

# NORDITA Winter School 2024

## in Particle Physics and Cosmology

### Neutrino physics II: Neutrino Mass

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Stockholm, 15-17 Jan 2024

# Neutrinos oscillate...



... and have mass  $\Rightarrow$  physics beyond the Standard Model

- ▶ Part I: Neutrino Oscillations
- ▶ Part II: Neutrino mass - Dirac versus Majorana
- ▶ Part III: Neutrinos and physics beyond the Standard Model

# Neutrinos oscillate...



... and have mass  $\Rightarrow$  physics beyond the Standard Model

- ▶ Part I: Neutrino Oscillations
- ▶ **Part II: Neutrino mass - Dirac versus Majorana**
- ▶ Part III: Neutrinos and physics beyond the Standard Model

# Outline

## Absolute neutrino mass

Neutrino mass from cosmology

Beta decay – the KATRIN experiment

Neutrinoless double-beta decay

## Fermion masses

Dirac mass

Majorana mass

Dirac versus Majorana neutrinos in the SM

## The Standard Model and neutrino mass

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## The Standard Model and neutrino mass

# 3-flavour neutrino parameters

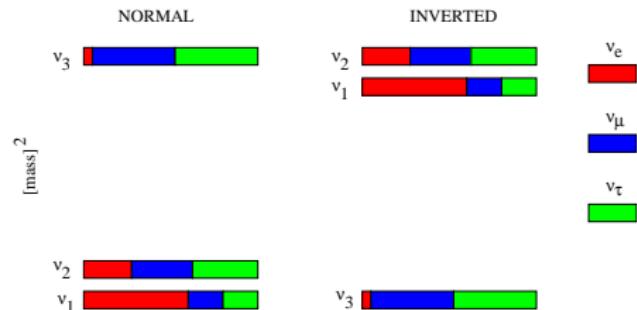
- ▶ 3 masses:  $\Delta m_{21}^2$ ,  $\Delta m_{31}^2$ ,  $m_0$
- ▶ 3 mixing angles:  $\theta_{12}$ ,  $\theta_{13}$ ,  $\theta_{23}$
- ▶ 3 phases: 1 Dirac ( $\delta$ ), 2 Majorana ( $\alpha_1, \alpha_2$ )

neutrino oscillations

absolute mass observables

lepton-number violation

(neutrinoless double-beta decay)



# Absolute neutrino mass

Three ways to measure absolute neutrino mass:

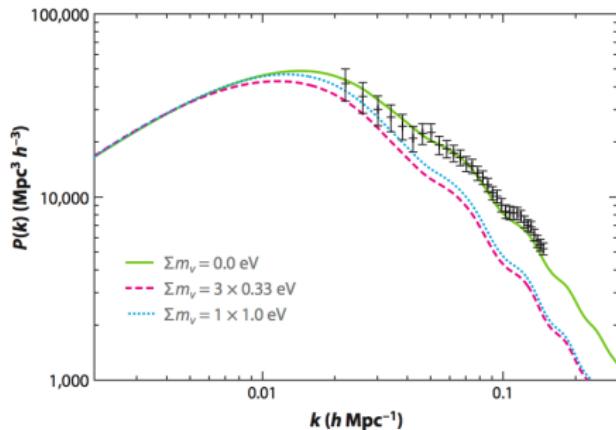
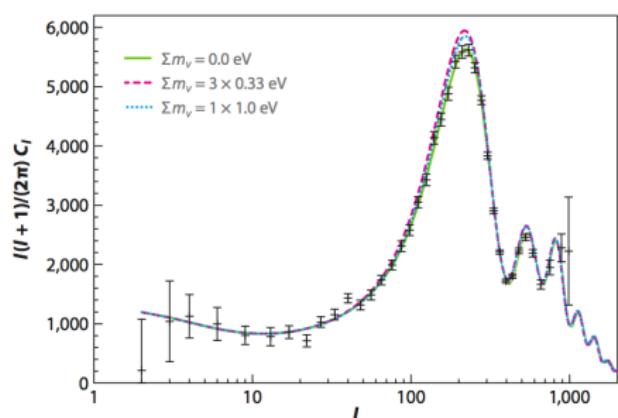
- ▶ Cosmology  
(with caveats: cosmological model/data selection)
- ▶ Endpoint of beta spectrum:  ${}^3\text{H} \rightarrow {}^3\text{He} + e^- + \bar{\nu}_e$   
(experimentally challenging → KATRIN)
- ▶ Neutrinoless double beta-decay:  $(A, Z) \rightarrow (A, Z + 2) + 2e^-$   
(with caveats: lepton number violation)

# Absolute neutrino mass

Three ways to measure absolute neutrino mass:  
sensitive to different quantities

- ▶ Cosmology  
(with caveats: cosmological model/data selection)  
 $\sum_i m_i$
- ▶ Endpoint of beta spectrum:  ${}^3\text{H} \rightarrow {}^3\text{He} + e^- + \bar{\nu}_e$   
(experimentally challenging → KATRIN)  
 $m_\beta^2 = \sum_i |U_{ei}^2| m_i^2$
- ▶ Neutrinoless double beta-decay:  $(A, Z) \rightarrow (A, Z + 2) + 2e^-$   
(with caveats: lepton number violation)  
 $m_{ee} = |\sum_i U_{ei}^2 m_i|$

# Effect of neutrino mass on CMB and LSS



data points: WMAP 3yr and 2dF '05

Y.Y.Y. Wong, 1111.1436

- ▶ CMB: mainly height of 1st peak
- ▶ LSS: suppression of structure at scales smaller than 1–10 Mpc
- ▶ effects correlated with other parameters of the  $\Lambda$ CDM model

see Lesgourges, Pastor, astro-ph/06034494 for a review

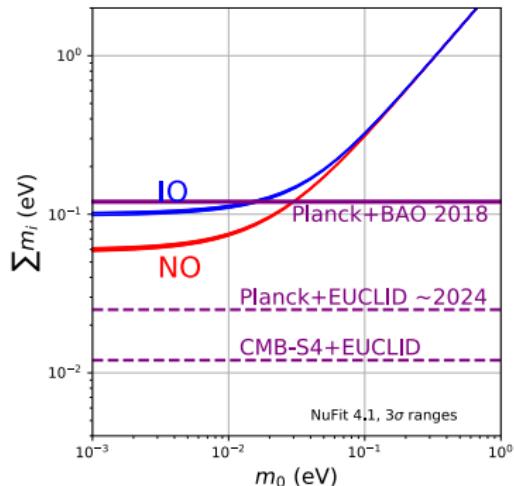
# Neutrino mass from cosmology

$$\sum_i m_i \approx \begin{cases} m_0 + \sqrt{m_0 + \Delta m_{21}^2} + \sqrt{m_0 + \Delta m_{31}^2} & (\text{NO}) \\ m_0 + 2\sqrt{m_0 + |\Delta m_{31}^2|} & (\text{IO}) \end{cases}$$

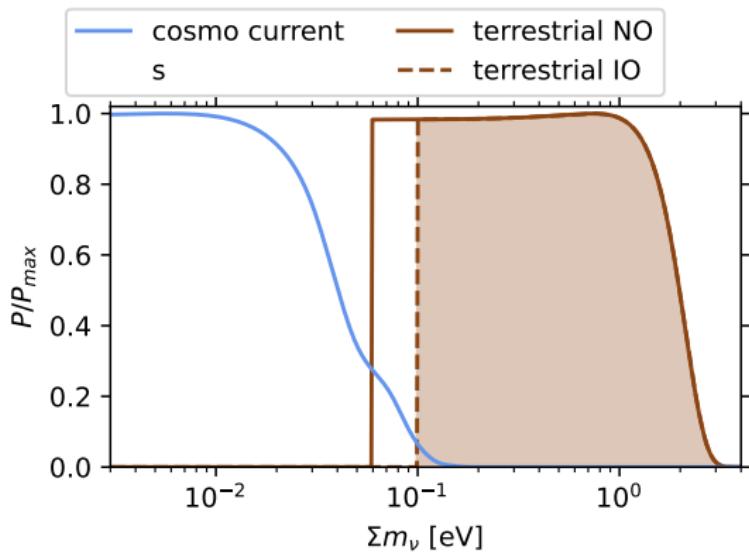
- minimal value predicted for  $m_0 = 0$ :

$$\sum_i m_i \Big|_{\min} \approx \begin{cases} 98.6 \pm 0.85 \text{ meV} & (\text{IO}) \\ 58.5 \pm 0.48 \text{ meV} & (\text{NO}) \end{cases}$$

- detection of non-zero neutrino mass expected soon!
- current limit close to IO minimum excluding IO with cosmology: ongoing discussion [Gariazzo et al., 2205.02195]

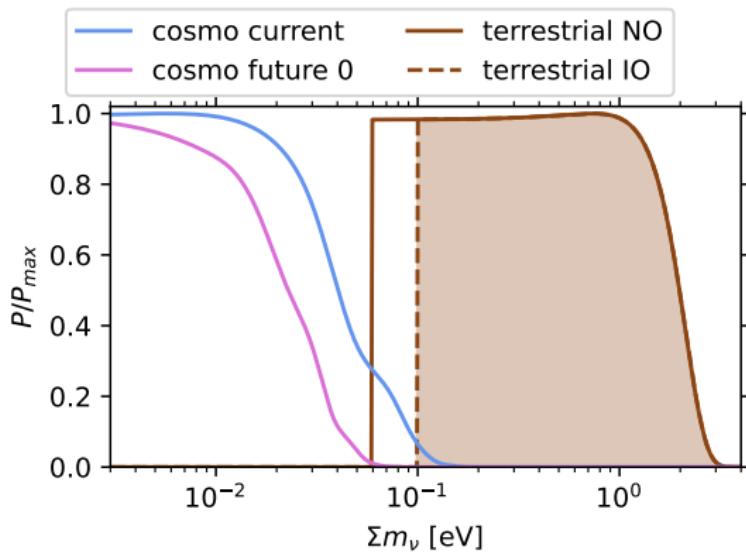


# Neutrino mass from cosmology vs terrestrial



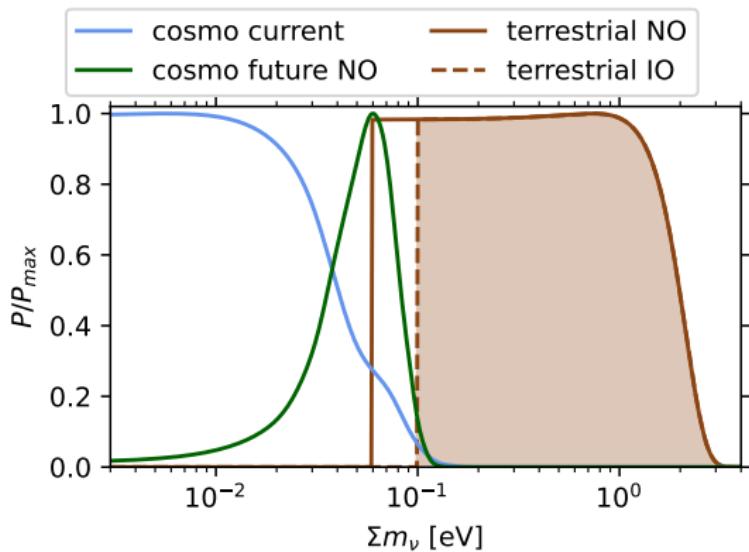
Gariazzo, Mena, TS, 2302.14159

# Neutrino mass from cosmology vs terrestrial



Gariazzo, Mena, TS, 2302.14159

# Neutrino mass from cosmology vs terrestrial



Gariazzo, Mena, TS, 2302.14159

# Beta decay



$$\frac{d\Gamma}{dE_e} = \frac{G_F^2 m_e^5}{2\pi^2} \cos \theta_c |\mathcal{M}|^2 F(Z, E_e) \underbrace{E_e p_e E_\nu p_\nu}_{\text{phase space}}$$

Tritium decay:  ${}^3\text{H} \rightarrow {}^3\text{He} + e^- + \bar{\nu}_e$

$$M_{^3\text{H}} = 2.808\,920\,8205 \times 10^6 \text{ keV}$$

$$M_{^3\text{He}} = 2.808\,391\,2193 \times 10^6 \text{ keV}$$

$$m_e = 510.9989 \text{ keV}$$

$$Q \equiv M_{^3\text{H}} - M_{^3\text{He}} - m_e = 18.6023 \text{ keV} \ll M_{^3\text{H}}, M_{^3\text{He}}$$

$$\kappa \equiv M_{^3\text{He}}/M_{^3\text{H}} = 1 - 1.89 \times 10^{-4}$$

# Beta decay



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# Tritium beta decay

use E-momentum conservation, calculate electron kin. energy:

$$T \equiv E_e - m_e = \frac{1}{2M_{^3\text{H}}} \left[ (M_{^3\text{H}} - m_e)^2 - M_{^3\text{He}}^2 - 2M_{^3\text{He}}E_\nu \right]$$

$T$  has a maximum when  $E_\nu$  has a minimum:

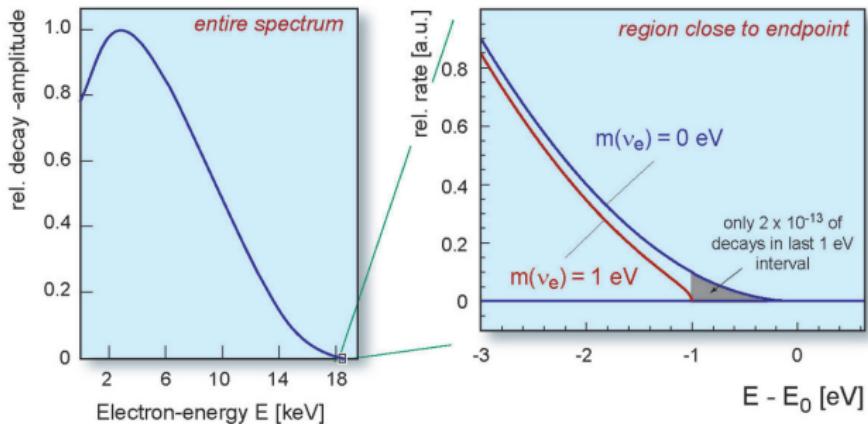
$$\begin{aligned} m_\nu = 0 : \quad T_{max,0} &= \frac{1}{2M_{^3\text{H}}} \left[ (M_{^3\text{H}} - m_e)^2 - M_{^3\text{He}}^2 \right] \\ &= Q - \frac{(M_{^3\text{H}} - M_{^3\text{He}})^2}{2M_{^3\text{H}}} \approx Q - 3.4 \text{ eV} \\ m_\nu > 0 : \quad T_{max} &= T_{max,0} - \kappa m_\nu \end{aligned}$$

⇒ finite neutrino mass leads to a shift in electron spectrum endpoint

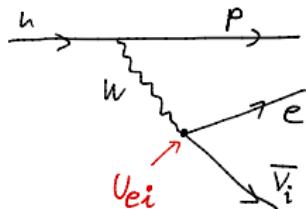
# Tritium decay spectrum close to the endpoint

phase space factor:  $E_\nu p_\nu = E_\nu \sqrt{E_\nu^2 - m_\nu^2}$ , use  $E_\nu \approx \frac{M_{3\text{H}}}{M_{3\text{He}}} (T_{max,0} - T)$ :

$$\frac{d\Gamma}{dT} \propto (T_{max,0} - T) \sqrt{(T_{max,0} - T)^2 - \kappa^2 m_\nu^2}$$



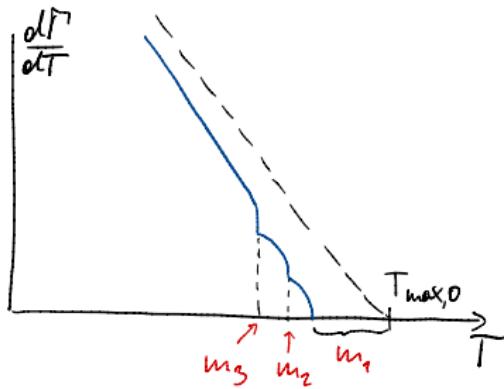
# Take into account neutrino mixing



incoherent sum of individual mass states:

$$\frac{d\Gamma}{dT} = \sum_i |U_{ei}|^2 \frac{d\Gamma_i}{dT}$$

$$\propto (T_{max,0} - T) \sum_i |U_{ei}|^2 \sqrt{(T_{max,0} - T)^2 - \kappa^2 m_i^2}$$

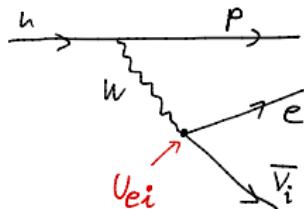


for  $T_{max,0} - T \gg \Delta m$ :

$$\frac{d\Gamma}{dT} \approx (T_{max,0} - T) \sqrt{(T_{max,0} - T)^2 - \kappa^2 m_\beta^2}$$

$$m_\beta^2 \equiv \sum_i |U_{ei}|^2 m_i^2$$

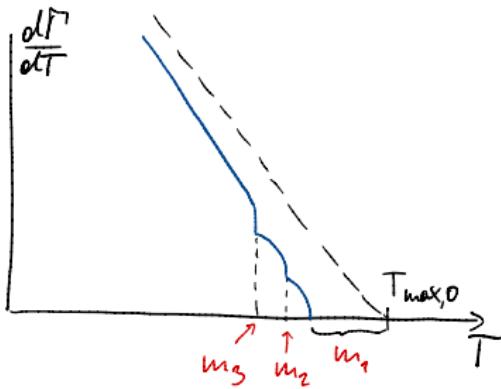
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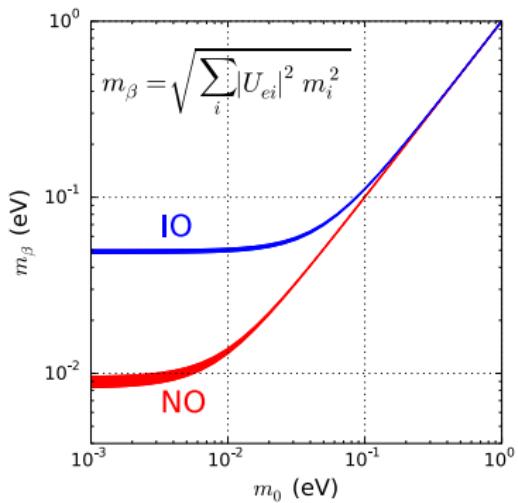
# The effective mass

$$m_\beta^2 \equiv \sum_i |U_{ei}|^2 m_i^2 \approx \begin{cases} m_0^2 + |U_{e2}|^2 \Delta m_{21}^2 + |U_{e3}|^2 \Delta m_{31}^2 & (\text{NO}) \\ m_0^2 + (1 - |U_{e3}|^2) |\Delta m_{31}^2| & (\text{IO}) \end{cases}$$

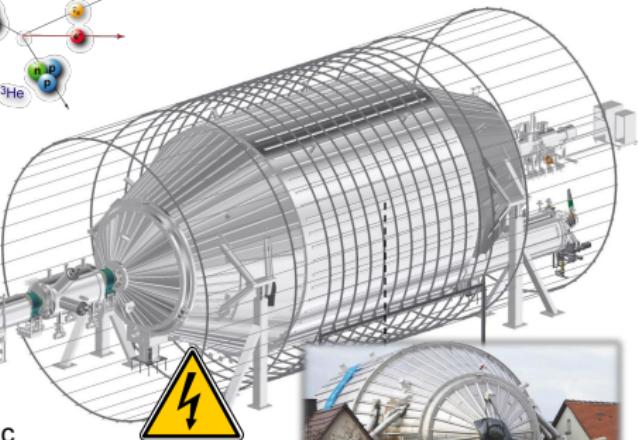
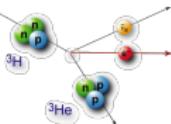
minimum values for  $m_0 = 0$ :

$$m_\beta^{\min} \approx \begin{cases} 9 \text{ meV} & (\text{NO}) \\ 50 \text{ meV} & (\text{IO}) \end{cases}$$

for  $m_0 \gg |\Delta m_{31}^2|$ :  $m_\beta \approx m_0$



# KATRIN overview: 70 m long beamline



Windowless Gaseous  
Tritium Source cryostat

RS

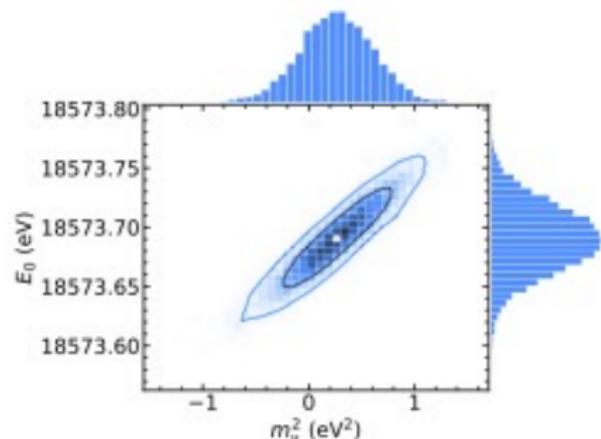
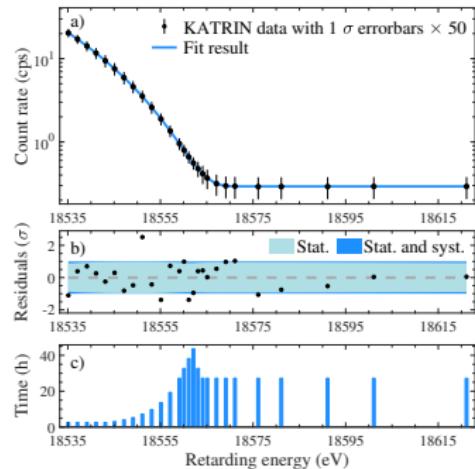
differential  
pumping

cryogenic

Main Spectrometer

# KATRIN results

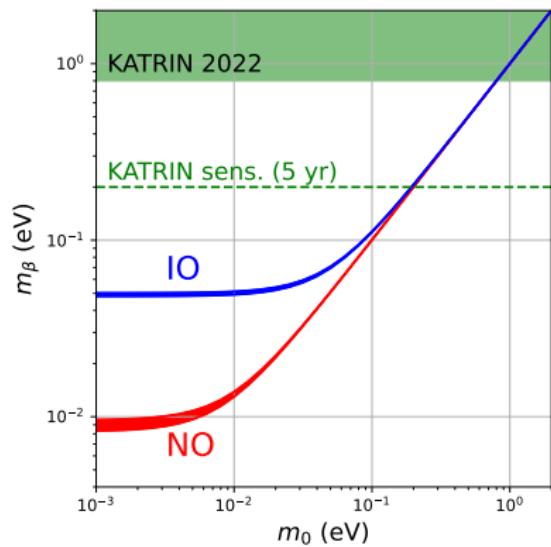
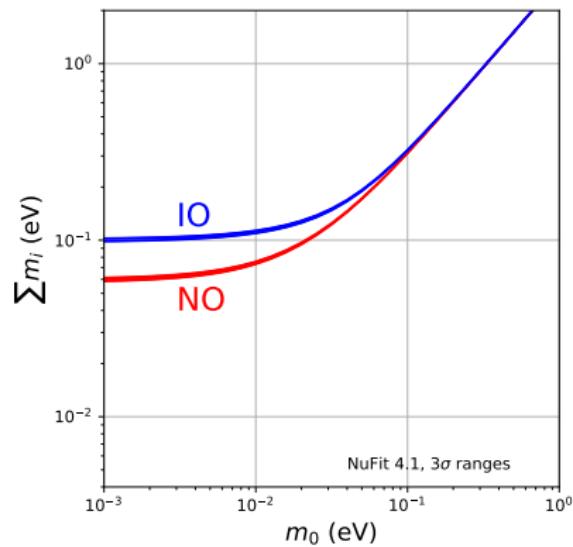
Aker et al., 1909.06048 (PRL19), 2105.08533 (Nature Phys. 22)



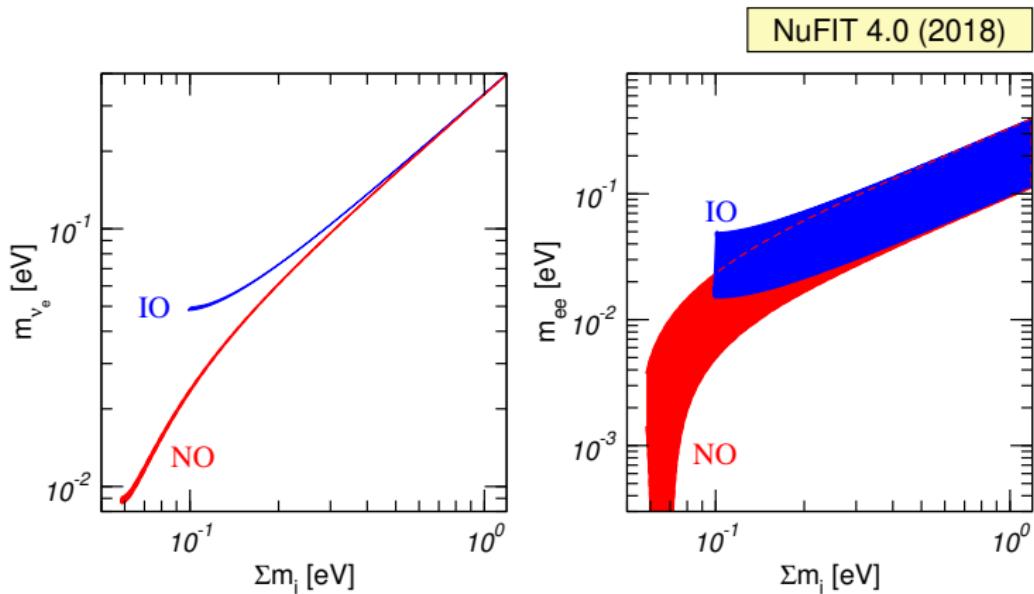
$$m_\beta^2 = 0.26 \pm 0.34 \text{ eV}^2$$

$$m_\beta < 0.8 \text{ eV} \text{ (90\% CL)}$$

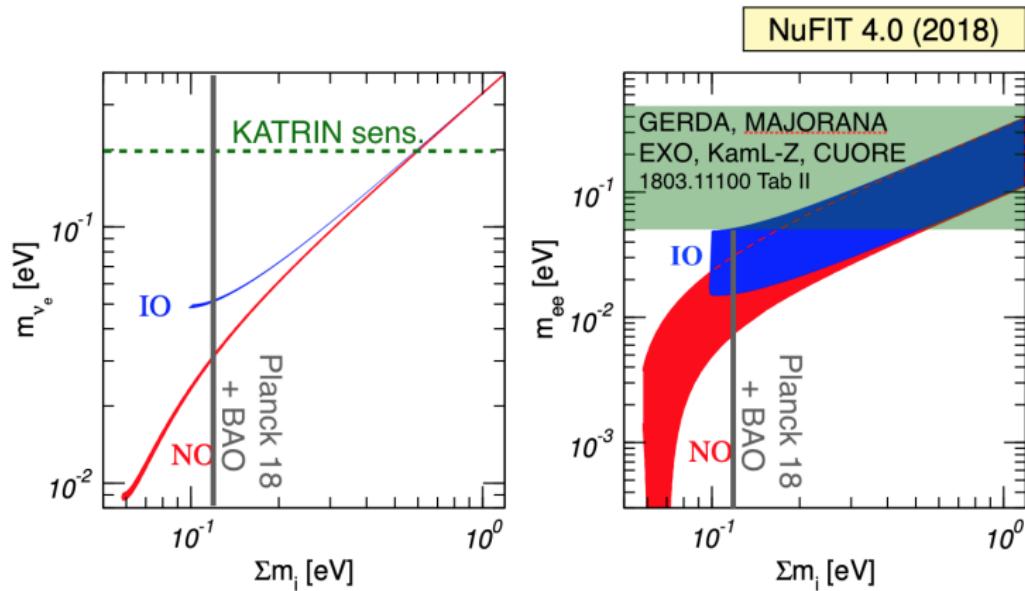
# Cosmology and $\beta$ decay observables



# Absolute neutrino mass

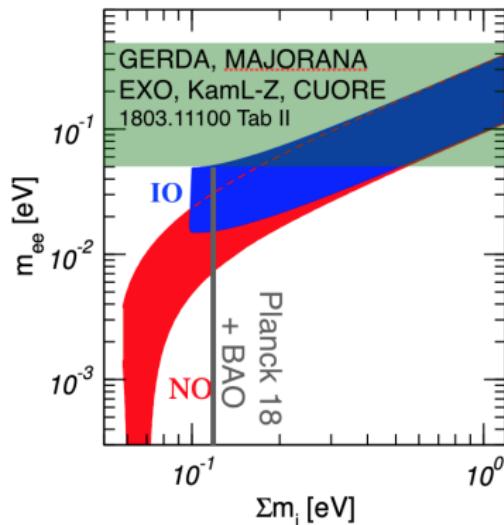
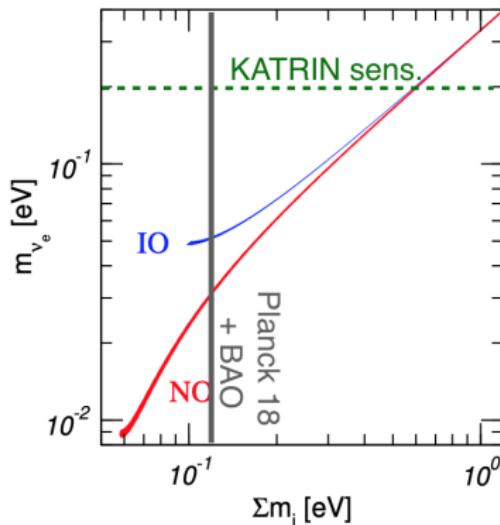


# Absolute neutrino mass



# Absolute neutrino mass

NuFIT 4.0 (2018)



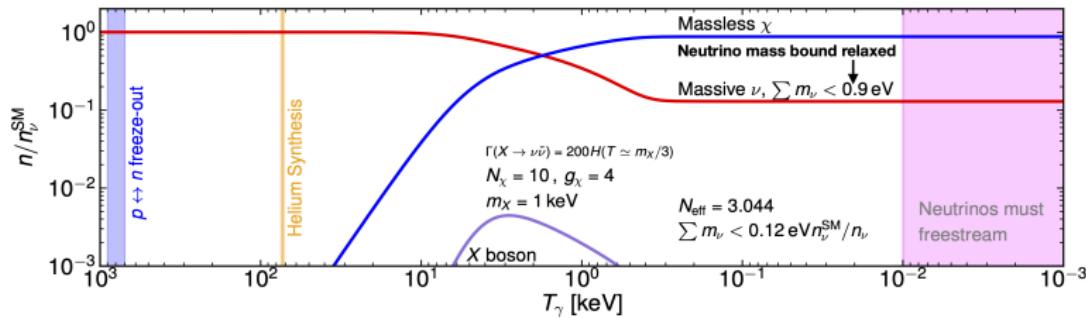
relies on standard three-flavour scenario and standard cosmology

Any inconsistency would indicate new physics beyond 3 flavour neutrino mass!

discussion of non-standard neutrino cosmology: Alvey et al., 2111.14870

# One example how to relax the cosmological bound

Farzan, Hannestad, 1510.02201; Escudero, TS, Terol-Calvo, 2211.01729

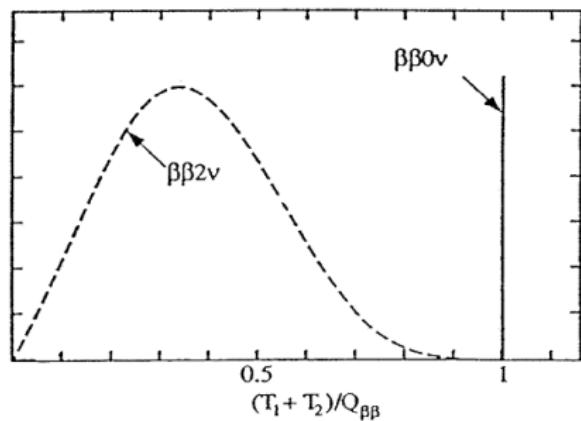


- ▶ introduce  $N_\chi \gtrsim 10$  generations of massless sterile neutrinos with  $\theta_{\nu_\chi} \sim 10^{-3}$
- ▶ a vector mediator  $X$ ,  $m_X \sim 10$  keV,  $U(1)_{\text{dark}}$  breaking around  $\sim 1$  GeV
- ▶ convert active neutrinos into sterile neutrinos between BBN and recombination
- ▶ mass bound gets relaxed:  $\sum m_\nu < 0.12 \text{ eV} (1 + 2N_\chi/3)$

# Neutrinoless double-beta decay

2-neutrino double-beta decay:  $(A, Z) \rightarrow (A, Z + 2) + 2e^- + 2\bar{\nu}_e$

neutrinoless double-beta decay:  $(A, Z) \rightarrow (A, Z + 2) + 2e^-$



Example  $^{76}\text{Ge}$  (GERDA experiment):

$$\begin{aligned} 2\beta 2\nu : \quad T_{1/2} &= (1.8 \pm 0.1) \times 10^{21} \text{ yr} \\ 2\beta 0\nu : \quad T_{1/2} &> 2.1 \times 10^{25} \text{ yr} \end{aligned}$$

(importance of energy resolution and background suppression)

# Neutrinoless double-beta decay

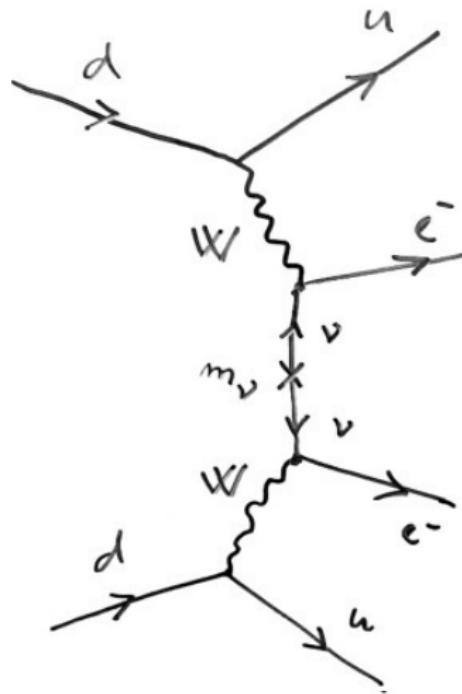


- ▶ an observation of this process would prove that lepton number is violated
- ▶ proves Majorana nature of neutrinos
- ▶ BUT no direct prove of neutrino mass  
(a different mechanism could be responsible)

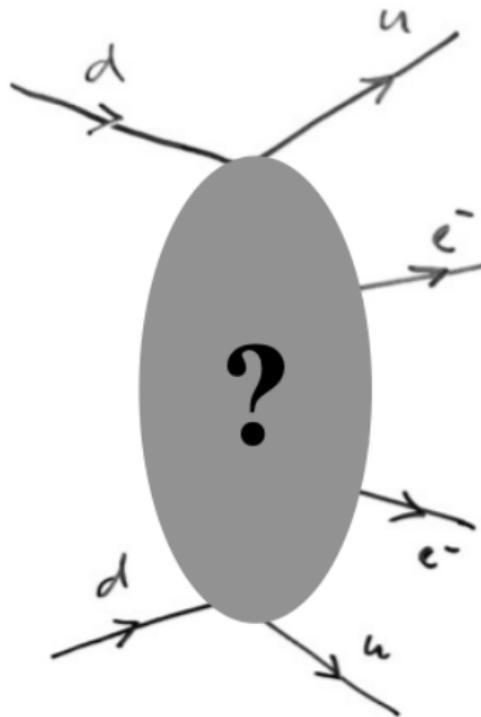
# The neutrino-mass mechanism



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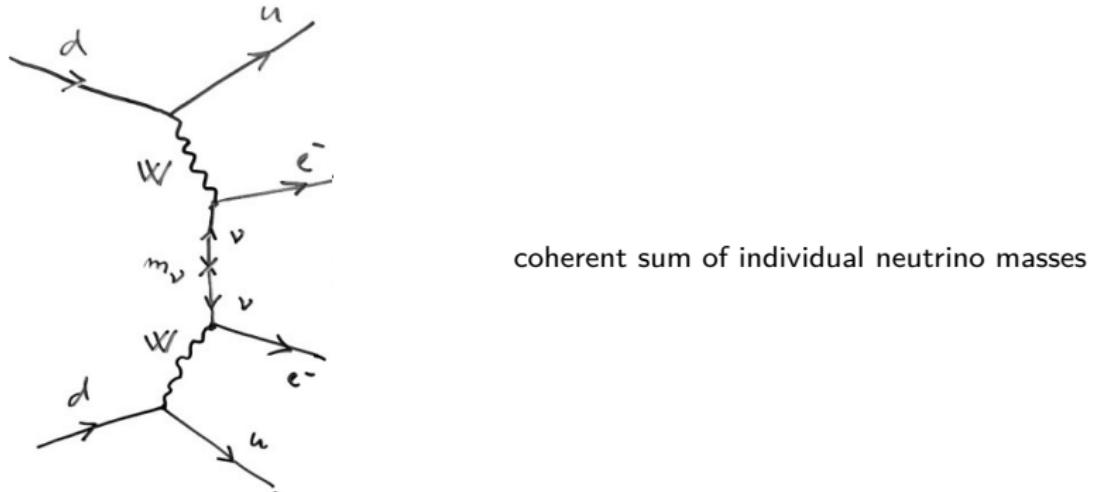
BUT: what we observe is just  $\Delta L = 2$

# The neutrino-mass mechanism

assuming that light neutrino exchange is responsible for the decay:

$$m_{\beta\beta} = |\mathcal{M}_{ee}| \quad (\text{in basis where ch. lepton mass matrix is diag.})$$

$$= \left| \sum_i U_{ei}^2 m_i \right| = |c_{13}^2 c_{12}^2 m_1 + c_{13}^2 s_{12}^2 e^{i\alpha_1} m_2 + s_{13}^2 e^{i\alpha_2} m_3|$$



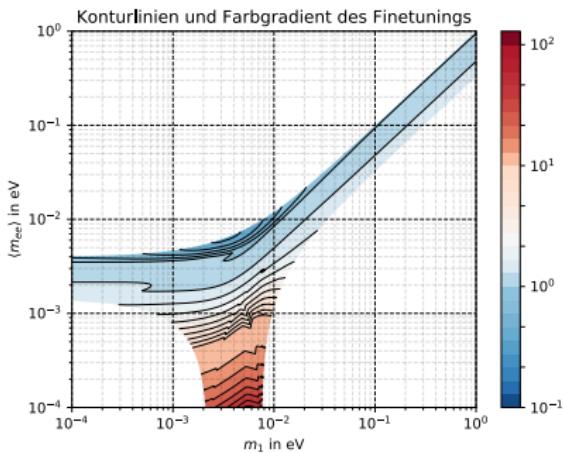
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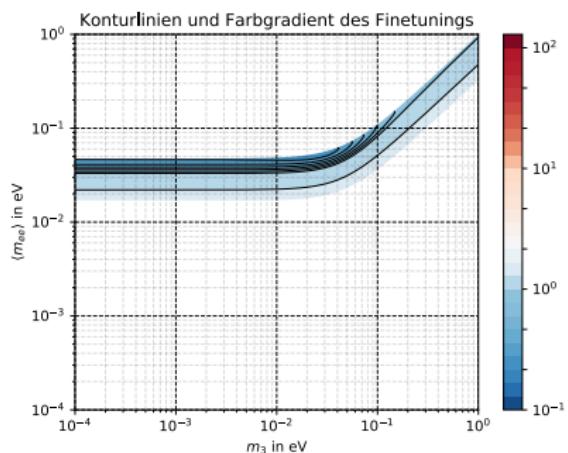
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normal ordering



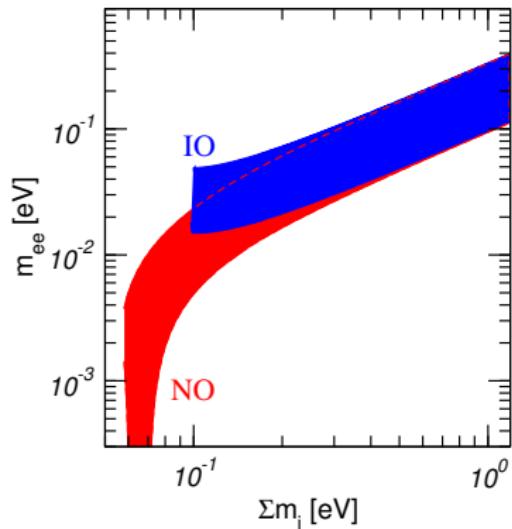
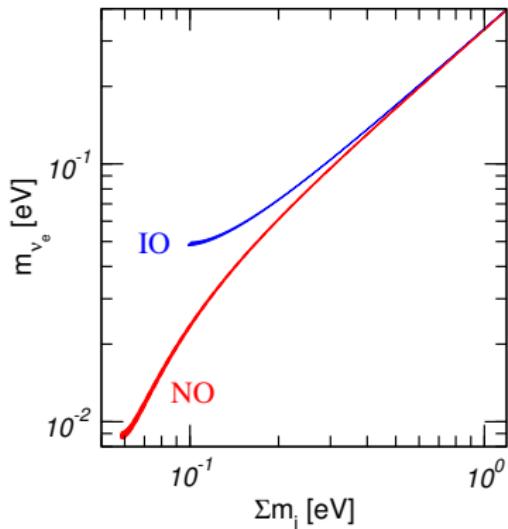
inverted ordering



M. Eichhorn, BSc thesis, KIT 2018

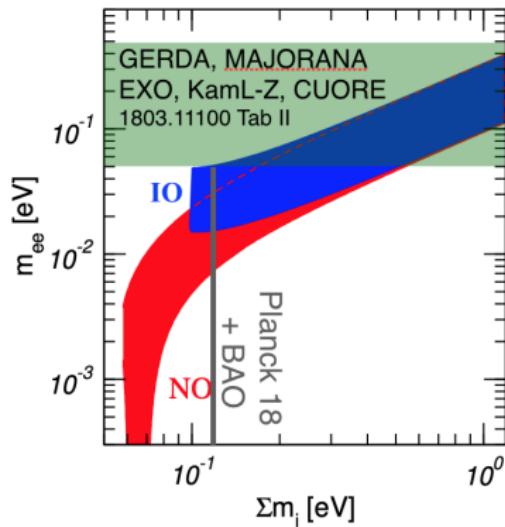
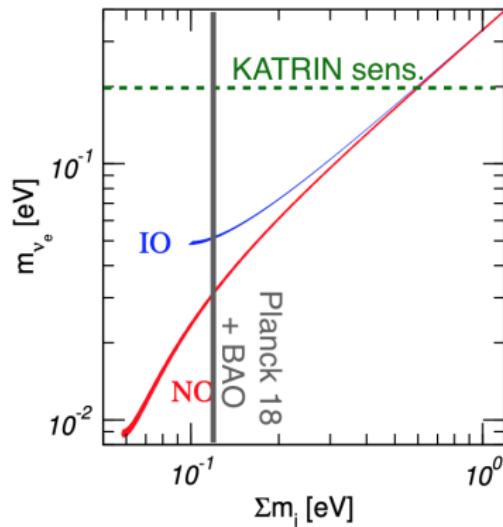
# Absolute neutrino mass

NuFIT 4.0 (2018)



# Absolute neutrino mass

NuFIT 4.0 (2018)



uncertainties on  $m_{\beta\beta}$  due to Majorana phases and  
relating  $T_{1/2}$  to  $m_{\beta\beta}$  due to nuclear matrix elements  
recent review: Agostini et al., 2202.01787

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Neutrinoless double-beta decay

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Dirac mass

Majorana mass

Dirac versus Majorana neutrinos in the SM

## The Standard Model and neutrino mass

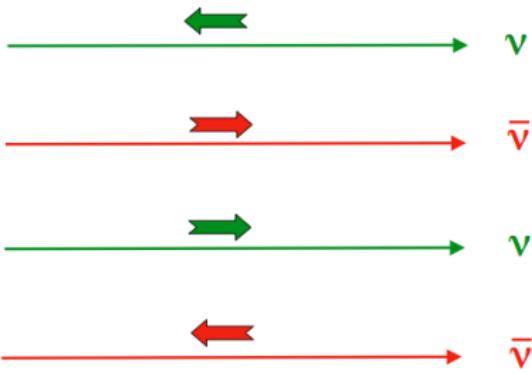
# Dirac fermion

$$\mathcal{L}_D = i\bar{\psi}\gamma^\mu\partial_\mu\psi - m\bar{\psi}\psi$$

Dirac equation:

$$(i\gamma^\mu\partial_\mu - m)\psi = 0$$

$\psi$  is a 4-component object: 2 helicity states for particle and anti-particle



4 mass-degenerate states:

# Representations of SM are chiral fields

left- and right-chirality projection operators:

$$P_L = \frac{1}{2}(1 - \gamma_5), \quad P_R = \frac{1}{2}(1 + \gamma_5)$$

left and right chiral fields (irreducible representations of Lorentz group):

$$P_L \psi_L = \psi_L, \quad P_R \psi_R = \psi_R, \quad \psi = \psi_L + \psi_R$$

Dirac Lagrangian:

$$\begin{aligned} \mathcal{L}_D &= i\bar{\psi}\gamma^\mu\partial_\mu\psi - m\bar{\psi}\psi \\ &= i\bar{\psi}_L\gamma^\mu\partial_\mu\psi_L + i\bar{\psi}_R\gamma^\mu\partial_\mu\psi_R - m\bar{\psi}_L\psi_R - m\bar{\psi}_R\psi_L \end{aligned}$$

Dirac equation (mass term mixes chiralities):

$$i\gamma^\mu\partial_\mu\psi_L - m\psi_R = 0$$

$$i\gamma^\mu\partial_\mu\psi_R - m\psi_L = 0$$

# Representations of SM are chiral fields

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Dirac equation (**mass term mixes chiralities**):

$$i\gamma^\mu \partial_\mu \psi_L - m\psi_R = 0$$

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Dirac Lagrangian:

$$\begin{aligned}\mathcal{L}_D &= i\bar{\psi}\gamma^\mu\partial_\mu\psi - m\bar{\psi}\psi \\ &= i\bar{\psi}_L\gamma^\mu\partial_\mu\psi_L + i\bar{\psi}_R\gamma^\mu\partial_\mu\psi_R - m\bar{\psi}_L\psi_R - m\bar{\psi}_R\psi_L\end{aligned}$$

invariant under a  $U(1)$  symmetry

$$\psi_L \rightarrow e^{i\alpha}\psi_L, \quad \psi_R \rightarrow e^{i\alpha}\psi_R$$

conserved quantum number (charge, lepton number, ...)

particle is different from anti-particle

$\Rightarrow$  any charged Fermion has to be a Dirac particle

**Majorana field:** replace  $\psi_R$  by  $\psi_L^c$ :

$$\psi = \psi_L + \psi_L^c$$

with particle- antiparticle conjugation  $\hat{C}$ :

$$\hat{C} : \quad \psi \rightarrow \psi^c \equiv C \bar{\psi}^T \equiv C \gamma_0^T \psi^*$$

$$C^{-1} \gamma^\mu C = -\gamma^{\mu T}, \quad C^\dagger = C^{-1} = -C^*$$

$\hat{C}$  changes chirality:

$$\psi_L \rightarrow (\psi_L)^c \equiv \psi_L^c \quad \text{with} \quad P_R \psi_L^c = \psi_L^c, \quad P_L \psi_L^c = 0$$

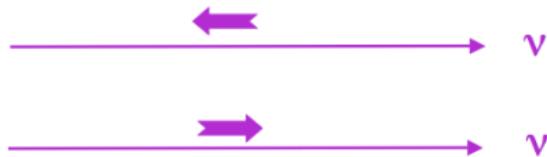
# Majorana fermion

the Majorana field  $\psi = \psi_L + \psi_L^c$  fulfills the Majorana condition

$$\psi = \psi^c$$

“is its own anti-particle”

only 2 independent  
(mass-degenerate) states:



# Majorana fermion

$$\mathcal{L}_M = i\overline{\psi_L} \gamma^\mu \partial_\mu \psi_L + \frac{m}{2} [\psi_L^T C^{-1} \psi_L + \text{h.c.}]$$

- ▶ explicitly built out of only  $\psi_L$  (2 dof)
- ▶ this Lagrangian is not invariant under  $\psi_L \rightarrow e^{i\alpha} \psi_L$
- ▶ Majorana mass term breaks all  $U(1)$  charges by 2 units
- ▶ cannot define “particle” and “anti-particle”
- ▶ any (electrically) charged particle cannot be a Majorana particle

In weak interactions we speak about  
“neutrinos” and “antineutrinos”

How can the neutrino be a Majorana particle,  
being its own antiparticle?

In the SM neutrinos only left-chiral fields participate in weak interactions:

the left-handed field  $\nu_L$  acts as “neutrino”

the right-handed field  $\bar{\nu}_L$  acts as “antineutrino”

- ▶ we need a “L” and a “R” neutrino state for weak interactions  
(to describe “neutrino” and “antineutrino”)
- ▶ we need a “L” and a “R” neutrino state to form a mass term

Majorana:

- ▶ those states are identical (there are only two independent states,  $\nu_L$ ,  $\nu_L^c$ )

Dirac:

- ▶ the R state to from the mass term is different than the one acting as “antineutrino” in weak interactions (4 independent states) → “right-handed neutrino”: does not participate in weak interactions

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# Chirality versus helicity

physical states are helicity eigenstates:

$$\frac{\vec{\sigma} \vec{p}}{|\vec{p}|} \psi_{\pm} = \pm \psi_{\pm}$$

for massless fermions helicity and chirality coincides:

$$\psi_- = \psi_L, \quad \psi_+ = \psi_R \quad (\text{massless})$$

for relativistic massive fermions ( $m \ll E$ ) we have:

$$\psi_- \approx \psi_L + \frac{m}{2E} \psi_R, \quad \psi_+ \approx \psi_R + \frac{m}{2E} \psi_L$$

OBS: here " $\psi_R$ " denotes the right-chiral field in the mass term, which corresponds to  $\psi^c$  in the Majorana case

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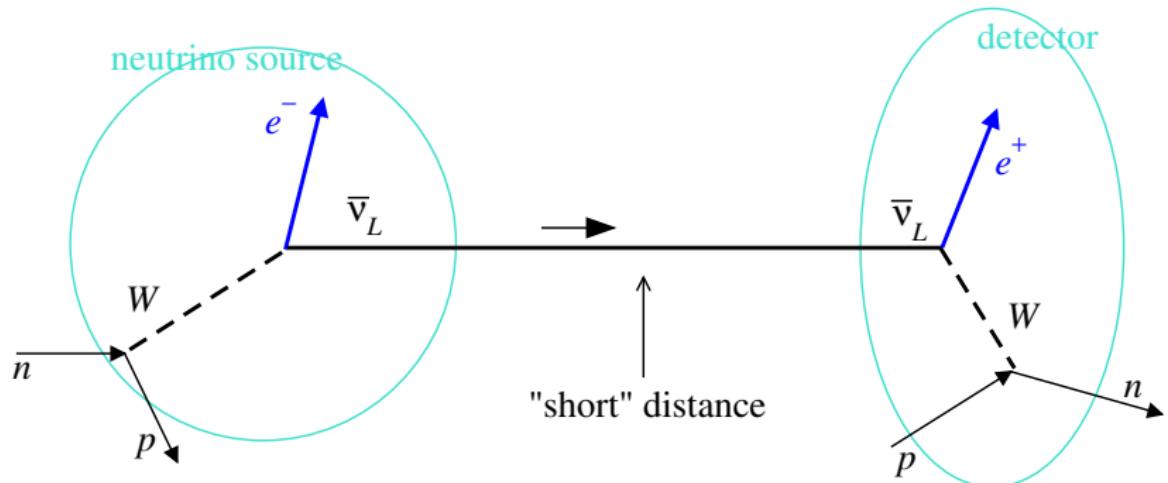
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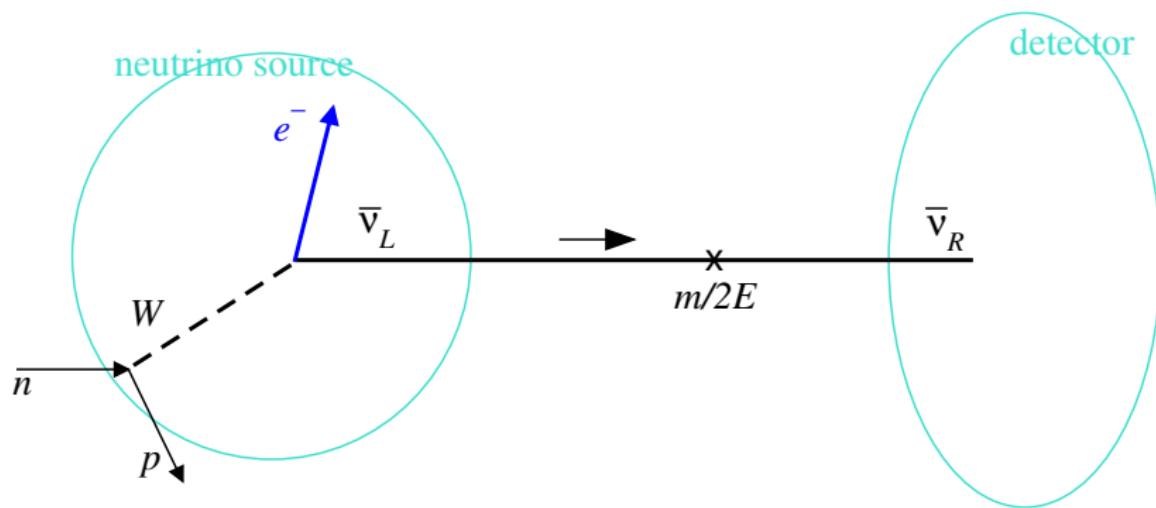
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# A typical neutrino experiment (massless neutrinos)



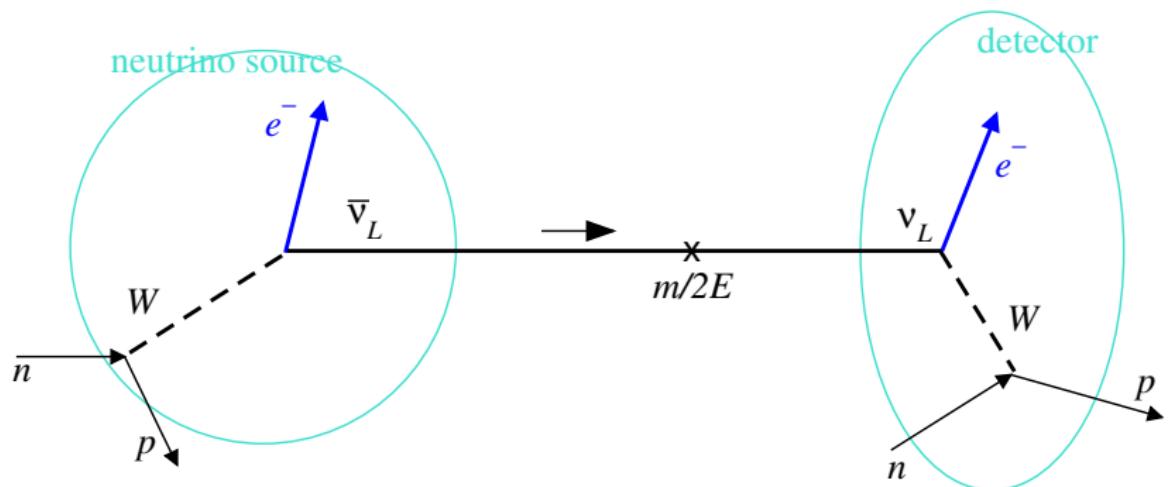
# Mass induced chirality flip - Dirac

with a probability suppressed wrt leading diagram by  $(m/2E)^2 \lesssim 10^{-12}$



# Mass induced chirality flip - Majorana

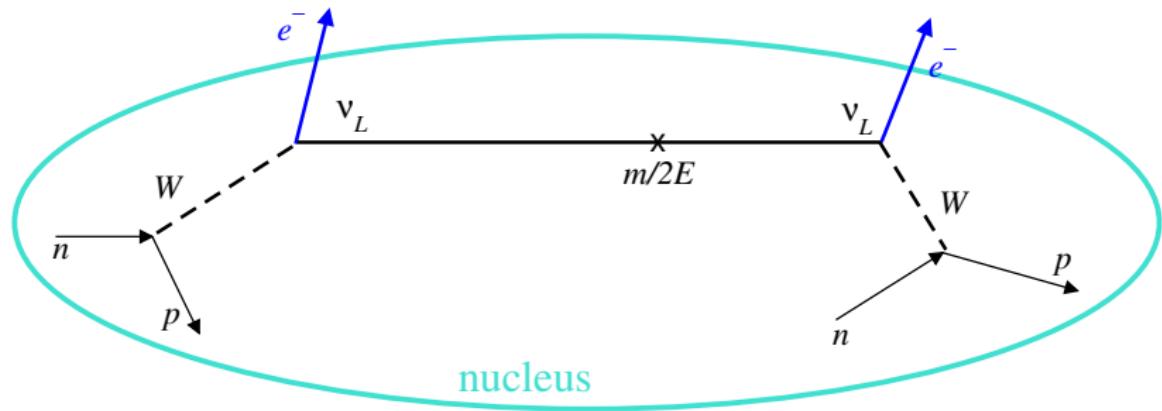
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Schechter, Valle, PRD 1981

# Mass induced chirality flip - Majorana

Neutrinoless double-beta decay  $(A, Z) \rightarrow (A, Z + 2) + 2e^-$



# Outline

## Absolute neutrino mass

Neutrino mass from cosmology

Beta decay – the KATRIN experiment

Neutrinoless double-beta decay

## Fermion masses

Dirac mass

Majorana mass

Dirac versus Majorana neutrinos in the SM

## The Standard Model and neutrino mass

# Masses in the Standard Model

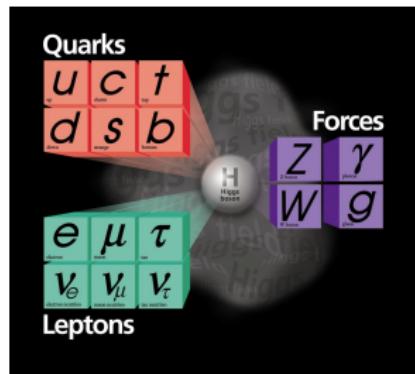
- ▶ The Standard Model has only one dimension full parameter: the vacuum expectation value of the Higgs:

$$\langle \phi \rangle \approx 174 \text{ GeV}$$

- ▶ All masses in the Standard Model are set by this single scale:

$$m_i = y_i \langle \phi \rangle$$

top quark:  $y_t \approx 1$   
 electron:  $y_e \approx 10^{-6}$



# Fermion masses in the Standard Model

fermions of one generation:

$$\text{quarks: } Q_L = \begin{pmatrix} u_L \\ d_L \end{pmatrix}, \quad u_R, \quad d_R \quad \text{leptons: } L_L = \begin{pmatrix} \nu_L \\ e_L \end{pmatrix}, \quad e_R$$

mass terms from Yukawa coupling to Higgs  $\phi$

$$\mathcal{L}_Y = -\lambda_d \bar{Q}_L \phi d_R - \lambda_u \bar{Q}_L \tilde{\phi} u_R + \text{h.c.} \quad -\lambda_e \bar{L}_L \phi e_R + \text{h.c.}$$

$$\text{EWSB} \rightarrow -m_d \bar{d}_L d_R - m_u \bar{u}_L u_R + \text{h.c.} \quad -m_e \bar{e}_L e_R + \text{h.c.}$$

$$\tilde{\phi} \equiv i\sigma_2 \phi^*, \quad m_d = \lambda_d \frac{v}{\sqrt{2}}, \quad m_u = \lambda_u \frac{v}{\sqrt{2}}, \quad m_e = \lambda_e \frac{v}{\sqrt{2}}, \quad \langle \phi \rangle = \frac{1}{\sqrt{2}} \begin{pmatrix} 0 \\ v \end{pmatrix}$$

## Dirac mass terms for charged fermions

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## Dirac mass terms for charged fermions

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  - ▶ no gauge interactions
  - ▶ left out in the original formulation of the SM  
⇒ no Dirac mass term for neutrinos
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  - ▶ Lepton-number is an accidental symmetry in the SM → given the gauge symmetry and the field content of the SM we cannot construct a Majorana mass term for neutrinos (true at any loop order)

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In the SM neutrinos are massless because . . .

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2. because of the field content (scalar sector) and gauge symmetry lepton number<sup>1</sup> is an accidental global symmetry of the SM and therefore no Majorana mass term can be induced.
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<sup>1</sup>B-L at the quantum level

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**Neutrino mass implies physics beyond the Standard Model**

At least one of the above items needs to be violated

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