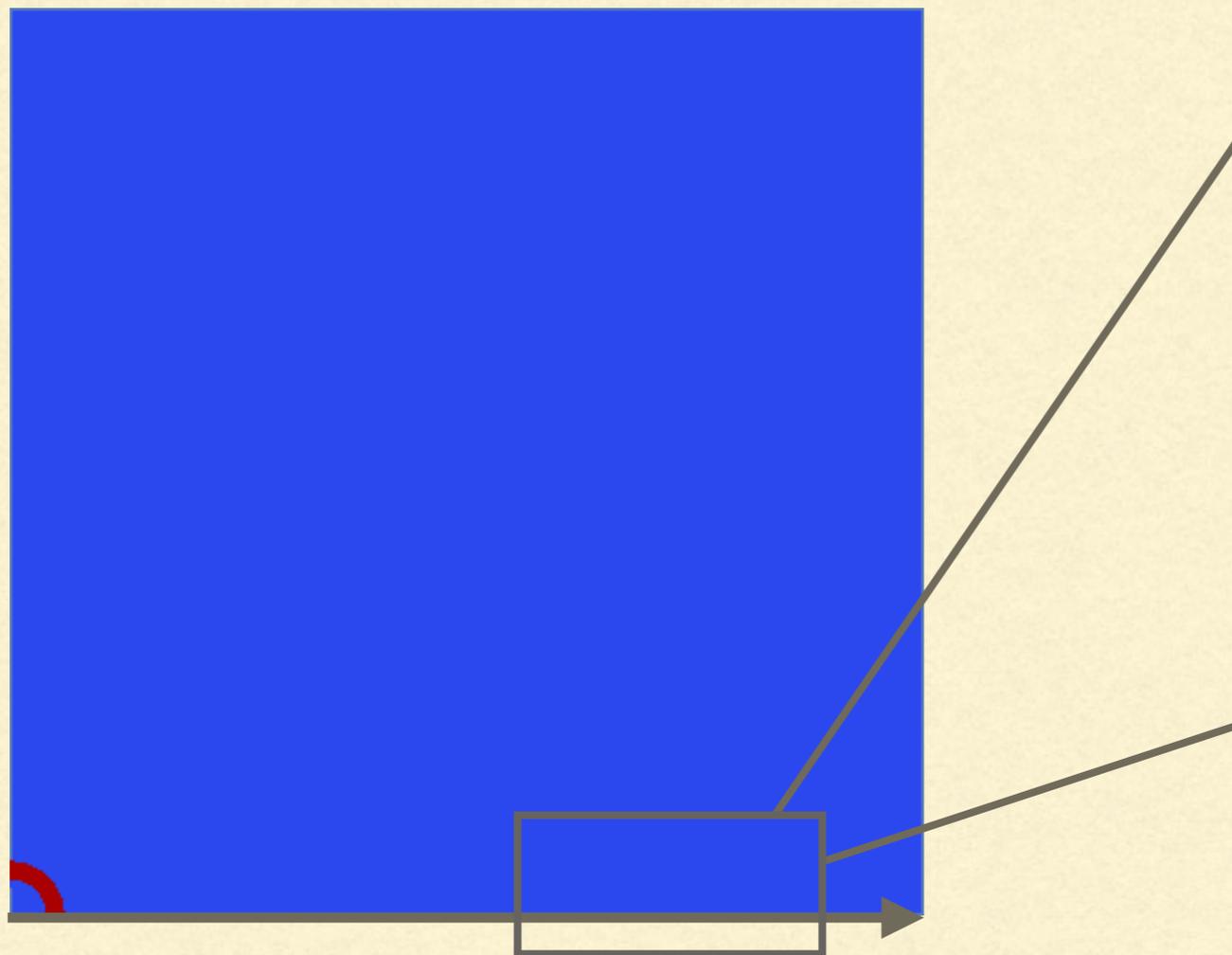
$$\Omega_{\text{GW}}^{(\text{sw})} \propto \left( \frac{\alpha}{1 + \alpha} \right)^2 \left( \frac{\beta}{H_*} \right)^{-1}$$

- However, the story is not so simple...

# BUBBLE EXPANSION IN ULTRA-SUPERCOOLED TRANSITIONS

- Large  $\alpha$  ( $\gg 1$ )

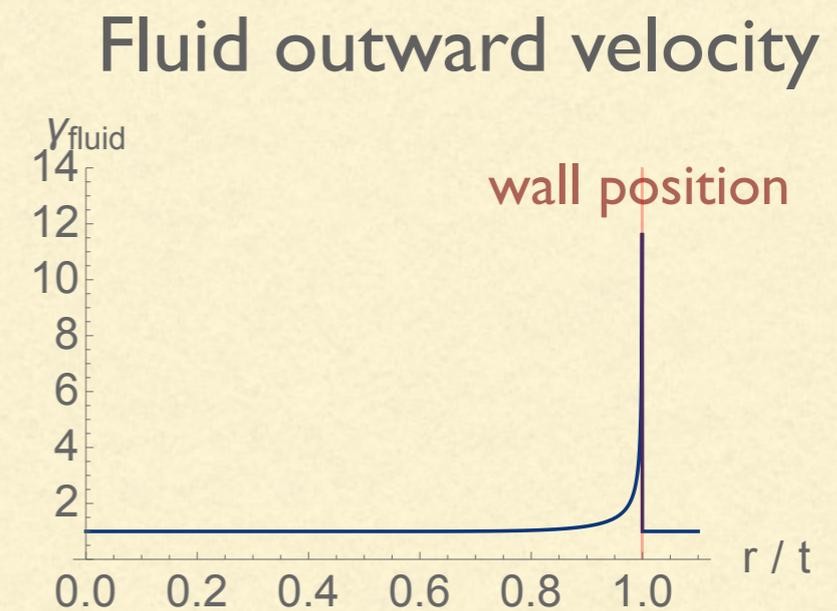
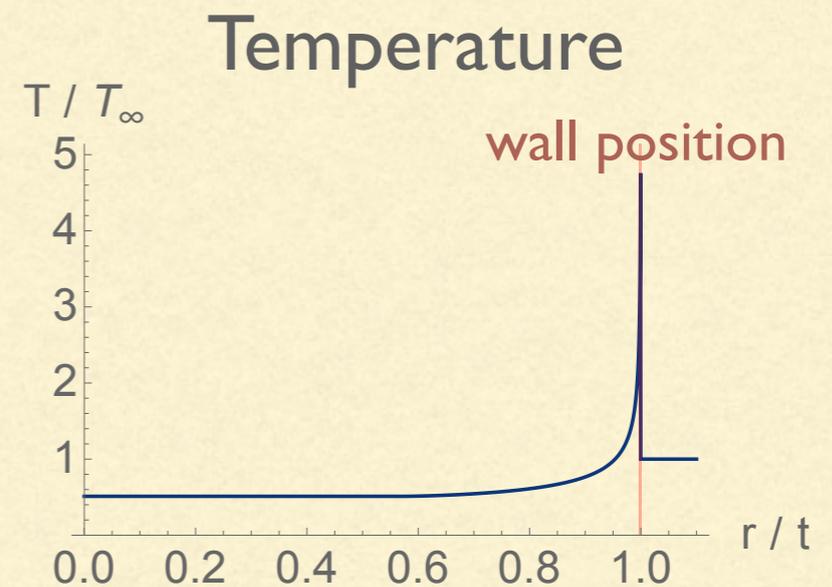
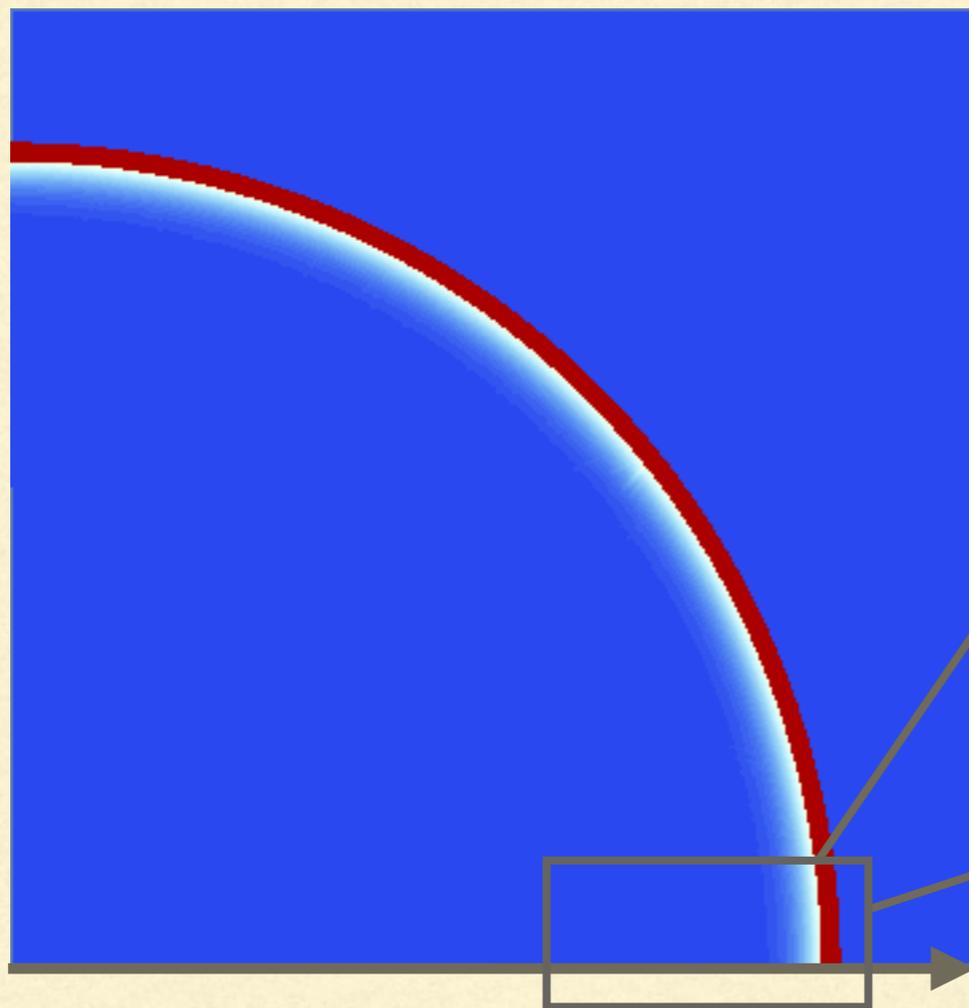
“strong detonation”



# BUBBLE EXPANSION IN ULTRA-SUPERCOOLED TRANSITIONS

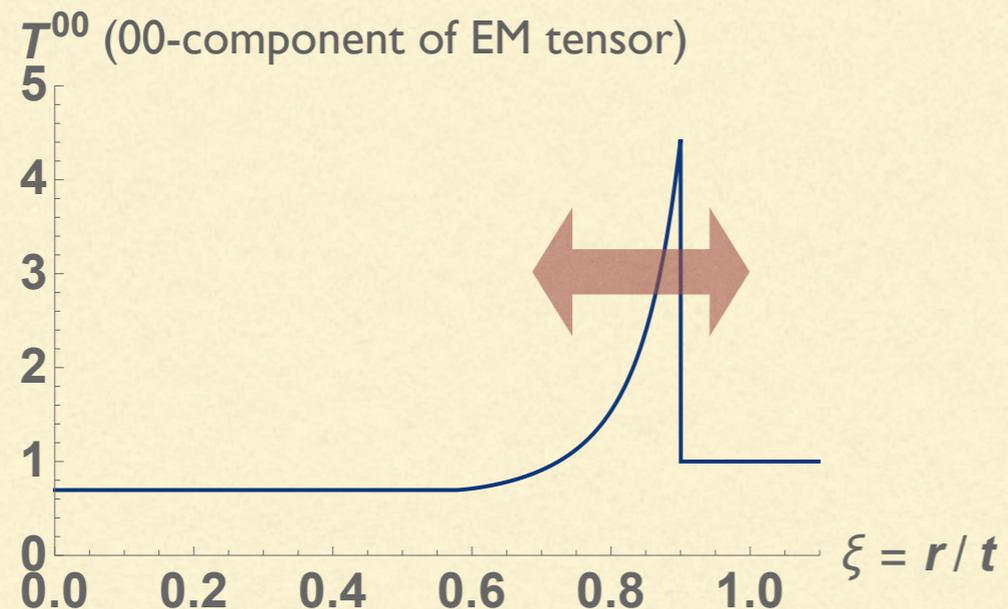
- Large  $\alpha$  ( $\gg 1$ )

“strong detonation”

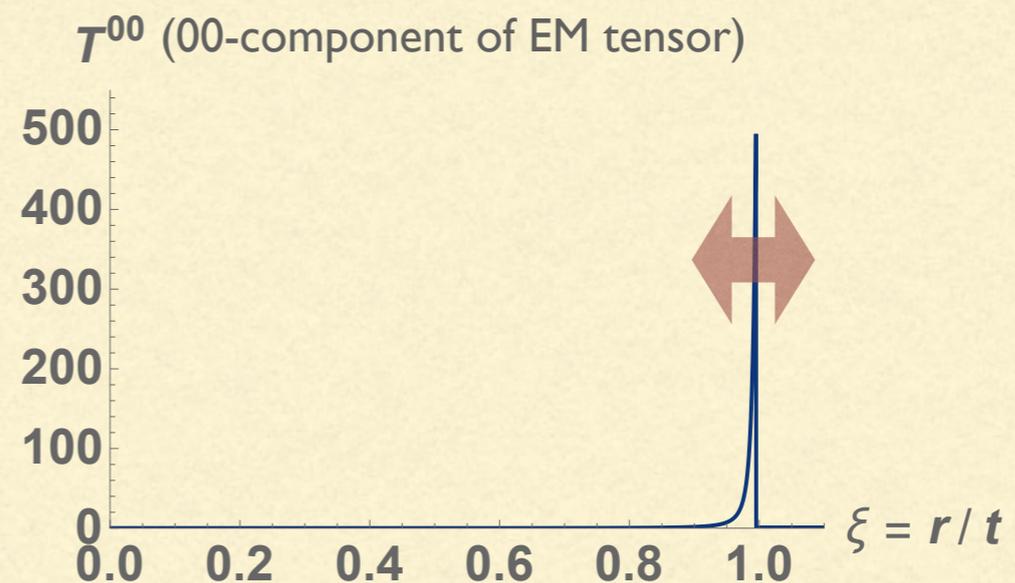


# ENERGY LOCALIZATION IN ULTRA-SUPERCOOLED TRANSITIONS

- Fluid energy sharply localizes around bubble wall as  $\alpha$  increases



$$\alpha = 0.4, \quad v_w = 0.9$$

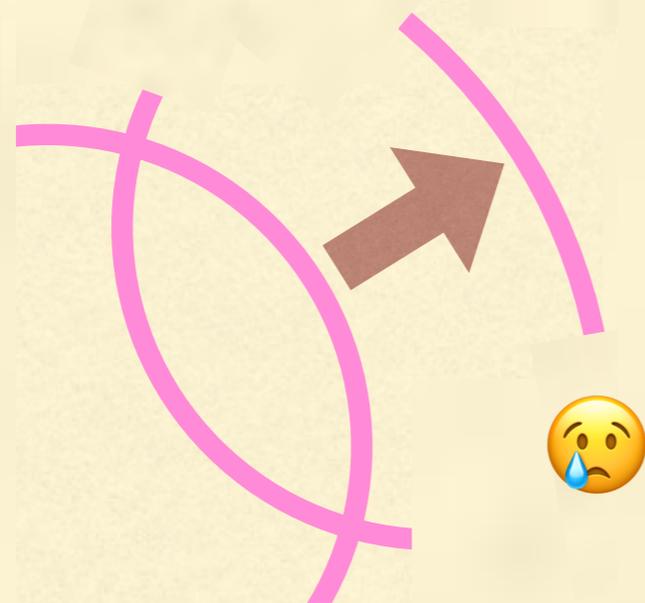


$$\alpha = 10, \quad v_w = 0.995$$

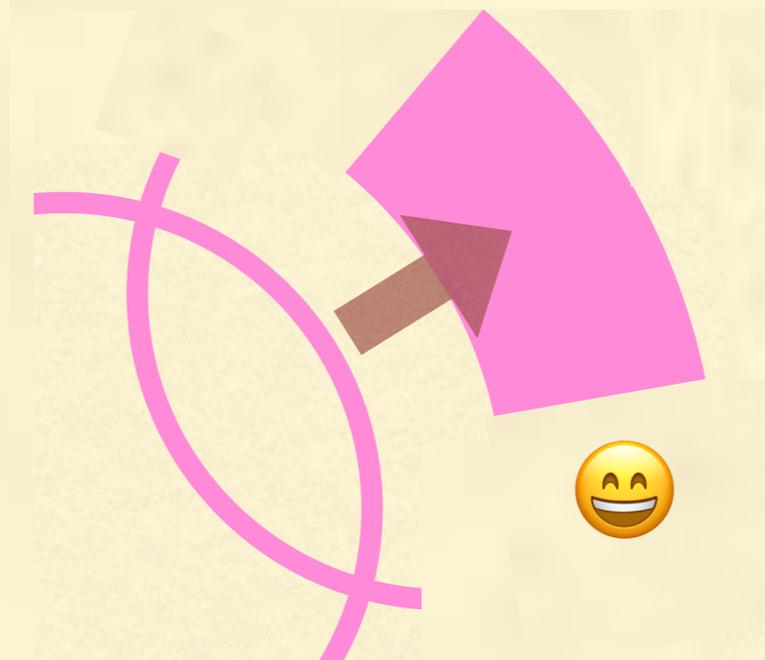
- In realistic ultra-supercooled transitions,  $\alpha$  is much larger, e.g.  $\alpha \sim 10^{10}$
- As a result, huge hierarchy appears between bubble size and energy localization
  - Hard to simulate fluid dynamics after bubble collisions numerically

# GW ENHANCEMENT CONDITION BY SOUND WAVES

- Necessary conditions to have GW enhancement by sound waves
  - Delayed onset of turbulence
  - Sound shell overlap
- In order to have shell overlap, the energy localization has to break up:

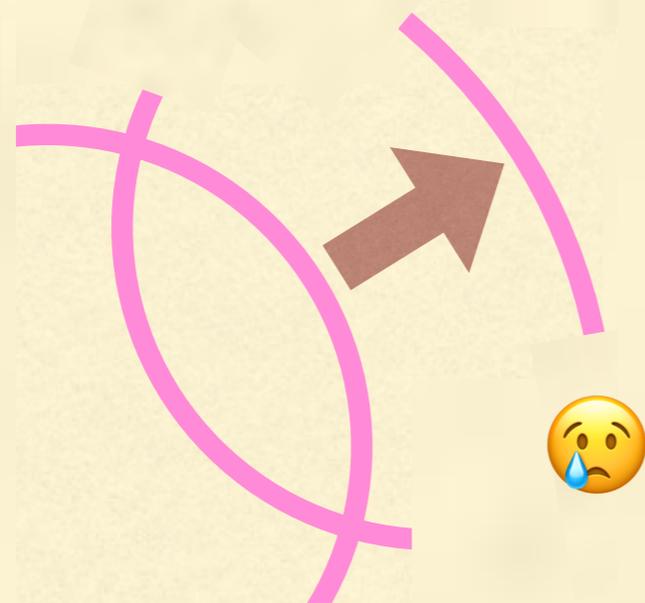


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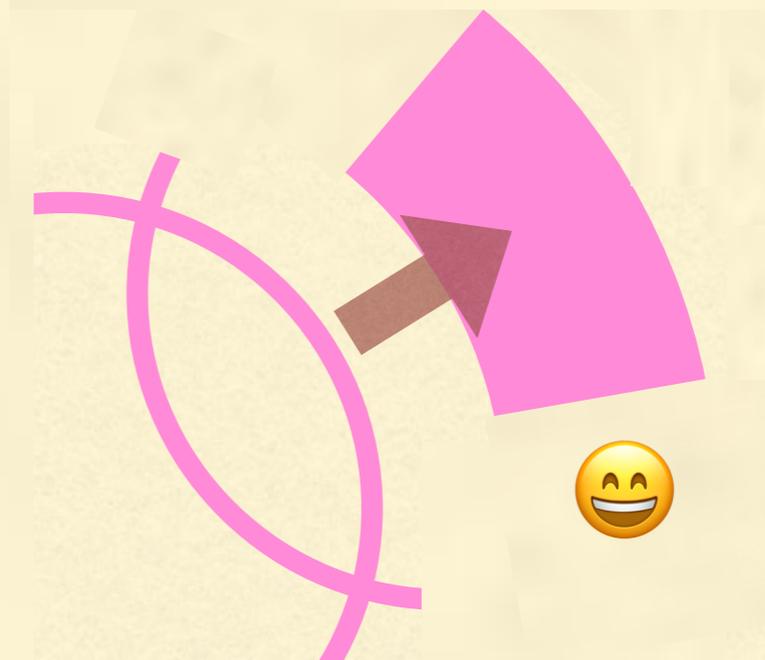


# GW ENHANCEMENT CONDITION BY SOUND WAVES

- Necessary conditions to have GW enhancement by sound waves
  - Delayed onset of turbulence
  - **Sound shell overlap**
- In order to have shell overlap, the energy localization has to break up:



or



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# SUMMARY OF MOTIVATION

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- Ultra-supercooled transitions ( $\alpha \gg 1$ ) occur in some class of models, and they are at least observationally interesting
- Does GW enhancement by sound waves occur in these transitions?  
More precisely: When does the energy localization break up and shell overlap start?
- Numerically difficult to study because of hierarchy in scales

What can we do?

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# TALK PLAN

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✓ 1. Introduction

✓ 2. Ultra-supercooled transitions

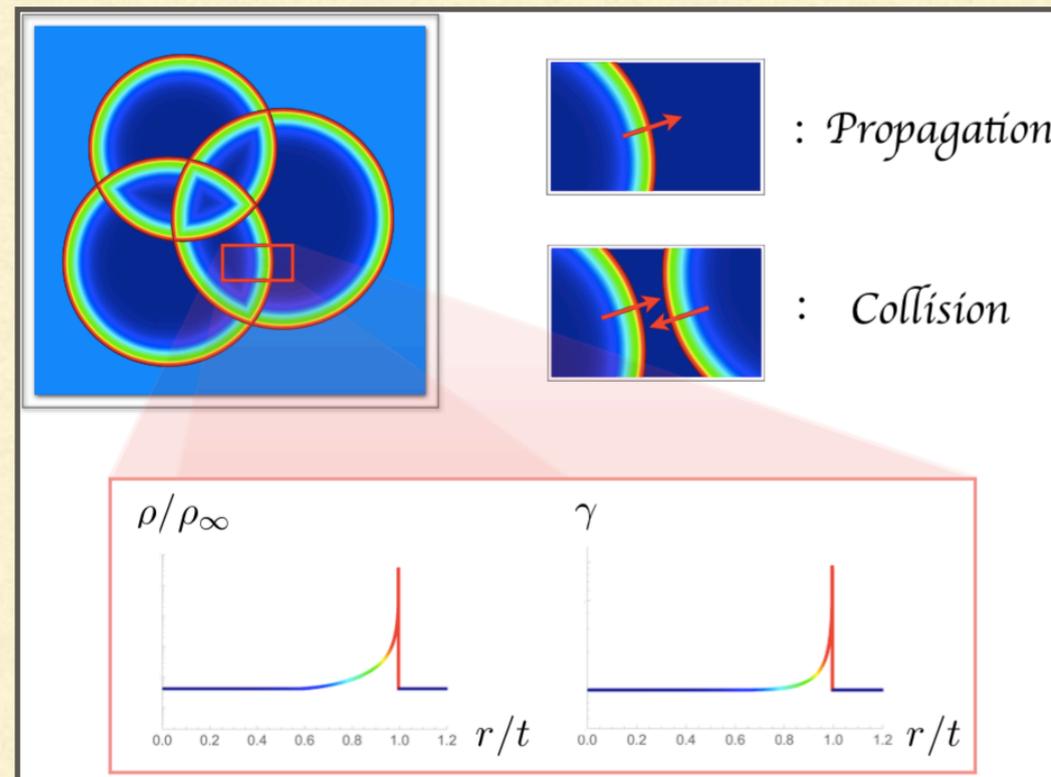
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# REDUCING THE PROBLEM

- Let's divide the problem into small pieces:



(1) propagation of relativistic fluid

(2) collision of relativistic fluid

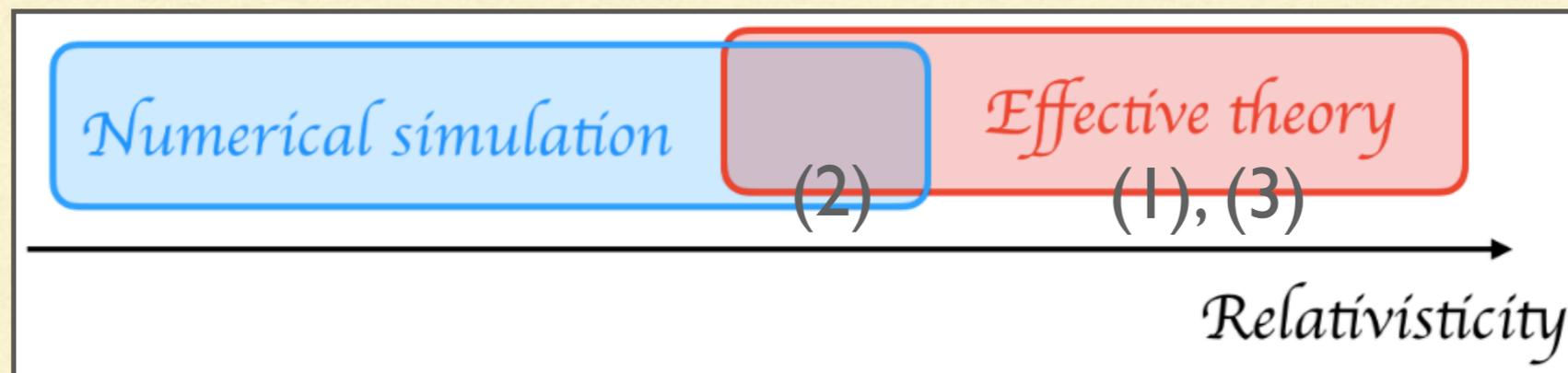
- Even propagation is nontrivial due to nonlinearity in fluid equation.

We study propagation effects.

# STRATEGY

- Our strategy:

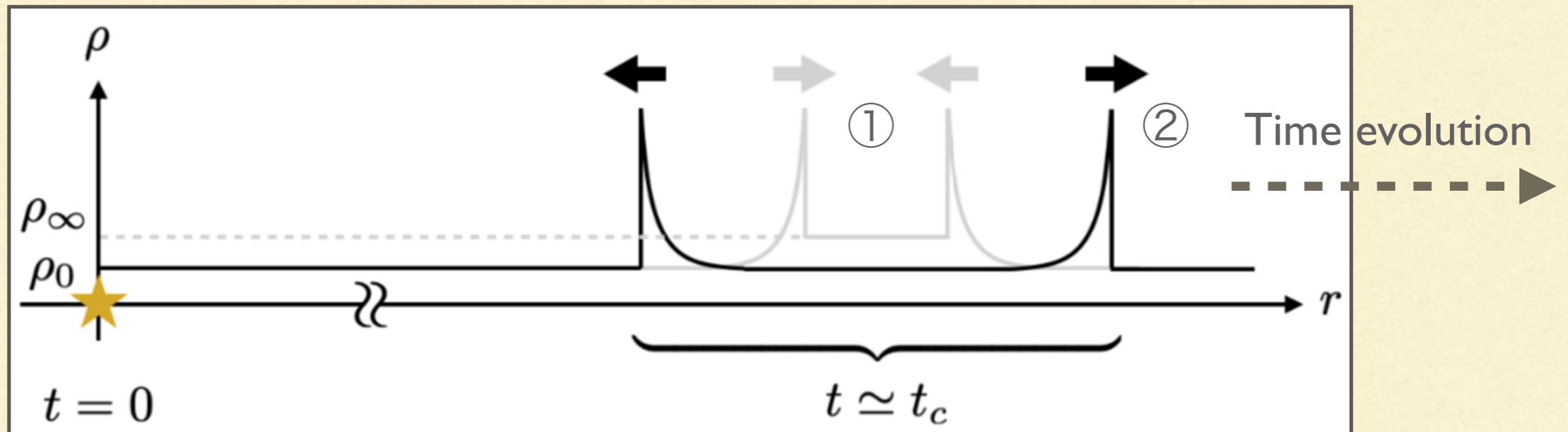
- (1) Develop an effective description of fluid propagation valid in highly relativistic regime
- (2) Check the theory against simulation in mildly-relativistic regime
- (3) Study implications of the effective description to GW production



(or simply the strength of transition  $\alpha$  )

# STRATEGY

- The setup we study

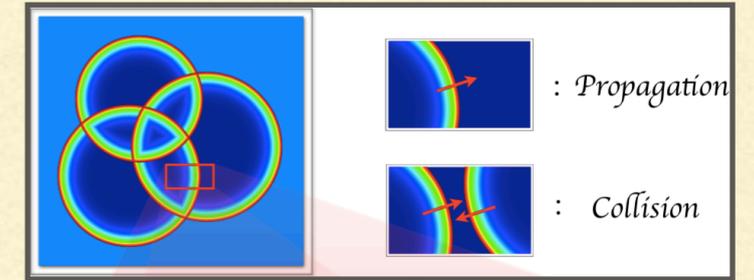


① Fluid profile just before collision: calculated from [Espinosa, Konstandin, No, Servant '10]

↓ Assumption: the first fluid collision does not change the profile significantly

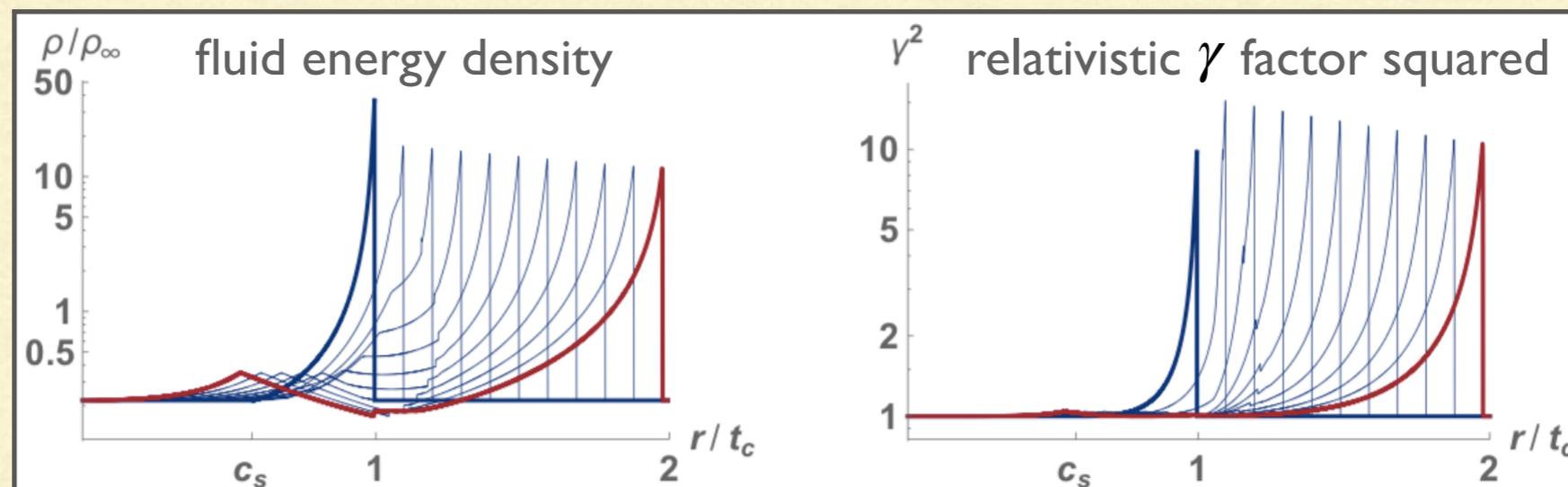
② Fluid profile just after collision: our interest is in the time evolution from here

# EFFECTIVE THEORY OF FLUID PROPAGATION

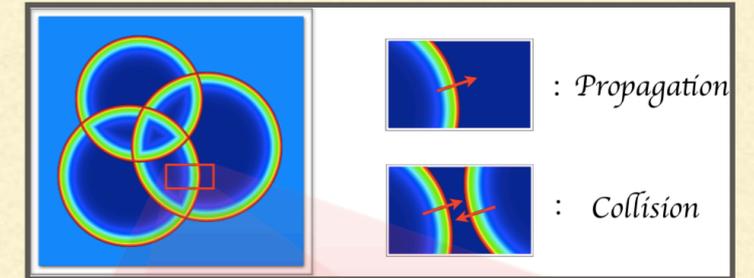


- Before constructing a theory, let's see the result of numerical simulation

(Perfect fluid  $T_{\mu\nu} = (\rho + p)u_\mu u_\nu - p\eta_{\mu\nu}$  & relativistic eos  $\rho = 3p$ )

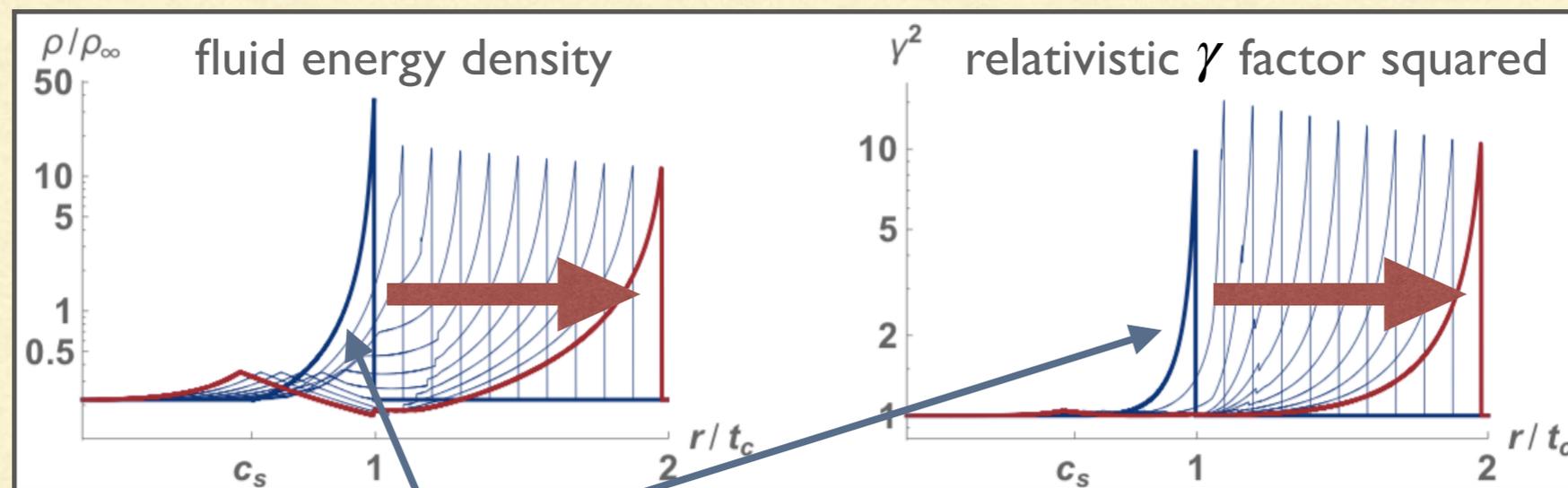


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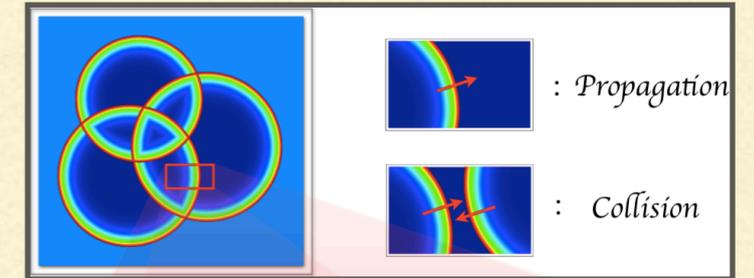
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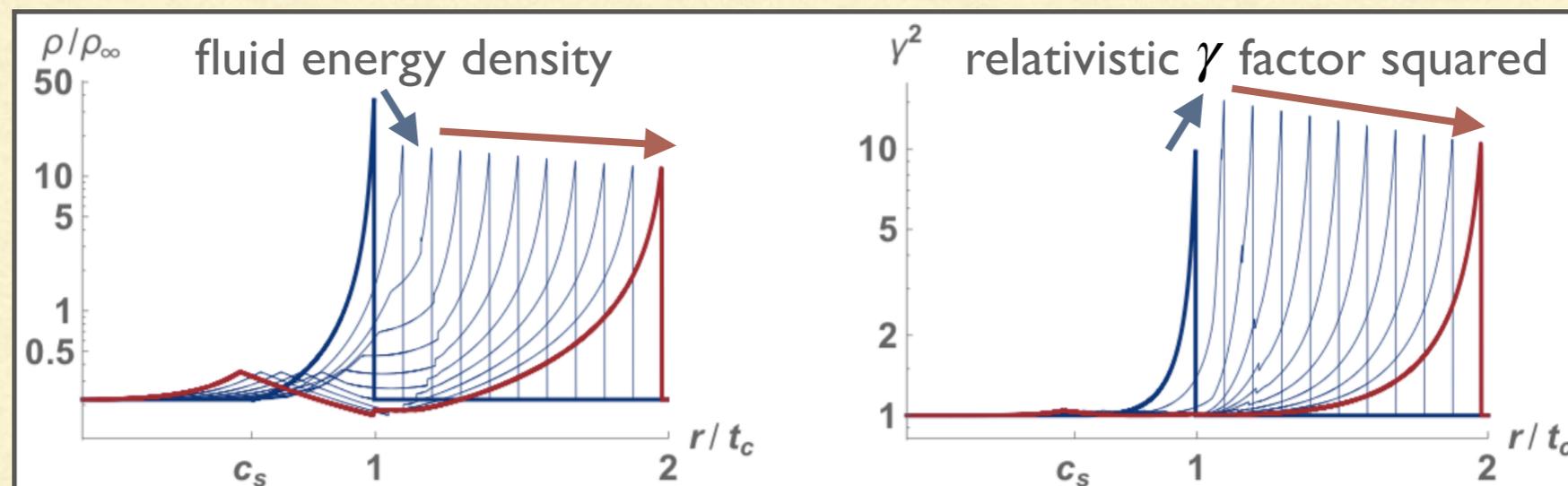
- Initial fluid profile (blue) propagates inside the other bubble (red)

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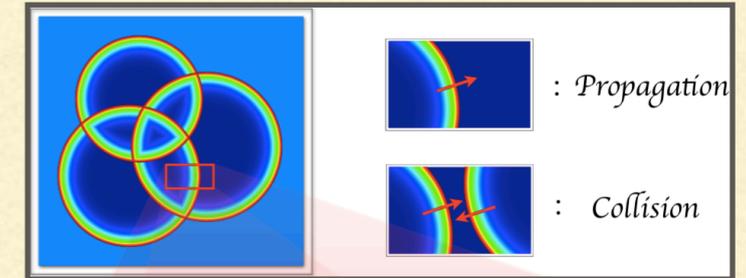
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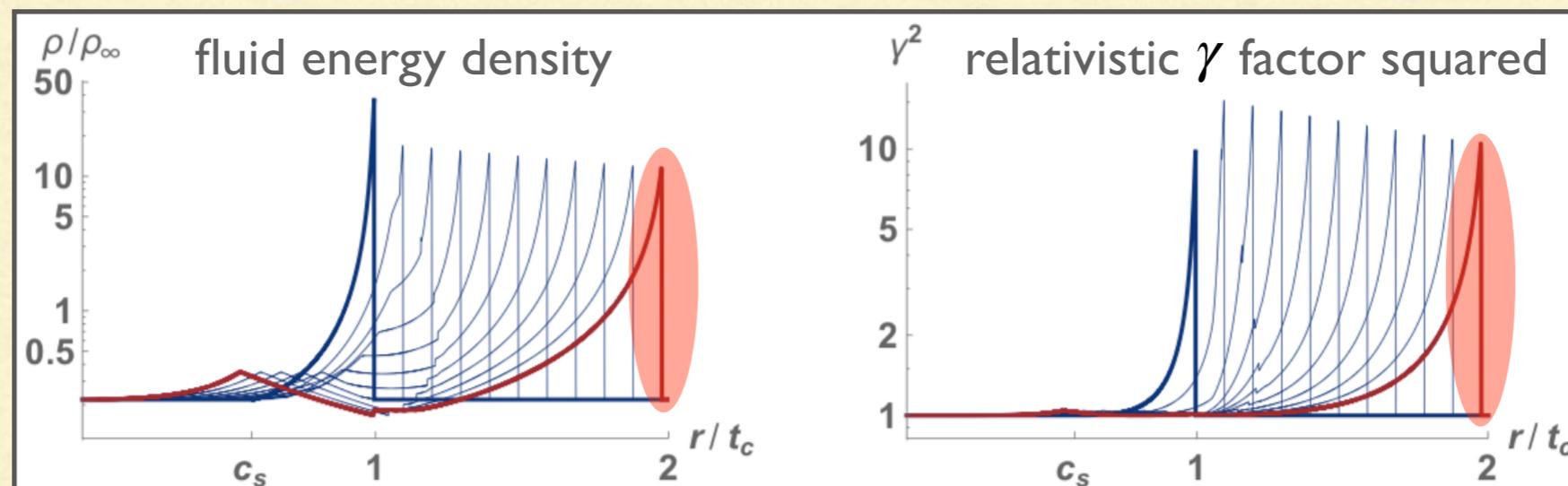
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- Peaks rearrange to new initial values, and gradually become less energetic

# EFFECTIVE THEORY OF FLUID PROPAGATION



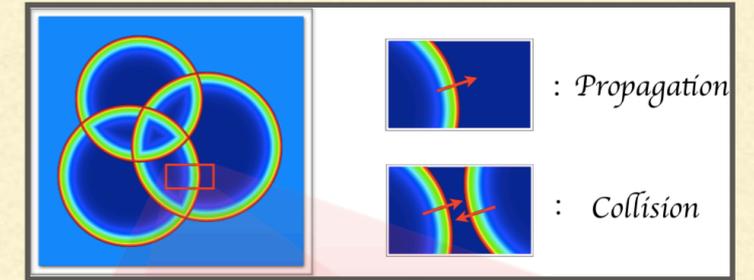
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- Initial fluid profile (blue) propagates inside the other bubble (red)
- Peaks rearrange to new initial values, and gradually become less energetic
- **Strong shocks** (i.e. discontinuities) persist during propagation

# EFFECTIVE THEORY OF FLUID PROPAGATION



- Can we construct an effective description?

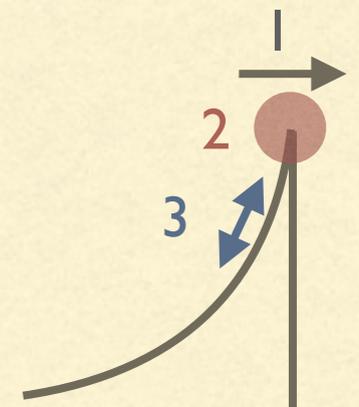
- From the viewpoint of GW production, we are interested only in PEAKS, not TAILS

- Can we describe the time evolution of peak-related quantities?

- 1) Shock velocity:  $v_s$

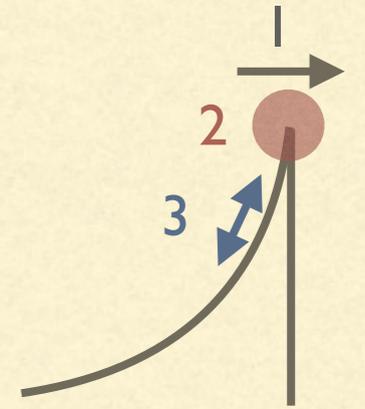
- 2) Peak values:  $\rho_{\text{peak}}, v_{\text{peak}}$  (equivalently  $\rho_{\text{peak}}, \gamma_{\text{peak}}^2$ )

- 3) Derivatives at the peak:  $\frac{d\rho_{\text{peak}}}{dr}, \frac{dv_{\text{peak}}}{dr}$  @ peak



- We would like to construct a closed system for these quantities

# HOW TO CONSTRUCT A CLOSED SYSTEM



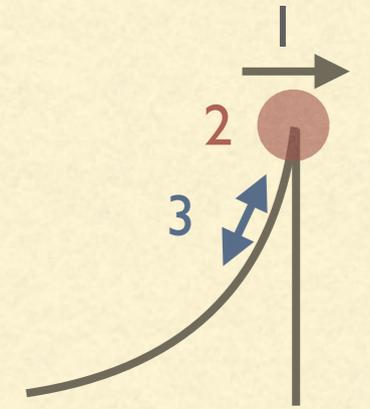
- Closed system for **5** quantities  $\gamma_s^2, \rho_{\text{peak}}, \gamma_{\text{peak}}^2, \frac{d\rho_{\text{peak}}}{dr}, \frac{d\gamma_{\text{peak}}^2}{dr}$

- Rankine-Hugoniot conditions across the shock : **2** constraints

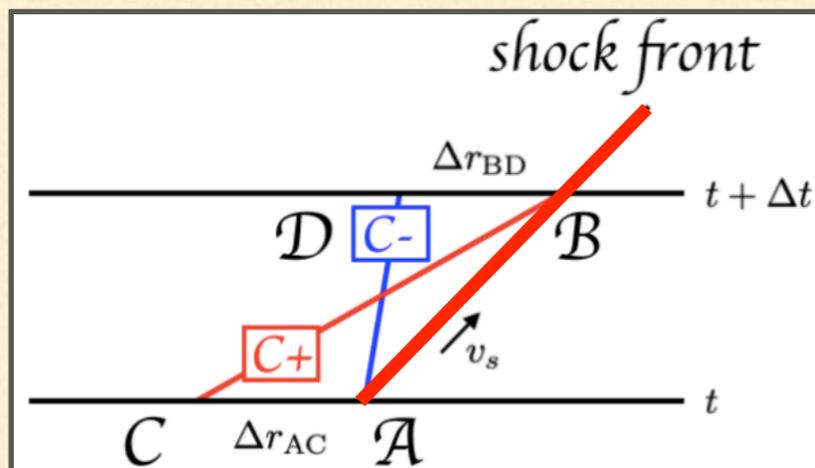
(corresponding to energy and momentum conservation across the shock)

$$p_{\text{peak}} = \frac{p_0 + \rho_0 v_{\text{peak}} v_s}{1 - v_{\text{peak}} v_s}, \quad v_s = \frac{(p_{\text{peak}} + \rho_{\text{peak}}) v_{\text{peak}}}{p_{\text{peak}} v_{\text{peak}}^2 + \rho_{\text{peak}} - \rho_0 (1 - v_{\text{peak}}^2)}$$

# HOW TO CONSTRUCT A CLOSED SYSTEM



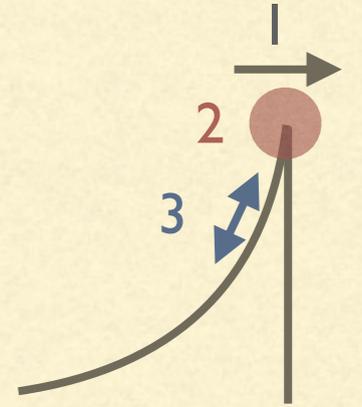
- Closed system for **5** quantities  $\gamma_s^2, \rho_{\text{peak}}, \gamma_{\text{peak}}^2, \frac{d\rho_{\text{peak}}}{dr}, \frac{d\gamma_{\text{peak}}^2}{dr}$ 
  - Rankine-Hugoniot conditions across the shock : **2** constraints  
(corresponding to energy and momentum conservation across the shock)
  - Time evolution equations : **2** evolution equations  
(corresponding to temporal & spacial part of  $\partial_\mu T_{\text{fluid}}^{\mu\nu} = 0$  behind the shock)



## Advanced note

Easily derived from the conservation of Riemann invariants along  $C_+$  &  $C_-$

# HOW TO CONSTRUCT A CLOSED SYSTEM



- Closed system for **5** quantities  $\gamma_s^2, \rho_{\text{peak}}, \gamma_{\text{peak}}^2, \frac{d\rho_{\text{peak}}}{dr}, \frac{d\gamma_{\text{peak}}^2}{dr}$

- Rankine-Hugoniot conditions across the shock : **2** constraints

(corresponding to energy and momentum conservation across the shock)

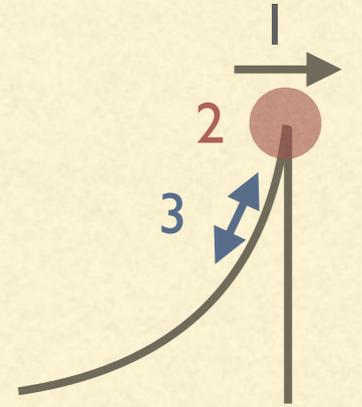
- Time evolution equations : **2** evolution equations

(corresponding to temporal & spacial part of  $\partial_\mu T_{\text{fluid}}^{\mu\nu} = 0$  behind the shock)

$$\frac{\sqrt{3}}{2} \partial_t \ln \rho_{\text{peak}} + \partial_t \ln \gamma_{\text{peak}}^2 = -\frac{2\sqrt{3}-3}{4} \frac{1}{\gamma_{\text{peak}}^2} \left[ \frac{\sqrt{3}}{2} \ln \rho' + \ln \gamma^{2'} \right] - \frac{(\sqrt{3}-1)(d-1)}{t}$$

$$-\frac{\sqrt{3}}{2} \partial_t \ln \rho_{\text{peak}} + \partial_t \ln \gamma_{\text{peak}}^2 = \frac{2\sqrt{3}+3}{4} \frac{1}{\gamma_{\text{peak}}^2} \left[ -\frac{\sqrt{3}}{2} \ln \rho' + \ln \gamma^{2'} \right] + \frac{(\sqrt{3}+1)(d-1)}{t}$$

# HOW TO CONSTRUCT A CLOSED SYSTEM



- The last equation?

- So far, less equations (4 eqs.) than the number of quantities (5 quantities)

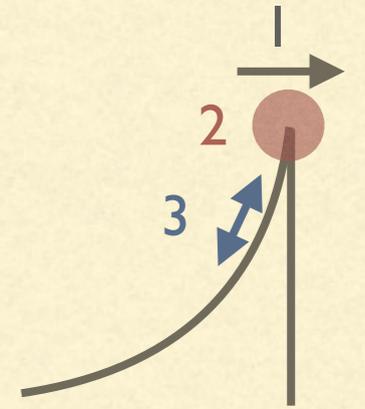
- This is natural:

- the original system has infinite # of dof (i.e. # of spacial grids),

- so the system cannot be described strictly by finite number of dof

- So, the last equality to close the system should be APPROXIMATE at best

# HOW TO CONSTRUCT A CLOSED SYSTEM



- The last equation: energy domination by the peak

- Any relation like "(peak  $T^{00}$ )  $\times$  (thickness of the peak) = const." will work

- In our parametrization, it will be like  $\rho_{\text{peak}} \gamma_{\text{peak}}^2 \times \frac{1}{d\rho_{\text{peak}}/dr \text{ or } d\gamma_{\text{peak}}^2/dr} = \text{const.}$

- As an example, approximating  $\rho_{\text{peak}}$  and  $\gamma_{\text{peak}}$  to be exponential in  $r$ , we have

$$\sigma \simeq \begin{cases} 1 \\ t \\ t^2 \end{cases} \times \int dr \frac{4}{3} \rho \gamma^2 = \begin{cases} 1 \\ t \\ t^2 \end{cases} \times \frac{4}{3} \frac{\rho_{\text{peak}} \gamma_{\text{peak}}^2}{\ln \rho' + \ln \gamma'^2} \quad \text{for} \quad \begin{cases} d = 1 \\ d = 2 \\ d = 3 \end{cases}$$

Note  $d = 1, 2, 3$  corresponds to planar, cylindrical, spherical

# THEORY PREDICTION

- The resulting system can be solved analytically ( $\delta = 10/13$ )

1) Shock velocity:

$$\frac{1}{\gamma_s^2(t)} = \frac{8}{87} \left( \frac{\rho_0}{\sigma} \right) \left[ t^3 - \left( \frac{t}{t_c} \right)^\delta t_c^3 \right] + \frac{1}{\gamma_s^2(t_c)} \left( \frac{t}{t_c} \right)^\delta,$$

2) Peak values:

$$\frac{\rho_0}{\rho_{\text{peak}}(t)} = \frac{1}{29} \left( \frac{\rho_0}{\sigma} \right) \left[ t^3 - \left( \frac{t}{t_c} \right)^\delta t_c^3 \right] + \frac{\rho_0}{\rho_{\text{peak}}(t_c)} \left( \frac{t}{t_c} \right)^\delta,$$
$$\frac{1}{\gamma_{\text{peak}}^2(t)} = \frac{16}{87} \left( \frac{\rho_0}{\sigma} \right) \left[ t^3 - \left( \frac{t}{t_c} \right)^\delta t_c^3 \right] + \frac{1}{\gamma_{\text{peak}}^2(t_c)} \left( \frac{t}{t_c} \right)^\delta,$$

3) Derivatives at the peak:

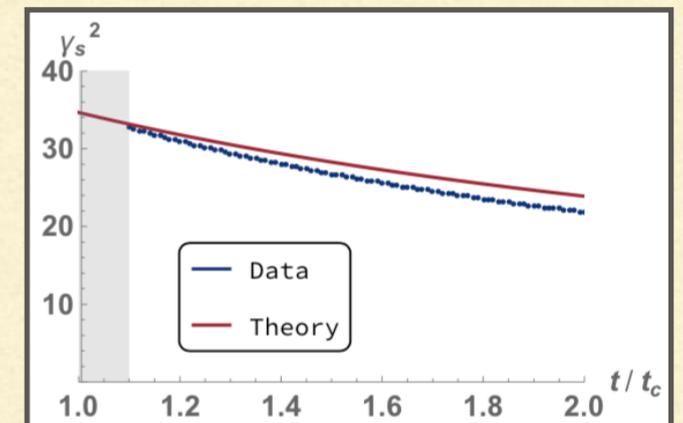
$$\ln \rho'(t) = \frac{448}{117} \left( \frac{\rho_0}{\sigma} \right) t^2 \gamma_{\text{peak}}^4(t) + \frac{24}{13} \frac{\gamma_{\text{peak}}^2(t)}{t},$$
$$\ln \gamma^{2'}(t) = \frac{128}{39} \left( \frac{\rho_0}{\sigma} \right) t^2 \gamma_{\text{peak}}^4(t) - \frac{24}{13} \frac{\gamma_{\text{peak}}^2(t)}{t},$$

# COMPARISON WITH NUMERICAL SIMULATION

- Analytic (red) vs. numerical (blue)

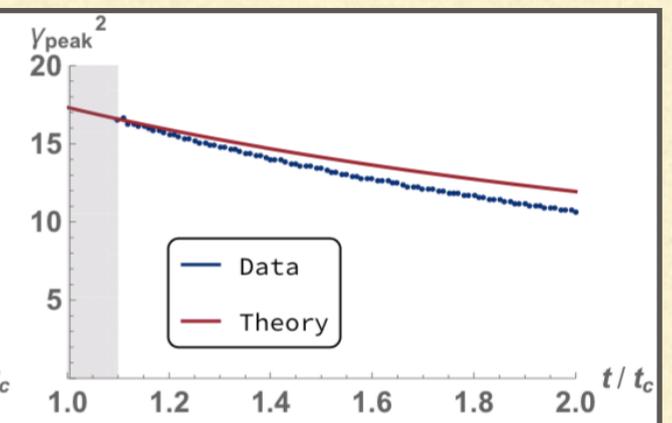
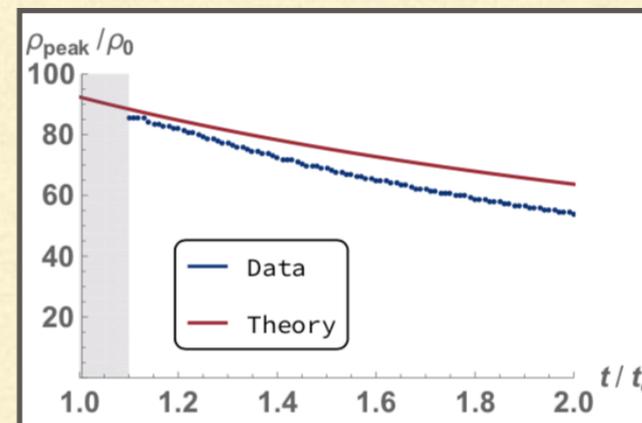
with initial condition  $\alpha = 10, \gamma_{\text{wall}} = 10$

$\gamma_s^2$

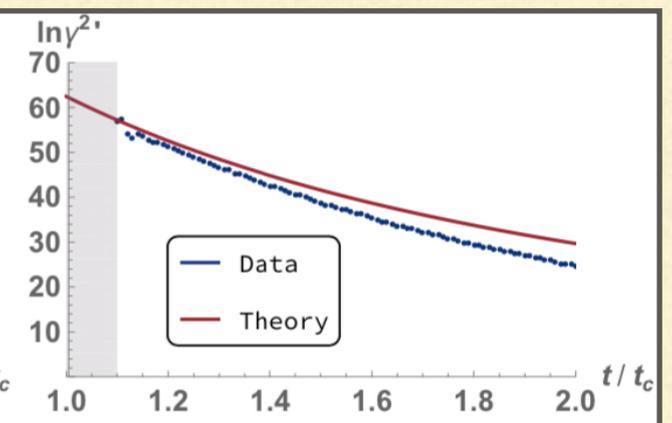
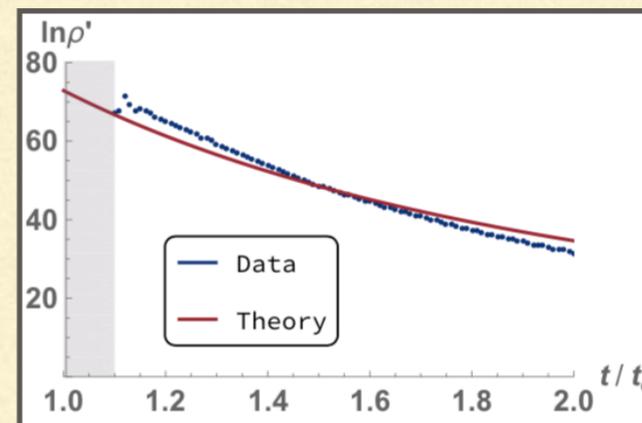


Qualitatively  
OK!

$\rho_{\text{peak}}, \gamma_{\text{peak}}^2$



$$\frac{d\rho_{\text{peak}}}{dr}, \frac{d\gamma_{\text{peak}}^2}{dr}$$



# IMPLICATIONS OF THE EFFECTIVE DESCRIPTION

- What can we learn?

- All quantities have time dependence like

$$\frac{\rho_0}{\rho_{\text{peak}}(t)} = \frac{1}{29} \left( \frac{\rho_0}{\sigma} \right) \left[ t^3 - \left( \frac{t}{t_c} \right)^\delta t_c^3 \right] + \frac{\rho_0}{\rho_{\text{peak}}(t_c)} \left( \frac{t}{t_c} \right)^\delta$$

$\delta = 10/13$

effect of increase in the surface area

effect of nonlinearity in fluid equation

- Surface area effect wins ( $3 > 10/13$ ).

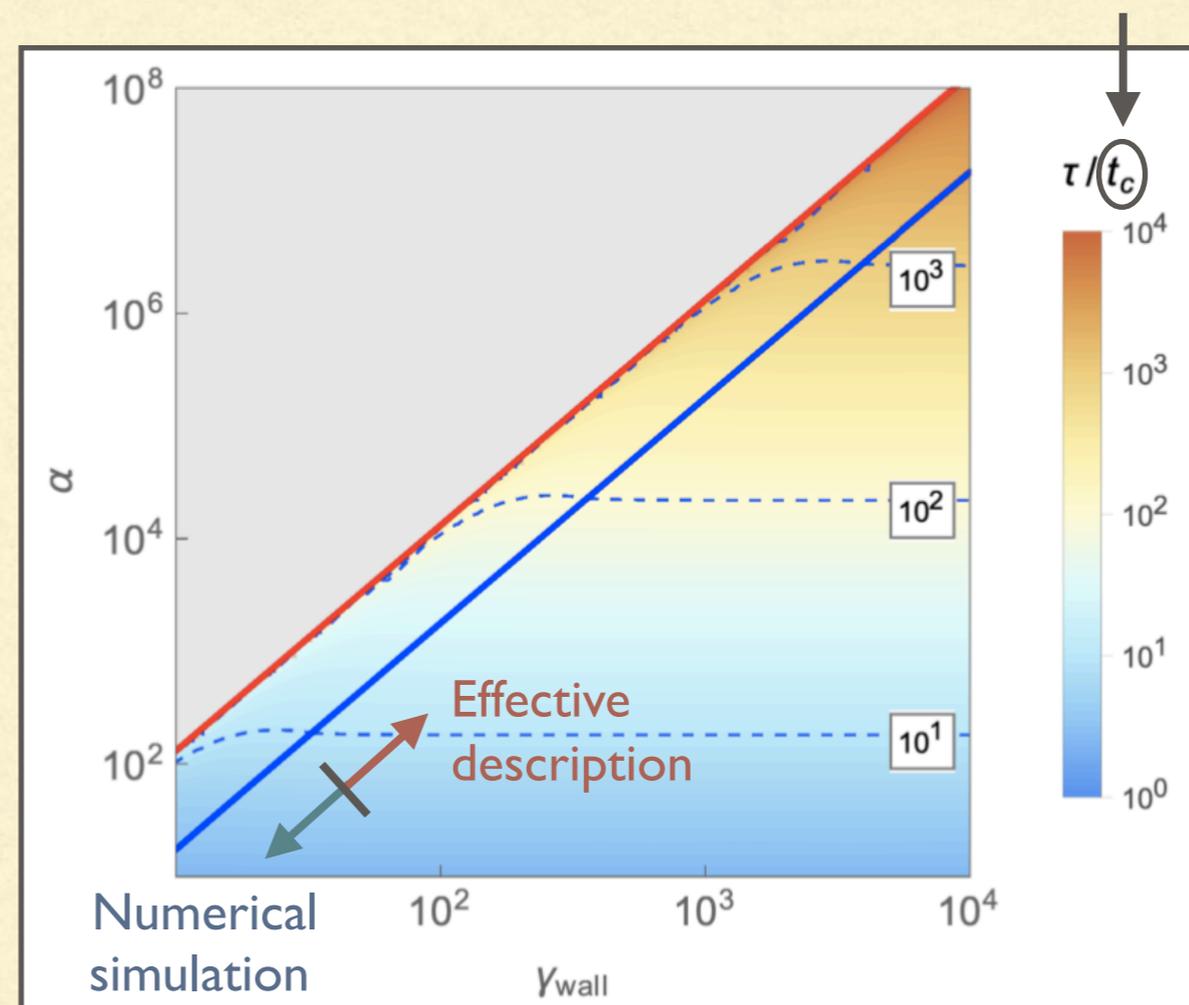
In other words, nonlinearity is not effective in breaking up the energy localization.

- Timescale for breaking up is controlled by  $\tau \equiv (\sigma/\rho_0)^{1/3}$

# IMPLICATIONS TO GW PRODUCTION

- Fluid profile remains to be relativistic and thin until late times, as long as we consider fluid propagation only
- In other words, we have to see fluid collisions in detail

Time  
from bubble nucleation  
to collision



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# TALK PLAN

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1. Introduction

2. Ultra-supercooled transitions

3. Ultra-supercooled transitions:

Effective description of fluid propagation & Implications to GW production

4. Summary

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# SUMMARY

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- GW production in ultra-supercooled transitions  $\alpha \gg 1$  is interesting, but they are hard to simulate numerically
- We reduced the problem into (1) propagation and (2) collision, and tackled (1):
  - We constructed an effective description of relativistic fluid propagation, and cross-checked with numerical results in mildly-relativistic regime
  - We discussed implications to GW production, using the effective description
- Questions to be addressed: Effect of fluid collision / Effect of turbulence

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Back up

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