Looking through loops: CMB birefringence from axion strings



Andrew Long Rice University @ Axions in Stockholm June 30, 2025



[2103.10962, 2208.08391, 2306.07351, 2411.05002]



Mudit Jain (Kings postdoc)



Ray Hagimoto (Rice U grad)

+ Mustafa Amin (Rice U faculty)

- If a hyper-light axion-like particle exists in Nature, the associated cosmological network of axion strings can leave an imprint on CMB polarization through birefringence
- We use existing measurements of anisotropic birefringence (Planck, SPT, ...) to place constraints on this scenario. Next-generation telescopes (CMB-S4) will probe O(1) electromagnetic anomaly coefficients and thereby probe the axion's UV embedding
- We find that it is difficult (but not impossible!) to reconcile the detection of isotropic birefringence with strong limits on anisotropic birefringence coming from axion strings
- We argue that measurements of anisotropic birefringence could not only reveal the presence of a hyper-light ALP in Nature, but also lead to a measurement of its mass



axion-like particles & cosmic axion strings

Theory landscape: axion-like particles

axion-like particles

$$\mathcal{L} \supset \frac{1}{2} (\partial a)^2 - \frac{1}{2} m_a^2 a^2 - \frac{1}{4} g_{a\gamma\gamma} a F_{\mu\nu} \tilde{F}^{\mu\nu}$$

ALPs from extra dimensions (such as string theory)





CMB birefringence from axion strings

Theory landscape: axion-like particles

axion-like particles

$$\mathcal{L} \supset \frac{1}{2} (\partial a)^2 - \frac{1}{2} m_a^2 a^2 - \frac{1}{4} g_{a\gamma\gamma} a F_{\mu\nu} \tilde{F}^{\mu\nu}$$

hyper-light axion-like particles (testable with cosmology)

ultra-light axion-like particles (dark matter candidate) heavy axion-like particles (testable in the lab)



ALPs can form axion strings

[Kibble (1976)] [Vilenkin & Vachaspati (1987)]



string thickness = microscopic

string length = cosmological

image credit: Mudit Jain (2021)

assume: $T_{\text{RH}} > f_a$

CMB birefringence from axion strings

A cosmic string network

string network simulation:



simulations show:

- long strings intersect and reconnect
- reconnections form loops
- loops emit axions and collapse

so, the network evolves into the scaling regime:

- typical string length tracks Hubble
- average energy density tracks Hubble

so, in the universe today we expect:

- order 10 strings per Hubble volume
- string loops with length ~ Hubble scale

How can we detect axion strings in the Universe today?

CMB birefringence from axion strings

6/28

birefringence from axion strings

How could we detect an axion string?

[Harvey & Naculich (1989)], [Carroll, Field, Jackiw (1990,91)], [Harari, Sikivie (1992)] [Fedderke, Graham, Rajendran (2019)], [Agrawal, Hook, Huang (2019)] [Yin, Dai, Ferraro (2021) & (2023)]



* birefringence can be measured through E-B cross correlation

CMB birefringence from axion strings

Modeling anisotropic birefringence from strings

9/28

The loop-crossing model

- Circular & planar loops
- Randomize loop orientation
- Randomize loop location in space
- All loops same radius at any time
- Loop radius evolves tracking Hubble

 $R(t) = \frac{\zeta_0}{H(t)}$

• Number of loops tracks Hubble $\rho(t) = \xi_0 \mu(t) H(t)^2$

Model Parameters

$$\{m_a, \mathcal{A}, \zeta_0, \xi_0\}$$



early time -> small loops late time -> large loops

Andrew Long (Rice University)

[Jain, AL, Amin (2021)]

Expected birefringence signal

[Jain, AL, Amin, arXiv:2103:10962] [Jain, Hagimoto, AL, Amin, arXiv:2208.08391]



degeneracy: $<\alpha\alpha> ~ A^2 \xi_0$

* need $m_a \lesssim 3H_{\rm cmb} \approx 10^{-28} \, {\rm eV}$ for the network to survive until after recombination

CMB birefringence from axion strings

Effect on CMB polarization

How does birefringence affect the CMB's temperature and polarization? $T(\hat{\boldsymbol{n}}) \to T(\hat{\boldsymbol{n}})$ $[Q \pm iU](\hat{\boldsymbol{n}}) \to [(Q \pm iU)e^{\pm 2i\Delta\Phi}](\hat{\boldsymbol{n}})$



CMB birefringence from axion strings

Constraints from anisotropic birefringence

[Jain, AL, Amin, arXiv:2103:10962] [Jain, Hagimoto, AL, Amin, arXiv:2208.08391] see also: Yin, Dai, & Ferraro (2111.12741)



CONSTRAINTS: SPTPOL: $\mathcal{A}^2 \xi_0 < 3.7$ at 95% CL

CMB birefringence from axion strings

12/28

CMB observations constrain: SPTPOL: $A^2 \xi_0 < 3.7$ at 95% CL



... already probing an O(1) anomaly coefficient! ... but still large uncertainties in ξ_0 (from sims)

Pogosian et. al. (2019)

future telescopes probes of isotropic + aniso. birefringence

Current		LiteBIRD		SO			CMB-S4-like			PICO				
α	A_{α}	$\sqrt{\frac{C_2^{\alpha}}{4\pi}}$	α	A_{α}	$\sqrt{\frac{C_2^{\alpha}}{4\pi}}$	α	A_{α}	$\sqrt{\frac{C_2^{lpha}}{4\pi}}$	α	A_{α}	$\sqrt{\frac{C_2^{lpha}}{4\pi}}$	α	A_{α}	$\sqrt{\frac{C_2^{\alpha}}{4\pi}}$
'	10 ² deg ²	,	ľ.	10^{-6}deg^2	,	, í	10 *deg*	,	,	10 °deg ²	,	,	10 °deg ²	,
-	-	-	1.3	2.7	0.9	0.56	3	0.29	0.1	1.4	0.065	0.05	0.4	0.035
-	-	-	1.5	3.3	1.0	0.66	4	0.35	0.11	2.0	0.08	0.06	0.5	0.04
-	-	-	1.4	3.5	1.0	0.64	5.0	0.4	0.13	2.5	0.09	0.08	1.2	0.06
30	2	3	1.6	4.0	1.1	0.71	5.5	0.4	0.15	3.3	0.1	0.09	1.4	0.065

BLE II. Current and forecasted 68% CL bounds on the uniform and the anisotropic CPR parameters.

$$A_{\alpha} = L(L+1)C_L^{\alpha}/2\pi$$

diagonal = allows multipoles to vary independently horizontal = restricts to a scale invariant spectrum



CMB birefringence from axion strings

what about isotropic birefringence

Are strings responsible for isotropic birefringence?

[Jain, Hagimoto, AL, Amin, arXiv:2208.08391]

reported detection of isotropic birefringence: same rotation angle across the whole sky (using *Planck* & *WMAP* data)

$$\alpha_{00} = -1.21^{\circ +0.33^{\circ}}_{-0.32^{\circ}} (68\% \text{ CL})$$

[Minami & Komatsu (2020)] [Diego-Palazuelos et. al. (2022)] [Eskilt (2022)], [Eskilt & Komatsu (2022)] [Eskilt et. al. (2023)] our conclusion: the isotropic signal is in tension with limits on anisotropic BF if they both arise from axion-string induced birefringence



Andrew Long (Rice University)

note that:
$$\beta = -\alpha_{00}/\sqrt{4\pi} \approx 0.34^{\circ}$$

CMB birefringence from axion strings

Are strings responsible for isotropic birefringence?

[Ferreira, Gasparotto, Hiramatsu, Obata, & Pujolas (2023)]

reported detection of isotropic birefringence: same rotation angle across the whole sky (using *Planck* & WMAP data)

$$\alpha_{00} = -1.21^{\circ}_{-0.32^{\circ}}^{+0.33^{\circ}} (68\% \text{ CL})$$

[Minami & Komatsu (2020)] [Diego-Palazuelos et. al. (2022)] [Eskilt (2022)], [Eskilt & Komatsu (2022)] [Eskilt et. al. (2023)]

loopholes allowing large iso-BF

(1) environmental effects a nearby loop in our Hubble volume would dominate the isotropic signal

(2) Hubble-scale gradients the massless axion field is expected to be inhomogeneous on the Hubble scale



(3) late-forming network if the string network is not present just after recombination, the small-scale BF is suppressed

note that: $\beta = -\alpha_{00}/\sqrt{4\pi} \approx 0.34^{\circ}$

effect of varying ALP mass

Collapse of the string-wall network

[Jain, Hagimoto, AL, Amin, arXiv:2208.08391]

Axion strings become connected together by domain walls

... the string-wall network collapses (for $N_{dw} = 1$)



let's consider:

 $: \qquad \begin{cases} m_a \lesssim 3H_{\rm CMB} \simeq 3 \times 10^{-29} \text{ eV} & \text{(string network survives until after recombination)} \\ m_a \gtrsim 3H_0 \simeq 5 \times 10^{-33} \text{ eV} & \text{(string network collapses before today)} \end{cases}$

after the network collapses at redshift z_c the accumulation of birefringence is shut off

CMB birefringence from axion strings

19/28

Impact on birefringence

(assuming $N_{\rm DW} = 1$)

raise the ALP mass (network collapses earlier)

$$m_a = 2 \times 10^{-29} \text{ eV} \quad (z_c = 404)$$

 $\begin{array}{c} & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ \end{array} \right) \begin{array}{c} & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ \end{array} \right) \begin{array}{c} & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ \end{array} \right) \begin{array}{c} & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ \end{array} \right) \begin{array}{c} & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ \end{array} \right) \begin{array}{c} & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ \end{array} \right) \begin{array}{c} & & & \\ &$

strong scale dependence \rightarrow possible to measure m_a

CMB birefringence from axion strings

20/28

Andrew Long (Rice University)

[Jain, Hagimoto, AL, Amin, arXiv:2208.08391]

see also: [Ferreira, Gasparotto, Hiramatsu, Obata, & Pujolas (2023)]

Implications

 $(assuming N_{DW} = 1)$

raise the ALP mass (network collapses earlier)



strong scale dependence \rightarrow possible to measure m_a

CMB birefringence from axion strings

21/28

Andrew Long (Rice University)

[Jain, Hagimoto, AL, Amin, arXiv:2208.08391] projections: [Pogosian et. al. (2019)] signatures of non-Gaussianity

axion-string induced birefringence: loop-like features are visibly non-Gaussian



How to best quantify the non-Gaussian birefringence and develop tests to extract these features from the data?

CMB birefringence from axion strings



Probing non-Gaussianity with scattering transform

[Yin, Dai, Ferraro (2023)]



Birefringence non-Gaussianity

[Hagimoto & AL, arXiv:2306:07351]

scales (b/c of central

limit theorem)

NG information

breaks the A² ξ_0

degeneracy

a measurement of

non-G will help to tell

apart axion strings &

other sources of

birefringence



Andrew Long (Rice University)

CMB bi

Machine learning for axion strings

train 3 SCNN's to identify 3 LCM parameters

package: DeepSphere (Python)
architecture: 3 conv+pool layers



CMB birefringence from axion strings

summary & conclusion

Terahertz-Radiometer for Axions (T-RAx)

something completely different: a proposal to search for axion dark matter in the THz gap









Andrey Baydir Henry Everitt (Rice) (Rice)



Andrew Long

(Rice)

Jaanita Mehrani

(Rice)

lead author



Shengxi Huang Junichiro Kono (Rice) (Rice)

Tao Xu



Kuver Sinha (Oklahoma)

(Oklahoma)





Epsilon-Near-Zero (ENZ) material

- \rightarrow small permittivity \rightarrow boosts E-field
- \rightarrow realized w/ multiple quantum wells
- → B-field tunes ENZ resonant freq.



Frequency (THz)

Projected sensitivity

→ easily beats CAST limit

 \rightarrow with low-enough DC rate and strong-enough B-field, T-RAx will probe QCD axion dark matter at m_a ~ meV



- If a hyper-light axion-like particle exists in Nature, the associated cosmological network of axion strings can leave an imprint on CMB polarization through birefringence
- We use existing measurements of anisotropic birefringence (Planck, SPT, ...) to place constraints on this scenario. Next-generation telescopes (CMB-S4) will probe O(1) electromagnetic anomaly coefficients and thereby probe the axion's UV embedding
- We find that it is difficult (but not impossible!) to reconcile the detection of isotropic birefringence with strong limits on anisotropic birefringence coming from axion strings
- We argue that measurements of anisotropic birefringence could not only reveal the presence of a hyper-light ALP in Nature, but also lead to a measurement of its mass
- Machine learning methods (spherical CNN) may prove useful to help to detect the subtle non-Gaussian signal of axion strings in next-generation CMB polarization data

backup slides



Analytical understanding

[Jain, AL, Amin, arXiv:2103:10962]







CMB birefringence from axion strings

Andrew Long (Rice University)

 10^{0}

Analytical understanding

[Jain, AL, Amin, arXiv:2103:10962]

vary the loop radius:
$$R(t) = \zeta_0 / H(t)$$



CMB birefringence from axion strings

Machine learning for axion strings



How well does the SCNN reproduce a known input?

SCNN's for Z & A work well

SCNN for X struggles

CMB birefringence from axion strings

Machine learning for axion strings



Complementary studies: stable axion domain walls

domain walls without strings expected if $H_{inf} \sim f_a$



possible to evade DW problem imposes bound on mass & decay constant

$$\sigma_{
m DW} \simeq 8 f_{\phi}^2 m_{\phi} \lesssim (1 \ {
m MeV})^3,$$

 $f_{\phi} \lesssim 4 \times 10^9 \ {
m GeV} \sqrt{rac{10^{-20} \ {
m eV}}{m_{\phi}}}.$

birefringence signal independent of propagation



 $\Delta \Phi = 0$ if LS γ is from the vacuum R $\Delta \Phi = c_{\gamma} \alpha$ if LS γ is from the vacuum L.

possible to accommodate detection of isotropic BF and evade limits on anisotropic BF (no random-walk enhancement)

[Takahashi & Yin (2020)] [Nakagawa, Takahashi, & Yamada (2021)] [Kitajima, Kozai, Takahashi, & Yin (2022)] [Gonzalez, Kitajima, Takahashi, & Yin (2022)]

Andrew Long (Rice University)

CMB birefringence from axion strings

Theory landscape: axion-like particles

$$\mathcal{L} \supset \frac{1}{2} (\partial a)^2 - \frac{1}{2} m_a^2 a^2 - \frac{1}{4} g_{a\gamma\gamma} a F_{\mu\nu} \tilde{F}^{\mu\nu}$$



CMB birefringence from axion strings

Net birefringence from the whole string network

[Ray Hagimoto (2022)]



CMB birefringence from ultra-light axion string networks

Axion-string induced birefringence signal



assumes: $m_a = 0$ and $\xi_0 \mathcal{A}^2 = 1$

[Jain, AL, Amin (2103.01962)]

Key features

- Power spectrum is almost scale invar.
- Characteristic scale (I @ the peak) set by loop size at LSS
- Smaller loops (ζ_0) => weaker signal
- Trivial dependence on loop density (ξ_0) and anomaly coefficient (A) ... power scales with $\xi_0 A^2$

Testability

- Current telescopes (SPT/ACT) are already sensitive enough to test large loops (ζ₀=1)
- Future suveys will be very powerful

CMB probes of axion strings: constraints



[Yin, Dai, Ferraro (2111.12741)]

CMB birefringence from ultra-light axion string networks

Pogosian et. al. (2019)

future telescopes probes of isotropic + aniso. birefringence

Current		LiteBIRD		SO SO			CMB-S4-like			PICO				
α	A_{lpha}	$\sqrt{\frac{C_2^\alpha}{4\pi}}$	α	A_{lpha}	$\sqrt{rac{C_2^lpha}{4\pi}}$	α	A_{lpha}	$\sqrt{rac{C_2^{lpha}}{4\pi}}$	α	A_{lpha}	$\sqrt{rac{C_2^{lpha}}{4\pi}}$	α	A_{lpha}	$\sqrt{\frac{C_2^{lpha}}{4\pi}}$
'	10^{-2}deg^2		'	10^{-3}deg^2		'	10^{-4}deg^2	'	'	10^{-5}deg^2	'	'	10^{-5}deg^2	'
-	-	-	1.3	2.7	0.9	0.56	3	0.29	0.1	1.4	0.065	0.05	0.4	0.035
-	-	-	1.5	3.3	1.0	0.66	4	0.35	0.11	2.0	0.08	0.06	0.5	0.04
-	-	-	1.4	3.5	1.0	0.64	5.0	0.4	0.13	2.5	0.09	0.08	1.2	0.06
30	2	3	1.6	4.0	1.1	0.71	5.5	0.4	0.15	3.3	0.1	0.09	1.4	0.065

BLE II. Current and forecasted 68% CL bounds on the uniform and the anisotropic CPR parameters.

$$A_{\alpha} = L(L+1)C_L^{\alpha}/2\pi$$

diagonal = allows multipoles to vary independently horizontal = restricts to a scale invariant spectrum





CMB birefringence from axion strings



Photon generation: MQW emitter



- Doping density about $O(10^{11}) \text{ cm}^{-2}$
- MQW layer at nm thickness
- T-RAX emitter at mm thickness
- Emission area of cm scale is viable

Parameter	Off-shelf	Conservative	Optimistic		
n (10 ¹¹ cm ⁻²)	3	3	3		
d (mm)	0.2	1	2		
Area (cm ²)	3 × 3	3 × 3	5 × 5		
d _{QW} (nm)	30	30	10		

This slide was created by Tao Xu and reproduced here with his permission. See <u>https://indico.cern.ch/event/1488822/contributions/6480040/</u> for his full talk.

Photon generation: Magnetic field

- Considering the 36-T NMR magnetic field at National Magnetic Lab
- Magnetic field in two directions responsible for conversion and tuning



Parameter	Off-shelf	Conservative	Optimistic		
Temp. (K)	0.3	0.3	0.3		
B (T)	36	36	50		

This slide was created by Tao Xu and reproduced here with his permission. See <u>https://indico.cern.ch/event/1488822/contributions/6480040/</u> for his full talk.

Photon detection: single-photon detector

- Quantum dot photodetector made of GaAs/AlGaAs
 - Measure changes in capacitance
 - Works in high magnetic fields

Will also consider single-photon detector options capable of operating in a strong magnetic field.



Parameter	Off-shelf	Conservative	Optimistic		
Γ dark (Hz)	10 ⁻²	10 ⁻³	10 ⁻⁴		
η	7%	20%	90%		

This slide was created by Tao Xu and reproduced here with his permission. See <u>https://indico.cern.ch/event/1488822/contributions/6480040/</u> for his full talk.