

Ultralight Dark Matter:

New Opportunities from Stochastic Fluctuations

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Axions in Stockholm 2025

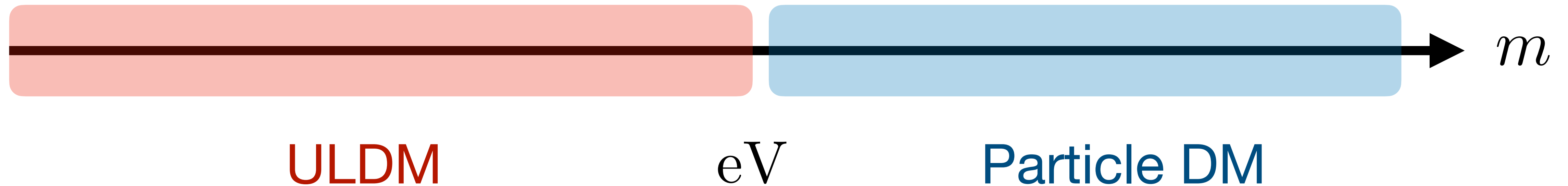
26 June 2025

Ultralight Dark Matter:

New Opportunities from Stochastic Fluctuations

Ultralight Dark Matter

Ultralight dark matter (ULDM)
as bosonic DM candidates with $m < \text{eV}$



$$S = \int d^4x \sqrt{-g} \left[\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - \frac{1}{2} m^2 \phi^2 + h(\phi) \mathcal{O}_{\text{SM}} \right]$$

$$ds^2 = (1 + 2\Phi) dt^2 - (1 - 2\Psi) dx^2$$

Ultralight dark matter (ULDM)
as bosonic DM candidates with $m < \text{eV}$

$$m \lesssim 10 \text{ eV}$$

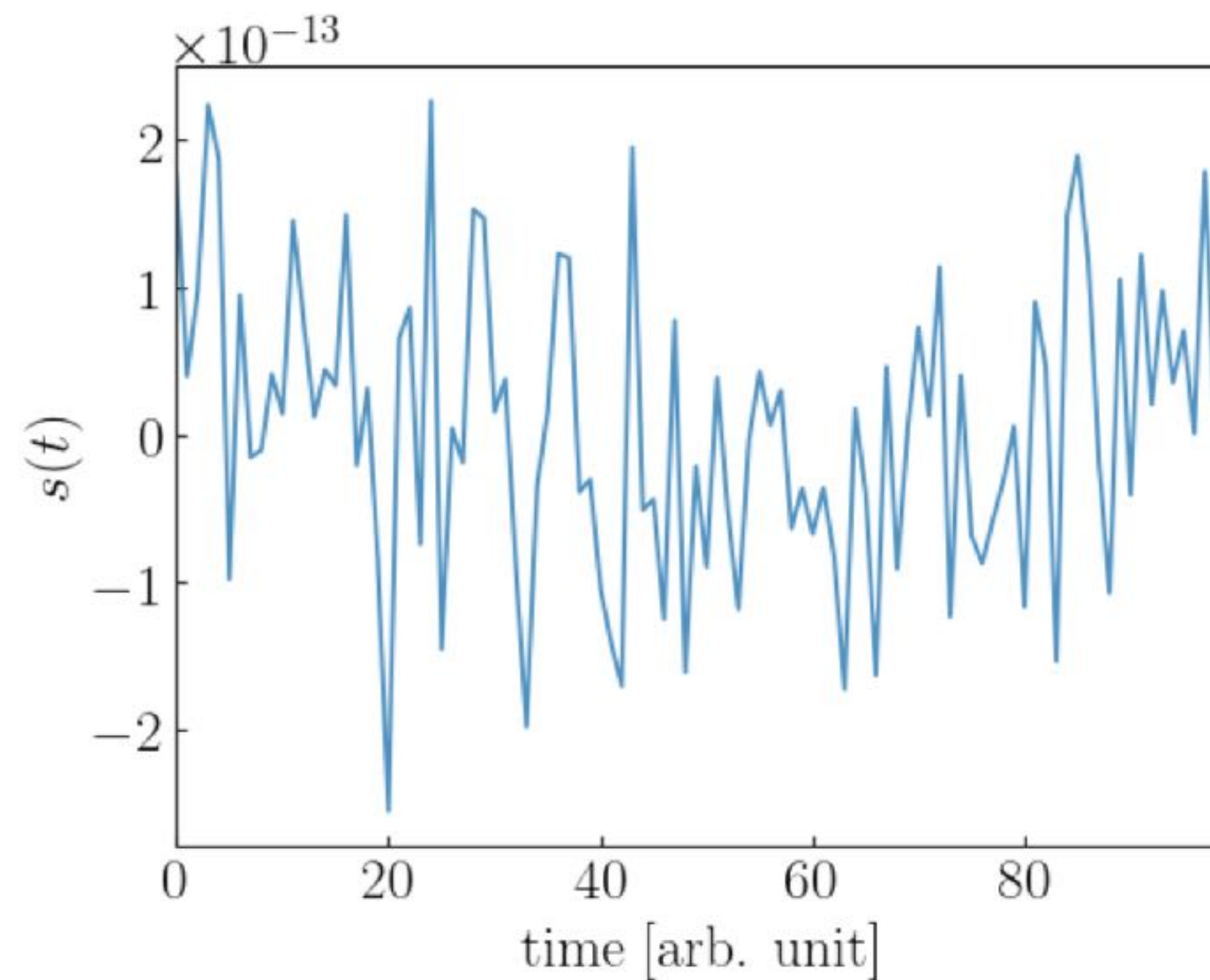
$$N_{\text{occ}} \sim n_{\text{dm}} \lambda^3 \sim \left(\frac{10 \text{ eV}}{m} \right)^4$$

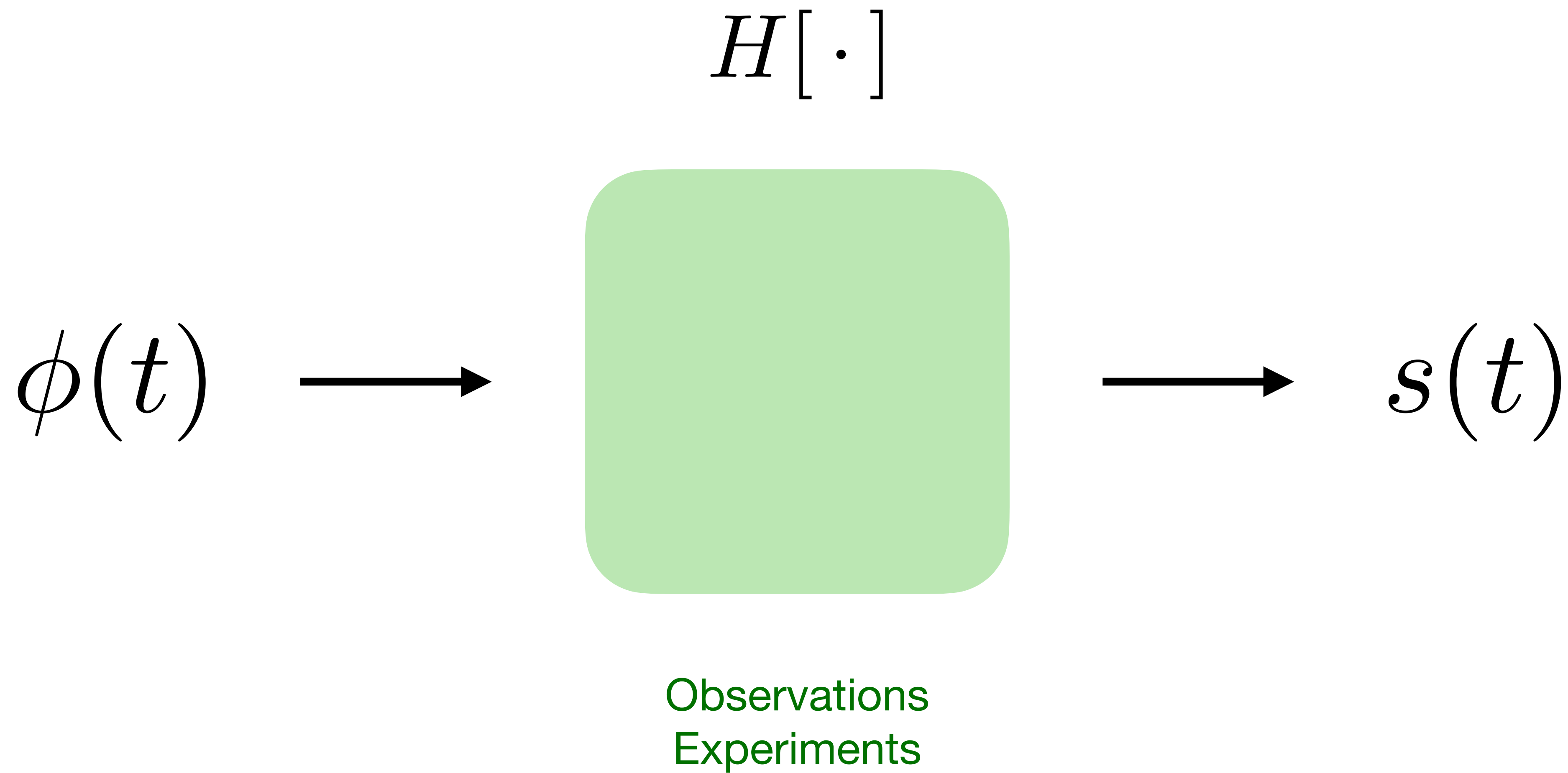


What signal should we expect?

$$s(t) = H[\phi(t)]$$

How might we find them?





$$s(t) = H[\phi(t)]$$

response of system depends on
specifics of the system / types of ULDM interaction

$$s(t) = H[\phi(t)]$$

$$\propto \phi \quad \text{linear}$$

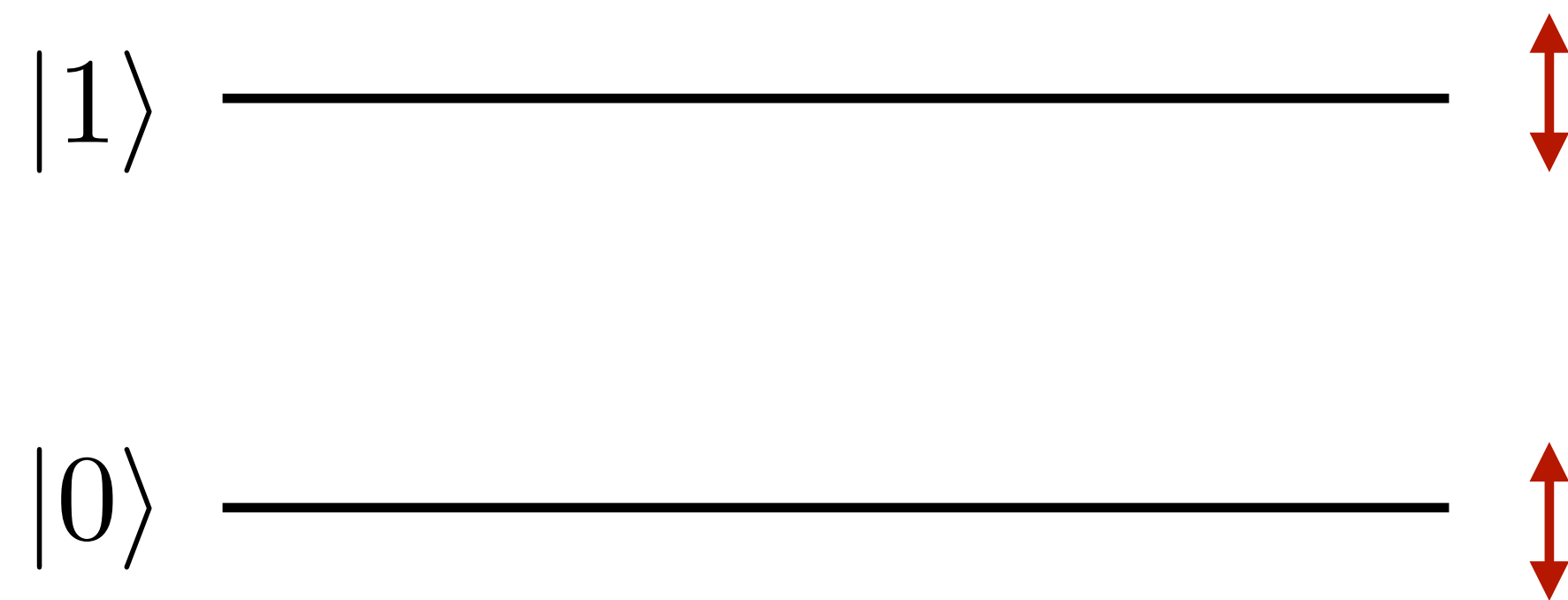
$$\phi^2 \quad \text{quadratic (nonlinear)}$$

Example 1
(non-gravitationally interacting ULDM)
the response of atomic system

$$\mathcal{L} = -\frac{1}{4\alpha}(1 - g\phi)F F$$

$$\frac{\delta\alpha}{\alpha} = g\phi$$

Example 1
(non-gravitationally interacting ULDM)
the response of atomic system



$$s(t) = \frac{\delta E}{E}(t) = c \frac{\delta \alpha}{\alpha}(t) = cg\phi(t)$$

Example 1
(non-gravitationally interacting ULDM)
the response of atomic system

$|1\rangle$ ————— 

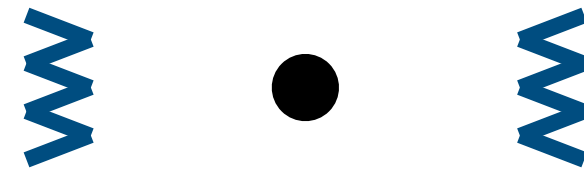
An example of **linear** signal

$|0\rangle$ ————— 

$$s(t) = H[\phi(t)] \propto \phi$$

$$\frac{\delta E}{E} = c \frac{\delta \alpha}{\alpha} = cg\phi$$

Example 2
(gravitationally interacting ULDM)
the response of a point-like particle

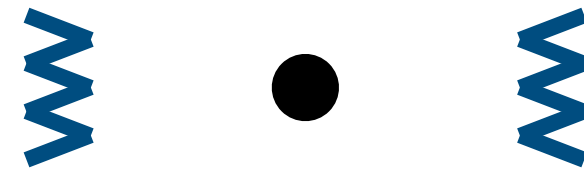


$$\ddot{x} = -\nabla\Phi$$

$$\nabla^2\Phi = 4\pi G\delta\rho$$

$$\rho = \frac{1}{2}\left[\dot{\phi}^2 + (\nabla\phi)^2 + m^2\phi^2\right]$$

Example 2
(gravitationally interacting ULDM)
the response of a point-like particle



An example of **quadratic** signal

$$s(t) = H[\phi(t)] \propto \phi^2$$

whether it is linear or quadratic
the signal will be a function of underlying ULDM field

$$s(t) = H[\phi(t)]$$

the signal will inherit
temporal/spectral characteristics
of underlying ULDM field

$$s(t) = H[\phi(t)]$$

to understand what signal one should expect
we first need to understand

$$\phi(t)$$

how do we describe ULDM field?

A ‘spherical cow’ level description of ULDM

$$\phi(t, \boldsymbol{x}) = \frac{\sqrt{2\rho_0}}{m} \cos(mt + \boldsymbol{k} \cdot \boldsymbol{x})$$

coherently oscillating at

$$\omega = m$$

A ‘spherical cow’ level description of ULDM

$$\phi(t, \boldsymbol{x}) = \frac{\sqrt{2\rho_0}}{m} \cos(mt + \boldsymbol{k} \cdot \boldsymbol{x})$$

amplitude determined by

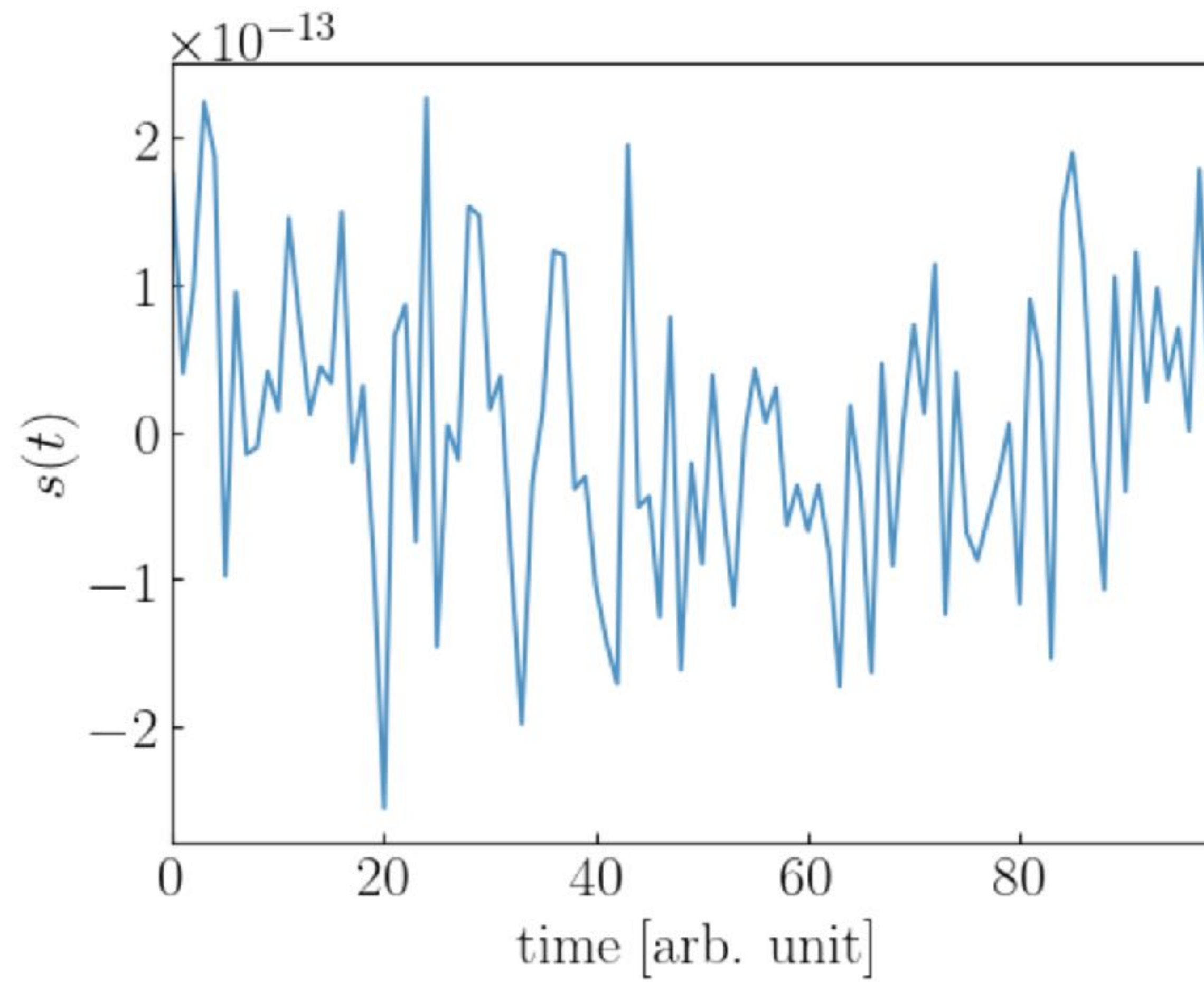
$$\rho_0 = \frac{1}{2}(\dot{\phi}^2 + m^2\phi^2)$$

with this simplified description
expected ULDM signals become clear

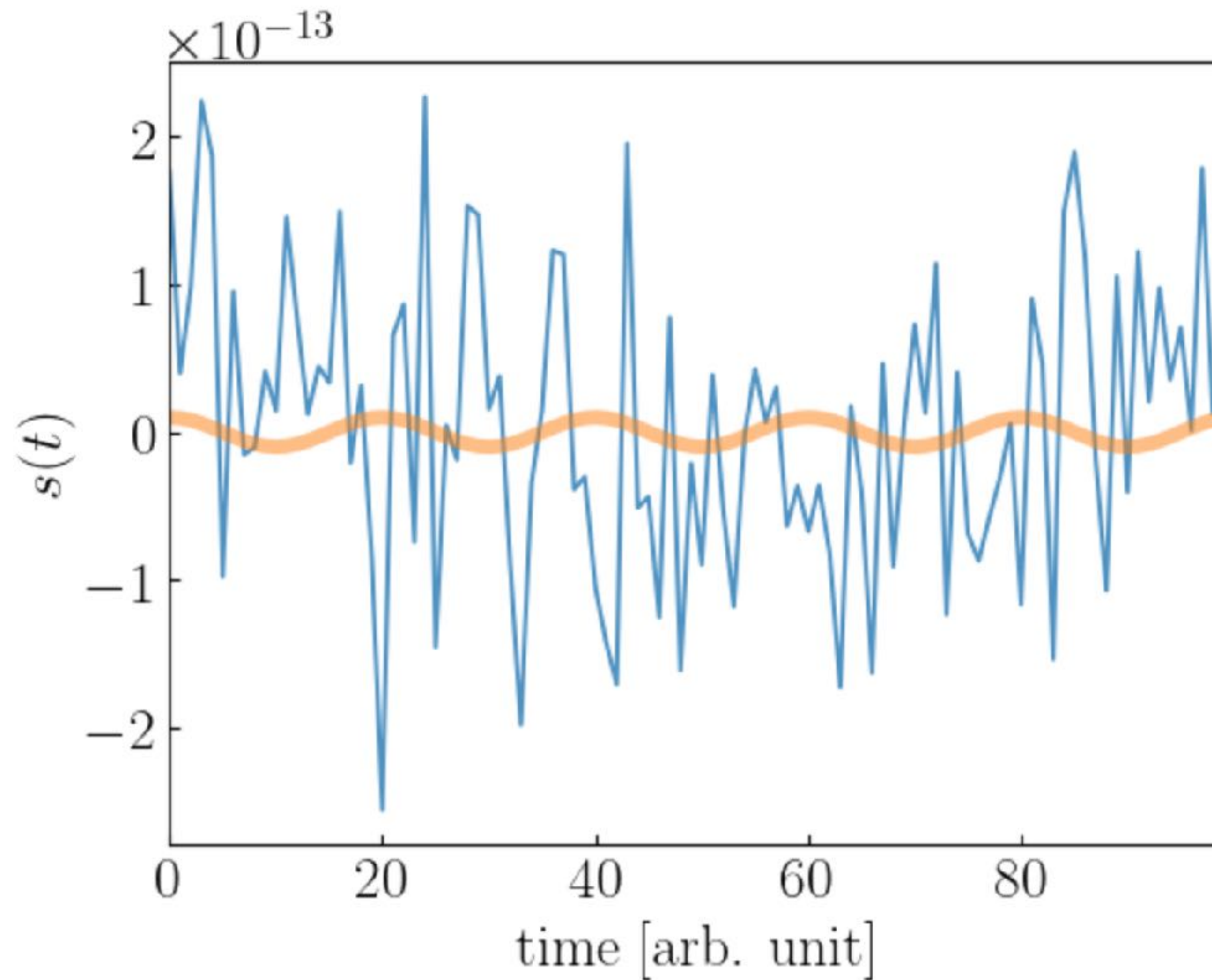
$$s(t) \propto \phi(t) = \phi_0 \cos(mt)$$

$$\propto \phi^2(t) = \phi_0^2 \cos^2(mt) \sim \phi_0^2 \cos(2mt)$$

How might we find them?



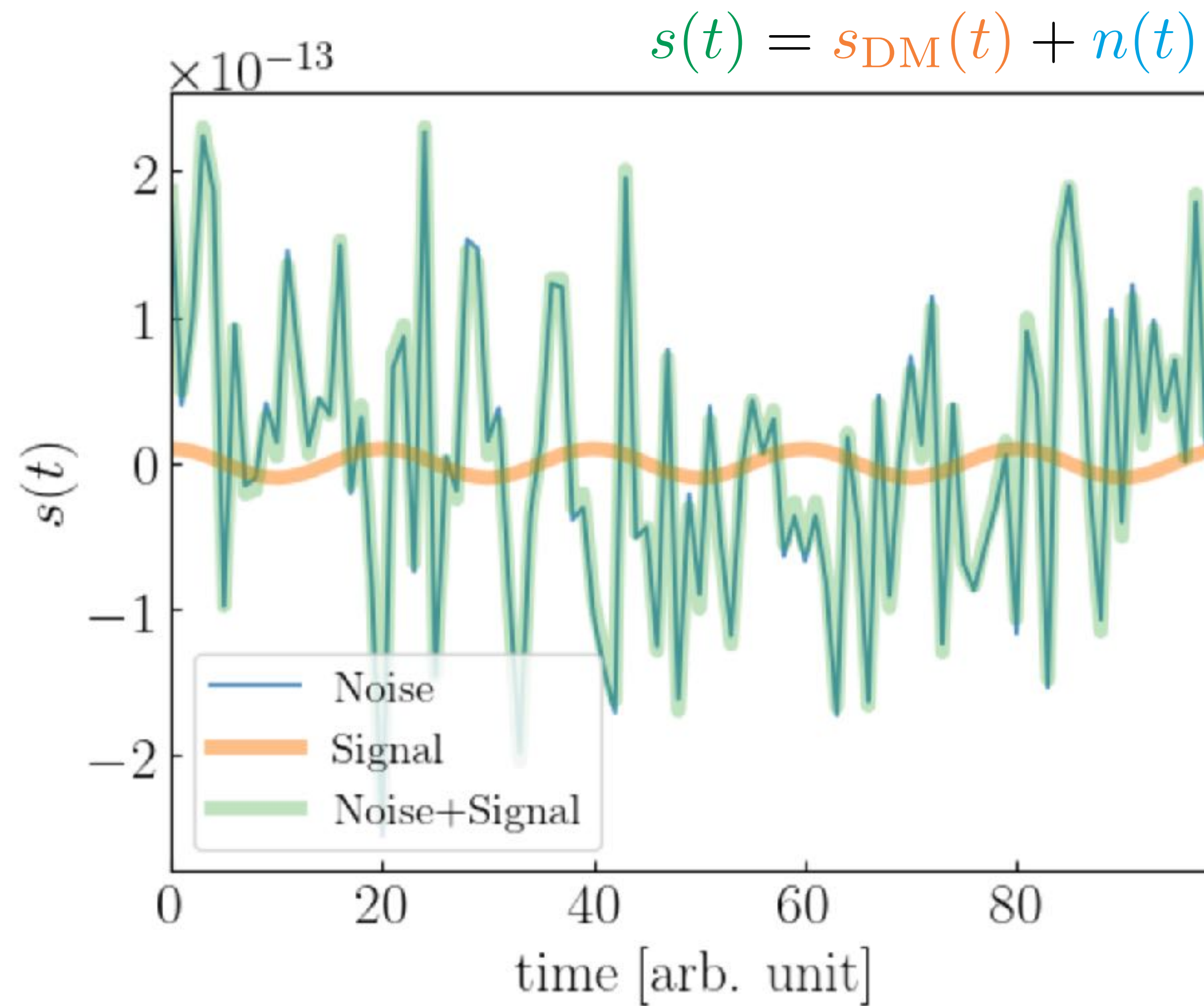
we look for **coherent signals** !



$\cos(mt)$ linear

$\cos(2mt)$ quadratic

how do we find such signals practically?



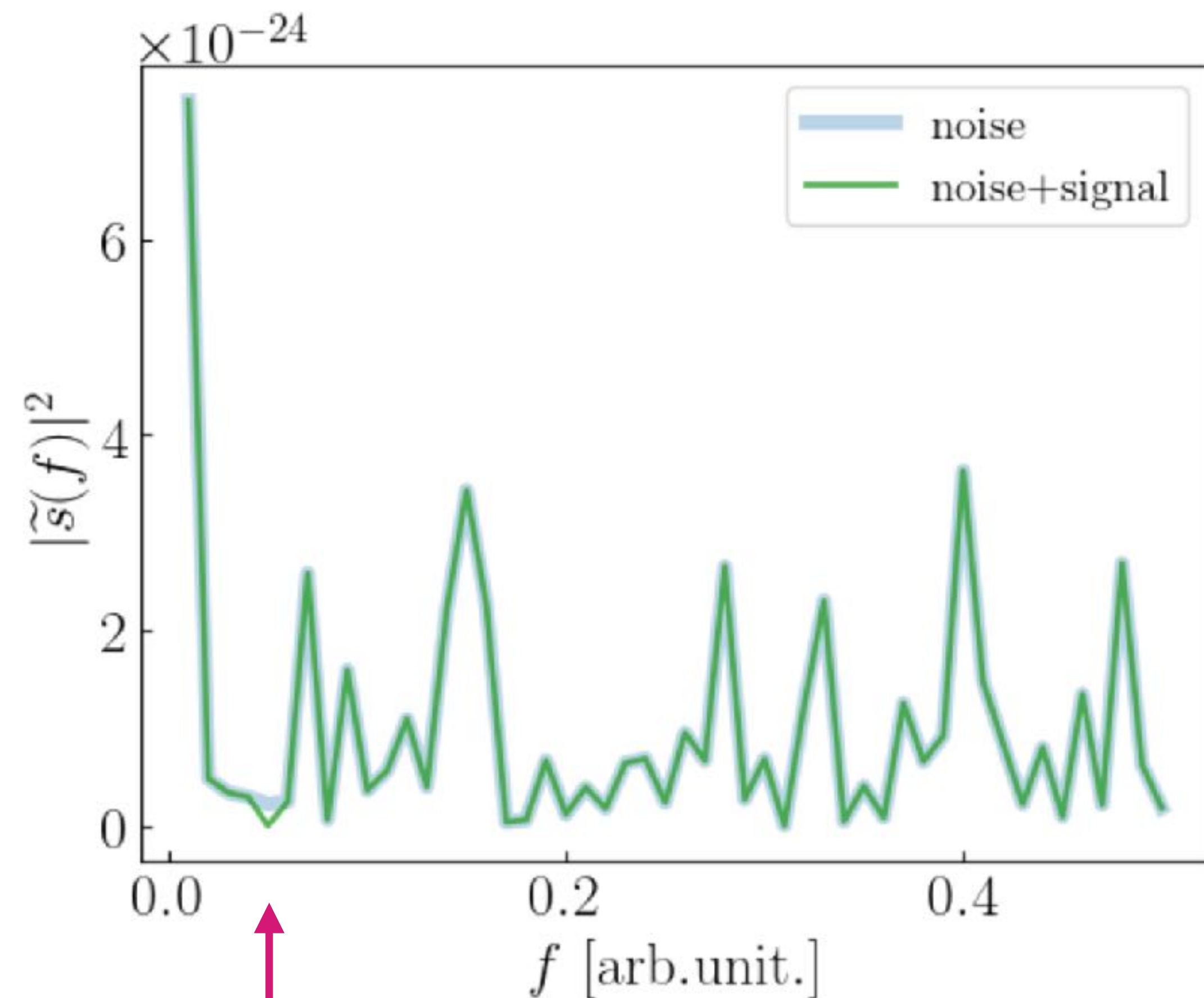
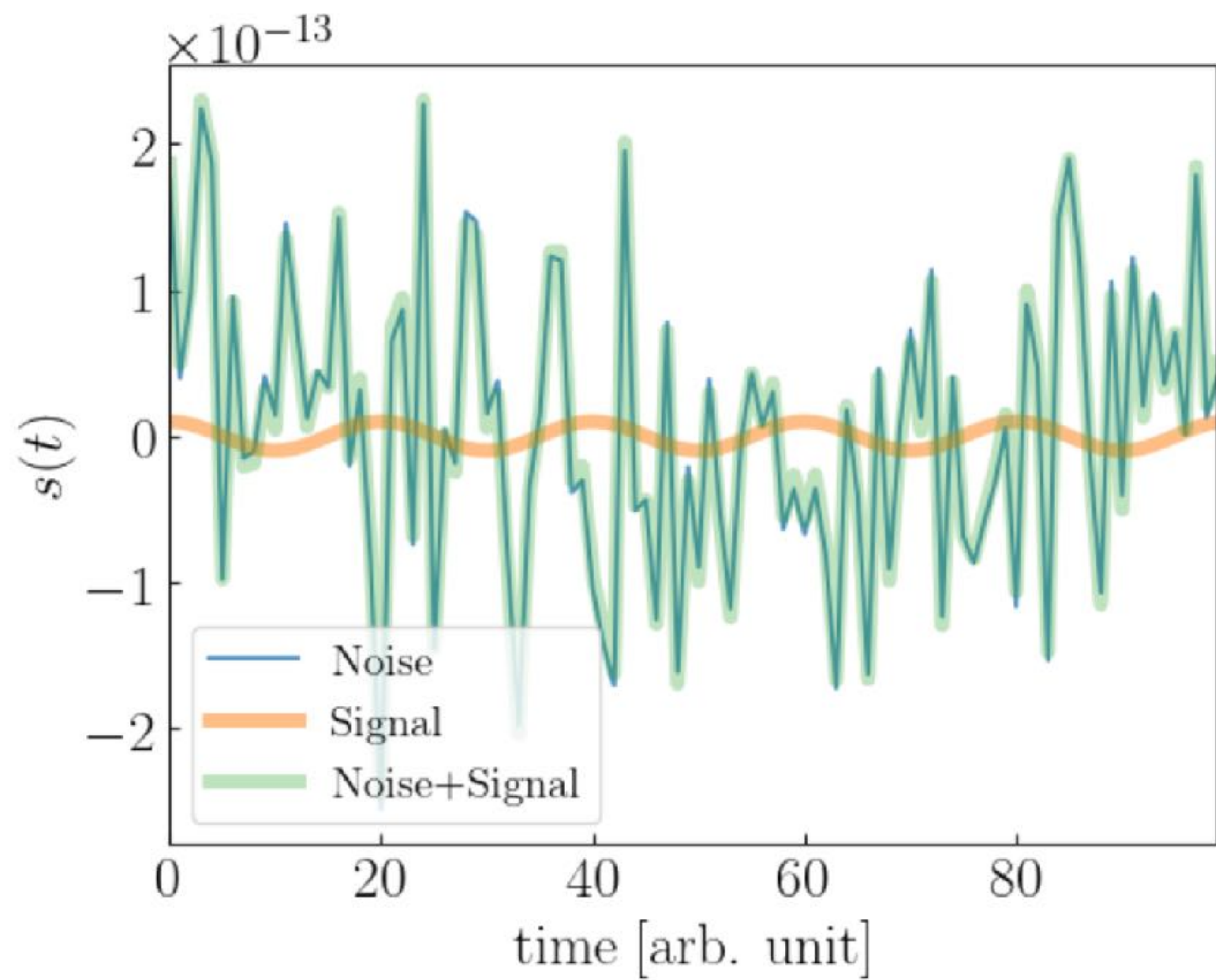
$$Y = \int dt \, s(t) K_{\omega}(t) = \int dt \, [s_{\text{DM}}(t) K_{\omega}(t) + n(t) K_{\omega}(t)]$$

$\propto T$ $\propto \sqrt{T}$

For coherent signal
 this quantity is nothing but Fourier transformation

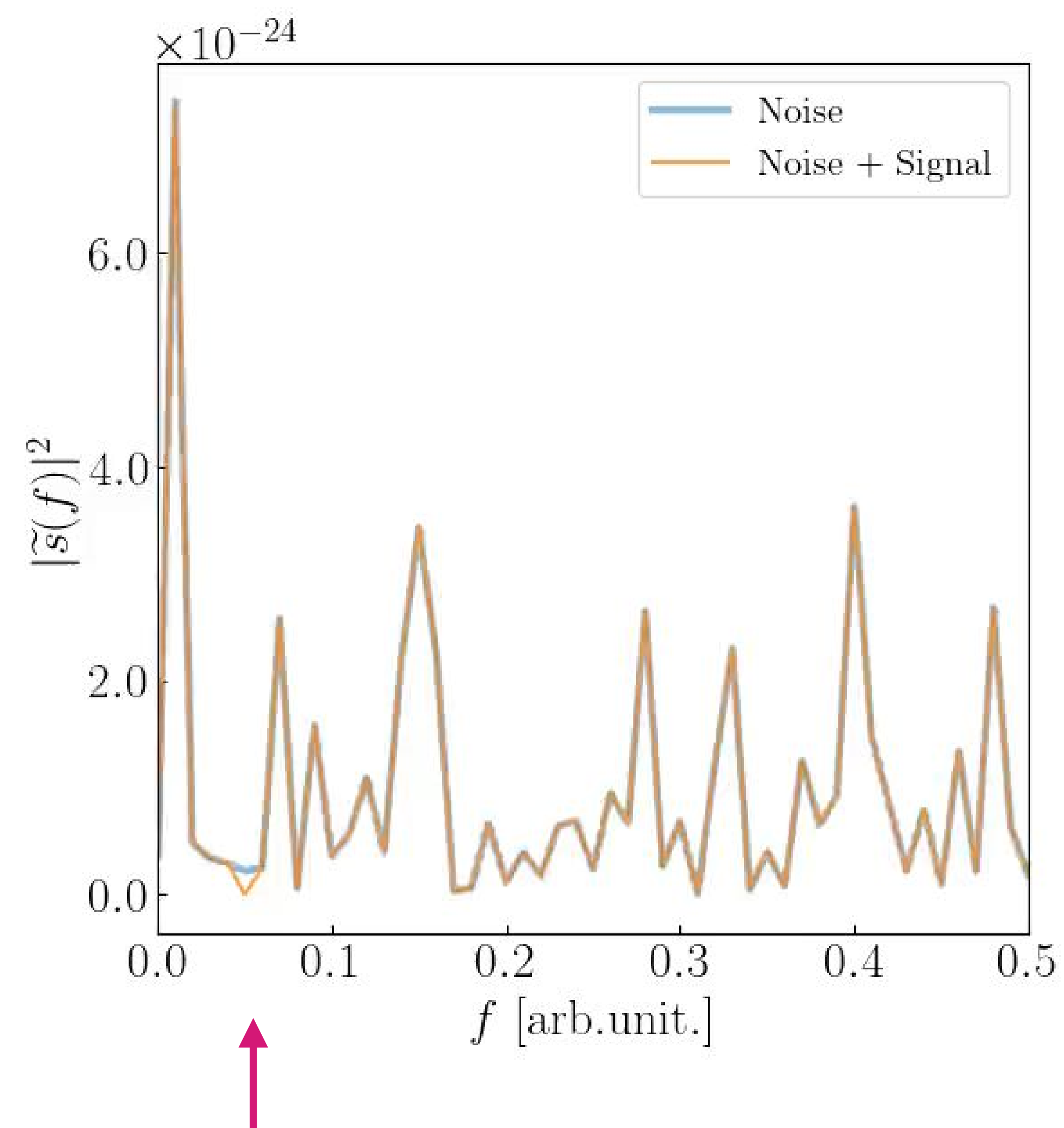
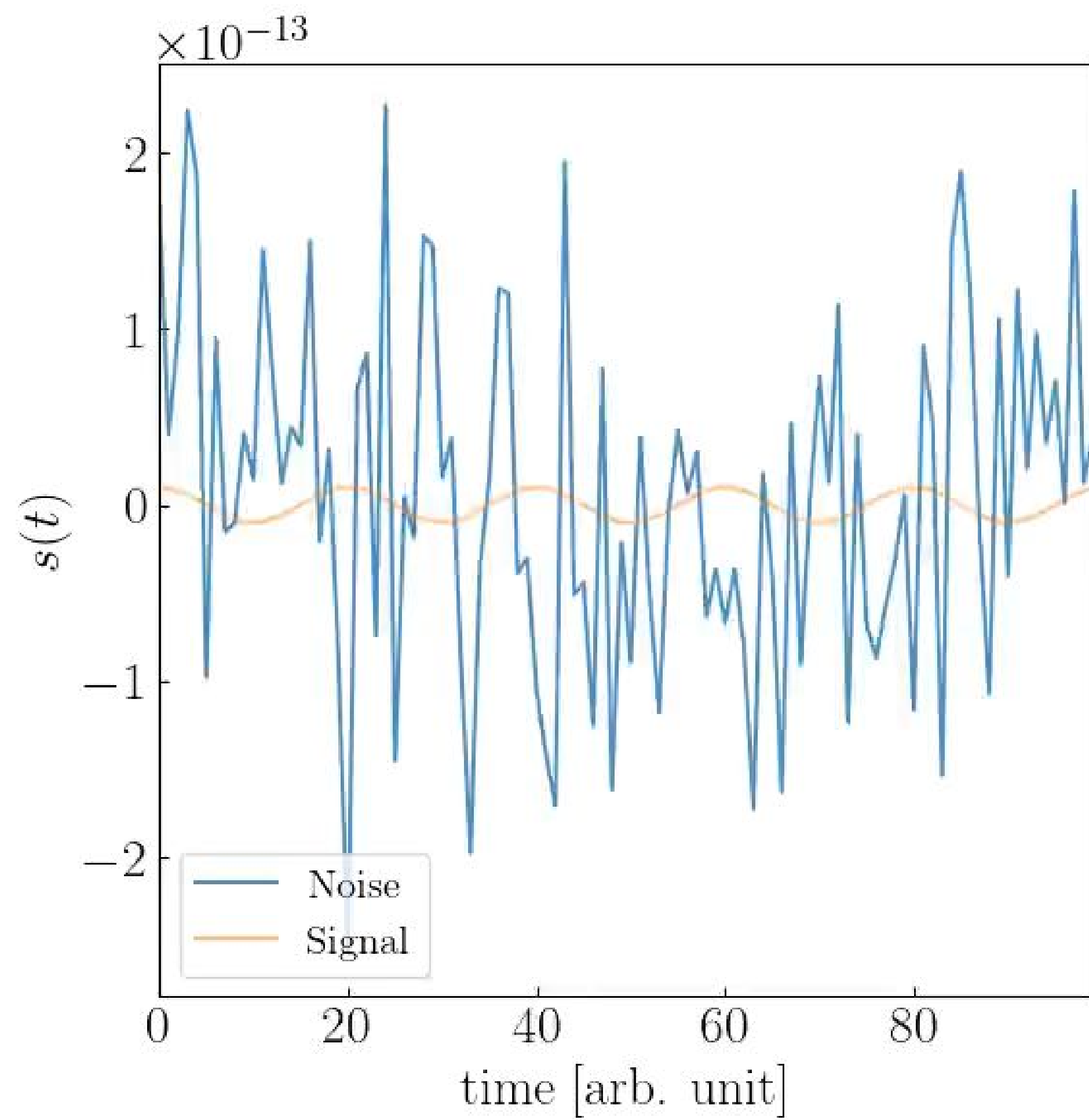
$$Y = \int dt \overset{\cos(mt)}{s(t)} \underset{\cos(\omega t)}{K_\omega(t)} \sim \tilde{s}(\omega)$$

$$\sim \delta_T(\omega - m)$$



Coherent signal expected to appear here!

$$\omega = m \text{ or } 2m$$



this simplified picture
cannot capture 'stochastic signal'

$$\alpha_{\mathbf{k}_i} = r_{\mathbf{k}_i} e^{i\theta_{\mathbf{k}_i}}$$

beyond 'spherical cow' description

random variables

$$\begin{aligned} \phi(t, \mathbf{x}) &= \sum_{\mathbf{k}_i} \frac{1}{\sqrt{2mV}} \left[\alpha_{\mathbf{k}_i} e^{-i\mathbf{k}_i \cdot \mathbf{x}} + \alpha_{\mathbf{k}_i}^* e^{i\mathbf{k}_i \cdot \mathbf{x}} \right] \\ &= \sum_{\mathbf{k}_i} \sqrt{\frac{2}{mV}} r_{\mathbf{k}_i} \cos(\omega_{\mathbf{k}_i} t - \mathbf{k}_i \cdot \mathbf{x} + \theta_{\mathbf{k}_i}) \end{aligned}$$

this expression is nothing but sum of cosine waves

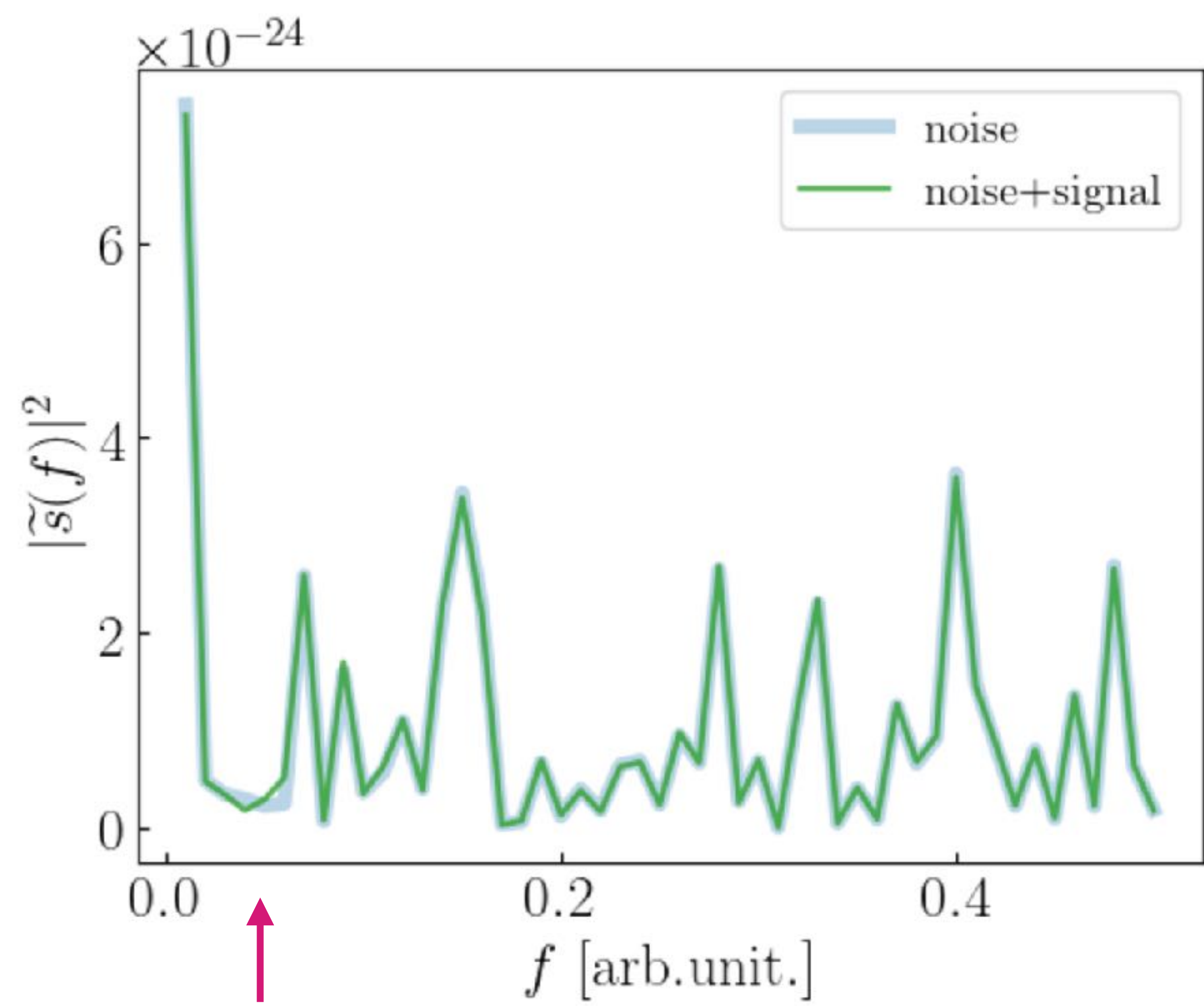
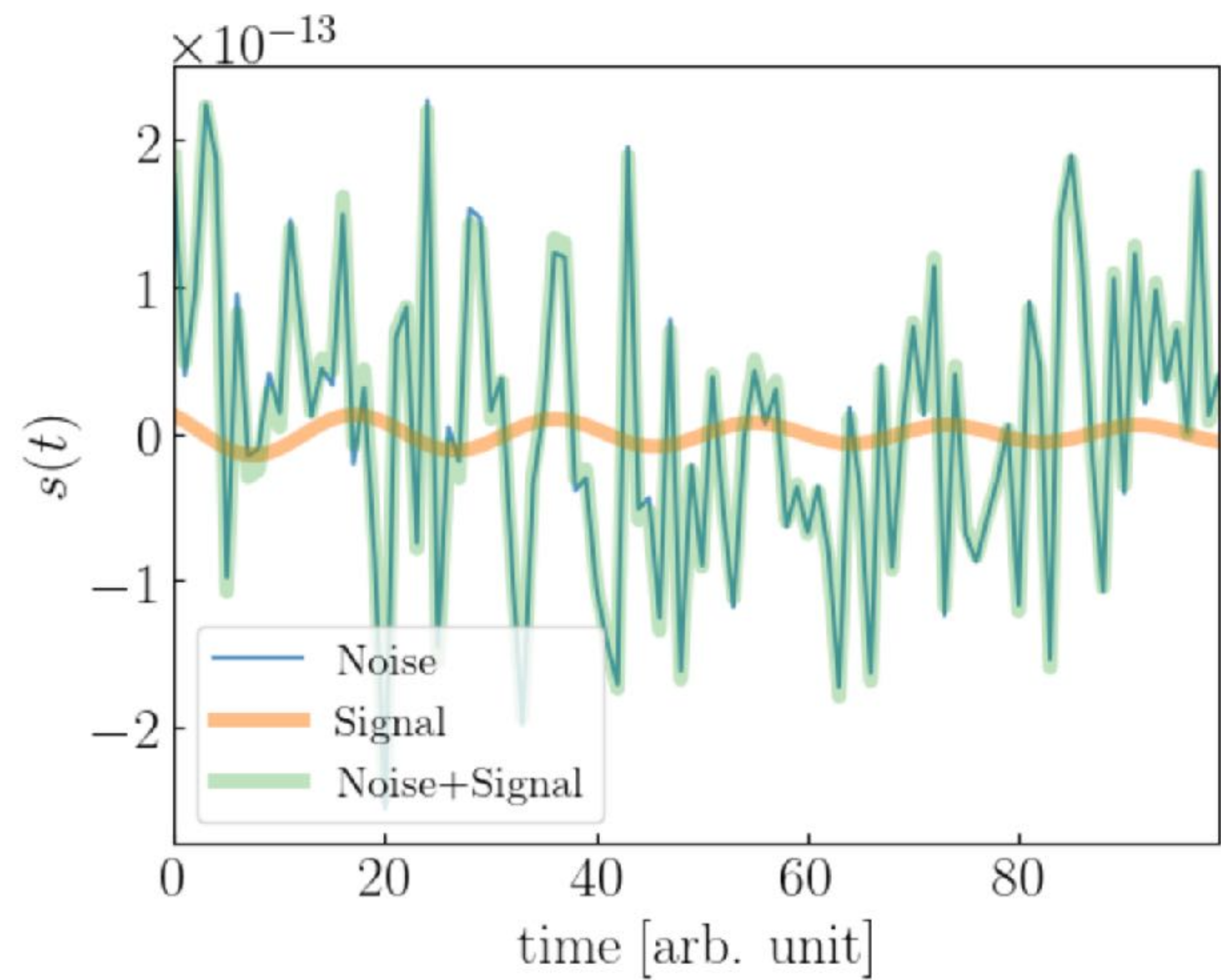
what signals should we expect?

for **linear signals**

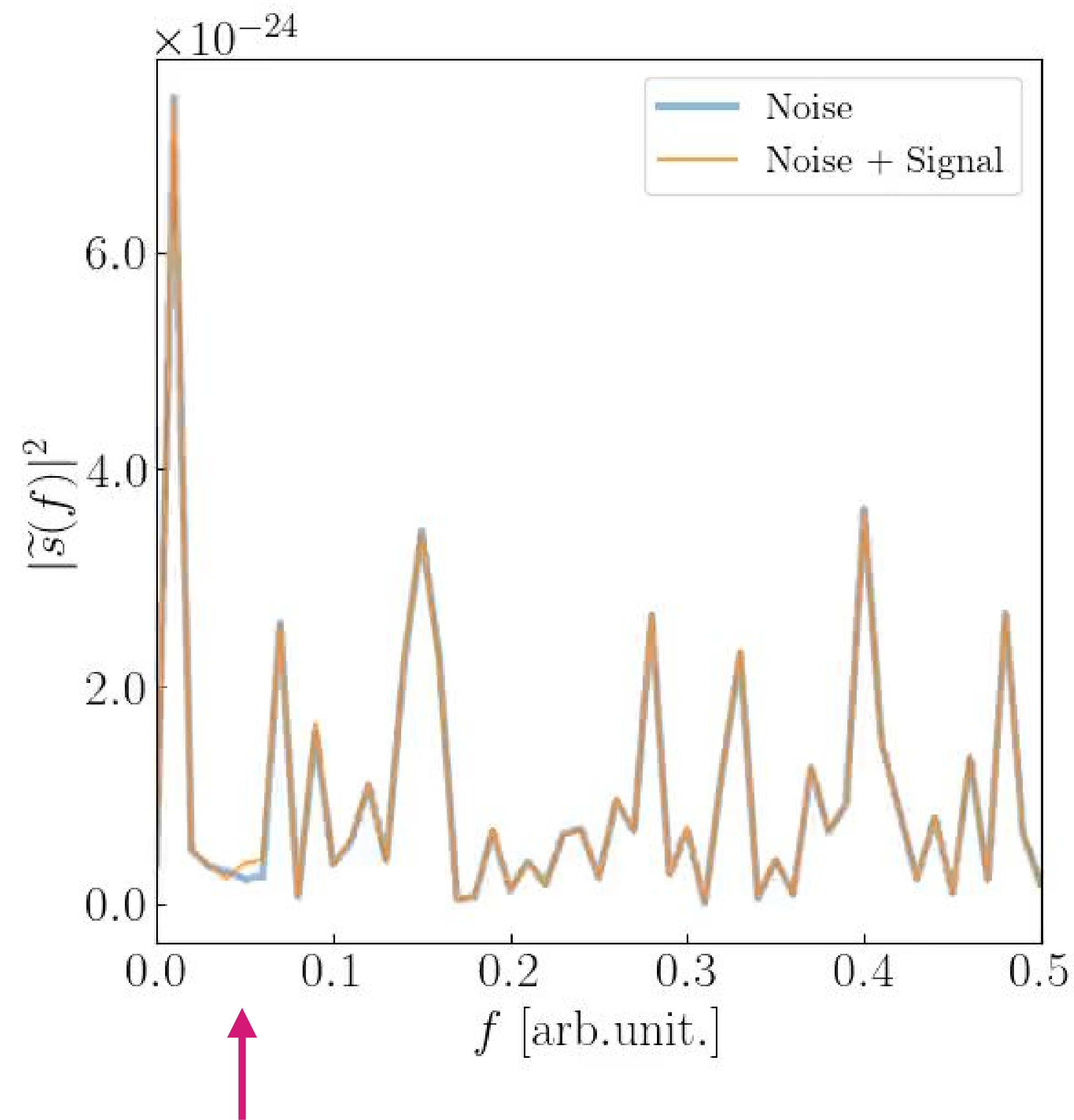
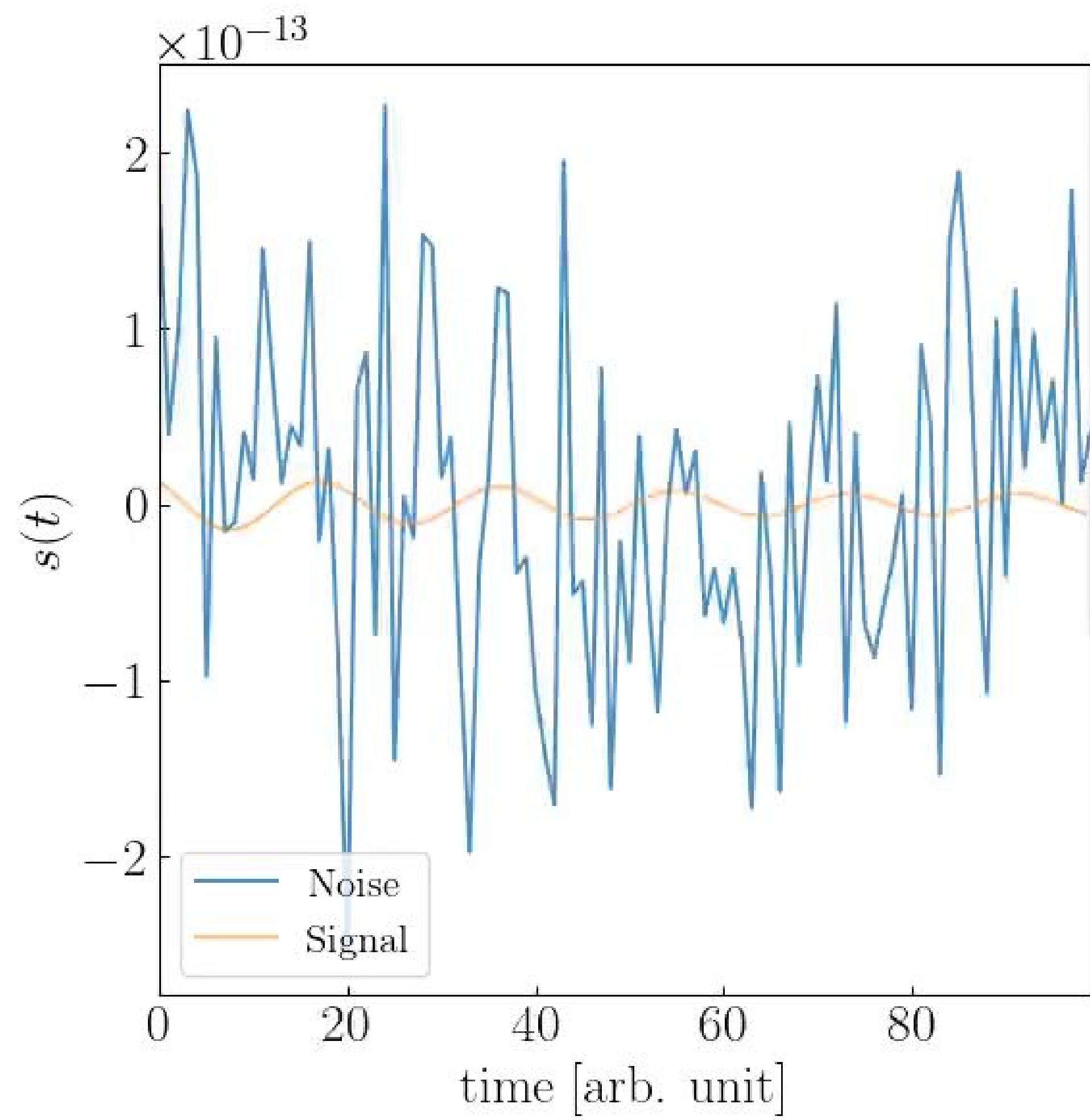
it is qualitatively the same as before

$$s(t) \propto \phi(t) \propto \sum_{\mathbf{k}_i} r_{\mathbf{k}_i} \cos(mt + \theta_{\mathbf{k}_i})$$

we look for **coherent oscillations**



Coherent signal expected to appear here
 $\omega = m$



for **quadratic signals**
stochastic fluctuation emerges

$$s(t) \propto \phi^2(t)$$

$$\propto \sum_{\mathbf{k}_i, \mathbf{k}_j} r_{\mathbf{k}_i} r_{\mathbf{k}_j} \cos(\omega_{\mathbf{k}_i} t + \theta_{\mathbf{k}_i}) \cos(\omega_{\mathbf{k}_j} t + \theta_{\mathbf{k}_j})$$

$$\propto \sum_{\mathbf{k}_i, \mathbf{k}_j} r_{\mathbf{k}_i} r_{\mathbf{k}_j} \left[\cos \left[(\omega_{\mathbf{k}_i} - \omega_{\mathbf{k}_j}) t + (\theta_{\mathbf{k}_i} - \theta_{\mathbf{k}_j}) \right] + \cos \left[(\omega_{\mathbf{k}_i} + \omega_{\mathbf{k}_j}) t + (\theta_{\mathbf{k}_i} + \theta_{\mathbf{k}_j}) \right] \right]$$

$$\omega \lesssim mv^2$$

stochastic fluctuation

$$\omega \approx 2m$$

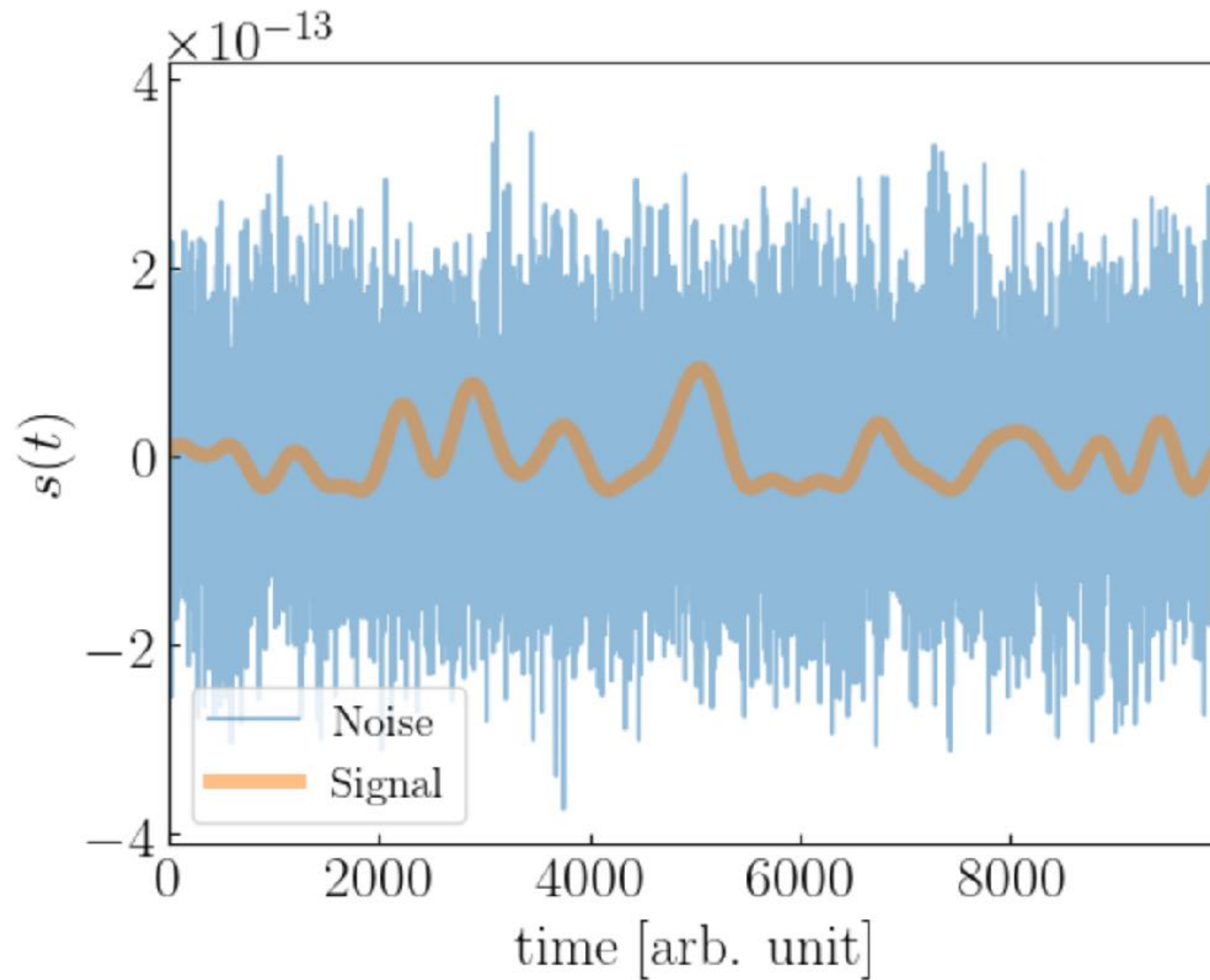
coherent fluctuation

how would stochastic fluctuations appear in the output?

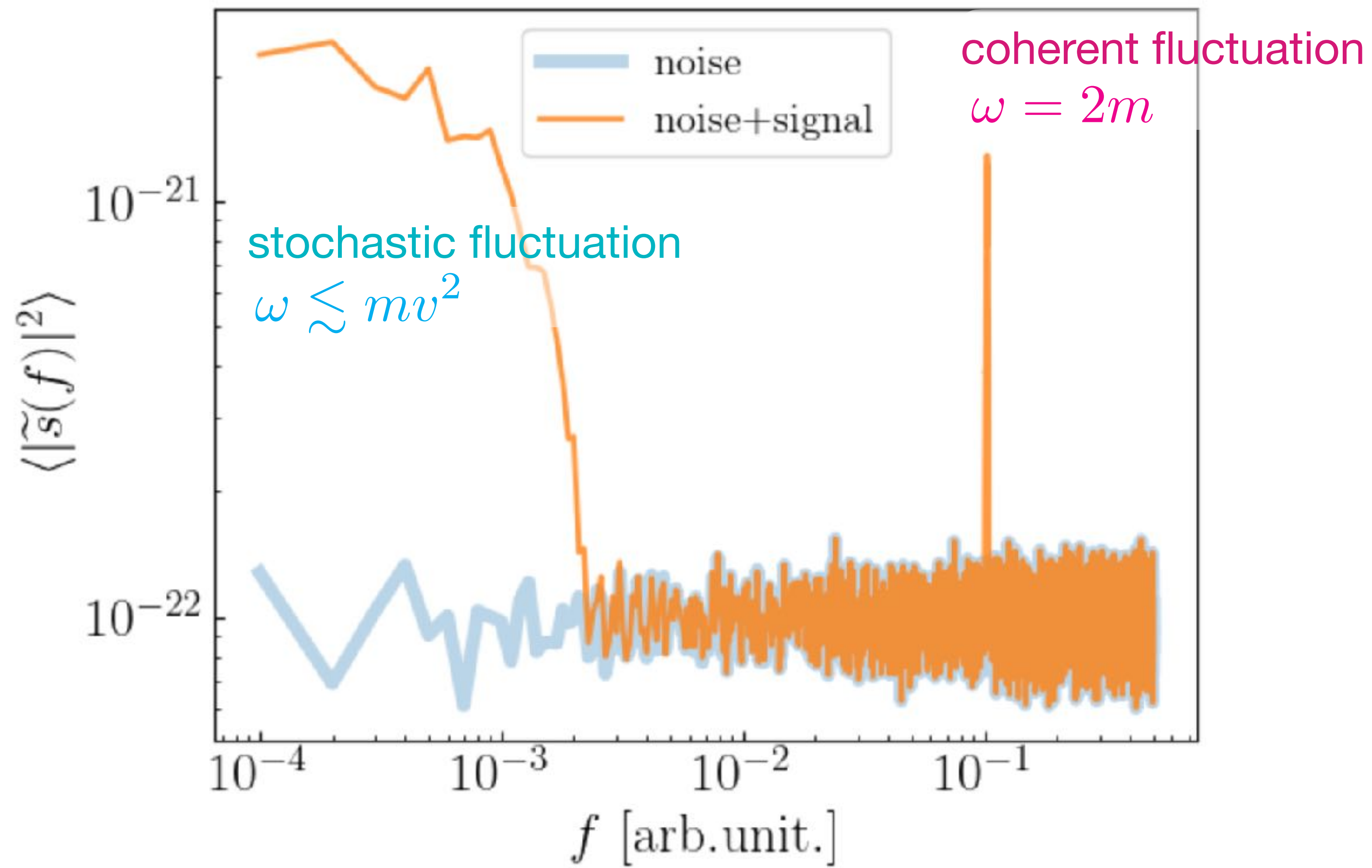
$$s(t) \propto [\phi^2(t)]_{\text{sto}}$$

$$\propto \sum_{\mathbf{k}_i, \mathbf{k}_j} r_{\mathbf{k}_i} r_{\mathbf{k}_j} \cos [(\omega_{\mathbf{k}_i} - \omega_{\mathbf{k}_j})t + (\theta_{\mathbf{k}_i} - \theta_{\mathbf{k}_j})]$$

stochastic part of signal will appear



the power spectrum now would look like



suppose that a detector
is sensitive to

$$[f_l, f_u]$$

for coherent signals

$$f_{\text{signal}} = \frac{m}{2\pi} \in [f_l, f_u]$$

for stochastic signals

$$f_{\text{signal}} \sim \frac{mv^2}{2\pi} \in [f_l, f_u]$$

for coherent signals

$$f_{\text{signal}} = \frac{m}{2\pi} \in [f_l, f_u]$$

for stochastic signals

$$f_{\text{signal}} \sim \frac{mv^2}{2\pi} \in [f_l, f_u]$$

for a single given detector

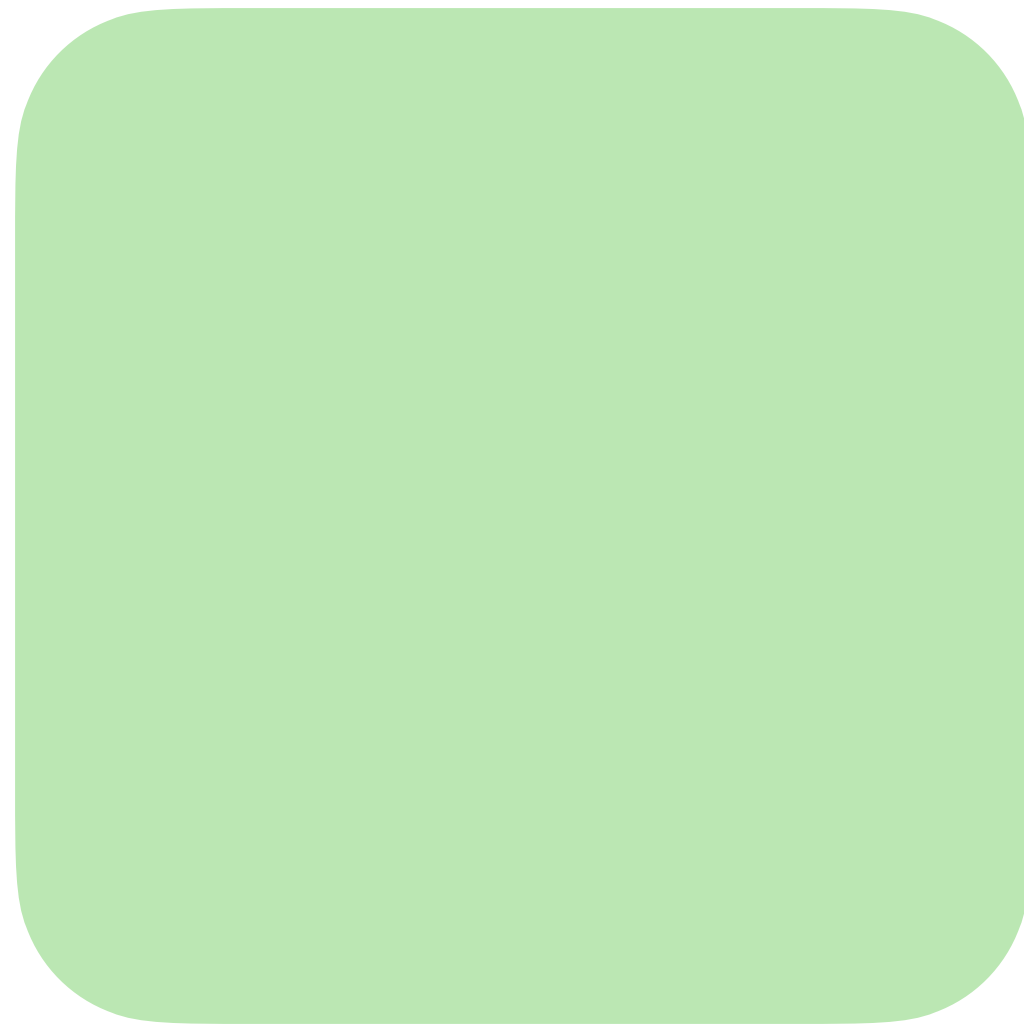
we probe a widely separated mass range simultaneously!

Applications

focusing on gravitational interaction

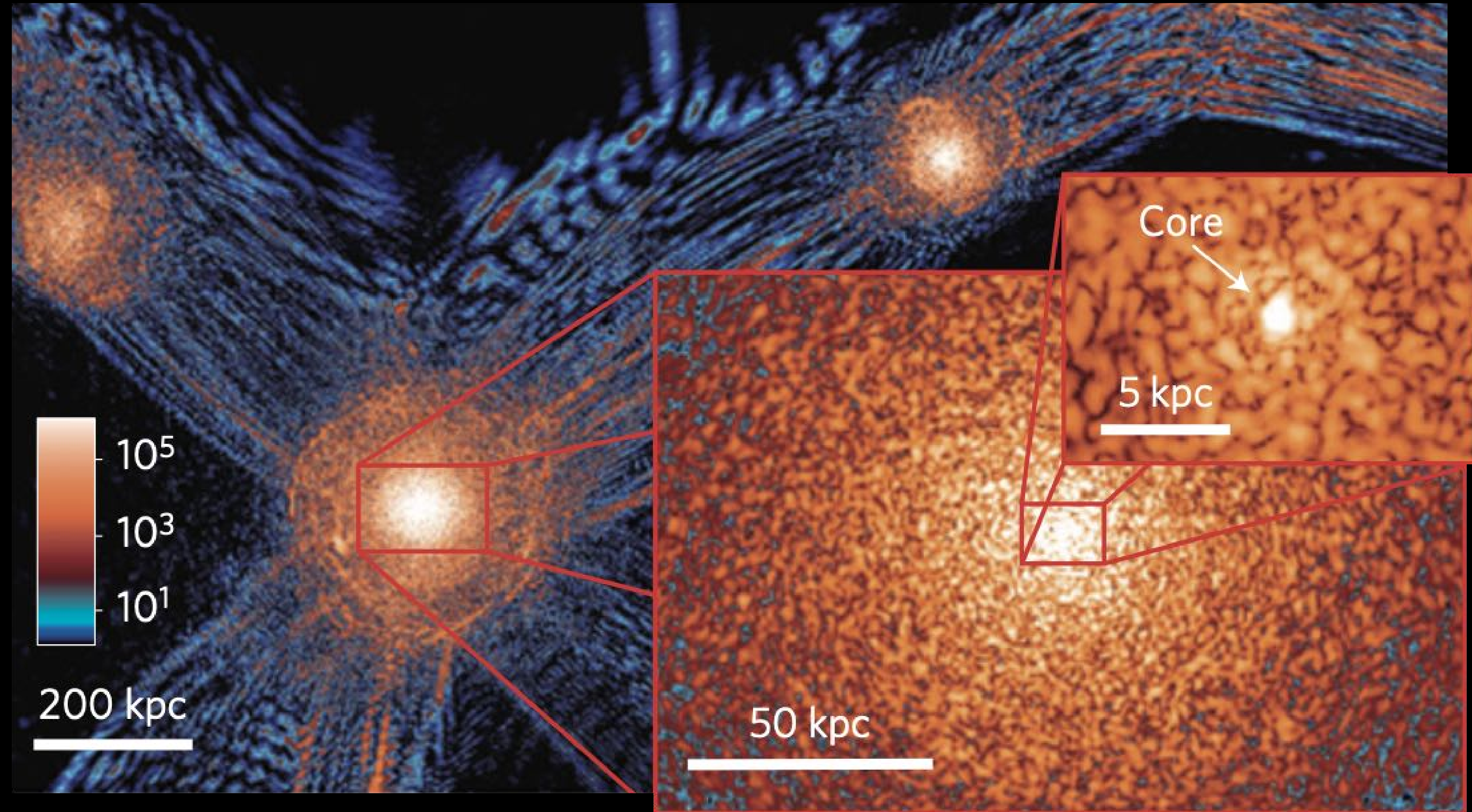
$$g_{\mu\nu} \propto T_{\mu\nu} \propto \phi^2$$

$\phi(t)$

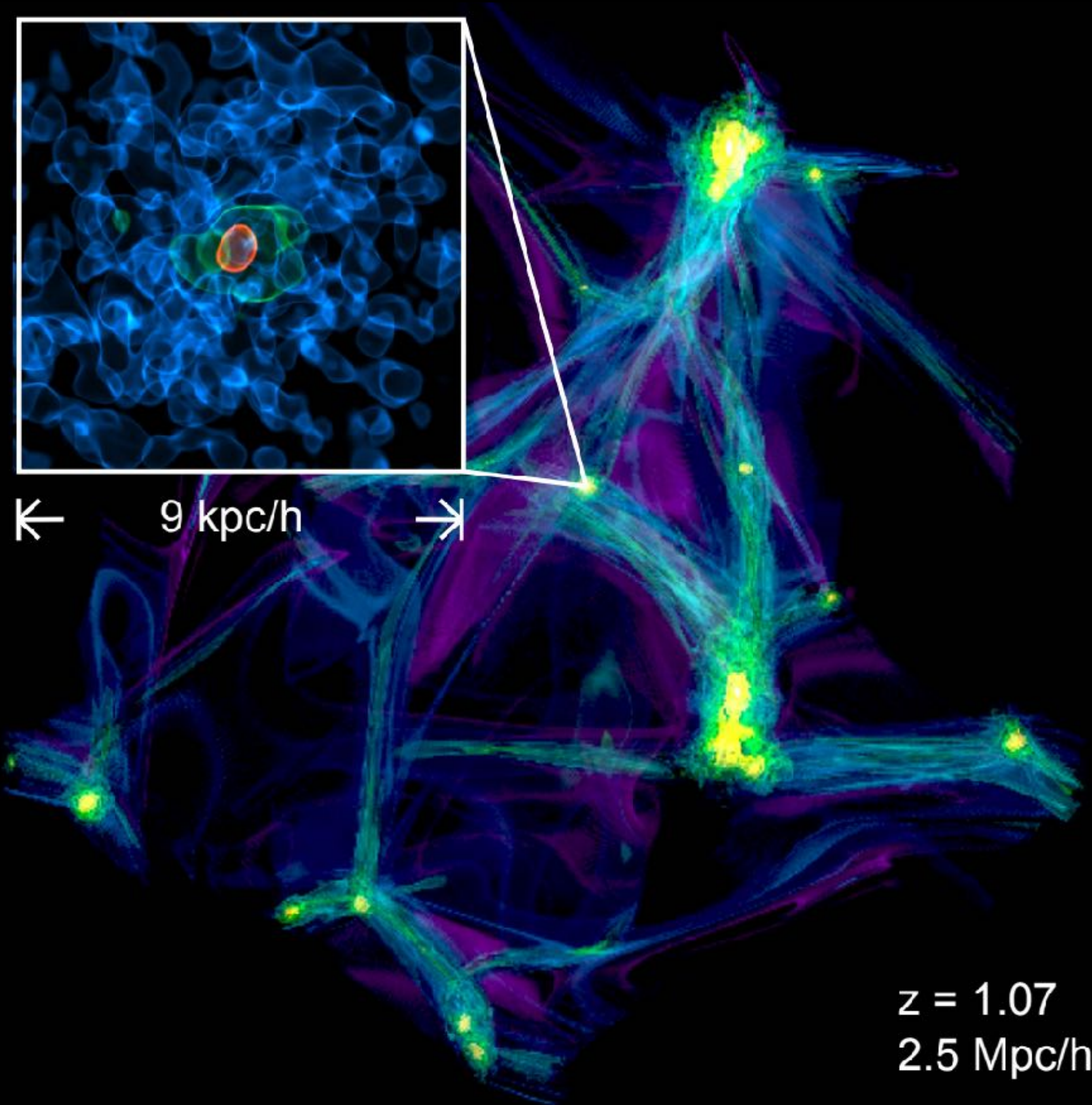


$s(t)$

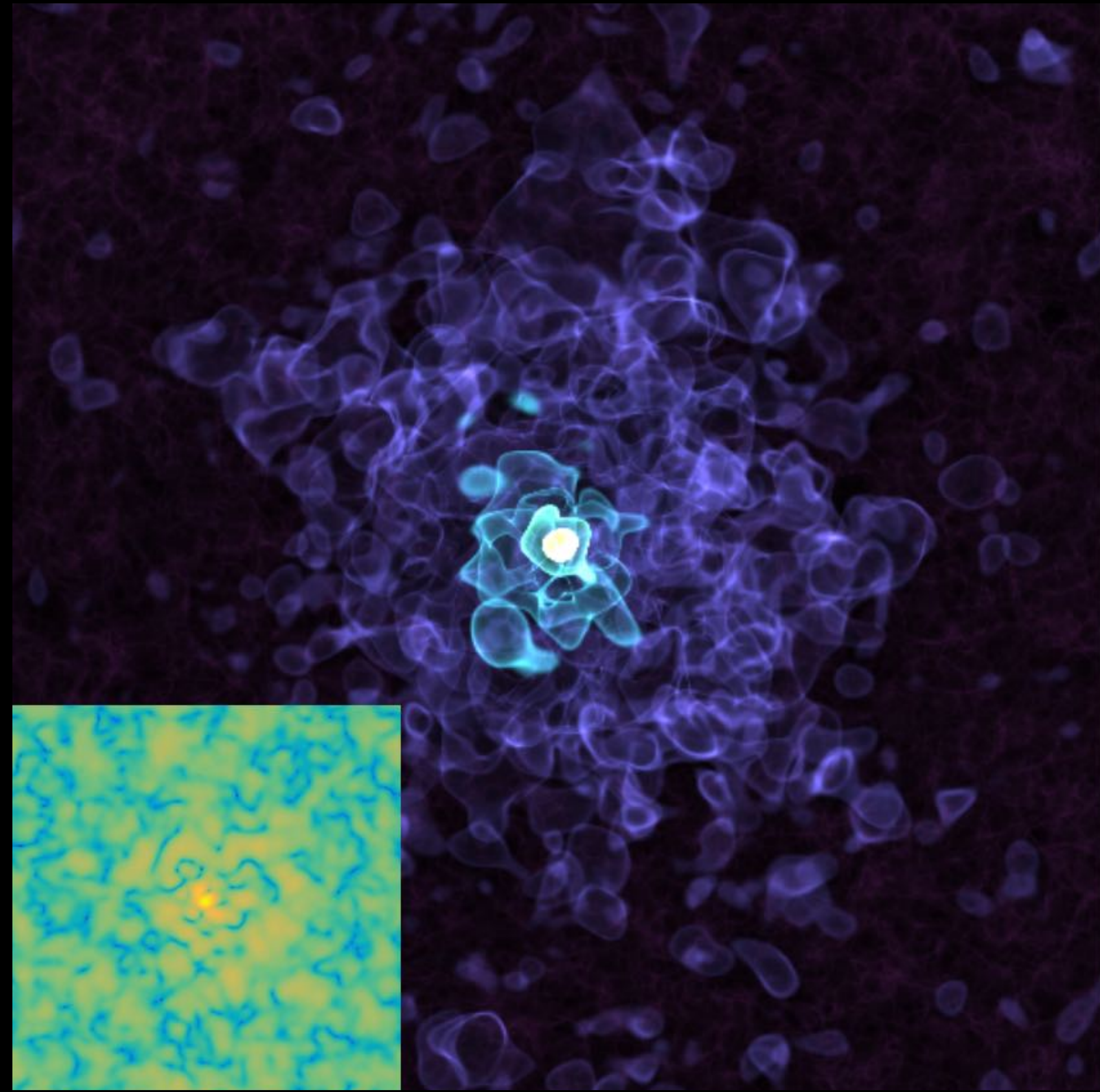
Observations
Experiments



Mocz et al (17)

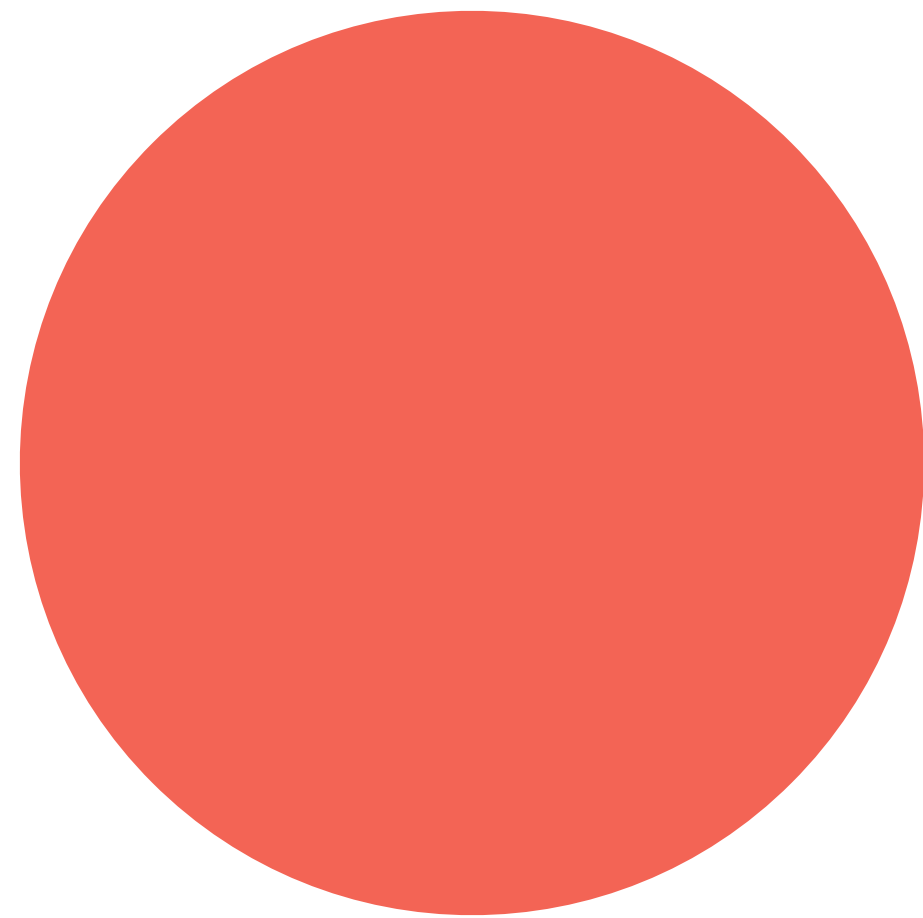


Veltmaat, Niemeyer, Schwabe (18)



An intuitive understanding of the granule structure:

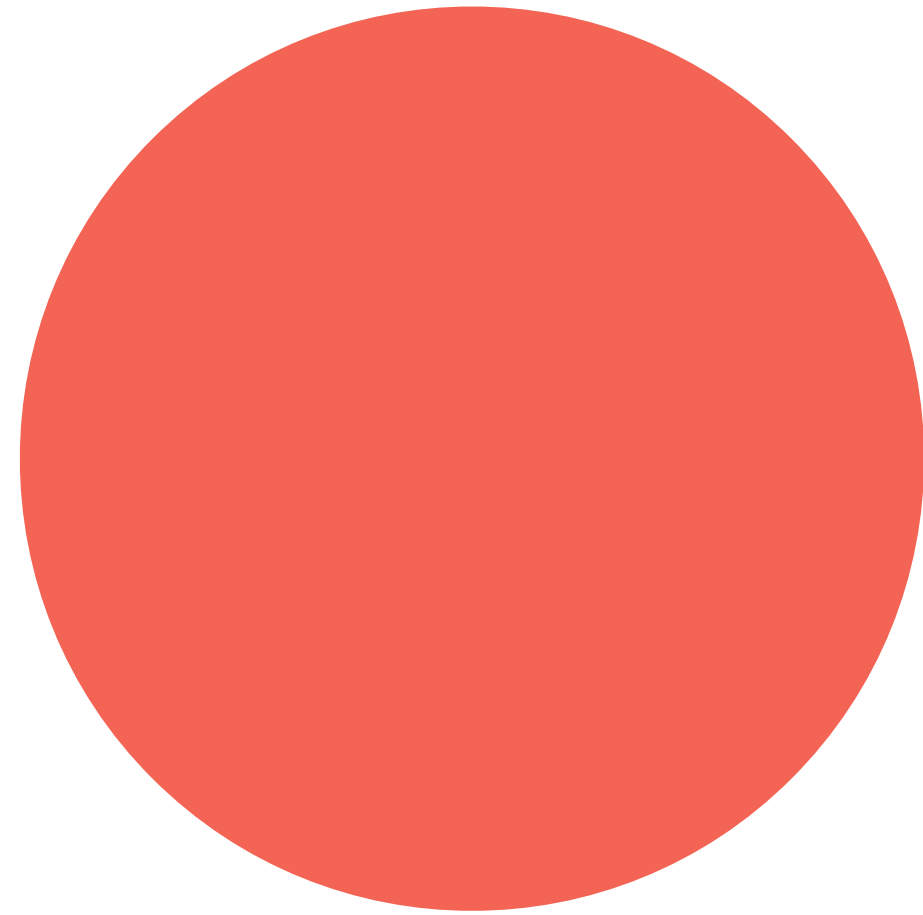
Quasiparticle



$$\ell \sim \lambda = \frac{1}{mv}$$

$$m_{\text{eff}} \sim \rho_{\text{DM}} \ell^3$$

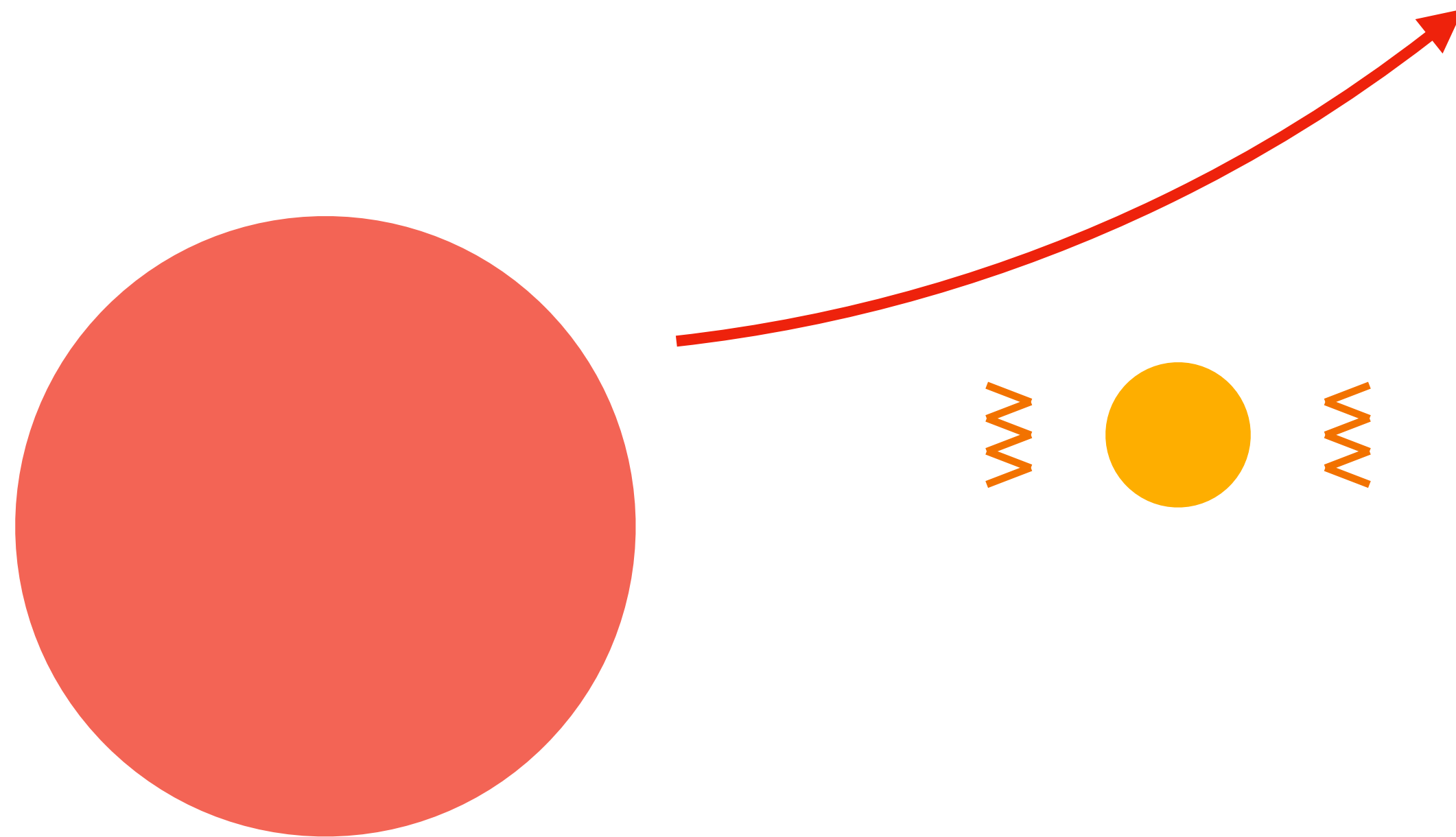
the size and mass of them could be astronomical



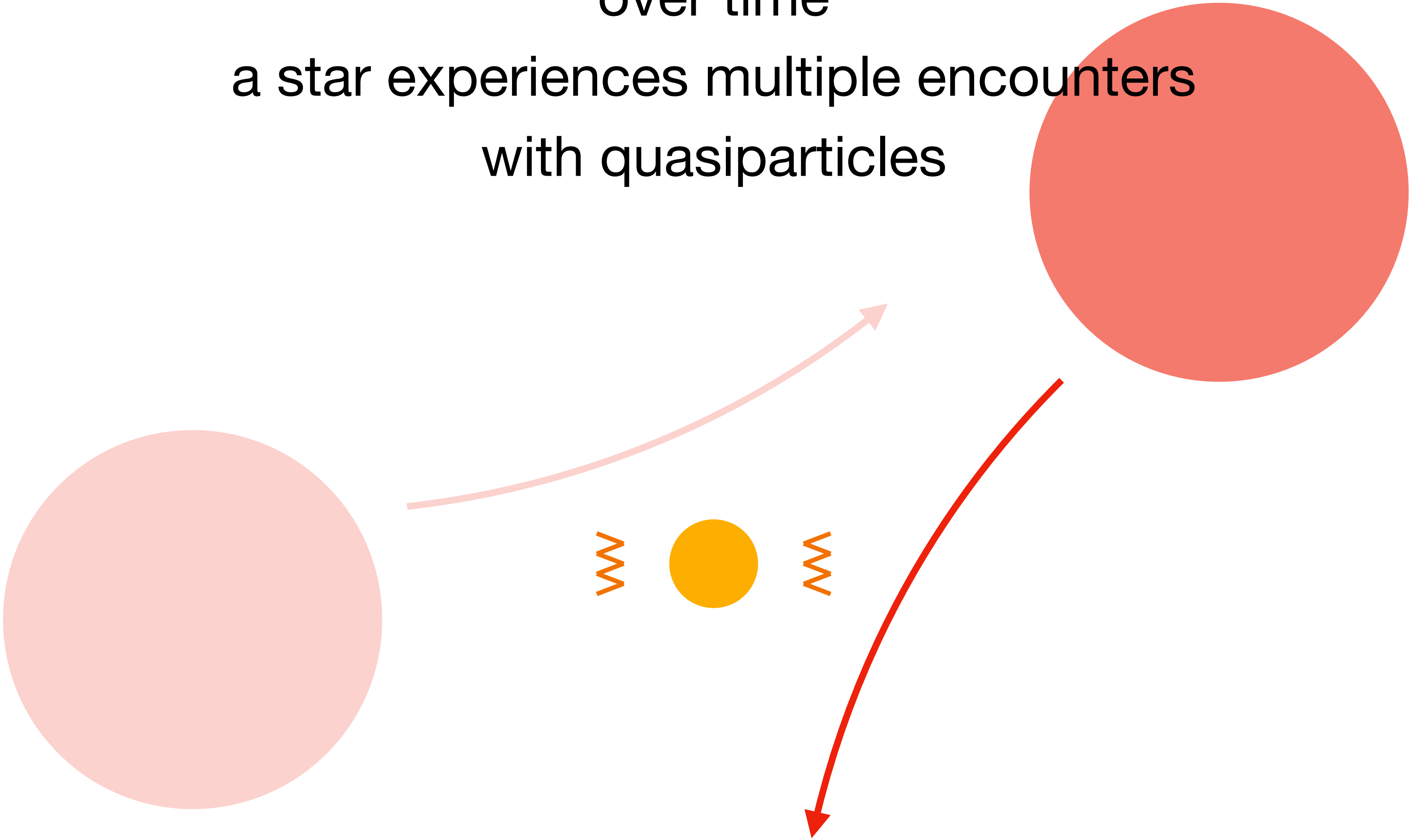
$$\ell \sim \lambda = \frac{1}{mv} \sim 10 \text{ AU} \times \left(\frac{10^{-16} \text{ eV}}{m} \right)$$

$$m_{\text{eff}} \sim \rho_{\text{DM}} \ell^3 \sim 10^{15} \text{ kg} \times \left(\frac{10^{-16} \text{ eV}}{m} \right)^3$$

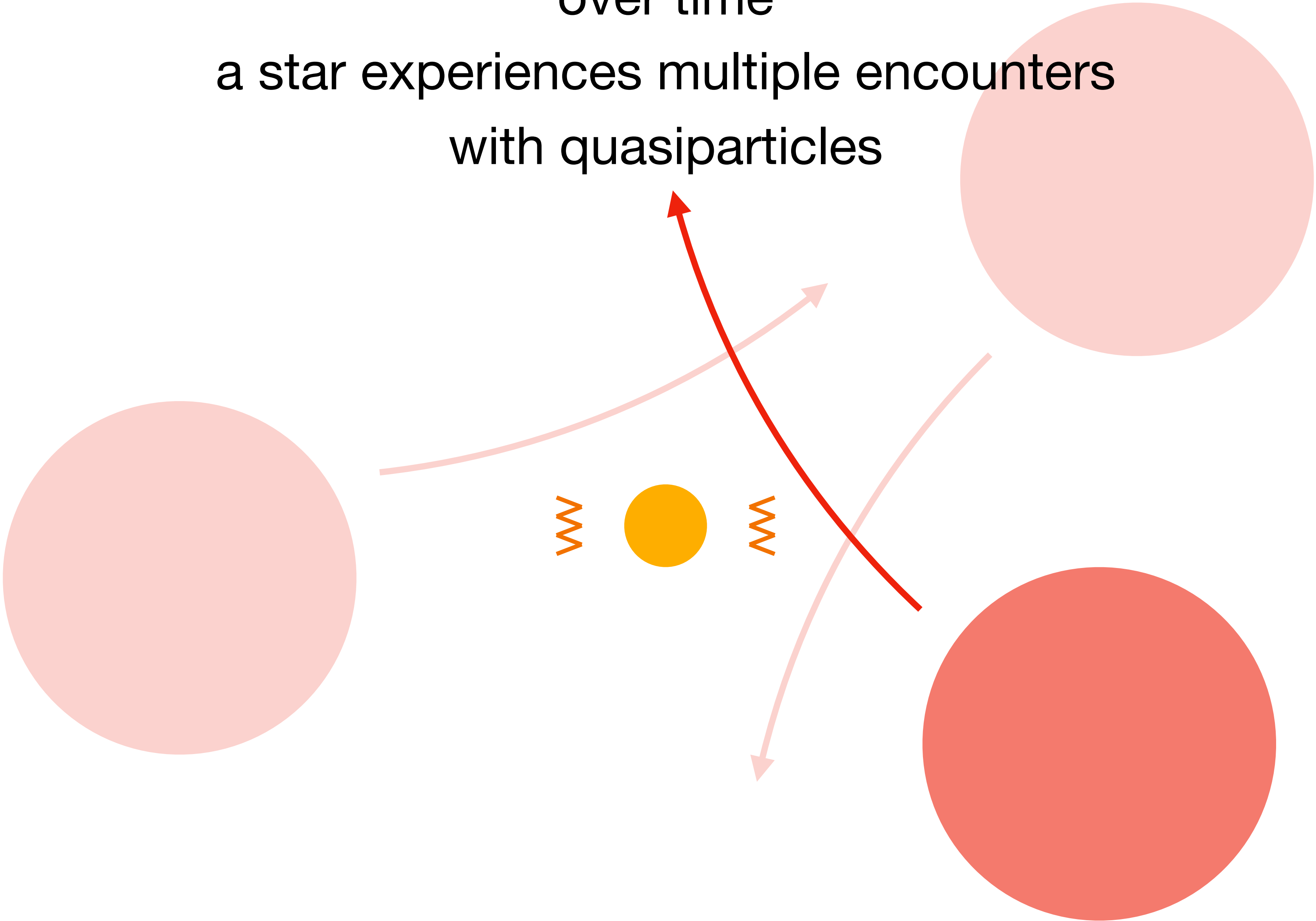
being that massive
it may engage in interaction with stars
and significantly perturb the motion of them



over time
a star experiences multiple encounters
with quasiparticles



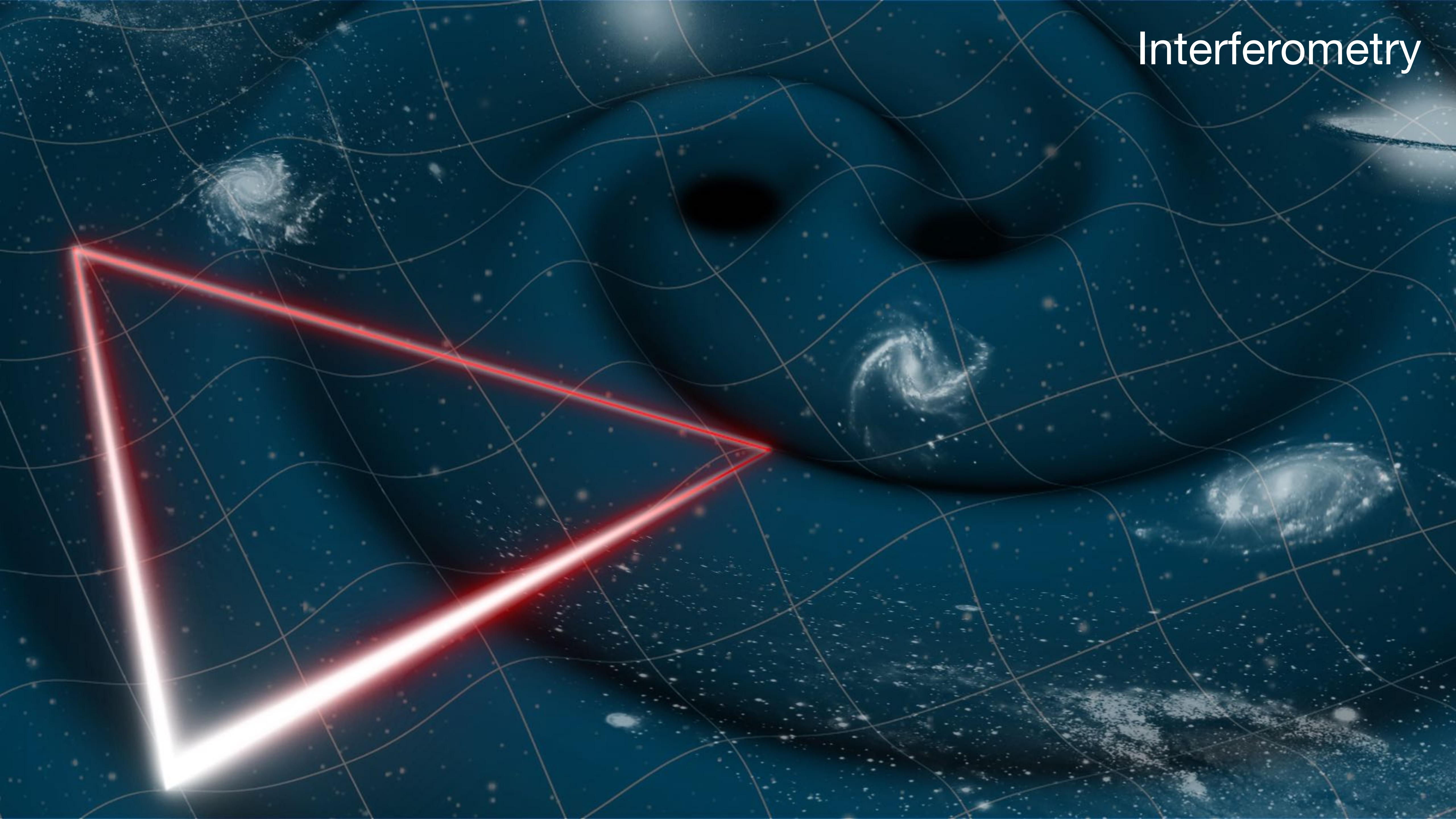
over time
a star experiences multiple encounters
with quasiparticles



so what?

quasiparticles *bombards*
normal matters, leaving *distinctive stochastic signals*
in *gravitational wave detectors*

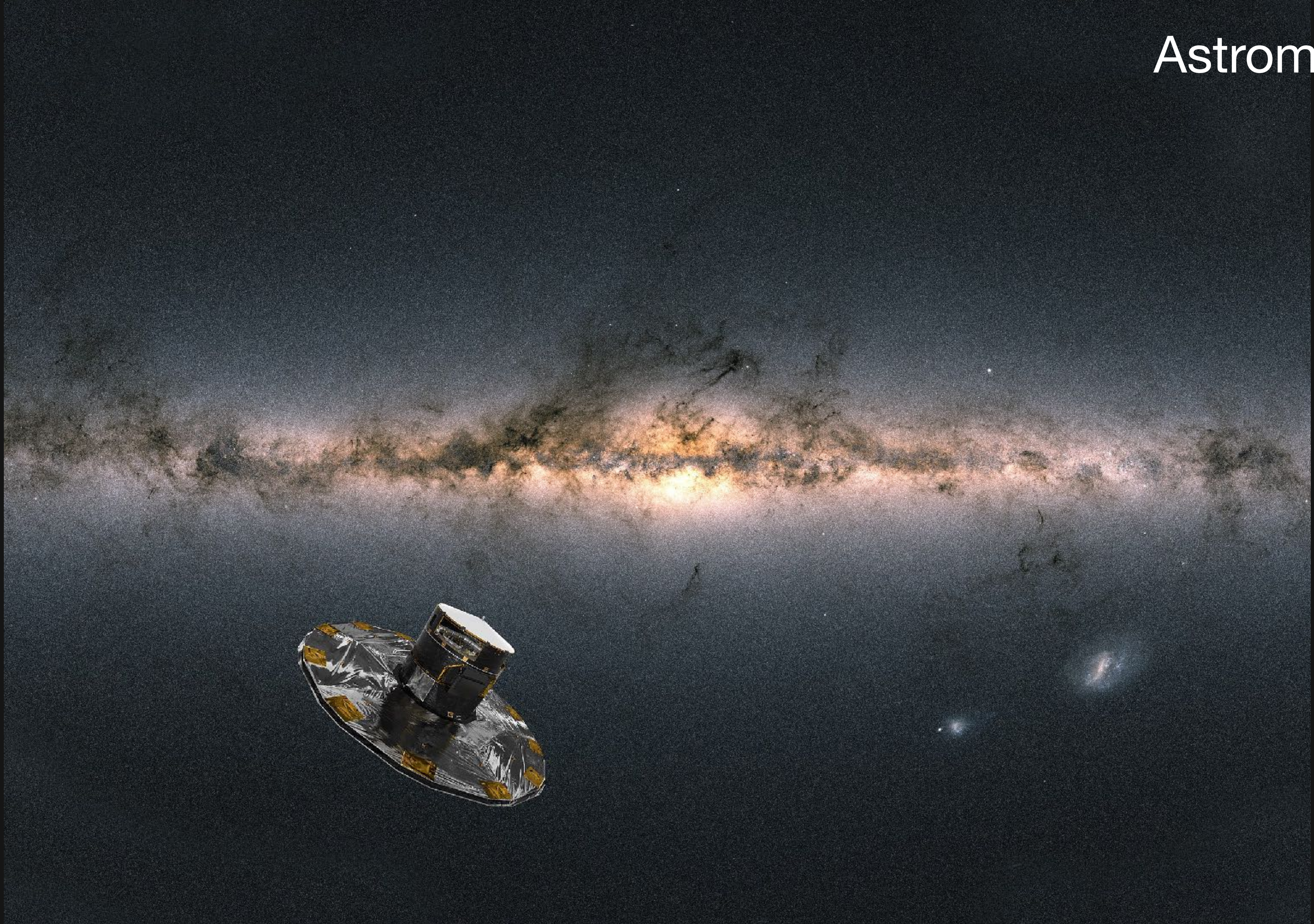
Interferometry

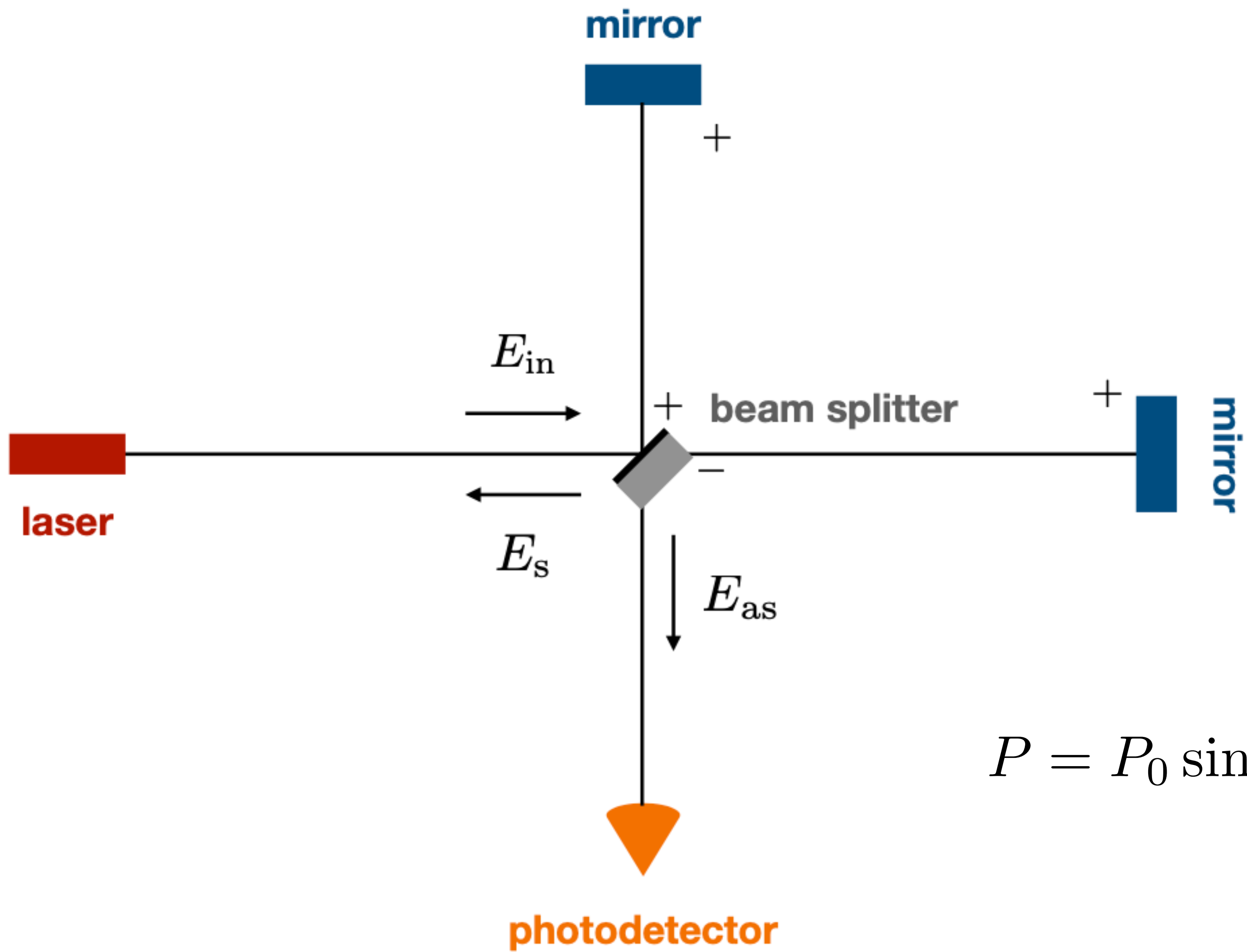


Pulsar Timing Array



Astrometry



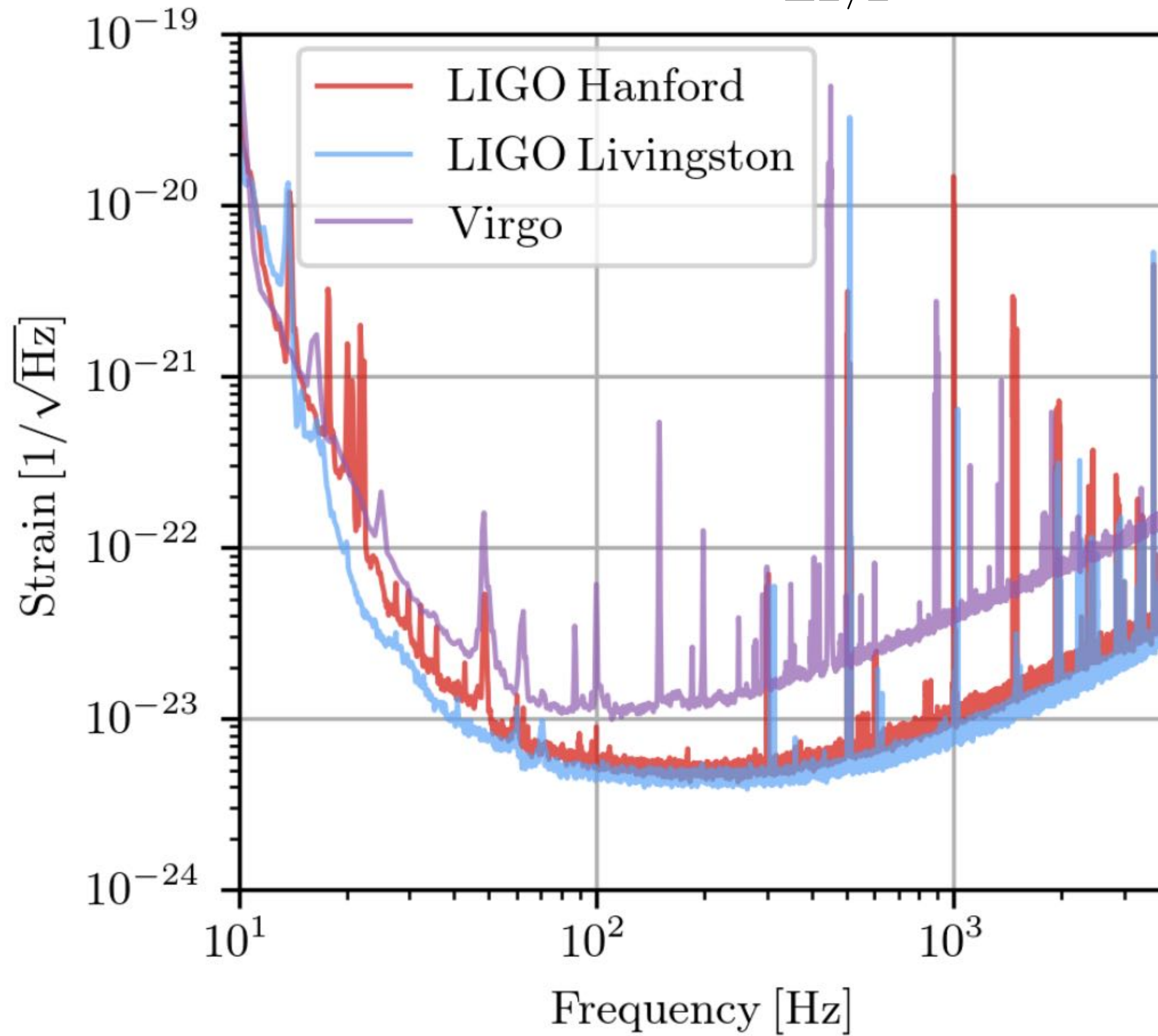


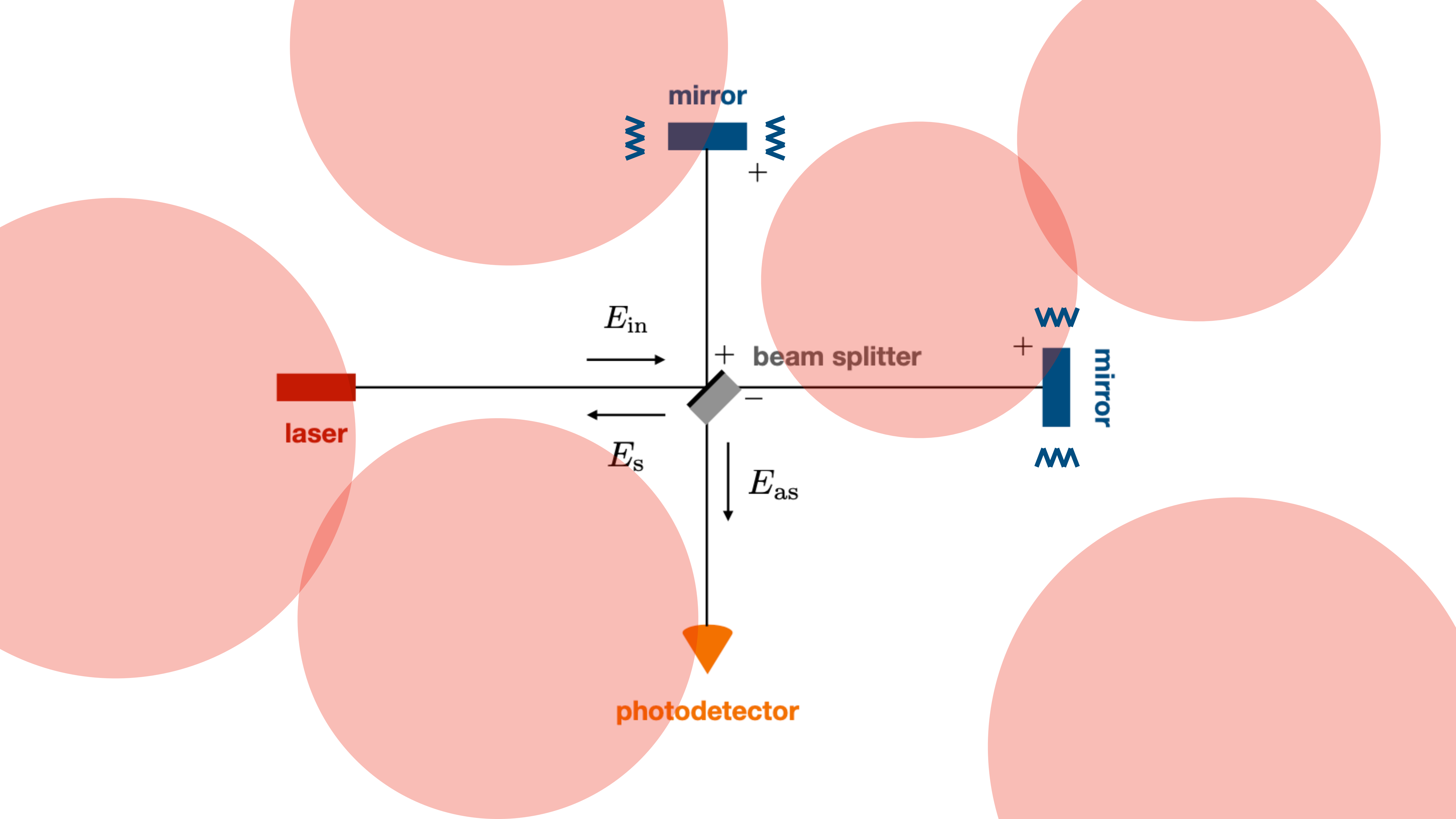
$$P = P_0 \sin^2(k\Delta L)$$



$$S_n^{1/2}(f) \sim S_{\Delta L/L}^{1/2}(f)$$

$$\langle x^2 \rangle = \int df S_x(f)$$





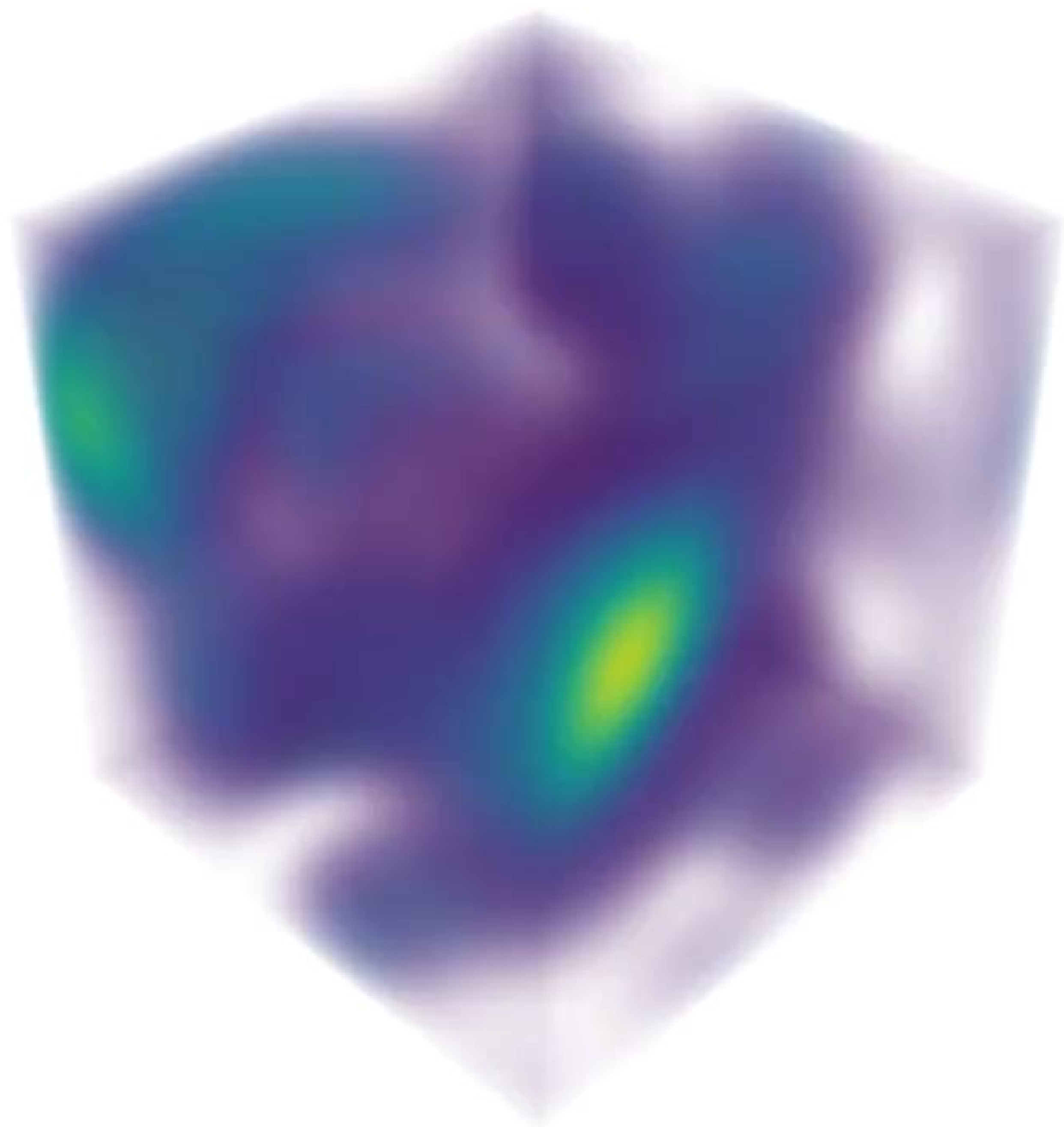
can we actually measure
ULDM signals with GW interferometers?

$$\ddot{x} = -\nabla\Phi$$

$$\nabla^2\Phi = 4\pi G\rho$$

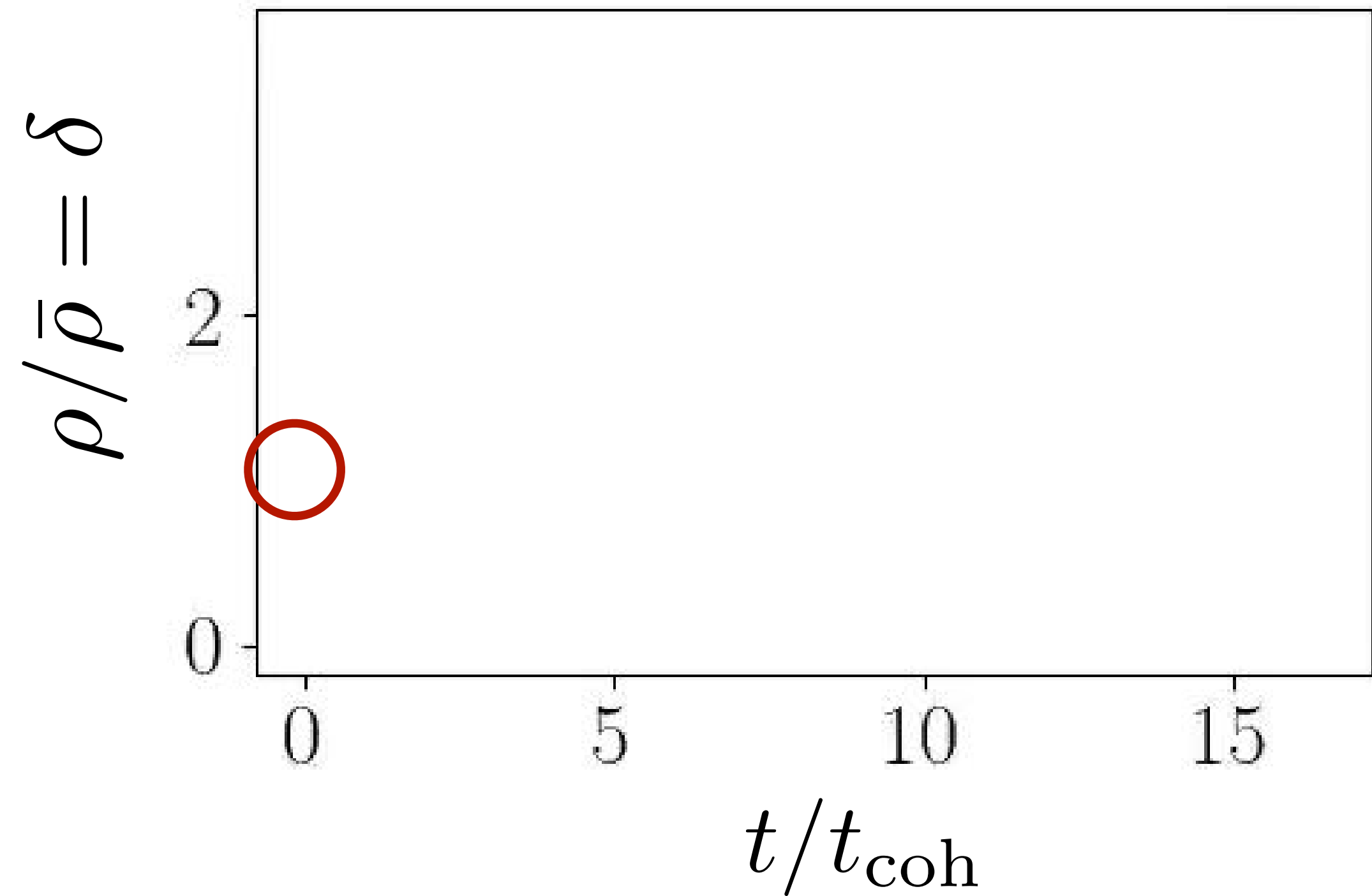
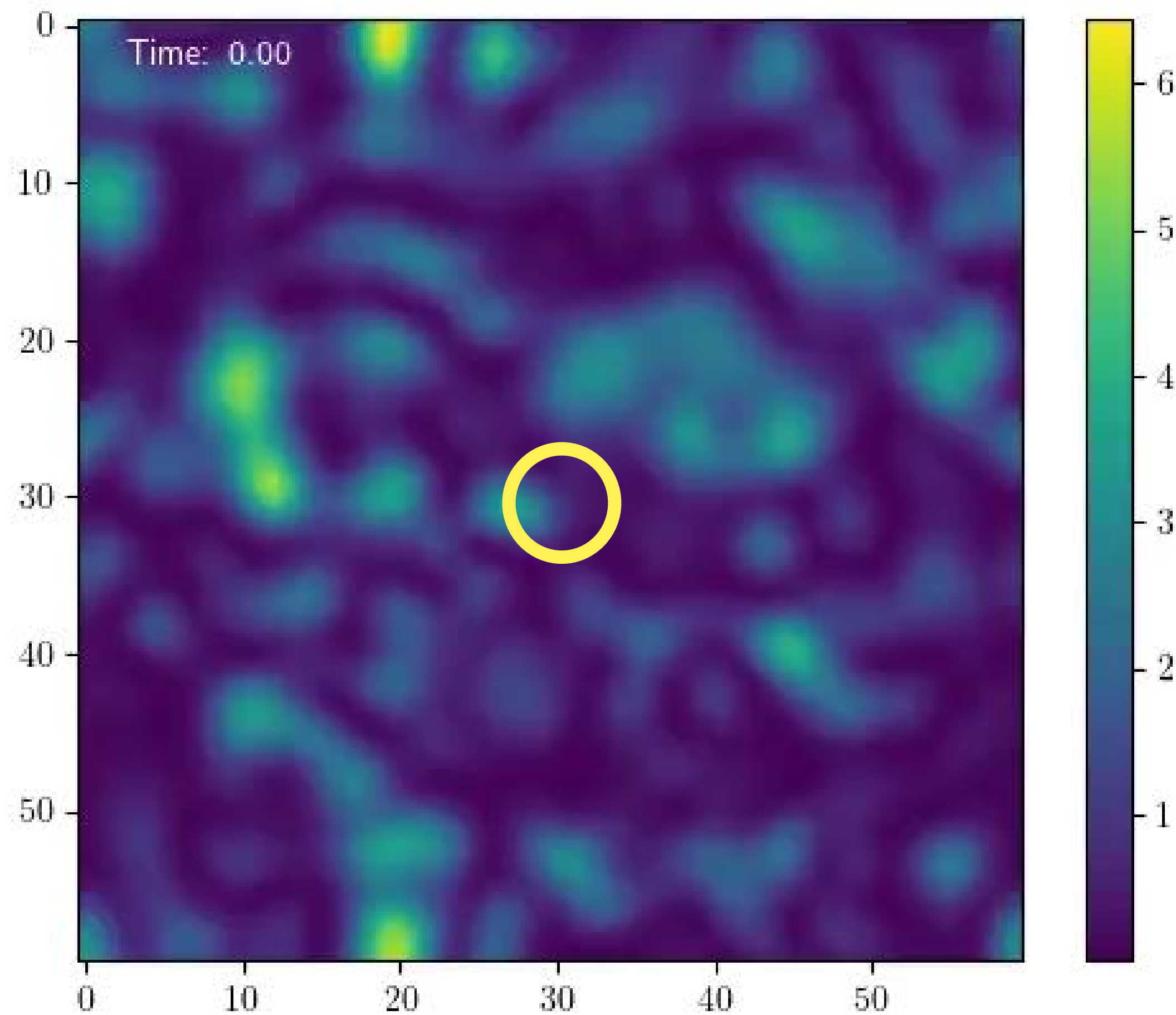
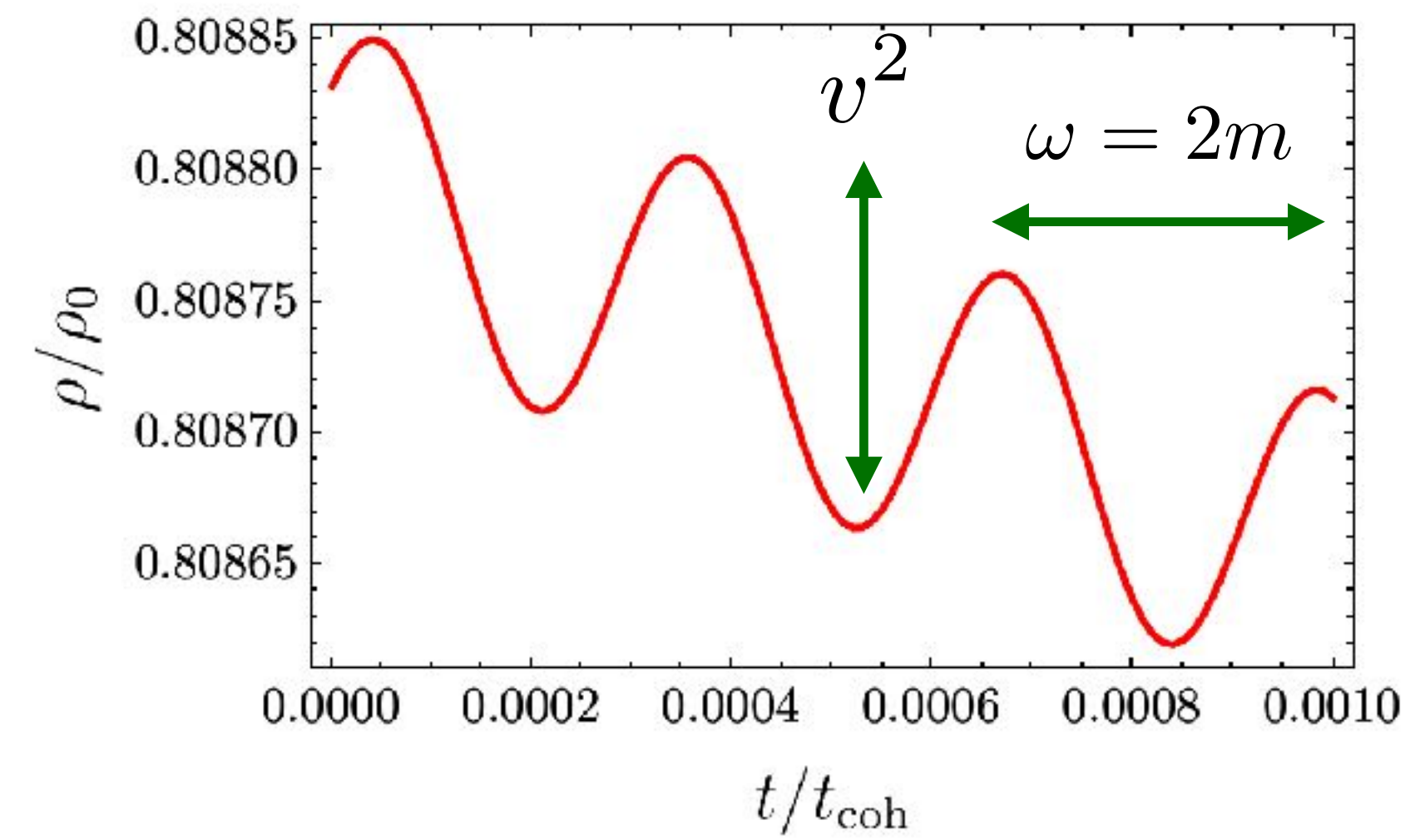


what is reflected in *detector observables*
 is the *statistical properties* of
density fluctuations of ULDM



the density-density correlator at the same position is

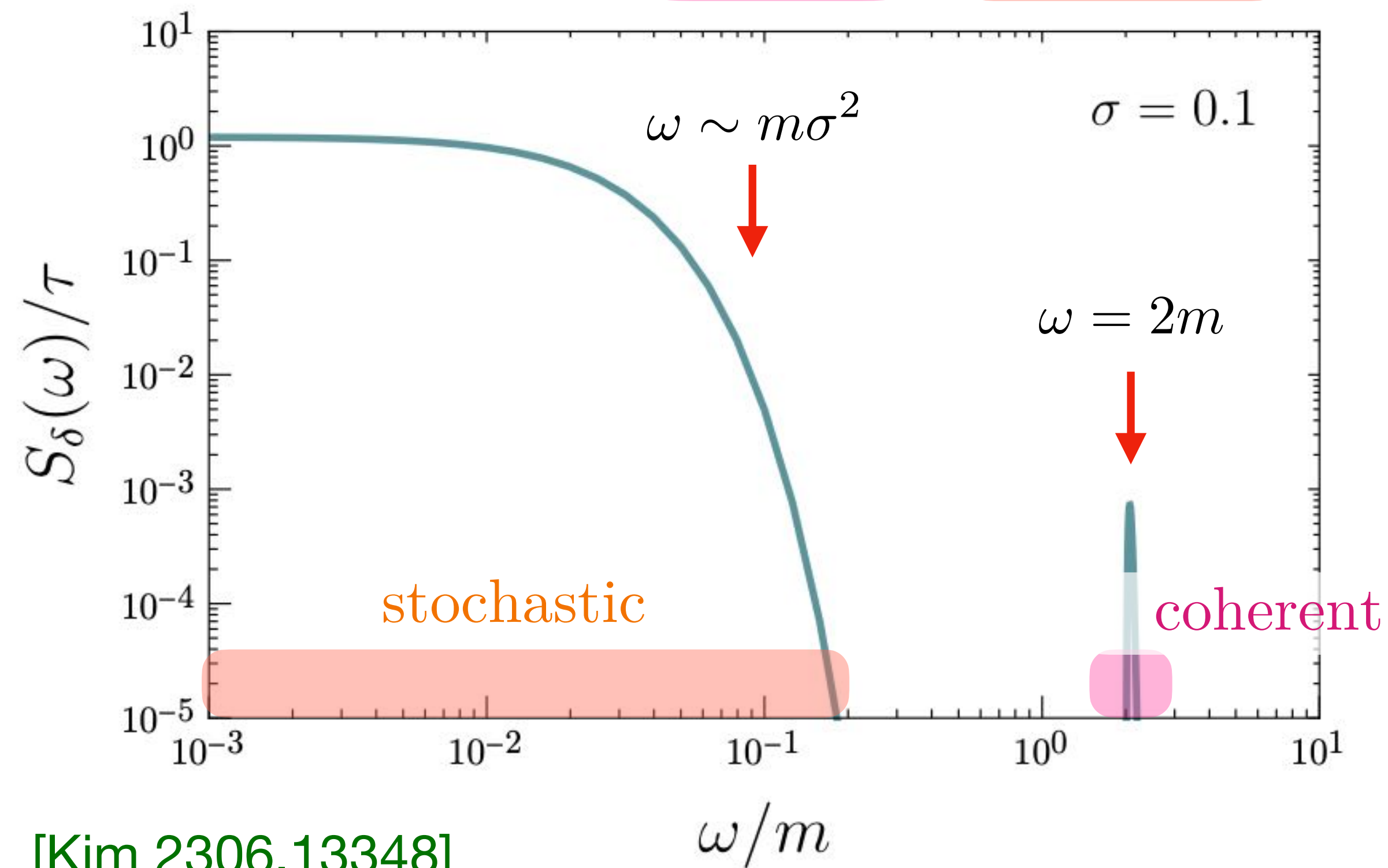
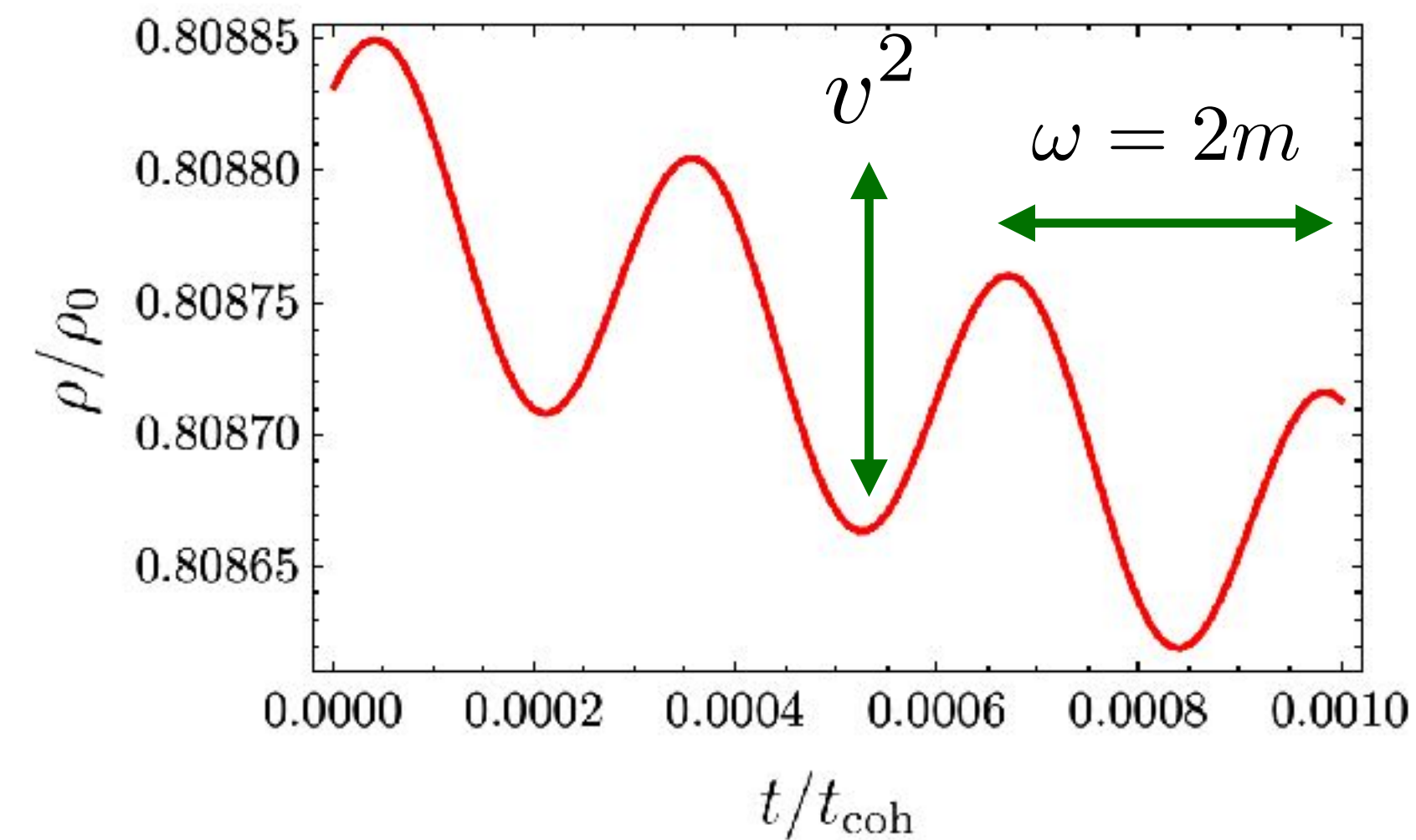
$$\langle \delta(x) \delta(x) \rangle = \int \frac{d\omega}{2\pi} S_\delta(\omega)$$



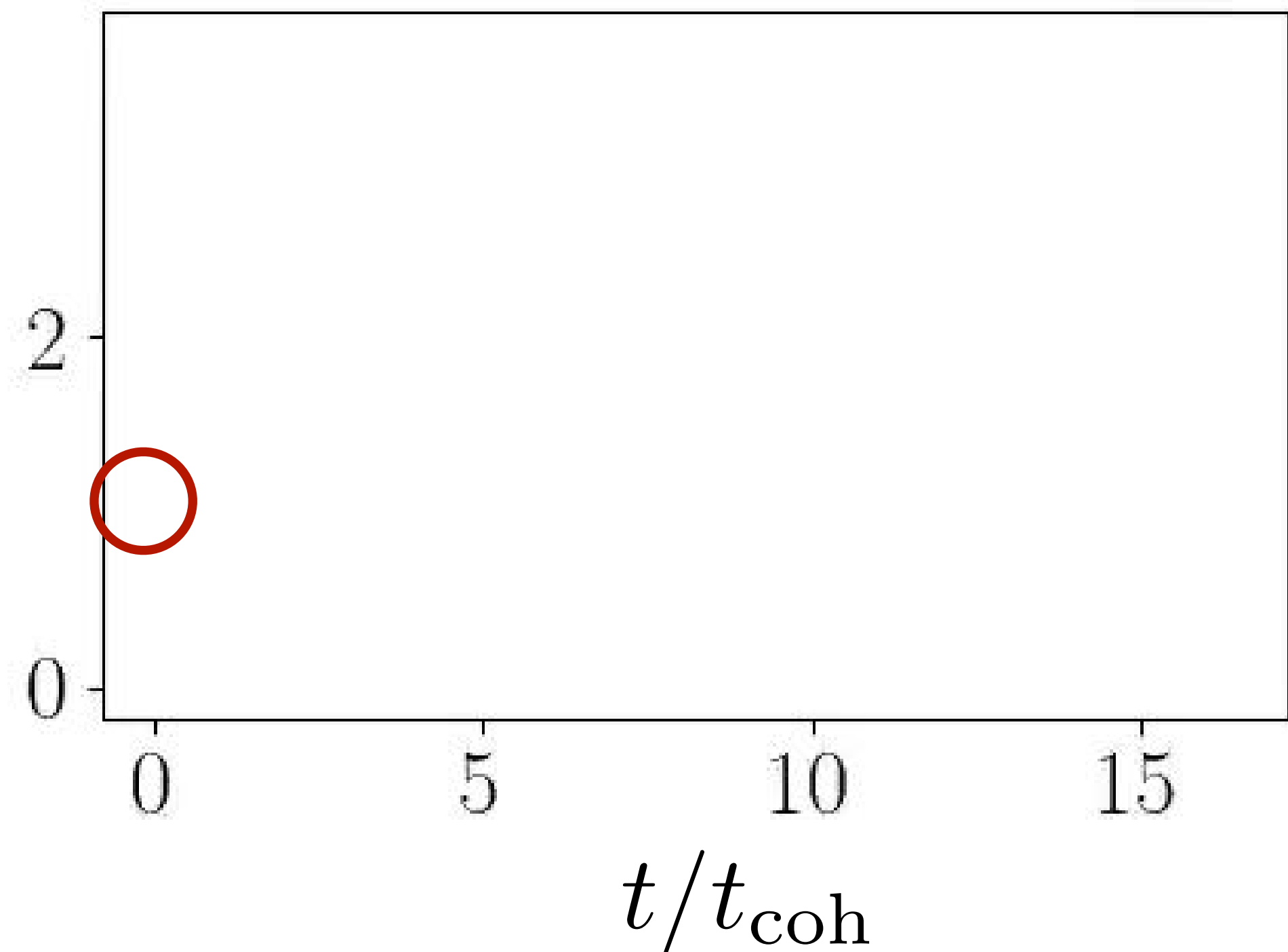
the density-density correlator at the same position is

$$\langle \delta(x) \delta(x) \rangle = \int \frac{d\omega}{2\pi} S_\delta(\omega)$$

$$S_\delta(\omega) = \tau [\sigma^4 A_\delta(\omega) + B_\delta(\omega)]$$

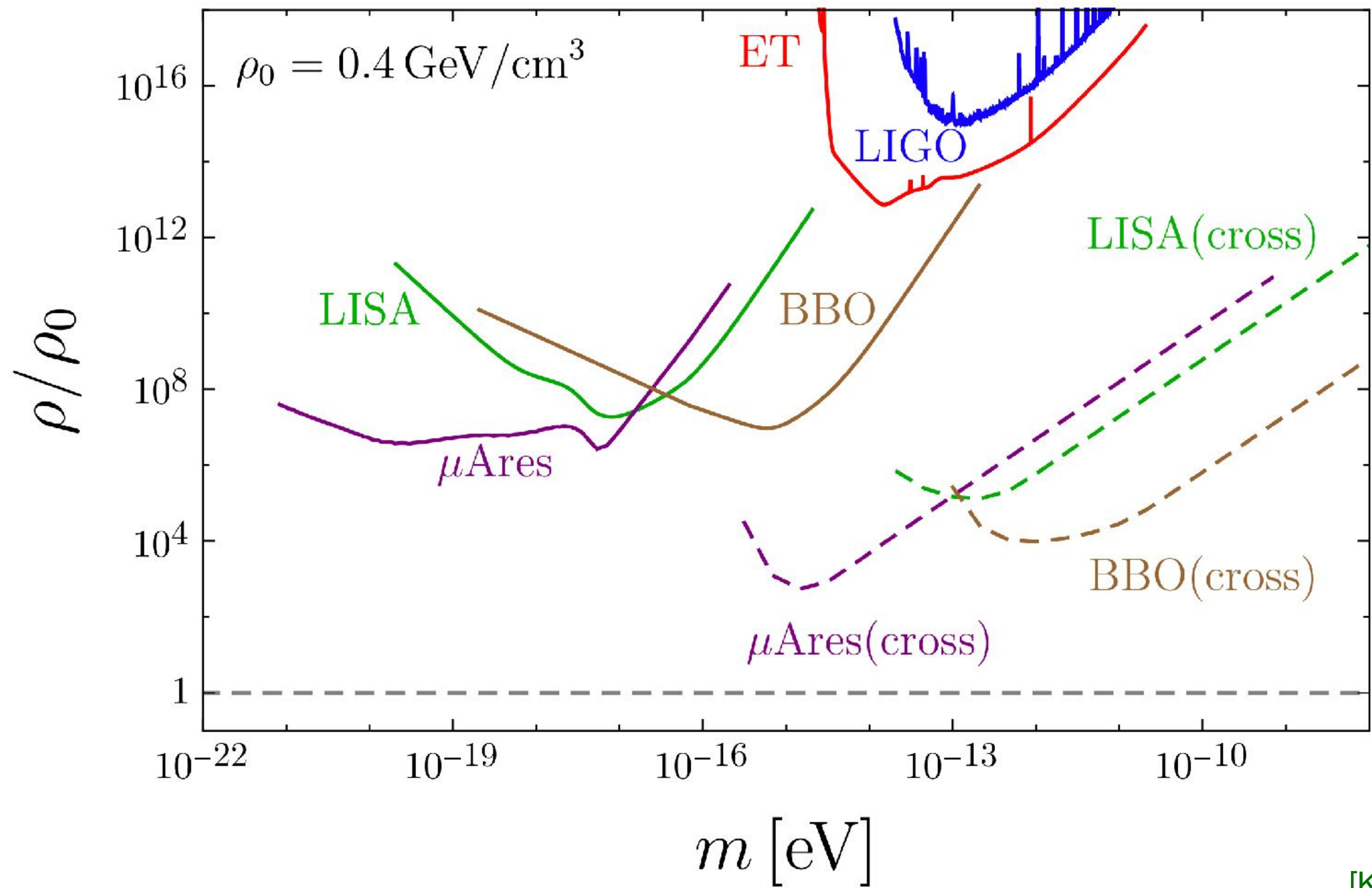


$$\rho/\bar{\rho} = \delta$$



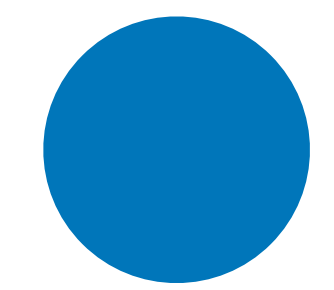
[Kim 2306.13348]

[Kim, Lenoci, Perez, Ratzinger, 2307.14962]

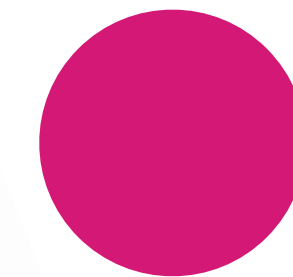


another example:

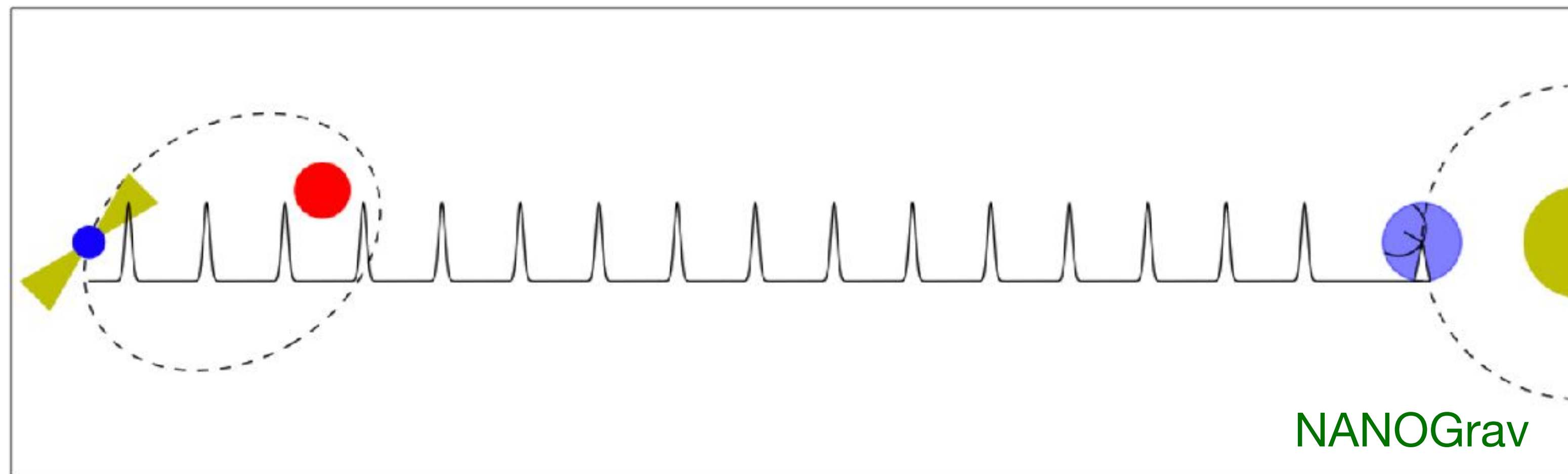
Pulsar Timing Array



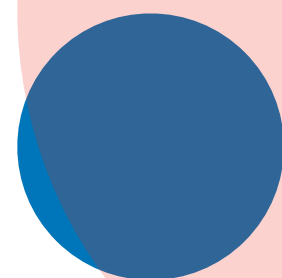
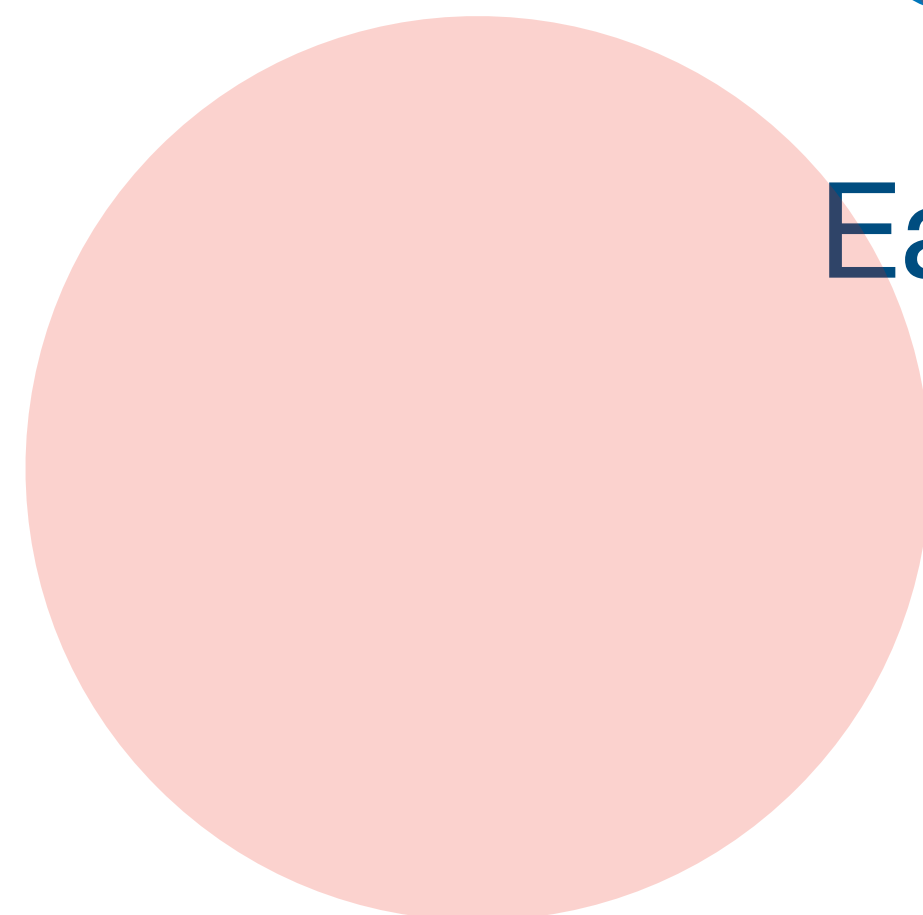
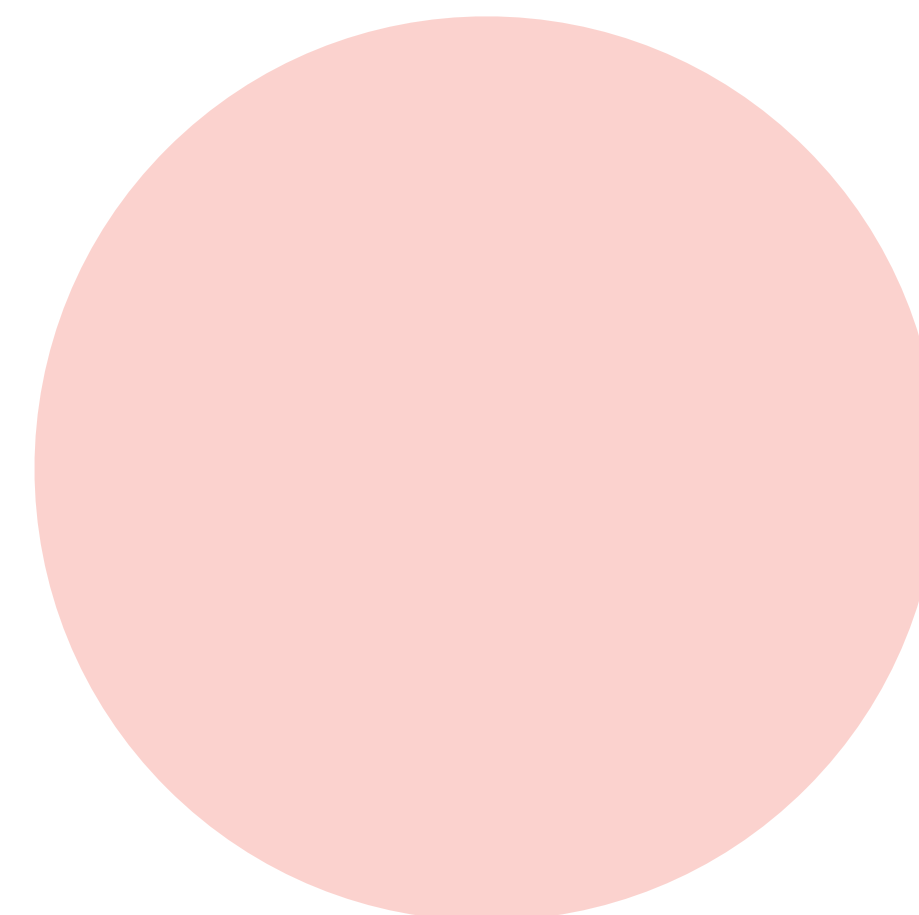
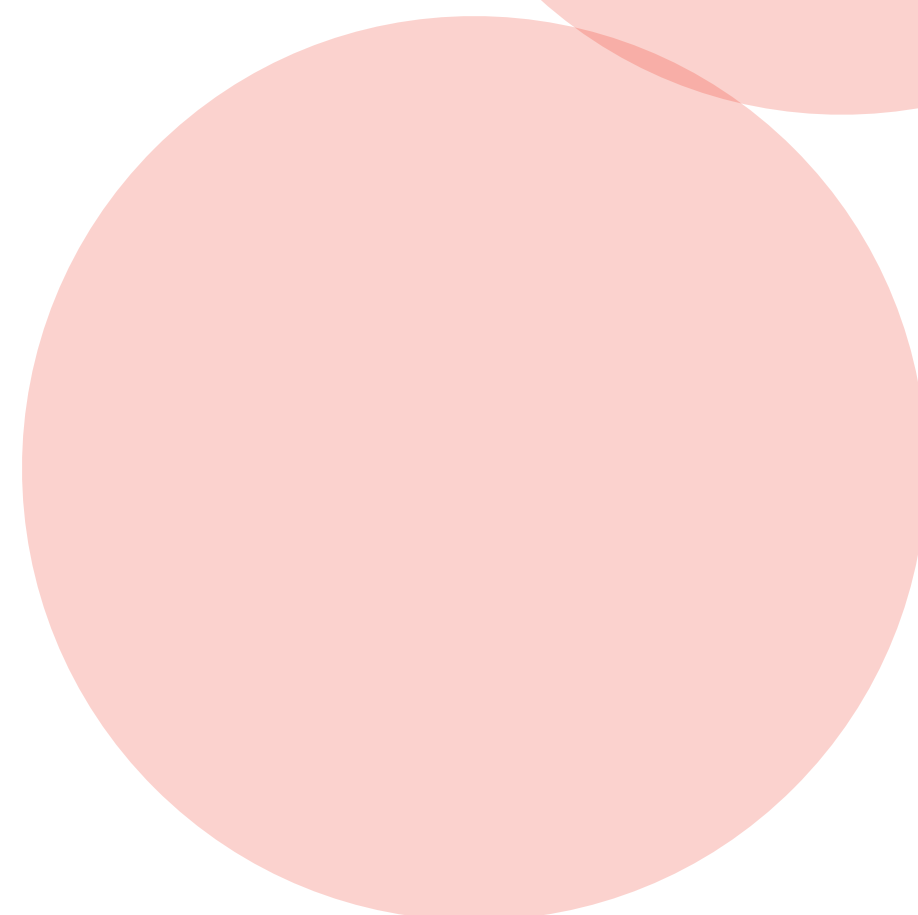
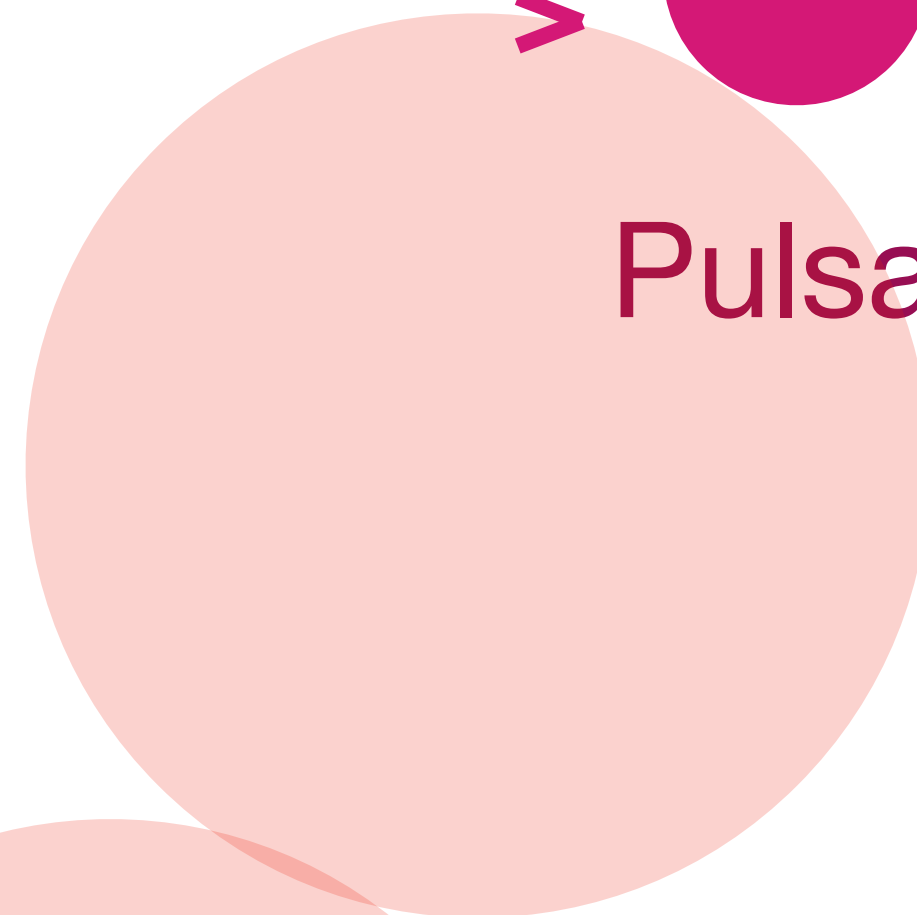
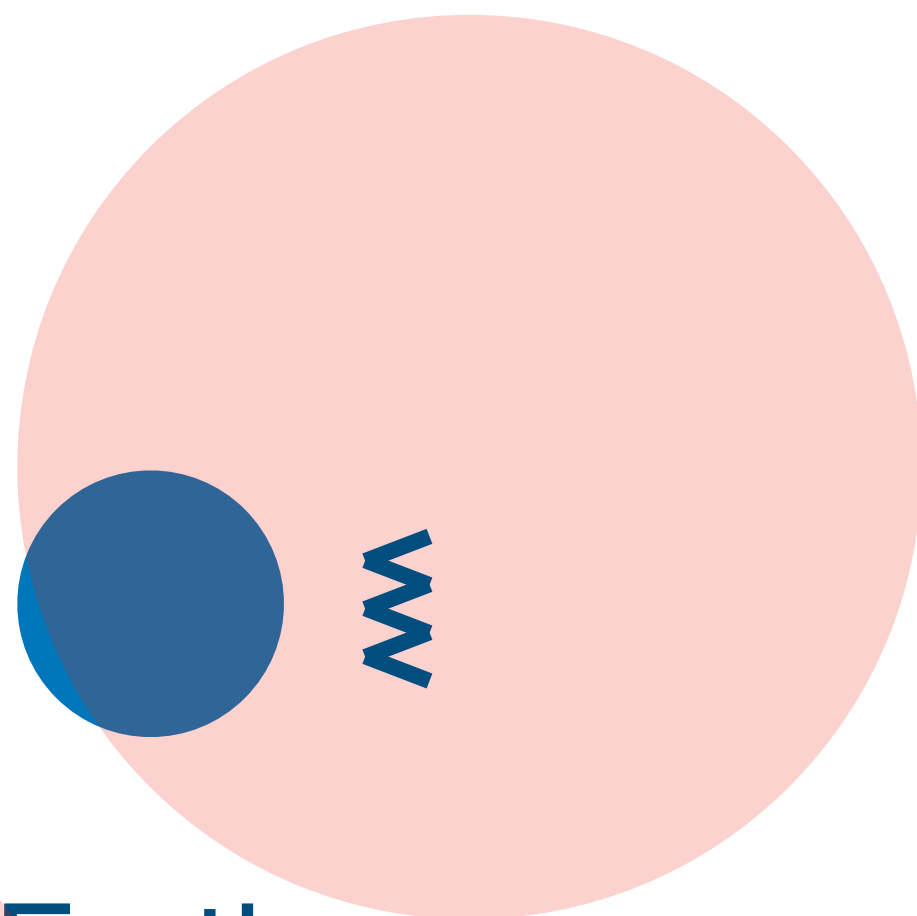
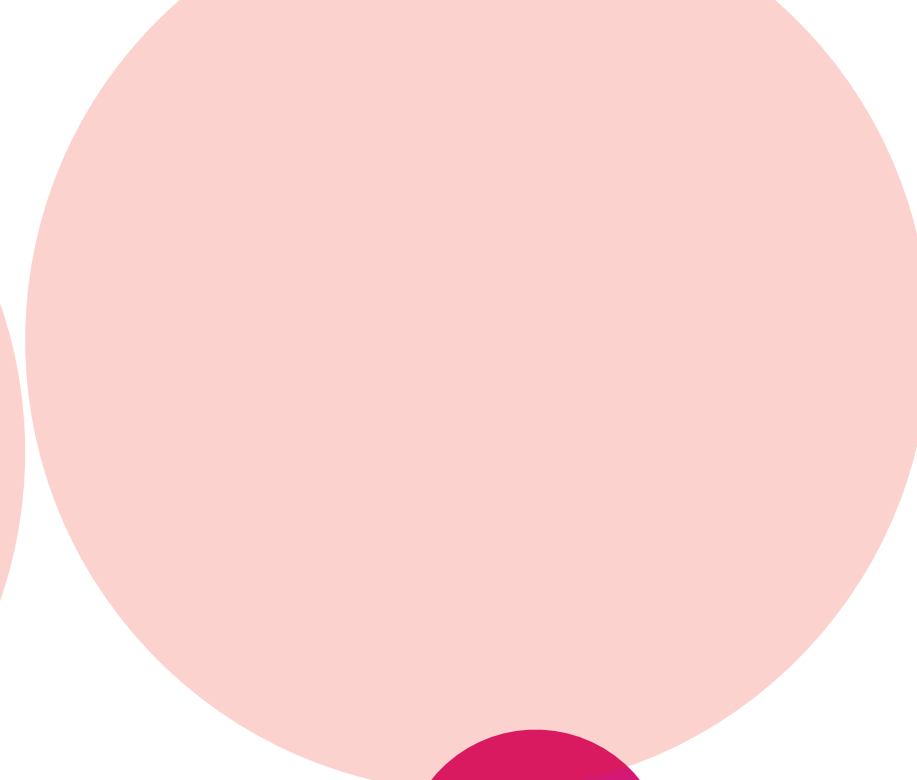
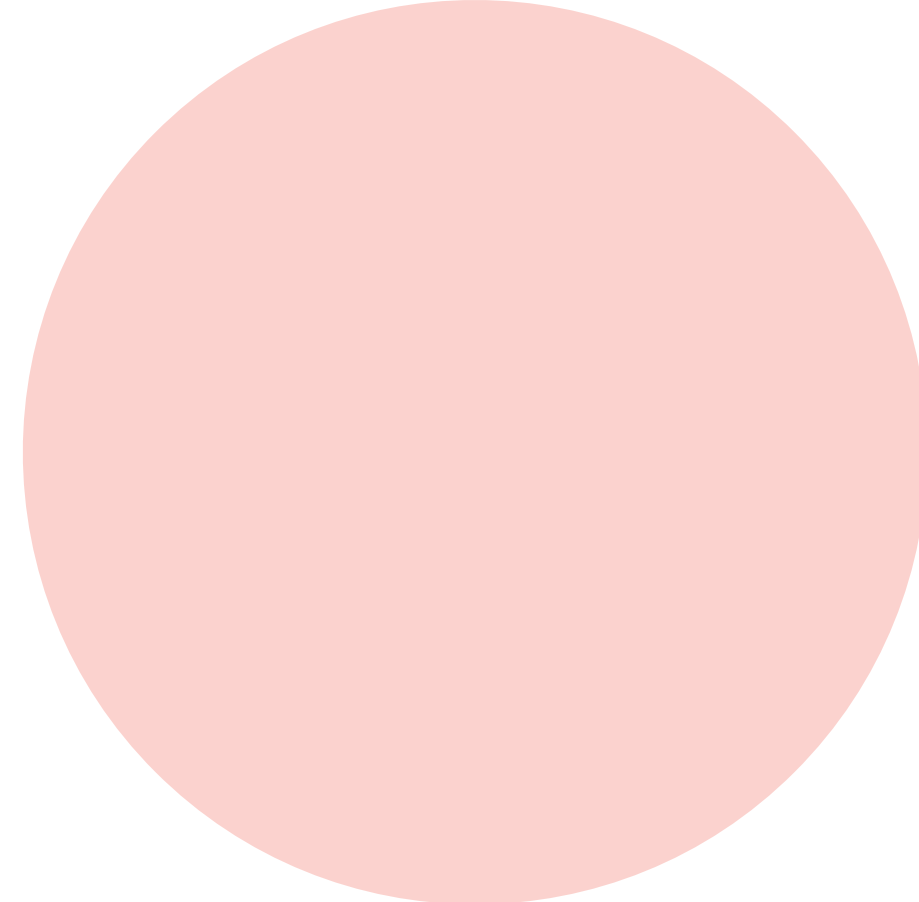
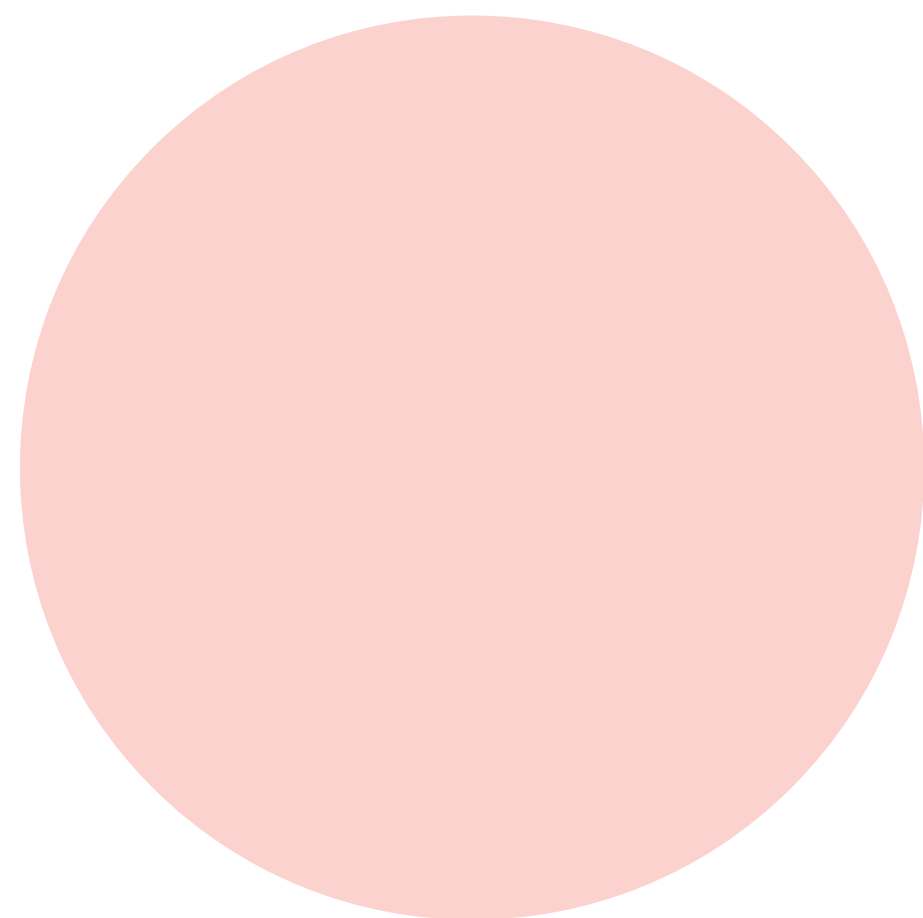
Earth



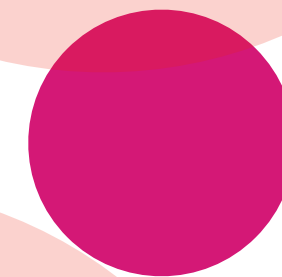
Pulsar



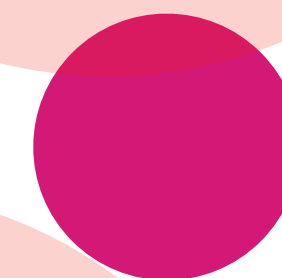
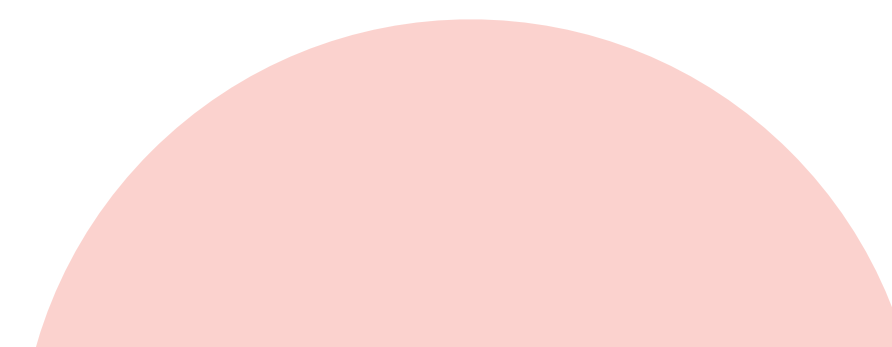
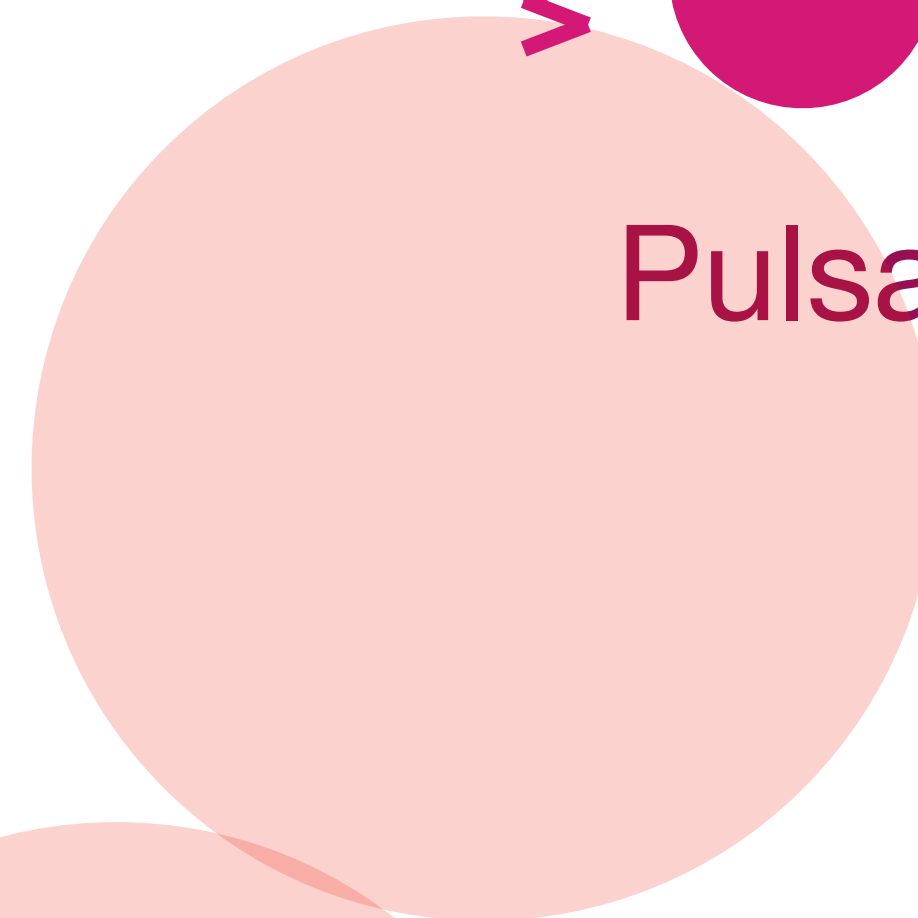
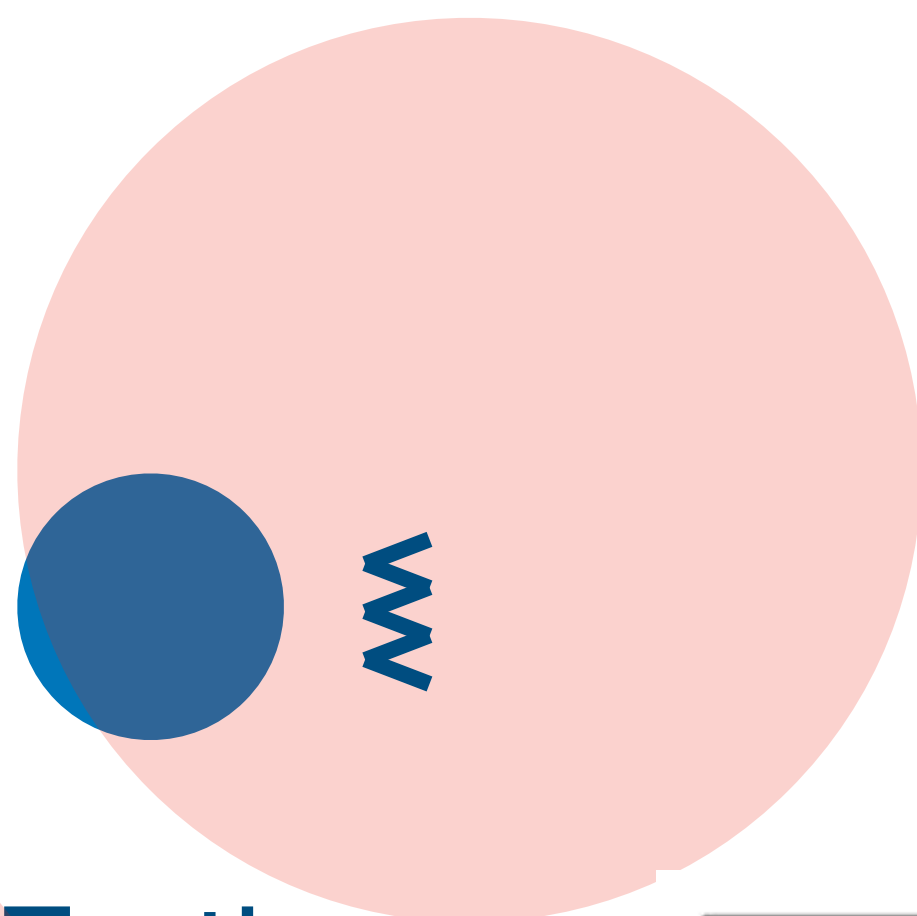
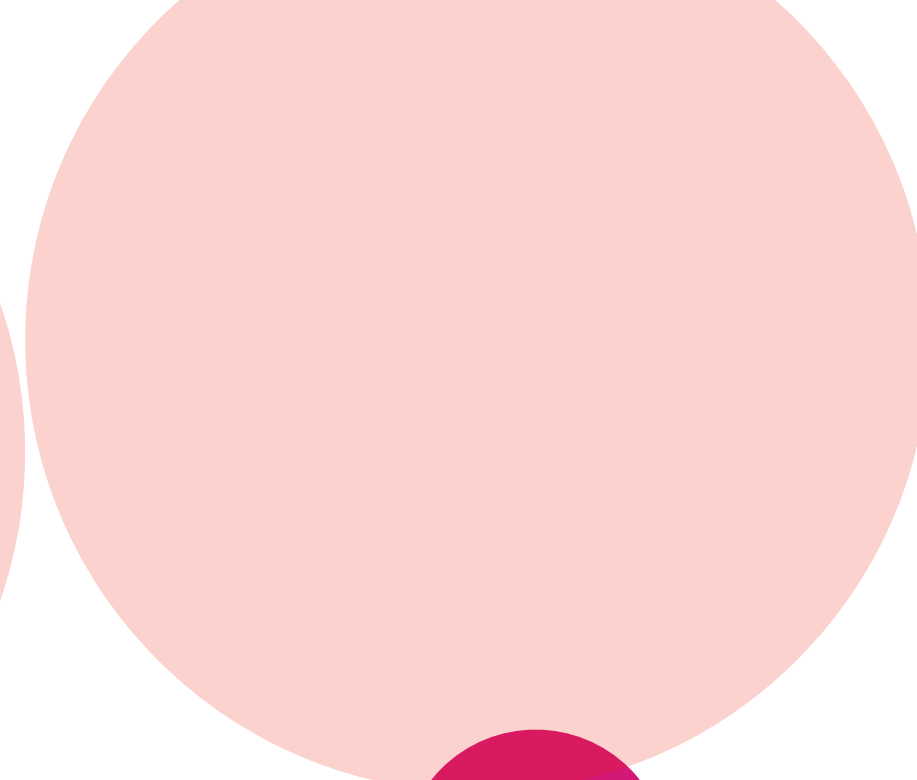
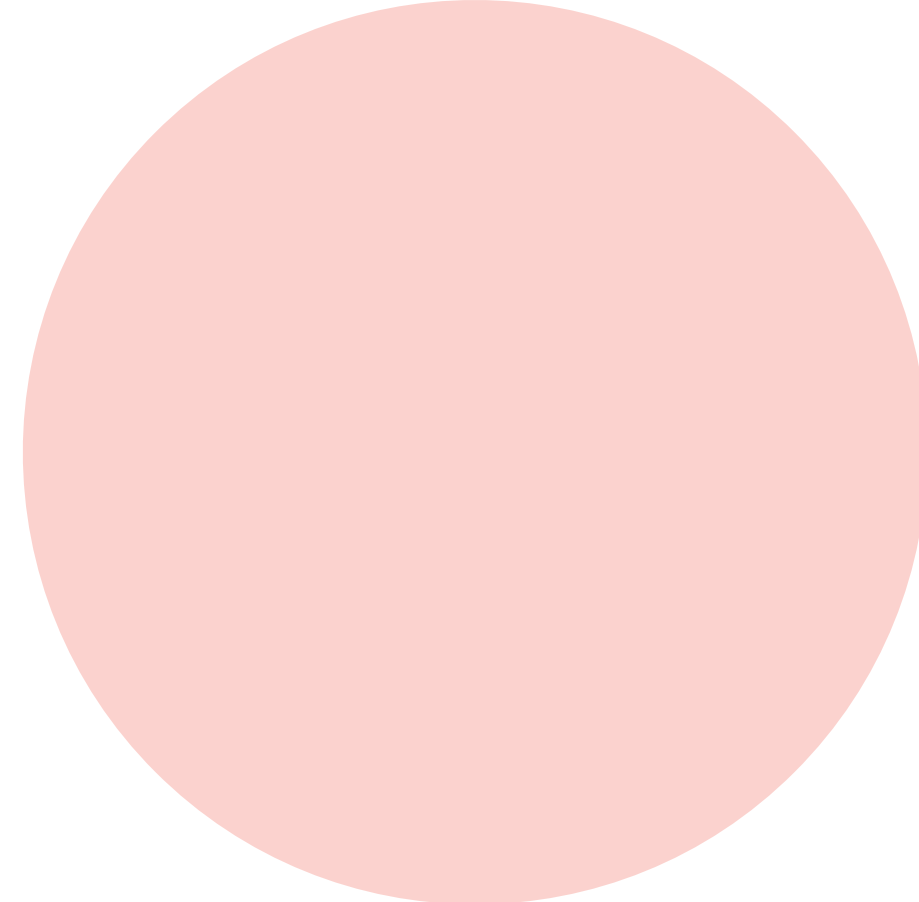
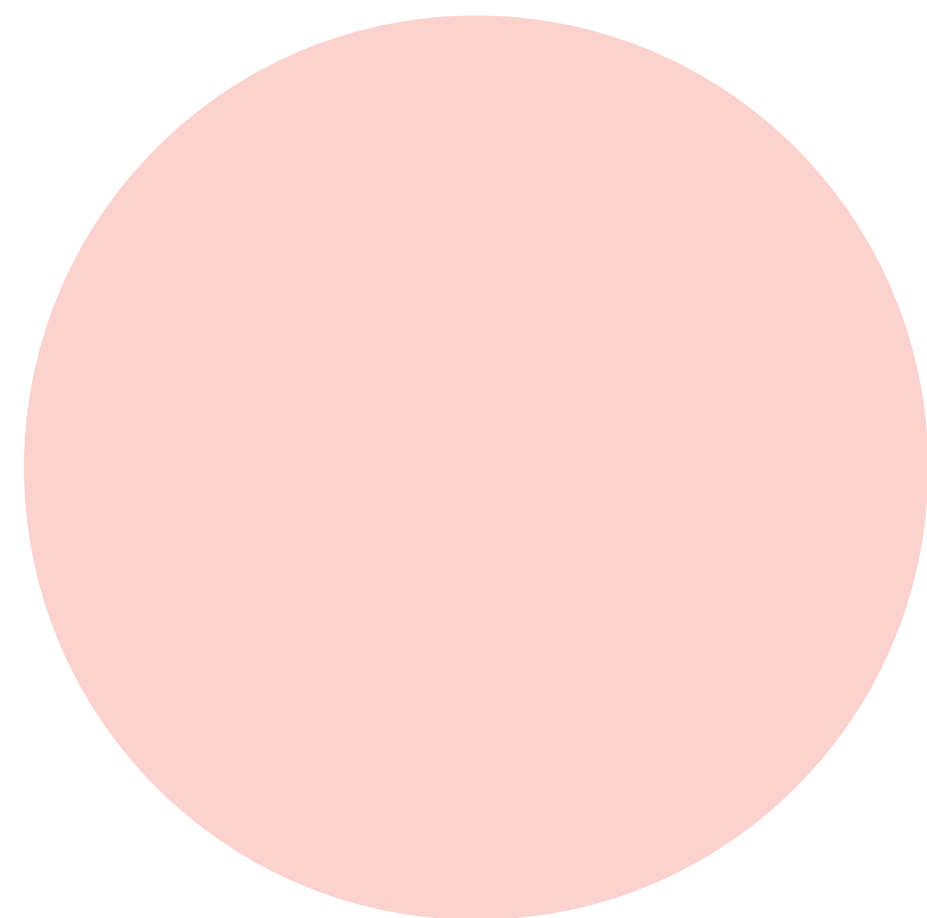
NANOGrav



Earth



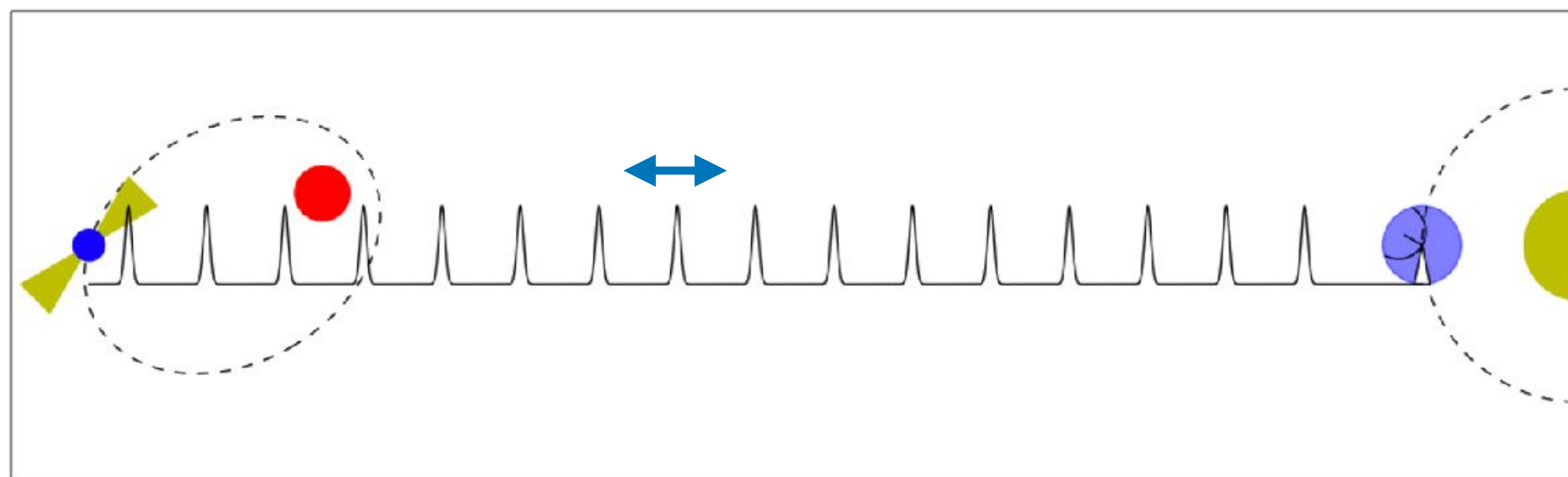
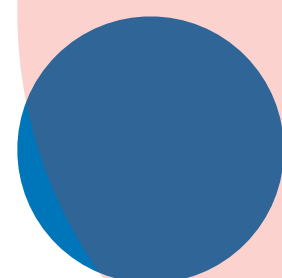
Pulsar



Pulsar



Earth



ultralight dark matter signal is characterised by
spectrum and *correlation*

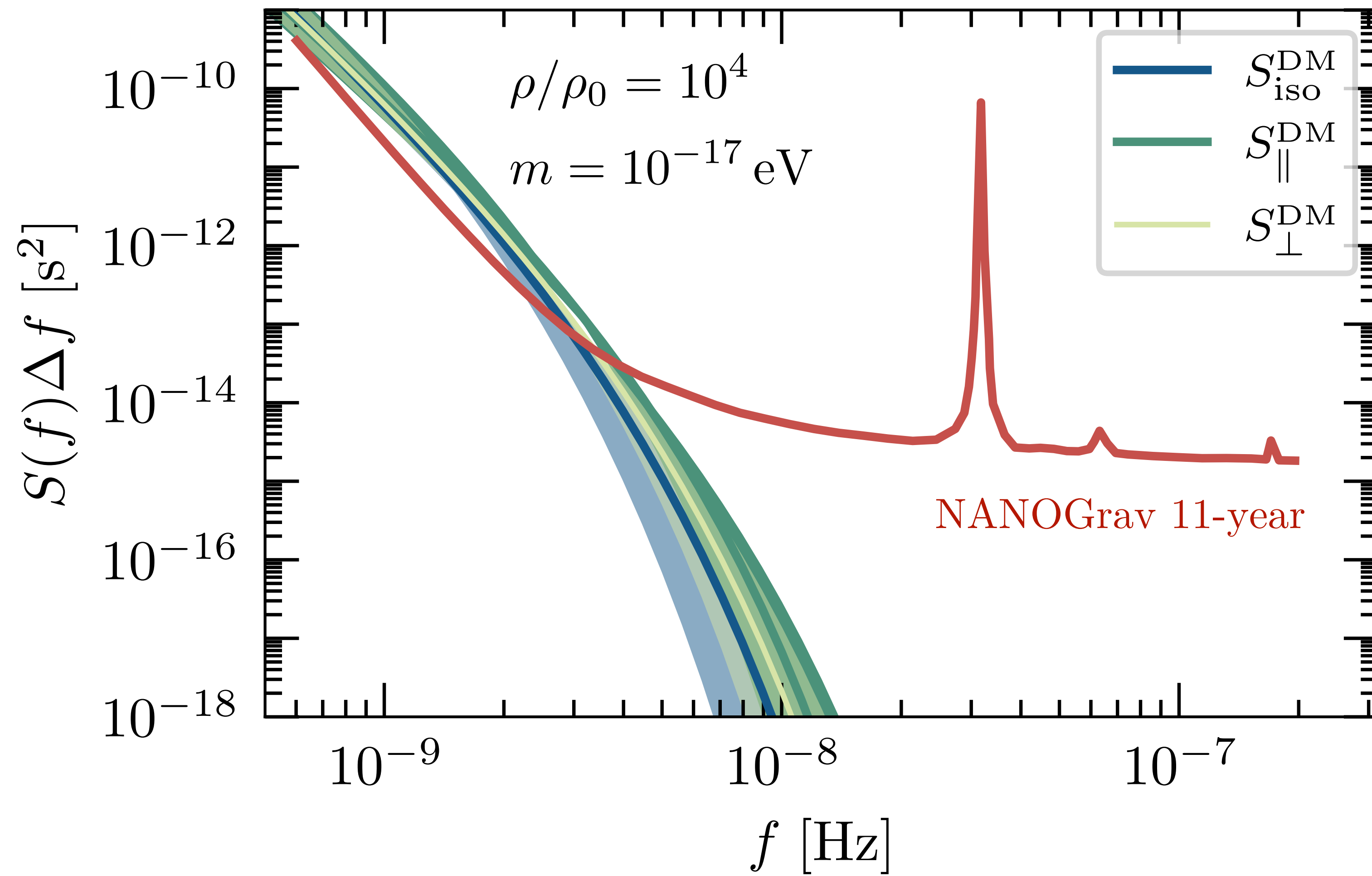
$$\langle \delta t_a \delta t_b \rangle = \int df \Gamma_{ab}^{\text{ULDM}} S_{\delta t}^{\text{ULDM}}(f)$$

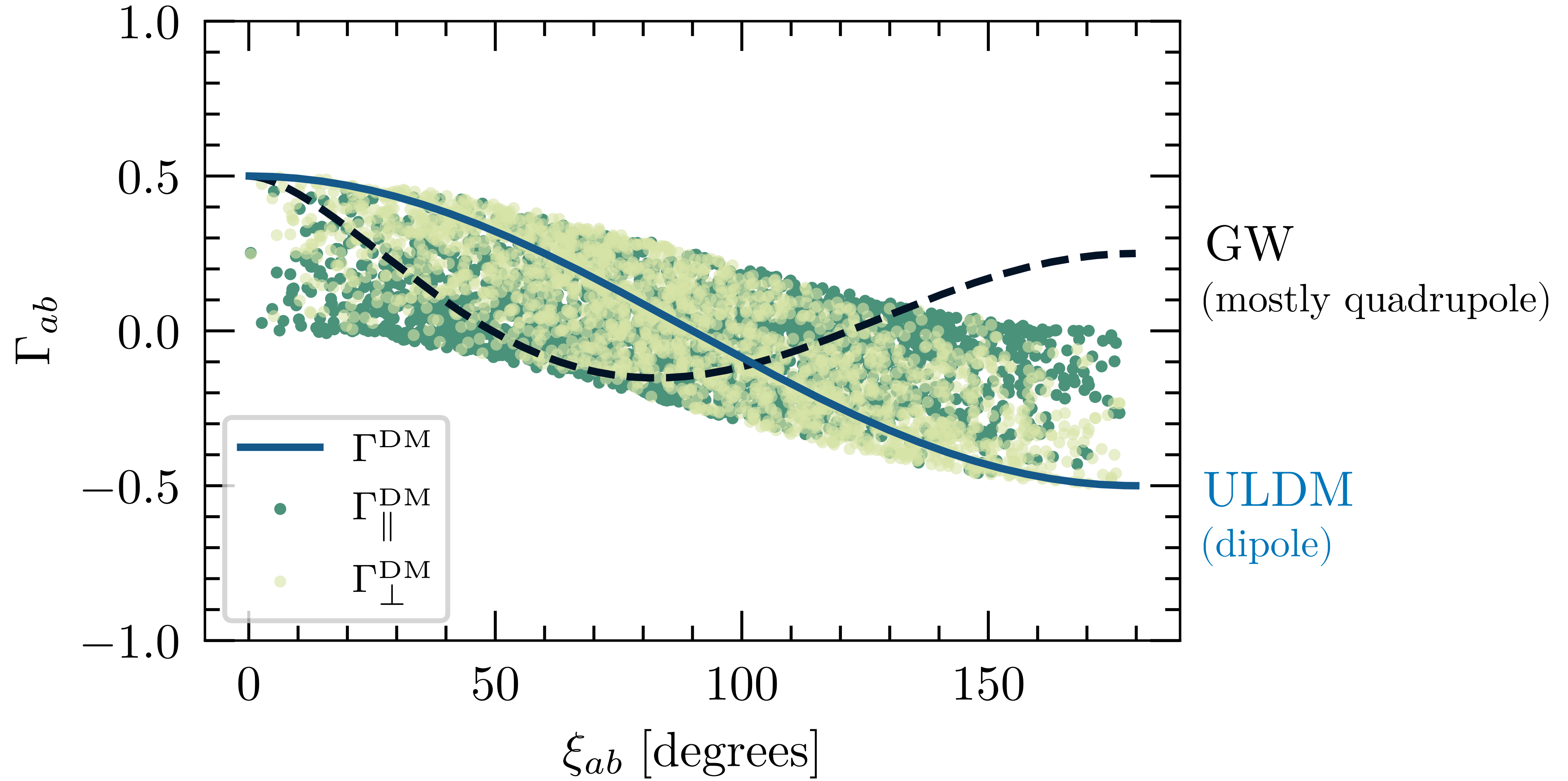
$$\langle \delta t_a \delta t_b \rangle = \int df \Gamma_{ab}^{\text{ULDM}} S_{\delta t}^{\text{ULDM}}(f)$$

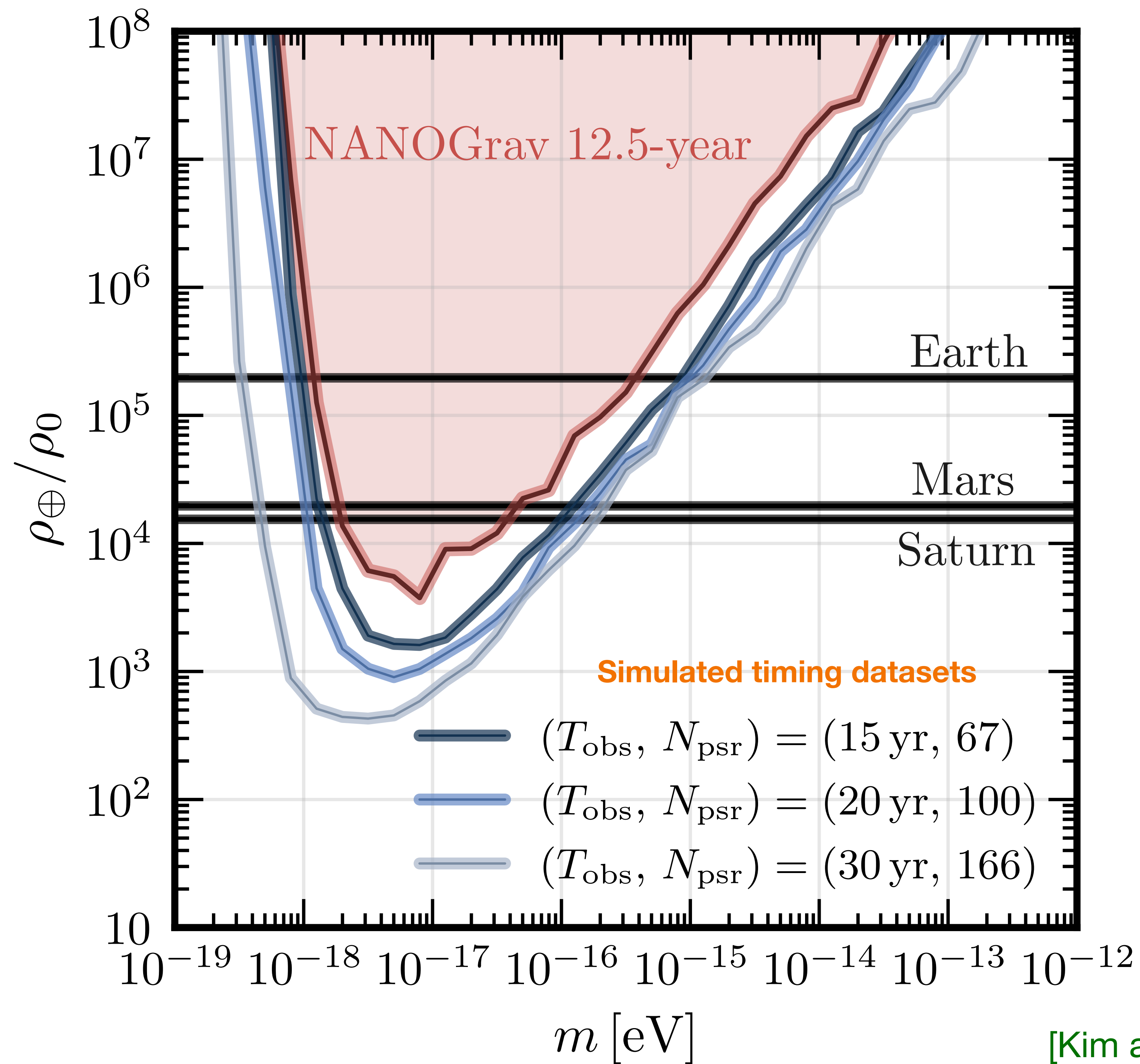
for isotropic DM distribution

$$\Gamma_{ab} = \frac{1}{2} [\delta_{ab} + \hat{n}_a \cdot \hat{n}_b]$$

$$S_{\delta t}(f) = \frac{a^2 \tau}{(2\pi f)^4} \left[\frac{64}{3\pi} K_0(\omega/m\sigma^2) \right]$$







one last example:

Astrometry

astrometry involves
precision measurements of
positions / velocities of stars

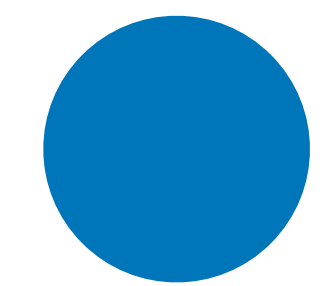
current/future astrometry missions measure

$$N_{\star} = 10^8 - 10^9$$

at the precision of

$$\Delta\theta \sim \mathcal{O}(10^2) \mu\text{as}$$

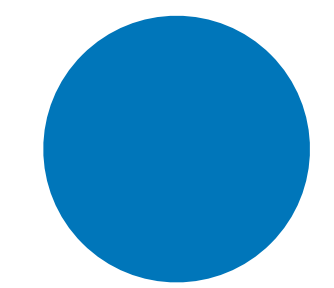
$$\mu\text{as} = 5 \times 10^{-12} \text{ rad}$$



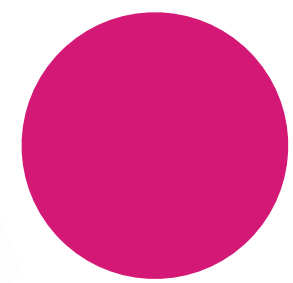
Earth



star

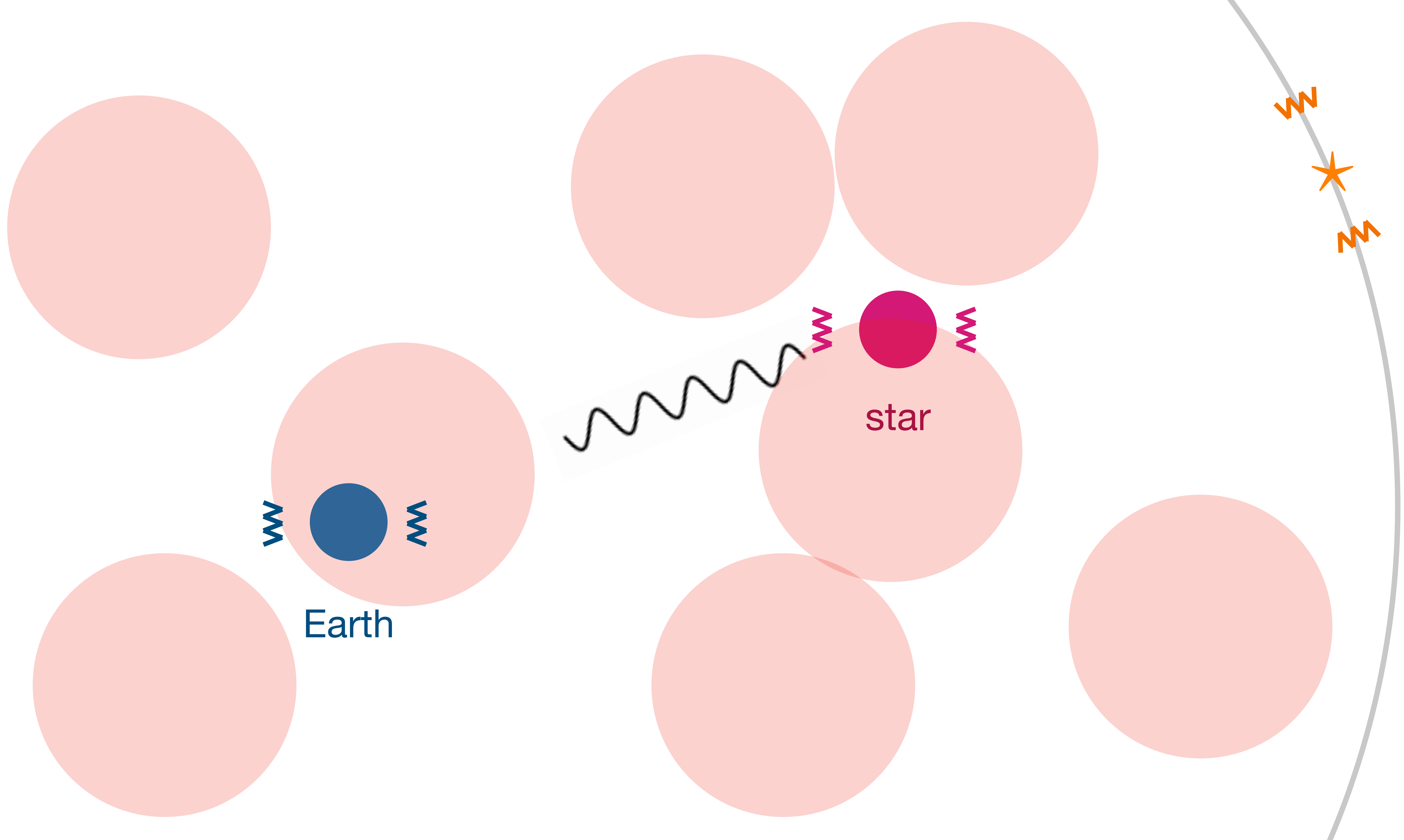


Earth



star

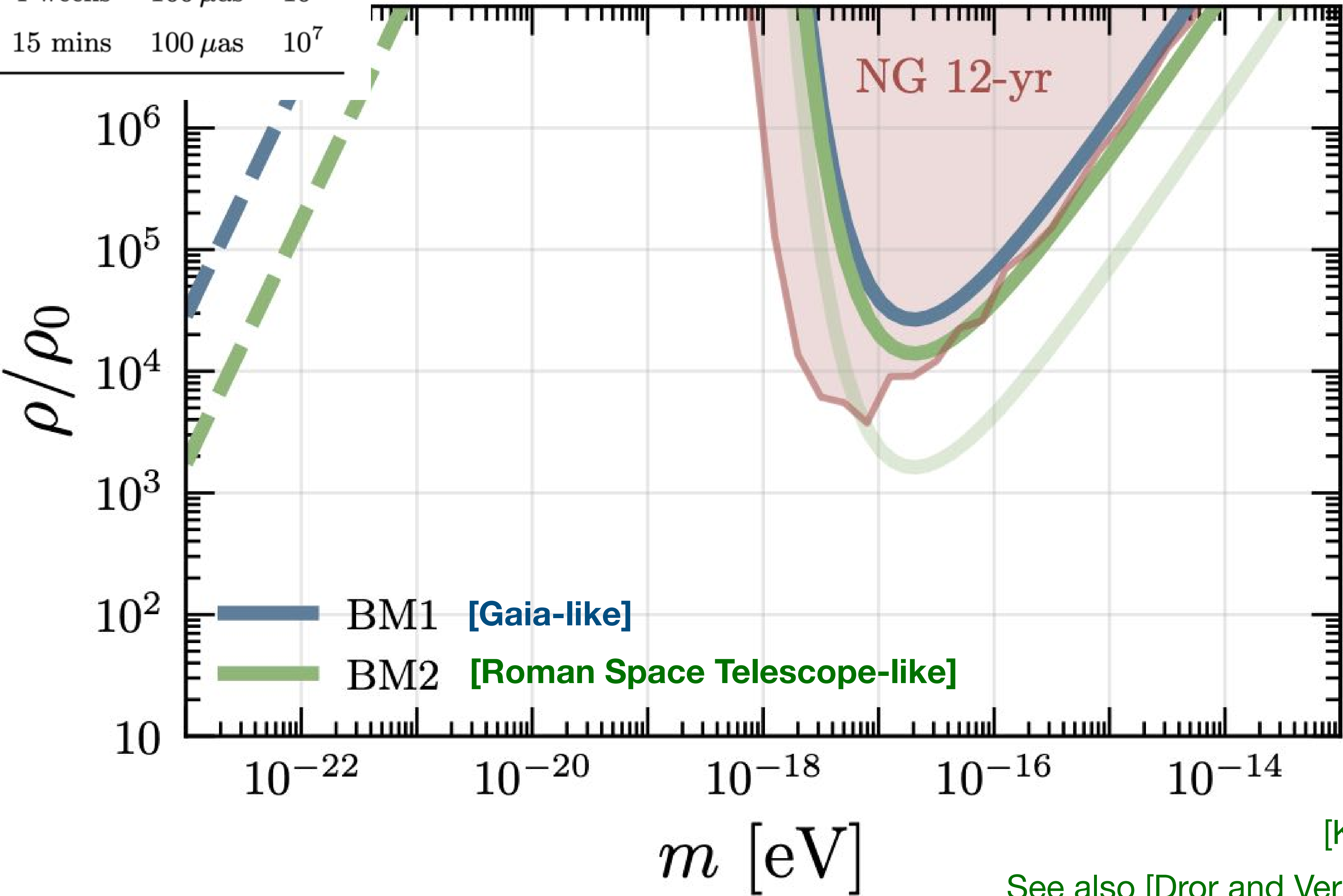




similarly
the signal is characterised by spectrum and correlation

$$\langle \delta n_a^i(t) \delta n_b^j(t') \rangle = \int df \Gamma_{ab}^{ij} S(f) \cos[2\pi f(t - t')]$$

	T	Δt	σ_r	$N_\star$
BM1	10-yr	4 weeks	$100\ \mu\text{as}$	10^8
BM2	10-yr	15 mins	$100\ \mu\text{as}$	10^7



[Kim 2406.03539]
See also [Dror and Verner 2406.03526]

Remark I

all of the results shown here are sensitive to
ULDM density around/within the solar system

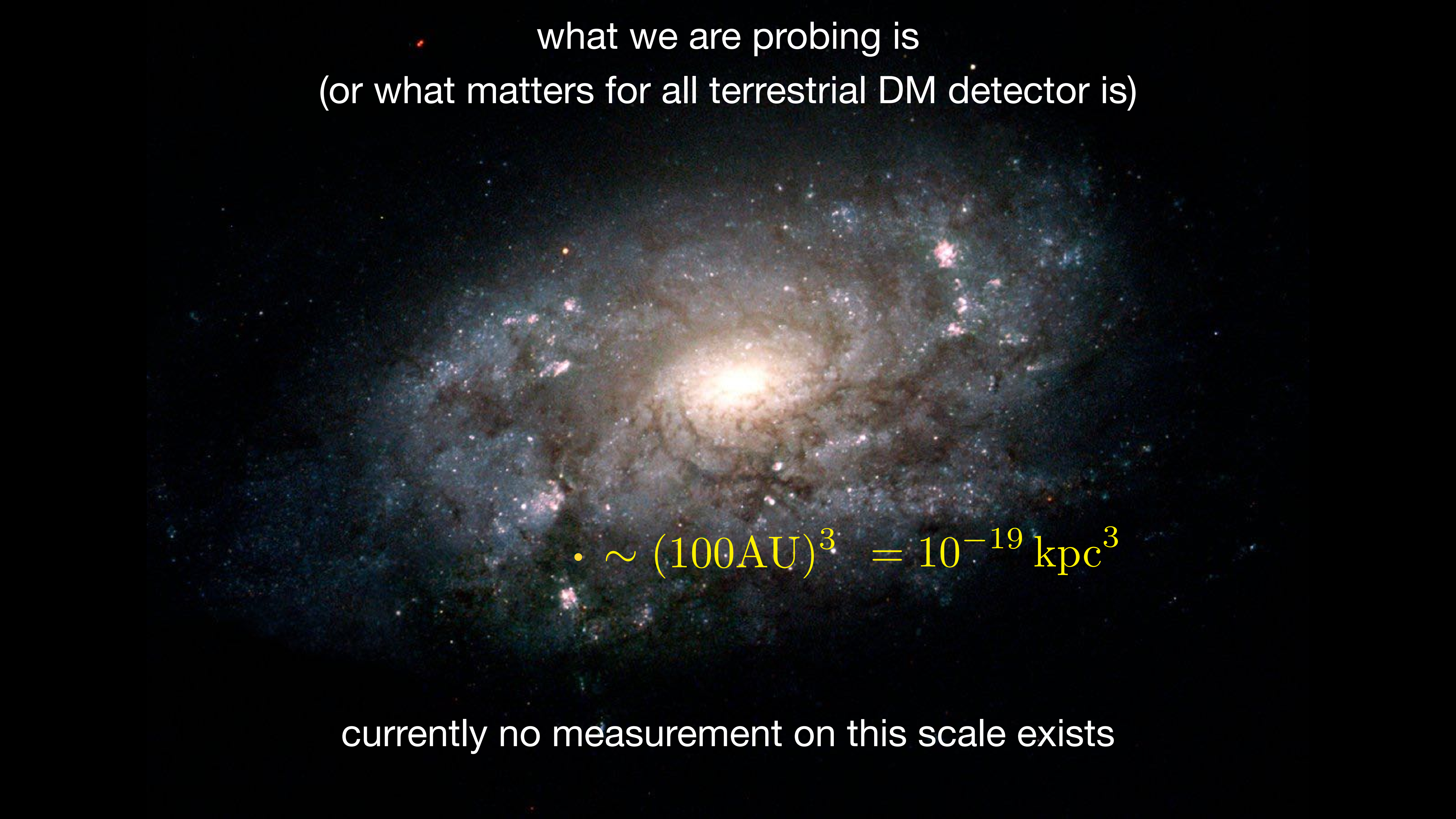
local dark matter density is often derived over kpc scales



$$\rho_0 = 0.4 \text{ GeV}/\text{cm}^3$$

is an ***average density over the volume of kpc***

what we are probing is
(or what matters for all terrestrial DM detector is)



• $\sim (100\text{AU})^3 = 10^{-19} \text{ kpc}^3$

currently no measurement on this scale exists

only constraints exist

$$\rho/\rho_0 \lesssim 10^{11}$$

From geodetic satellite and LLR
[Adler (08)]

$$\rho/\rho_0 \lesssim 6 \times 10^6$$

From asteroids in the solar system
[Tsai, Eby et al (22)]

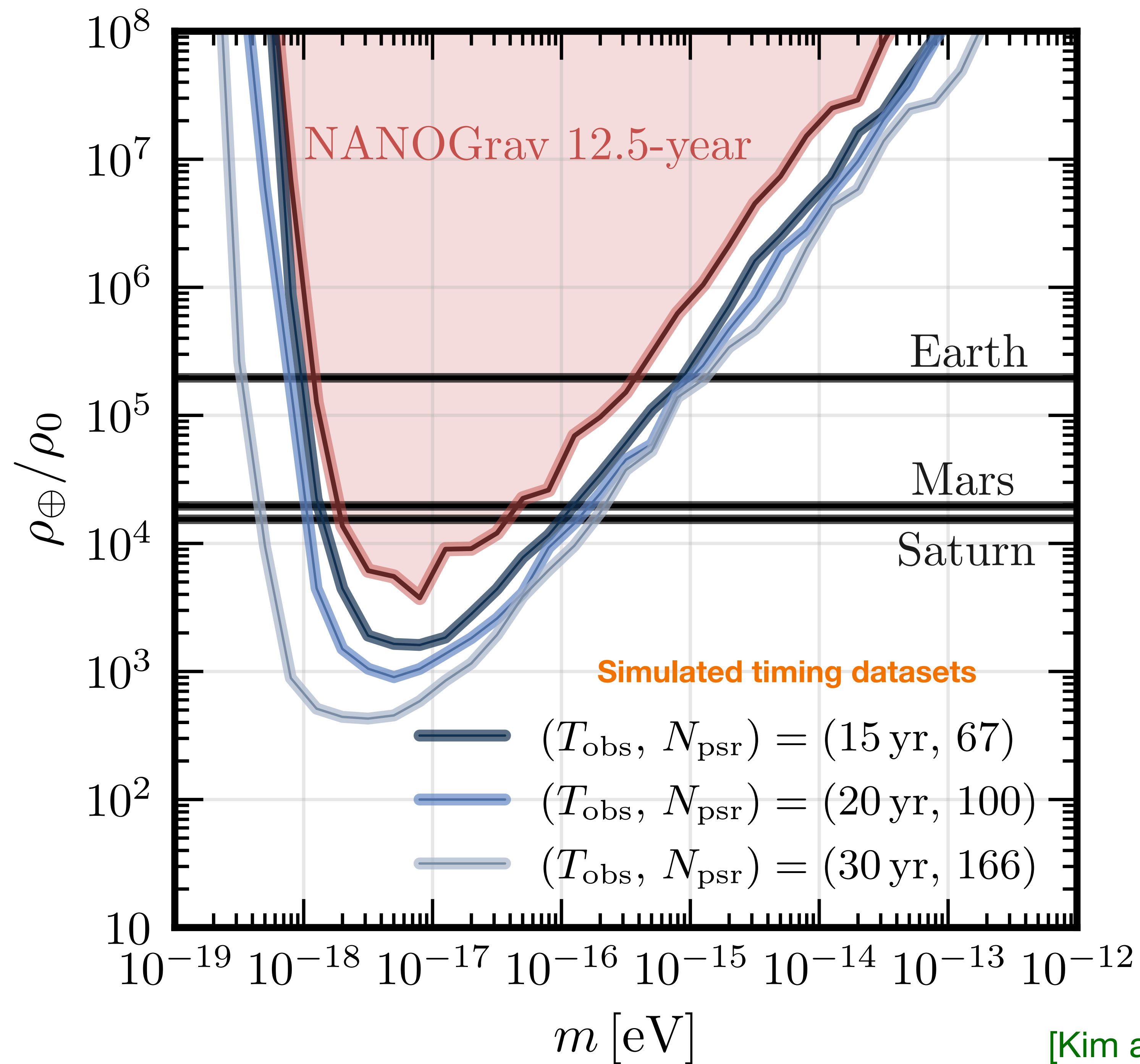
$$\rho/\rho_0 \lesssim 2 \times 10^4$$

From solar system ephemerides
[Pitjev, Pitjeva (13)]

GW detectors will provide
one of the strongest probes of ULDM density
within/around the solar system

Remark II

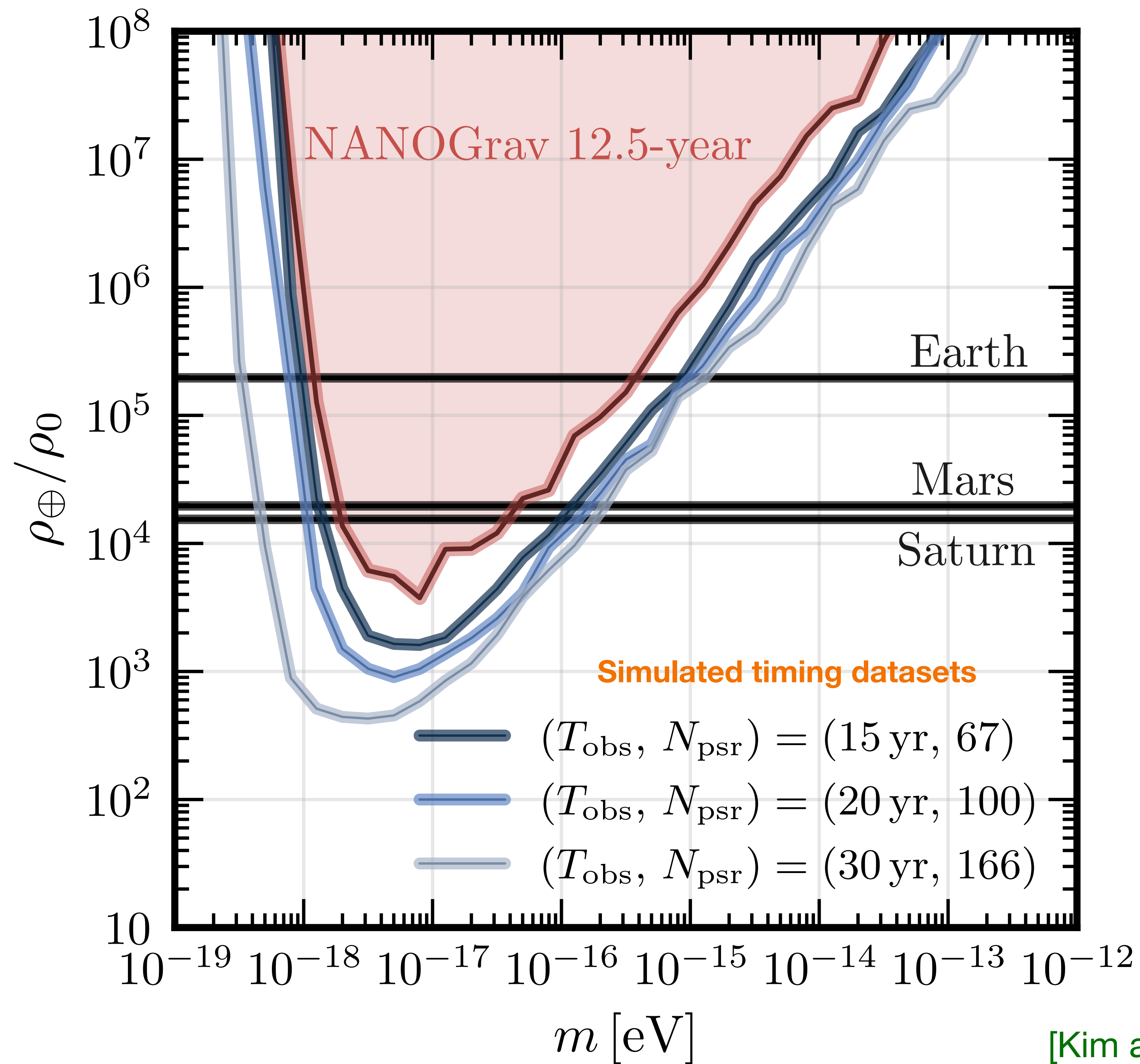
prospects of pulsar timing array



Next International Pulsar Timing Array (IPTA) data release
is expected to include

$$N_{\text{psr}} \sim 100$$

$$T_{\text{obs}} = 20^{+} \text{ yr}$$



with next-gen radio telescope (e.g. Square Kilometer Array)
an order of magnitude or more improvement might be feasible

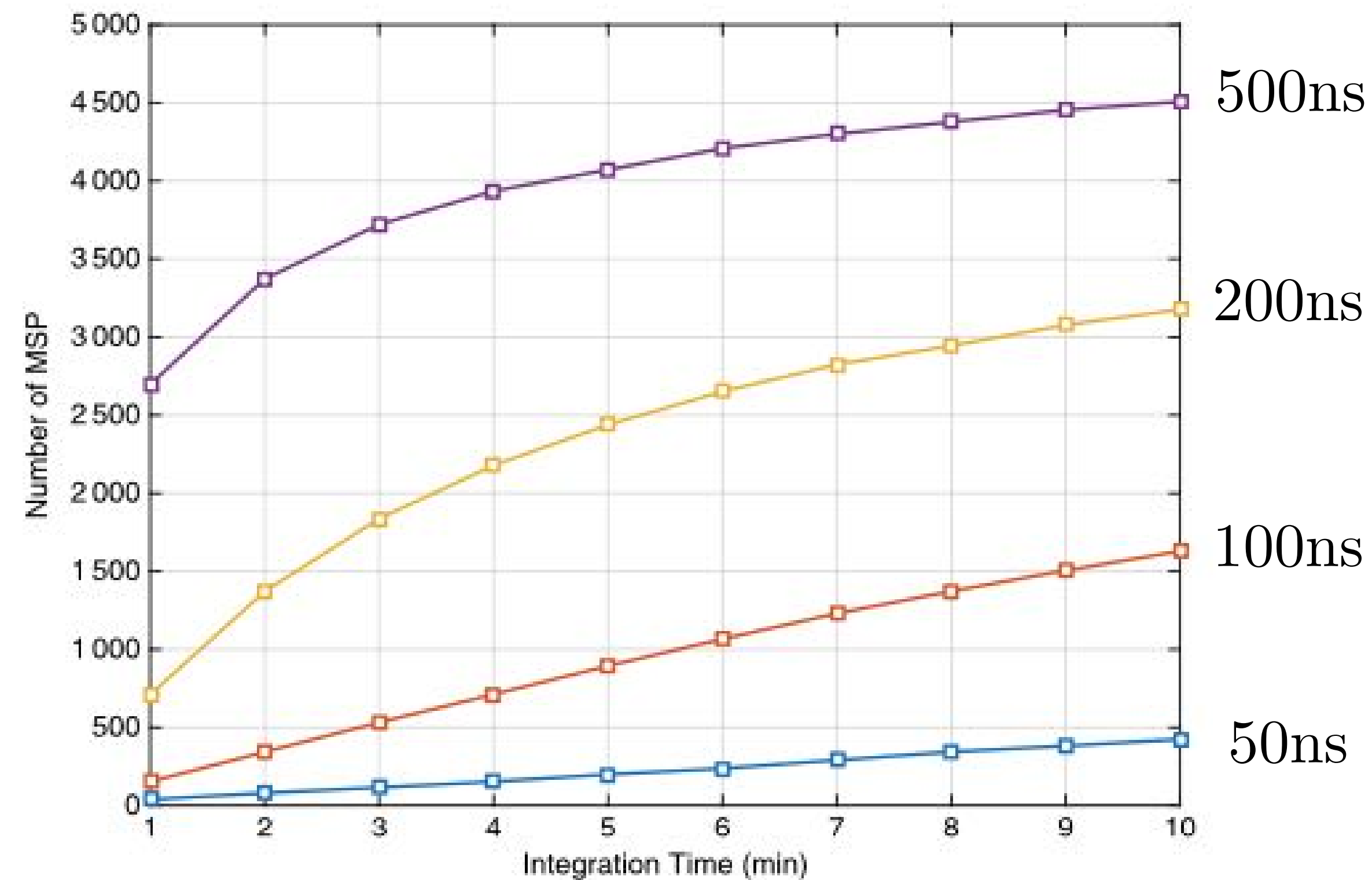


Figure 10. Numbers of MSPs that can archive a certain RMS noise level (or better) with varying integration time. Colour lines indicate different RMS noise levels (from bottom to top): 50 ns (blue), 100 ns (red), 200 ns (yellow), and 500 ns (purple).

