From Pandemic to endemic: the interplay of immunity, viral evolution, and seasonality

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Waves and variants from the past 3 years



Deciphering spread and change of SARS-CoV-2



- Similar sequences imply they are closely related
- Allows to resolve dynamics on the scale of a month
- Most mutations hurt the virus, some increase transmissibility or lead to immune escape





Frequencies (colored by Clade)



 \mathbf{X} Ancestral \rightarrow Alpha \rightarrow Beta \rightarrow Delta \rightarrow Omicron



Early 2020: Little population immunity, selection for transmissibility



Outbreak in Europe rapidly dominated by more transmissible D614G variants

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Summer and Fall 2020

- Limited evolutionary change
- Dispersal of lineages in Europe after the borders reopened
- Gradual increase over the summer until pressure on hospitals was high in fall





Hodcroft et al, 2021

December 2020: Variants of Concern



- Sudden emergence of variants with a large number of mutations In Spike: Delta 69/70, N501Y, A570D, P681H, T716I, S982A, D1118H, E1202Q
- No observed intermediates
- Almost simultaneous occurrence of
 - Alpha
 - Beta
 - o Gamma
- They share several mutations, suggesting they are adaptive



- Doubling every 1-2 weeks
- Mostly regional, not global
- Moderately more severe
- Beta was immune evasive

2021: Delta – global dominance



- A number of mutations that increase transmissibility
- Moderately reduce immune recognition (less than Beta)

Seroprevalence: by end of 2021 most people had immunity



- In some places, most immunity stemmed from infection, in other from vaccination
- Since Nov 2021, most have experienced one or several Omicron infections

November 2021: Omicron



- Heavily mutated sister variant of previous VOCs
- Several distinct variants
- High rate of reinfections
- Very rapid spread



Emergence of VOCs: probably chronic infections

- Chronic infections are common in immunocompromised
 - Immune suppression
 - Advanced HIV
- Often hardly symptomatic
- Rapid evolution is common some times very diverse variants
- Likely the source of Alpha and Omicron, maybe more
- Since Omicron, evolution is more stepwise and gradual



Chaguza et al, 2023

2022 and ongoing: Variant soup



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From waves to more continuous circulation



Hospitalization numbers in England (via Our World in Data)

Rapid immune escape/waning leads to short intrinsic period

$$T \approx \frac{2\pi}{\sqrt{\nu\gamma(R_0 - 1)}}$$

- v is infectious period
- γ immune escape/waning
- v=1/5days
- γ=1/year
- \rightarrow T=0.3 years

- Period much shorter than $1 \text{ year} \rightarrow \text{model "equilibrates" faster than seasonal forcing}$
- Only moderate modulation by seasonal forcing.
- If rate of waning/escape goes down, we expect more pronounced seasonal forcing

Influenza subtype dynamics in 2009



Pandemic to endemic: example influenza



Influenza surface proteins change rapidly – similar to SARS-CoV-2



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